

### Nr 15

### Sunday, April 14

WASA DAILY - a modern newspaper with a layout from the 1870s. At that time, most newspapers had this format, corresponding to A4, and 4 pages. Lots of text, but no pictures at all, so there's a lot to read in a few pages. The newspaper contains quotes from old daily newspapers, taken from the National Archives (digi.kansalliskirjasto.fi). Text in this publication is generated in part with GPT-3, OpenAI's large-scale language-generation model. Upon generating draft language, the texts has been reviewed, edited, and revised the language and the newspaper takes ultimate responsibility for the content of this publication. Wasa Daily will continue to be published on Sunday mornings, but our aim is that it will eventually be published every day. The magazine can be read online for free, printed single issues cost 1 €. Advertising price 6 €/ millimeter, but standard ads are cheaper (25 mm high=140 €, 50 mm = 280 €, 75 mm=400 €. Repeated ads = 50% discount). Send ads to wasadagblad@gmail.com as jpg, tiff or png, the advertisements are then reduced to a column width of 46 mm. If the advertisement does not fit, we will contact you (space is limited). Editor-in-Chief: Hans Björknäs. Mail: Wasa Dagblad, Skolhusgatan 37 B 7, 65100 Vasa, telephone +358-40-5462455. E - mail: wasadagblad@gmail.com

Вітаємо всіх українців у Ваасі! Сподіваємося, вам тут сподобається і навіть залишитеся після закінчення війни в

**Україні!** A warm welcome to all Ukrainians in Vaasa! We hope you will enjoy yourself here and even stay after the war in Ukraine is over!





# LATE WINT

Order Wasa Daily - it's free. Please, send an email to wasadagblad@gmail.com

# TODAY

### **Responsible handling of school shootings in the media**

chool shootings are tragic events that cause deep grief and concern in society. The handling of these events in the media is of the utmost importance, as communication has a significant impact on public opinion and the risk of imitation. The Finnish Institute for Health and Welfare (THL) has issued recommendations on this matter, and this text is partly based on these guidelines.



According to research, it is clear that detailed and idealizing communication can increase the risk of subsequent school massacres. On the other hand, responsible communication has the potential to reduce similar incidents.

The principles of responsible communication are clear and must be followed carefully. It is important to convey factual information about how people

usually react in traumatic situations and where help can be obtained. Additionally, the publication of dramatic imagery should be avoided, especially given children's sensitivity to impactful content. Communication should be targeted and sensitive, especially with regard to children and young people, who are particularly vulnerable.

Communication that increases the risk of imitation must be avoided at all costs. This means that the personality and manner of the perpetrator should not be described in detail, as it can humanize and allow imitation of the act. Instead of sensational and dramatic communication, it is necessary to emphasize the unity of community and the importance of grief. The role of the media in this is central, and responsible communication is key to maintaining the cohesion of society.

It is also important to be aware that children and young people are particularly sensitive to media influences. Therefore, it is of utmost importance to protect them from violent and traumatic content. When selecting interviewees, special care must be taken not to cause harm to them.

In conclusion, we can state that responsible and thoughtful communication is crucial for the management of school massacres in the media. Every media player must take responsibility and strive to have a positive impact on society after traumatic events.



Photo Supplement - vpress.ovh

# Who is Roger Broo?



The new exhibition Who is Roger **Broo? Presenting a collector and** a collection

he exhibition year of the Vaasa Museums opens with a presentation of the collection of Ostrobothnia-born art collector Roger Broos (1945-2017). The exhibition features a selection of a few hundred works donated to the Åbo Akademi University Foundation. In addition, the exhibition is complemented by works donated to the Turku Art Museum and works owned by the family. The collection exhibition will be on display 12.4.-8.9.2024 at the Museum of Ostrobothnia.

The art collector Roger Broo (1945-2017) created an extensive collection of works by mainly young visual artists at the beginning of their careers. Broo followed the development of contemporary art and was a regular visitor to museum and gallery exhibitions. In addition to being an art collector, Broo was also a very active player in the Finnish cultural and art field.

In the exhibition Who is Roger Broo? addition, he was an active member presented the collector and his collecand chairman of various boards and tion. At the same time, the works on associations, such as the Swedish Culdisplay describe the collector as a pertural Foundation in Finland, Pro Artison. Local artist Carina Granlund has bus and the Turku Art Museum. pondered this question in a number of sketches she made for a commis-The collection forms the basis of sioned portrait of Broo. The diverse the exhibition on display in Vaasa at collection includes several artists with the Museum of Ostrobothnia from 12 only one or a few works, while artists April to 8 September 2024, and it is such as Granlund, Manno Kalliomäki, complemented by a smaller number Veronika Ringbom and Pauliina Tuof works previously donated to the rakka Purhonen are presented with Turku Art Museum and works owned several works. The exhibition includes by the family. Some of the works are drawings, paintings, prints and some placed in public spaces, such as gramsculptures by a total of 33 artists. The mar schools along the coastline. collection exhibition has been curated by curator Janna Sirén and it has been Guided tours for the public are arproduced in collaboration between ranged on Sundays 14.4, 12.5, 9.6 and the Åbo Akademi University Founda-14.7. tion and the Vaasa Museums. The ex-(Source: Vaasa.fi) hibition is also part of the celebration of Åbo Akademi University's 50th anniversary in Vaasa.

Image: PAULIINA TURAKKA-PUR-HONEN Roger Broon muotokuva / Porträtt av Roger Broo / Portrait of Roger Broo 2011 Kuva / foto / "The collection includes humour, photo: Vesa Aaltonen https://kuplayfulness and seriousness. Its versavapankki.vaasa.fi/s/o/5ElqCoq4pZtility and diversity tell of an open-minfDgM58



ded collection of and genuine interest in art, says curator Janna Sirén.

A subjective view of art becomes a collection and an exhibition

The collection focuses on prints and paintings, forming a collection of about 400 works spanning from the 1950s to the 2010s.

After the collector's death, Broos' wife Harriet Silius donated part of the collection, nearly 160 works, to the Åbo Akademi University Foundation. Broo made his professional career as Director of Administration at Åbo Akademi University, where he worked for 30 years and was also awarded an honorary doctorate. As a social scientist, Broo was very involved in the promotion of education. The Finnish-Swedish culture was very important to him. In



### The ice swimming area in the inner harbour will be closed on 23.4.

The swimming season at the ice swimming area of Vaasa Inner Harbour ends on 23.4.2024. No decision has yet been made on the continuation of the ice swimming location for next season. (Vaasa.fi)

# Senior discussion at ALMA 17.4.2024

At the Alma Institute Forum, experts on the lives of seniors and the roles of ageing people in society will discuss the theme of An Active Senior Citizen – A Valuable Life. In the panel discussion, which is open to the public and free of charge, experts from different fields will discuss this theme at Alma Adult Education Centre in Vaasa on Wednesday 17.4.2024 at 18-20, Raastuvankatu 31, Assembly Hall.

The panel discussion will be held in Finnish, but questions can be asked in Finnish, Swedish and English. The ageing population is constantly increasing. The boundary between middle age and so-called old age has been constantly pushed forward. People are living longer and are also active and have the ability to act longer into old age than before. What is the role of ageing people in life cycle thinking?

### Dance students' spring show 15 and 16.4.2024

(Vaasa.fi)

The dance students of Vaasa's basic art education, i.e. Kuula-opisto and TaiKon, will once again step on the Romeo stage of Vaasa City Theatre with enthusiasm on 15 and 16.4.2024.

The oldest students of Kuula-opisto and TaiKon will perform the dance ensemble "On the Seas of the World". The performance is inspired by the sea and its diverse beauty. It takes the viewer on a journey that combines dance and nature with different atmospheres at sea and on land. Dance enthusiasts aged 9–18 in basic art education present a repertoire in which the spectrum of ballet, contemporary dance and different styles live in harmony, inspiring each other.

The performance also includes dance stu-

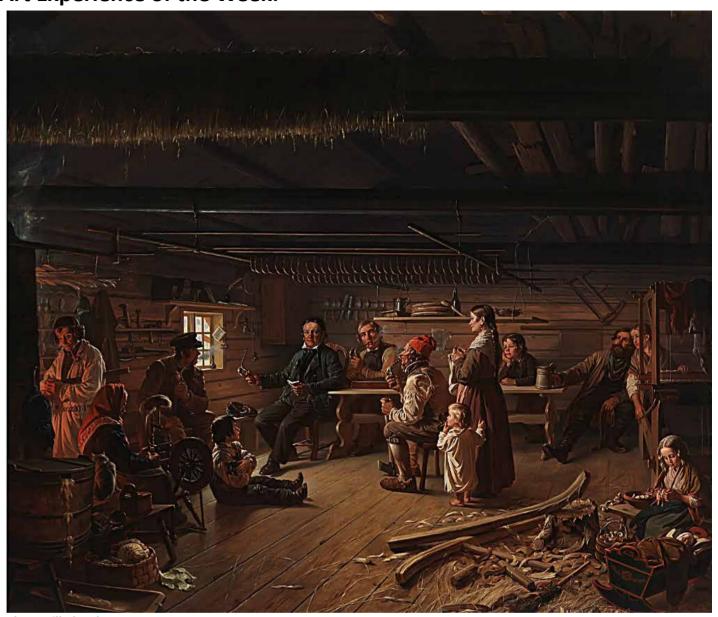
dents from Music Institute Legato. There are about 130 dance students participating in the performances.

Show times: Mon 15.4. and Tue 16.4. at 18 Vaasa City Theatre's Romeo stage Tickets: 15 / 10 €, theatre box office The duration of the performance is about 50 minutes, no intermission.

"Dance unites and grows. Dance reaches, touches and accepts. It's fun and it makes me happy!" (Vaasa.fi)

### The application period for the summer job voucher has begun

The City of Vaasa's summer job voucher offers a summer job for a young person from Vaasa in a company, association or cooperative that employs fewer than 50 people. You can apply for the summer job voucher until 15 May. A young person looking for a summer job can contact the employer and ask for a summer job, after which the employer will apply for a summer job voucher to hire the young person. Another option is for the employer to first apply for the voucher and use it to find an employee. Art Experience of the Week:



Robert Wilhelm Ekman 1808-1873 The country's most influential artist in the middle of the 19th century, considered by many to be the father of painting in Fin-land. Pentti Lyytinen Recites Poems in a Cottage in Savo, 1848

The application period for the summer job voucher is 1.4.–15.5.2024.

The application is submitted in the city's e-services at: https://asiointi.vaasa.fi/ (Vaasa.fi)

### Vaasan Sähköverkko invests EUR 17 million

in the development of the electricity network In 2024, Vaasan Sähköverkko will invest EUR 17 million in developing the capacity of the electricity network and improving the security of supply. In the largest projects, the electricity network, substations and substations The electricity network will be renovated on the Archipelago Road in Sundom, Vaasa, and on Bredskäret in Södra Vallgrund, Mustasaari. Electricity cables will be buried in the ground in Veikars, Mustasaari.will be renewed and parts of the electricity network will be buried in the ground.

### Anttti Lindtman

Visits Vaasa tomorrow 15.4.24. You can meet SDP\_s chairman at Göran's patisserie at 4 pm.

### International conference on media in Helsinki on 25 and

### **26 April**

Gilles Marchand, Director General of the Swiss Broadcasting Corporation SRG SSR, and Professor Kristina Riegert from Stockholm will be the keynote spea-kers at the conference on Nordic public service media history.

The Yle 100 research program is holding an international conference called Northern Narratives and Digital Horizons at Iso Paja in Pasila, Helsinki, from 25 April to 26 April 2024. The event has three core themes: Digital Horizons, Media and National Identity, and Navigating Nordic Voices.

The conference will open with a keynote speech by Gilles Marchand, Member of the Executive Board of the European Broadcasting Union (EBU) and Director Gene-

### \*6\* Wasa Daily 14.4.2024

ments and areas with war graves. Registration by Friday 19.4. at 18.00: https://forms.gle/vBGs4GrooqA5FyGA8Organizer: Vaasa-Mustasaari guides rv Vaasa-Mustasaari guides ry.

ral of the Swiss Broadcasting Corporation

SRG SSR, on Thursday, 25 April. On Friday,

26 April, Professor Kristina Riegert from

On Thursday, 25 April, there will be a spe-

cial focus on the relationship between Yle,

Finland and the Finns during the first de-

cades of Finnish independence. On Friday,

26 April, the focus will be on Yle and cultu-

re as well as Yle's road to digital services.

The full programme and registration infor-

mation for the conference can be found

on the research program's home page.

You can follow the conference via an open

"Finns have always been interested in

Yle as a company. Researchers have also

been interested in it. The Yle 100 Resear-

ch Program has assembled current Finnish

Yle research, and it also wants to inspire

new academic research on Yle. In addition

to the international speeches, more than

20 researchers' presentations on Yle as a

public service media will be heard at the

conference. This is an investment in the

knowledge capital about Yle for the futu-

re," says Ismo Silvo, who is in charge of the

Guided tours of the

On Monday 22.4. at 14.00-15.00 and at

16.00-17.00 guided tours of the old ceme-

tery. Start at the cemetery gate, Vöyrinka-

tu 2. Tours are organised in both Finnish

Vaasa Old Cemetery was founded in

1864. The cemetery has also been called

Almaudd after the first deceased buried

there. On the guided tours you will hear

about Vaasa's history, social influencers

and heroes of war and peace. Visitors

can also see the ce-metery's many monu-

and Swedish.

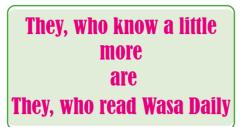
Yle 100 Research Program at Yle.

old cemetery.

(YLE Press Release)

stream on the same page.

Stockholm will be the keynote speaker.



### Radio news with Al voices from 5.4.24

Starting Friday 5.4.2024, STT's news will be heard again on several radio stations as Bauer Media expands the use of the pilot AI news anchor to its 11 radio stations, according to the press release.



News written by STT's journalists and read by artificial intelligence reaches an audience of millions, as news broadcasts are heard on Bauer Media's most popular channels, such as Radio Nova, Iskelmä and Radio Nostalgia.

For decades, the Finnish News Agency was known among the general public specifically for its radio news. Although the news is now read by a virtual news anchor, artificial intelligence does not modify the content of the news, but it is written by STT's professional journalists and has gone through the editorial process. The news heard on the radio is therefore as reliable as any other STT production. The final choice of news that ends up on air is also made by humans.

### South Ostrobothnia lays off health centre doctors

he wellbeing services county of South Ostrobothnia will lay off doctors engaged in clinical work for three days during the rest of the year. The temporary layoffs apply to the entire wellbeing services county, including part-time doctors. This was reported by Suomen Lääkärilehti.

Only units engaged in acute care, such as intensive care units, operating theatres and emergency care, are excluded from the lav-offs.

According to Kati Kähkönen, chief shop steward of doctors, the layoffs are in conflict with the shortage of doctors at health centres. Those laid off can be offered jobs at other health centres, but Kähkönen wonders about the logic:

"You could go to another station on the day of the layoff, but not to your own. Every health centre has a shortage of doctors."

In addition, doctors carrying out administrative tasks will be laid off for 14 days.

#### **Progress:** Historic New Nationwide E-li-**Opens** brary on 23.4.24

ibraries across Finland are celebrating Library Day on Tuesday, March 19th with the much-anticipated launch of a brand new E-library, opening its doors on April 23rd, 2024.

The E-library represents a significant step forward in addressing Finland's declining literacy rates. It provides a new way to reach readers who may not traditionally use library services.

## **EU-ELECTION**

## **EU-Election 2024: Where, when, how?** The next elections to the European Parliament will take place in June 2024.

he next elections to the European Parliament will take place in June 2024.

#### Finland:

Election day: Sunday 9.6.2024 Early voting: In Finland: 29.5.–4.6.2024 Abroad: 29.5.-1.6.2024 Constituency: All of Finland, including Åland Number of Members of the European Parliament: 15 Composition of Parliament:

### The History of European Union: A Journev of Unity and Integration

he European Union (EU) stands as a testament to the power of cooperation and integration among nations. Born from the ashes of World War II, its roots trace back to a vision of fostering peace, stability, and prosperity in a war-torn continent. Over the decades, the EU has evolved into one of the most significant political and economic entities in the world, shaping the lives of millions of people across its member states.

#### Foundations: Post-War Reconciliation

The devastation of World War II left Europe in ruins, both physically and economically. In the aftermath of such destruction, the leaders of several European nations recognized the urgent need for cooperation to prevent future conflicts. In 1951, the European Coal and Steel Community (ECSC) was established by six founding members: Belgium, France, Germany, Italy, Luxembourg, and the Netherlands. This marked the beginning of European integration, aimed at pooling coal and steel

resources to ensure economic interdependence and prevent another war between historic rivals.

### Treaty of Rome: Laying the Groundwork

The Treaty of Rome, signed in 1957, laid the groundwork for further integration by establishing the European Economic Community (EEC) and the European Atomic Energy Community (Euratom). The EEC aimed to create a common market among member states, promoting free movement of goods, services, capital, and people. This treaty marked a significant step towards deeper economic cooperation and paved the way for the eventual formation of the EU.

#### **Expansion and Enlargement: Growing** Unitv

Over the years, the EU expanded both in terms of membership and scope. The admission of new member states brought former Eastern Bloc countries into the fold following the collapse of communism in the late 20th century. The EU's enlargement not only extended its reach but also facilitated democratic transitions and economic development in Eastern Europe.

#### Maastricht Treaty: Towards Political Union

The Maastricht Treaty, signed in 1992, marked a milestone in the evolution of the EU by establishing the European Union as a political entity alongside its economic functions. It introduced the concept of European citizenship, laid the groundwork for a common foreign and security policy, and paved the way for the creation of a single currency, the euro.

### The Euro and Economic Challenges

The launch of the euro in 1999 symbolized a new era of European integration, with 19 member states adopting the single currency to facilitate trade and economic cooperation. However, the eurozone faced significant challenges, particularly during the global financial crisis of 2008, which exposed weaknesses in economic governance and raised questions about the sustainability of the euro project.





#### **Challenges and Opportunities: Brexit and** Bevond

The EU has faced numerous challenges throughout its history, including economic downturns, migration crises, and the rise of populist movements questioning the benefits of European integration. Brexit, the United Kingdom's decision to leave the EU in 2016, represented a significant setback but also highlighted the ongoing debate over the future direction of European integration.

Despite these challenges, the EU remains committed to promoting peace, prosperity, and solidarity among its member states. Through initiatives such as the European Green Deal and the Next Generation EU recovery plan, the EU is striving to address pressing issues such as climate change, digital transformation, and social inequality while reaffirming its role as a global actor on the world stage.

#### Conclusion

The history of the European Union is a story of perseverance, adaptation, and cooperation in the face of adversity. From its humble beginnings as a coal and steel community to its current status as a leading political and economic entity, the EU has come a long way in fostering unity and integration among its diverse member states. As it continues to navigate the complexities of the 21st century, the EU remains a beacon of hope for a continent

# **EVENTS**

### NATIONAL VETERANS DAY in

### Vaasa this vear

Veterans' Day 2024 will be celebrated on Saturday 27.4.2024 in Vaasa. The main event will be held in the Bothnia Hall.

### VAASAN KUOROFESTIVAALI - VASA KÖRFESTIVAL - VAASA CHOIR FESTI-

VAL

### 9-12.5.24

30 years old!

www.vaasa.fi

VAASA CITY ORCHESTRA

### 50 years of music!

**EIN DEUTSCHES REQUIEM** 

FRIDAY 29.3 AT 14.00 Kokkola church

AT 20.00 Vaasa church

Vaasan kaupunginorkesteri & Kes-

ki-Pohjanmaan kamarikorkesteri

dir. Tomas Djupsjöbacka

sol. Marjukka Tepponen, sopraa-

no, Ville Rusanen, baritoni Kamarikuoro Canticum Maris &

Vokalensemblen Röster

Johannes Brahms: Ein deutches

Requiem, op. 45

### ILMAJOKI MUSIC FESTIVAL

**ARMI-opera** 

7.6 - 16.6.24

Solist: Lilli Paasikivi

www.musiikkijuhlat.fi

PRIDE-WEEK in Vaasa and Korsholm

10-16.6.24

https://www.regnbagsallians.fi/

### VAASA AIR SHOW 15.-16.6.

Finland's biggest air show in 2024! The main air show of the Finn-ish Aeronautical Association The air show is organized by a team of Vaasa Flight Club profes-sionals. Our organization is ready to make your participation successful. The annual main air show of the Finnish Aviation Association (SIL) is also the main air show of the Finnish Air Force, the Army and the Finnish Border Guard. The air show will be organised together with Finland's most experienced air show organisers, who have experience in organising 20 international air shows in Finland, Europe and Asia.

https://vaasaairshow.fi/fi/etusivu

Lisää Löylyä Rockfestival - 2

### dagar 14-15.6

Lisää Löylyä Rockfestival 14.6 - 15.6 2024 in Vaskiluoto, on the former Wasalandia area.

### https://lisaaloylya.fi/

**KALEVAN COMPETITIONS in Vaasa** 

### 27-30 June 2024

The Athletics Championship, or the Kaleva Games, will be held in Vaasa on June 27-30, 2024. It is one of the most significant national sports events of the year in Finland

### https://kk2024.fi/

HERÄTTÄJÄJUHLAT IN VAASA 5.-7.7.2024

Vaasa is set to host the city's second-ever awakening festival in the summer of 2024, a remarkable 60 years after the last event

The theme for the days is "Let the wind fill the sails."

The festival grounds are located in the city center, alongside many hotels and restaurants, making it easy to move around on foot or by bike. In Vaasa, you are truly by the sea, as the distance from the market square to the beach is just a few hundred meters. A tranguil evening stroll along the water-front, a visit to the playground, or exploring the city's magnificent cultural offerings can be easily done in the immediate vicinity of the festival area.

"Körttiradio" will broadcast programs around the clock throughout the event days.

TANGOMARKKINAT 40 Years! 10-14.7.2024 Seinäjoki

https://www.tangomarkkinat.fi/

KORSHOLM MUSIC FESTIVAL

2024 24.7-31.7.2024

www.korsholmmusicfestival.fi TOVE TEUVALLA-OPERA

Östermark kyrka .Teuvan kirkko 3.8.24 - 11. 8.2024 https://www.korsholmmusicfestival.fi/tove-teuvalla/operan-tove-teuvalla

### VAASA FESTIVAL

1-3.8.2024 https://vaasafestival.fi/

### NIGHT OF THE ARTS

The eagerly awaited folk festival Night of the Arts will be celebrated in Vaasa on 15.8.2024 in the spirit of carnival.

### WASA FUTURE FESTIVAL

### 5-10.8.2024

The Wasa Future Festival 2024 is set to take place from 5th to 10th August. This event gathers knowledgeable and motivated individuals from the business world, universities, regional decision-making bodies, and ministerial corps to focus on solving issues in Vaasa and across Finland. The festival covers themes ranging from industrial innovations to cultural aspects, offering a platform for collaboration and problem-solving.

The event can be followed on Wasa Future Festival YouTube channel. Wasa Innovation Center Gerbyntie 18 65230 Vaasa https://wasafuturefestival.fi/

### TIKANOJA

THE ART EVENT OF THE YEAR!



Eero Järnefelts exhibition opens on Nov 23, 2024

# **ECONOMY**

# "Shrinkflation" and "Cheapflation" in the Age of Inflation

aying More for Less: Decoding "Shrinkflation" and "Cheapflation" in the Age of Inflation

While inflation pinches wallets at the checkout stand, consumers are facing a double whammy: a phenomenon known as "shrinkflation" and its stealthier cousin, "cheapflation."

### Shrinkflation: A Familiar Foe

Shrinkflation, a portmanteau of "shrink" and "inflation," is a well-documented practice where manufacturers subtly reduce the quantity of a product while maintaining, or even raising, the price. This means you're essentially paying more for less of the same product.

For instance, your favorite chocolate bar might have shrunk slightly in size, or your cereal box might now hold a few fewer flakes. While the change may seem insignificant at first glance, it can add up significantly over time, especially for budget-conscious consumers.

### Enter Cheapflation: A Sneaky Strategy

Cheapflation takes this strategy a step further. Here, manufacturers not only reduce the quantity but also tweak the recipe itself, replacing higher-quality ingredients with cheaper alternatives. This can go unnoticed by consumers relying solely on brand recognition.

Foodwatch, a Belgian consumer protection organization, recently



exposed this practice. They identified instances where products like surimi sticks contained less fish, mayonnaise had a lower egg volk content, and chocolates skimped on cocoa. Disturbingly, these changes often coincided with price increases, leaving consumers feeling doubly deceived.

### The Manufacturers' Defense

Manufacturers often cite rising raw material costs as justification for these practices. While inflation does put pressure on production, critics argue that the lack of transparency surrounding recipe changes and price hikes is unacceptable.

### The Fight for Fairness

### Foodwatch's

investigation highlights the need for increased transparency from manufacturers. Consumers deserve to know exactly what they're paying for, especially when faced with rising



food costs. Regulatory bodies also have a role to play in ensuring fair practices and protecting consumer rights.

### So, what can you do?

Become a label detective: Read ingredient lists carefully and compare product sizes and prices across brands.

Choose value brands: You might be surprised by the quality of store-brand alternatives.

Embrace bulk buying: If you have the storage space, buying in bulk can offer better value for staple items.

Advocate for transparency: Support organizations like Foodwatch that promote consumer rights and fight for fair practices.

By staying informed and making informed choices, we can navigate the complexities of inflation and ensure we're getting the best bang for our buck.

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## **VETERANS WEEK 22.-28.4.2024**

# **Programme in Vaasa and Korsholm** during Veterans Week 22.–28.4.24

ational Veterans Day will be celebrated in Vaasa on Saturday 27.4. During Veterans Week, there will also be additional activities related to the theme, from guided tours to singing together, lectures and exhibitions.

#### Main celebration

On National Veterans Day 27.4. at 13.30-15.00 at Botnia Hall in Korsholm (audience arrives no later than 13.00). Food and coffee are served at Botnia hall from 11:30 to 13:00.

Music at the celebration will be provided by the Navy Band, conducted by conductor Tero Haikala. The soloists are music major Juha Ketola and singer-actress Sarah Nedergård. The Wasa Singers' Guild choir, the Estradi choir of Kuula-opisto and the Fading choir, consisting of music classes from Onkilahti comprehensive school, will also perform at the festival. The event will be hosted by journalist Manu Myllyaho.

The event will be broadcast live on Yle1 and Yle Areena.Before the main celebration on 27 April, the flag will also be hoisted at the Statue of Liberty of Finland at 9.00 at Vaasa Market Square and at 10.00-11.00 at Trinity Church an ecumenical, bilingual service. After the service, you can take the free bus to Botniahallen, which leaves from the town hall and then back after the party.

### There will also be free additional activities during **Veterans Week**

From 8 April to 31 May, the Main Library's Countries and Cultures Department (second floor) will host a book exhibition about the veterans of our wars. Literature related to the Winter War and the Continuation War can be borrowed from the book exhibition.

Vaasa City Library's collections also include the Poison Cabinet, i.e. a cabinet containing prohibited books. The poison cabinet is located on the second floor of the main library of the Ministry of Social Affairs and Economy. The books in the locker cannot be borrowed, but you can read and study them in the library. There are many books in Finnish libraries, and some books have also been reprinted. The Poison Cabinet book list can be found on the Vaasa City Library website: https://kirjasto.vaasa. fi/sv/-/erikoiskokoelmat

On Monday 22.4. at 14.00-15.00 and at 16.00-



17.00 guided tours of the old cemetery. Start at the cemetery gate, Vöyrinkatu 2. Tours are organised in both Finnish and Swedish.

Vaasa Old Cemetery was founded in 1864. The cemetery has also been called Almaudd after the first deceased buried there. On the guided tours you will hear about Vaasa's history, social influencers and heroes of war and peace. Visitors can also see the cemetery's many monuments and areas with war graves.

Registration by Friday 19.4. at 18.00: https:// forms.gle/vBGs4GrooqA-5FyGA8Organizer: Vaasa-Mustasaari guides ry Vaasa-Mustasaari guides ry.

Tuesday 23.4 at 15-16.00 Guided tour of the barracks area.Start from at the Setterberg statue, Kirkkopuistikko 34.

The barracks area in Vaasa is one of Finland's best-preserved wooden

barracks from the 1800s. On the guided walking tour, you will hear about the history, architecture and future of the area. We walk through Koivuspuisto to the beach, where the guide will tell you about the Jaeger statue and the memorial to the Finnish Air Force.

Registration by Monday 22.4 at 18.00: https:// forms.gle/mXixs67tj3b-4Kp2q6Organizer: Vaasa-Mustasaari oppaat ry Vaasa-Mustasaari guides ry.

Tuesday 23 April at 18.00-19.00 lecture Laitonta, moraalitonta ja lihottavaa: Suhtautuminen paritansseihin ja sota-ajan tanssikielto Suomessa (On attitudes towards couple dancing and the ban on dancing in Finland during the war). The drama room in the main library.

Historian and Adjunct Professor of Finnish History Marko Tikka. The lecture will be held in Finnish.No registration.

Wednesday 24.4 at 18.00-19.30 lecture Suomen Vapaudenpatsas ja sen symboliikka (about the Statue of Liberty of Finland and its symbolism). Adult Education Centre, Raastuvankatu 31, auditorium B231.

Teachers of fine arts Aimo Nyberg and Professor Emeritus Ilkka Virtanen.

There are several such war memorials in Vaasa, of which there is only one in Finland. The Jaeger Statue and the Memorial to the Finnish Air Force



(Eagle Statue). Of them, the Statue of Liberty is by far the most impressive. At the lecture, you will hear about its history and symbolism.

The lecture will be held in Finnish. Registration: https://uusi.opistopalvelut.fi/vasa/fi/course/66306

Thursday 25.4 at 15.00 Allowed sing-alongs for

the war time. Rewell Shopping Centre, Vilios Torg.

The male vocal group Vox Liminum invites the audience to join in with songs from the wartime and performs selected songs arranged for the group.

The vocal group is led by Jari Ojälainen and Katariina Korkman. The ac-

companiment is provided by Bo Lund (accordion). The master of ceremonies for the event is Ralf Holmlund.

Admission is free and no advance registration is needed.

Friday 26.4 Vaasa 400 exhibition - guided tours free of charge. at 13.00 in Swedish, at 14.00 in Finnish. Museum of Ostrobothnia, Museokatu 3.

The Vaasa 400 exhibition gives visitors an insight into the 400-year history of the City of Vaasa. The exhibition tells stories from the history of the city of Vaasa, which begins when the city was founded in 1606. The themes of the stories are conditions and events that have shaped society, administration, education, people's livelihoods, everyday life and celebrations.

Registration: museoinfo@vaasa.fi.

Saturday 27.4 at 10-12 and Sunday 28.4 at 12-14 Vaasa War Veteran Museum is open. Kirkkopuistikko 22 A.

The Vaasa War Veterans Museum exhibits war history from the Finnish War to the end of the Continuation War. The museum's collections consist mainly of weapons, medals, uniforms and war material. Groups can agree on ti-

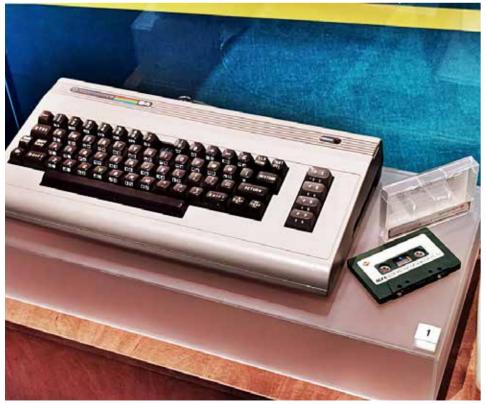
mes separately. Contact 050 537 7909.

# **EXHIBITION**

### **Riding The Radio Waves - an interesting exhibition in Tampere Vapriikki-museo**



A 15 W FM-transmitter used in pirate radio in Tampere in the 80ies



Commodore, the first computer for everyone in Finland

"On the crest of the radio wave – From crystal machine to podcast" opens up Finnish radio history from the 1920s to the present day

he Tampere Vapriikki Museum opens a fascinating exhibition that delves into the roots of Finnish radio history. "Riding the radio waves - From crystal machine to podcast" takes the visitor on an enchanting journey into the multifaceted history of radio. The exhibition delves into what has made radio enchanting for creators, listeners and enthusiasts for decades, and why this magical device has maintained its position in the age of the internet and digital communication.

Although radio may seem like a transitory format in today's media storms, it is still a globally significant means of communication. Internet access, mobile networks, electricity and access to digital information are not available everywhere in the world. Radio is also proving to be a valuable communication channel in crisis situations, as its network is designed to withstand longer power outages compared to, for example, mobile phone networks.

Radio amateurs, in particular, appear to be critical pillars of communication and communication in crisis situations. The exhibition invites the visitor to think about the magic that a device hidden on the radio manages to create, from everyday listening to necessary crisis connections. This unique exhibition offers an opportunity to delve into the history of radio and understand its continued importance as a versatile and sustainable means of communication.en jatkuvan merkityksen monipuolisena ja kestävänä viestintävälineenä.





### \*14\* Wasa Daily 14.4.2024

# **AI-RADIO**

# **Nordic's First Fully Al-Produced Radio Channel Launched in Finland**

inland's AI Radio began its operations as a web radio channel on Wednesday, November 29, 2023. Bauer Media takes a significant step in the audio market by launching the Nordic's first radio channel whose content is entirely produced using artificial intelligence. This innovation combines technology and entertainment and strengthens Bauer's position as a pioneer in the audio industry.

"We are excited and proud to introduce the Nordic's first AI Radio to the market. This is an exciting milestone in the radio industry and a testament to our commitment to delivering new and innovative content to our listeners in the future," says Sami Tenkanen, CEO of Bauer Media.

In the initial phase, AI Radio's content consists of the following features:

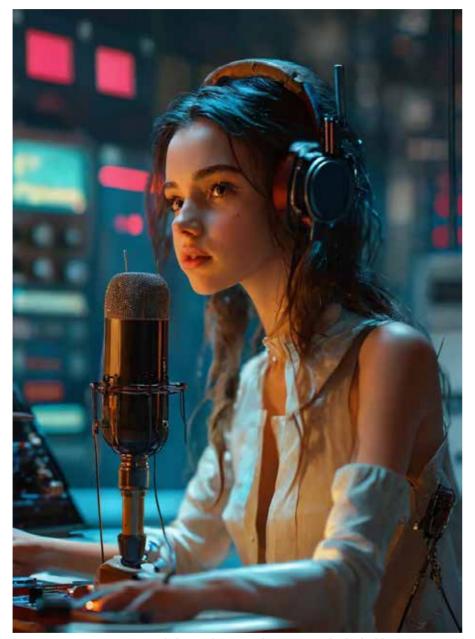
Audio productions produced with the assistance of artificial intelligence

Nationally significant traffic announcements produced by AI

National weather warnings for inclement weather, produced by AI

Entertainment news read by AI from the entertainment portal Voice.fi.

New features for AI Radio are planned continuously to keep it interesting and relevant to its listeners. Advertisers are also considered through innovative audio advertising solutions.



An image made by AI showing what an AI radio looks like

"This launch represents Bauer's commitment to innovation and leveraging the latest technology to develop the radio business. We will continue to actively work on development even after the launch to offer listeners even more personalized and tailored experiences in the radio industry," says Sini Kervinen, Head of Innovation.

Al Radio is also expanding to FM frequencies. In Helsinki, the channel can be heard on frequency 102.0 MHz and in Kangasala on frequency 101.6 MHz until April 8. The channel can also be listened to online on

https://radioplay.fi/tekoalyradio/

# The culture of instant gratification and diminishing attention spans is not good for our mind

eeling glued to your phone, endlessly swiping through TikTok? You're not alone. Dr. Anna Lembke, in her book "Dopamine Nation," argues that the modern world is manipulating our dopamine system, the brain's pleasure and reward center, leading to a culture of instant gratification and diminishing attention spans.

Anna Lembke (born November 27, 1967) is an American psychiatrist who is Chief of the Stanford Addiction Medicine Dual Diagnosis Clinic at Stanford University. She is a specialist in the opioid epidemic in the United States, and the author of Drug Dealer, MD, How Doctors Were Duped, Patients Got Hooked, and Why It's So Hard to Stop.[1] Her latest book, a New York Times bestseller, Dopamine Nation: Finding Balance in the Age of Indulgence, was released in August 2021.

Lembke appeared in the 2020 Netflix documentary The Social Dilemma.

Dopamine, a neurotransmitter, motivates us to seek rewards and engage in necessary activities. The problem lies in overstimulation. Social media platforms, video games, and even certain foods can trigger dopamine releases, creating an "addiction spectrum" where even non-substances can become compulsive.

This "dopamine culture" prioritizes instant hits of pleasure over activities requiring effort. While platforms like TikTok offer a constant stream of dopamine, the constant barrage of stimulation can



make it difficult to focus on longer tasks like reading a book or engaging in deep thinking. The craving for novelty and frustration with delayed rewards further hinders our ability to appreciate slower forms of enjoyment.

However, technology itself isn't the villain. Social media and other platforms can be powerful tools for learning and connection. The key is to be mindful. Setting boundaries with technology, prioritizing sleep and exercise, and cultivating mindfulness can help us regain control. Dr. Lembke offers a way forward: a healthy relationship with dopamine. We can enjoy its benefits

**CULTURE** 

Anna Lembke

without succumbing to its addictive potential. By understanding the dopamine system and its manipulation in our daily lives, we can navigate the digital world while fostering long-term well-being and fulfillment. So, put down your phone for a bit, grab a book, and give your brain a dopamine detox!

Anna Lembkes book can be found here, for free:

https://www.studocu.com/en-us/ document/stanford-university/affective-neuroscience/dopamine-nation-pdf-dopamine/61634553

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\*16\* Wasa Daily 14.4.2024

ART

# **Eero Järnefelt: Finland's eminent nature** and portrait painter

ero Järnefelt (1863–1937) was a prominent figure in Finnish art, known for his captivating landscapes and insightful portraits. Born into a prominent family of artists, Järnefelt was surrounded by creativity from a young age.

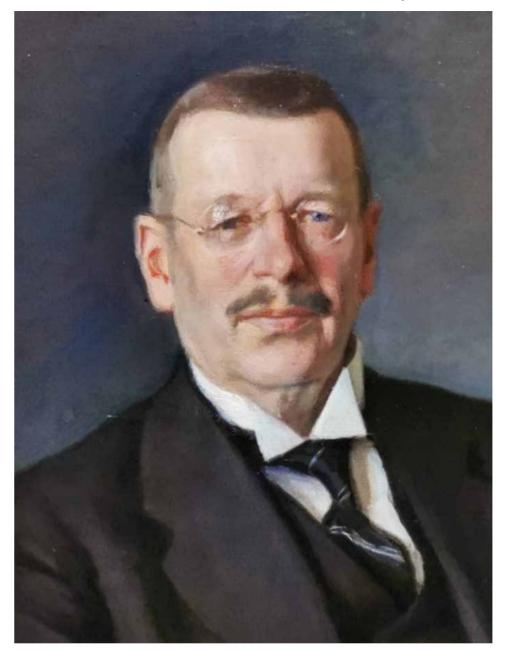
His father was a general and his mother was a baroness with artistic interests. His sister Aino married the acclaimed composer Jean Sibelius. The artistic milieu undoubtedly approached Järnefelt's own artistic talents. Järnefelt's artistic journey began in Paris, where he studied under the tutelage of famous French artists such as Fernand Cormon. He absorbed the influences of naturalism and impressionism, which is evident in his use of light and focus on capturing fleeting moments.

After returning to Finland, Järnefelt was captivated by the natural beauty of his homeland, especially the majestic landscapes around Koli National Park. His paintings captured the stillness and grandeur of these landscapes, often with a muted colour palette and an emphasis on the vastness of the Finnish wilderness. These Koli-themed paintings remain some of his most recognizable works. Järnefelt was also a gifted portrait painter. He painted prominent figures in Finnish society, capturing their personalities and expressions with remarkable detail. His portraits were known for their psychological depth and ability to convey the inner world of their subjects. In addition to his artistic endeavours, Järnefelt played a significant role in shaping Finnish art education. He worked as a professor at the University of Helsinki's drawing studio for more than two decades, inspiring generations of aspiring artists. Key features of Eero Järnefelt's art:

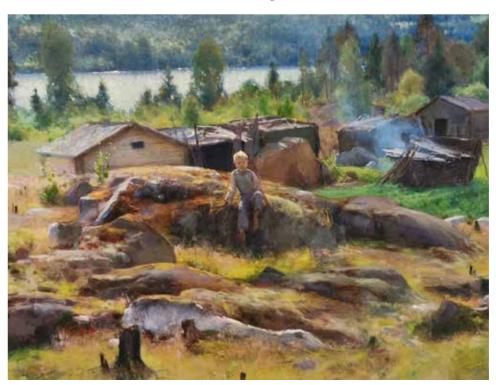
Landscapes: Focus on capturing the beauty of the Finnish wilderness, especially Koli National Park. Use of muted colors and emphasis on vastness.

Portrait: Psychological depth and





J K Paasikivi's portrait



ability to depict the inner world of subjects.

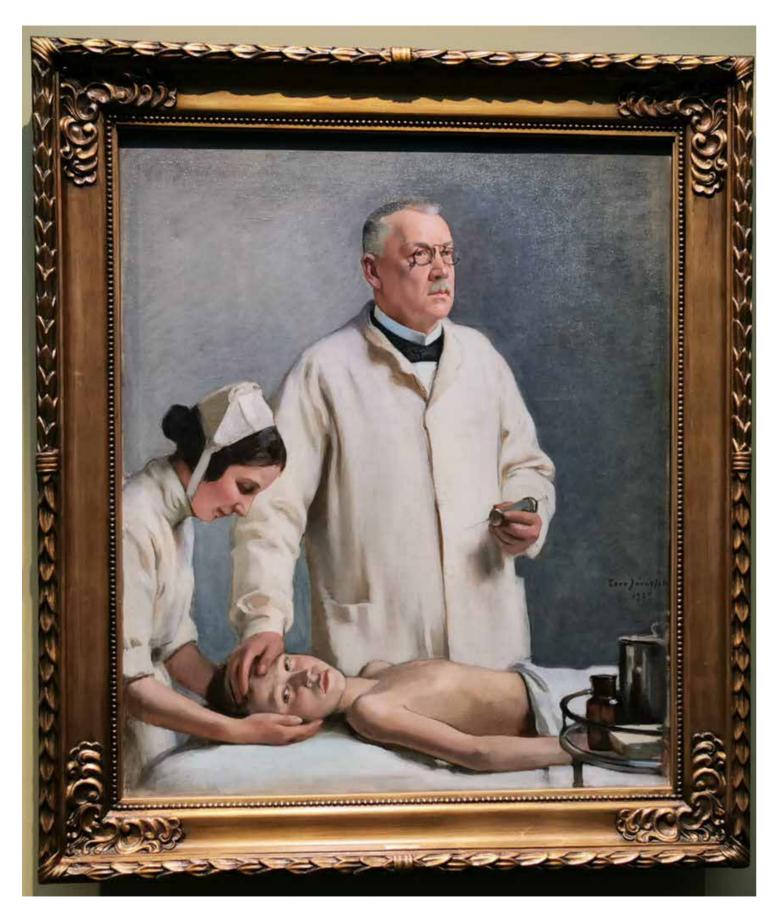
Influences: Naturalism and impressionism evident in his use of light and focus on capturing fleeting moments. Legacy: Eero Järnefelt is regarded as one of the leading figures in the Golden Age of Finnish art. His paintings continue to be admired for their beauty, technical skill, and ability to capture the essence of Finland's landscape and people.

### Some of Järnefelt's paintings:

"Under the Yoke" (1893): This is widely considered to be Järnefelt's most iconic work and a milestone in Finnish art. It depicts a group of weary farmers who clear land by burning rice. The painting is a powerful social commentary and highlights the harsh realities of rural life in Finland at the time. The figures are stoic and silhouetted against a smoke-filled sky, conveying a sense of hardship and resilience.

"Saimi in the Meadow" (1892): This portrait shows Järnefelt's wife, Saimi, sitting gracefully in a sunlit meadow. The painting is known for its idyllic atmosphere and the soft light that seeps through the trees. Järnefelt's skill in capturing light and shadow is evident, as is his tenderness in portraying his wife. The use of a muted color palette with hints of vivid green and yellow creates a harmonious and peaceful composition.

"Koli" (1935): Painted later in Järnefelt's career, this landscape represents his long-standing fascination with the magnificent nature of Koli National Park. The vastness of the lake and the rolling hills dominate the foreground, while the distant mountains rise majestically in the background. The use of a cool blue and green color scheme conveys the serenity of the Finnish wilderness. This painting exemplifies Järnefelt's ability to translate the grandeur of nature into canvas



Frans Ali Krogius' porträtt

Most of Eero Järnefelt's paintings are in public collections in Finland, especially those focusing on Finnish art. Here are some prominent places where you can find his work:

Ateneum Art Museum, Helsinki: This is Finland's National Gallery and houses the largest collection of Järnefelt's paintings, including iconic works such as "Under the Whip (Burning Rice)" and "Saimi in the Meadow".

Järvenpää Art Museum: Located in Järvenpää, a city with a rich artistic history, this museum has a significant collection of Järnefelt's works and offers a more focused exploration of his artistic journey.

Other Finnish Museums: Many museums across Finland feature Järnefelt's paintings, including regional art museums and those with broader collections of Finnish art. Some examples include:

HAM Helsinki Art Museum Turku Art Museum

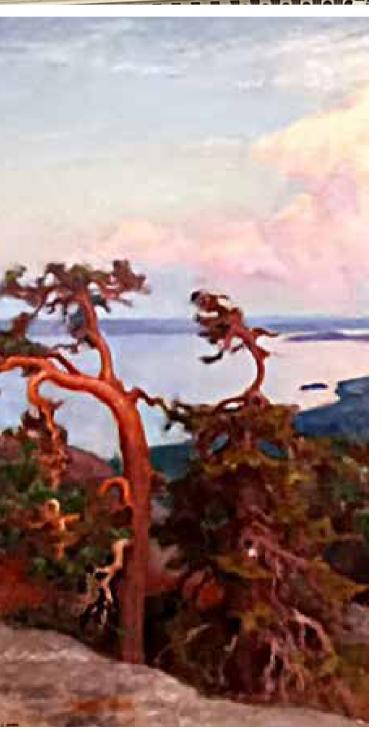
Sara Hildén Art Museum, Tampere

The collections of various university museums

Private collections: While most of Järnefelt's works are in public museums, a smaller portion can be found in private collections.

An exhibition of 200 paintings by Eero Järnefelt opened at the Ateneum in Helsinki the day before yesterday. The exhibition is open until 25 August. In November 2024, part of this exhibition of about 80 paintings will be on display at the Tikanoja Art Gallery in Vaasa.





## **MY HEALTH**

# Hepatitis E on the rise in Finland, should You be worried?

In early 2024, more hepatitis E infections than usual have been detected in Finland. The National Institute for Health and Welfare (THL) has reported more than 100 cases, of which 44 have resulted in hospitalisation. This has caused concern among citizens.

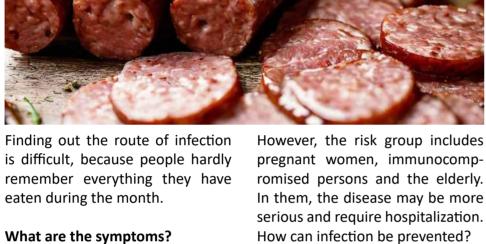
This disease has been rare in Finland, but is now on the increase, as it is in the EU as a whole. However, globally it is a common disease, according to the WHO, there are 20 million cases a year, but only one in six of those infected develop symptoms. From time to time, we see large-scale epidemics, usually in connection with civil unrest or natural disasters. In India, hepatitis E is the most common form of hepatitis.

### What is hepatitis E?

Hepatitis E is an inflammation of the liver caused by a virus. It is most common in developing countries, but it is also found in Europe. Transmission usually occurs through food, especially pork and wild boar meat.

### Infectious road

The Finnish Food Authority has examined food samples on the basis of the brands revealed in THL's investigations. Metwursty produced by a Finnish manufacturer has been found to contain hepatitis E virus. These batches are no longer available for sale. The investigation is still ongoing, but at this stage salami is strongly considered on the list of suspects.



Symptoms begin about 2 to 6 by:

weeks after being infected. The virus is present in the patient's stool as early as a week before he starts showing symptoms, and for about a month thereafter, during which time absolutely careful hand hygiene is necessary.

Most of those infected have no symptoms at all. Especially children are usually asymptomatic. When symptoms appear, they may resemble the flu and include fever, fatigue, loss of appetite, nausea, vomiting, abdominal pain, joint pain, dark urine and gray stools. In the most severe cases, inflammation of the liver can develop, manifested by yellowing of the eyes and skin, the so-called icterus.

### Is there any reason to be worried?

Most hepatitis E infections resolve on their own. There is no drug treatment for this disease.

romised persons and the elderly. In them, the disease may be more serious and require hospitalization. How can infection be prevented? The risk of infection can be reduced

 Cooking pork and wild pork thoroughly.

• Wash your hands thoroughly after going to the toilet and before eating.

• Avoid raw mussels and oysters.

• When traveling, drink only bottled water.

### What to do if you suspect an infection?

If you suspect hepatitis E infection, you should consult a doctor. Your doctor may do a blood test to confirm the diagnosis.

There is certainly no medical treatment, but it is good not to burden the liver with this disease in any other way, such as alcohol. During the disease, hand hygiene is important, and although there are no official recommendations, it is probably good that the sufferer does not participate in cooking.

### The Fremasons Tomb in the Kaisaniemi Park, Helsinki

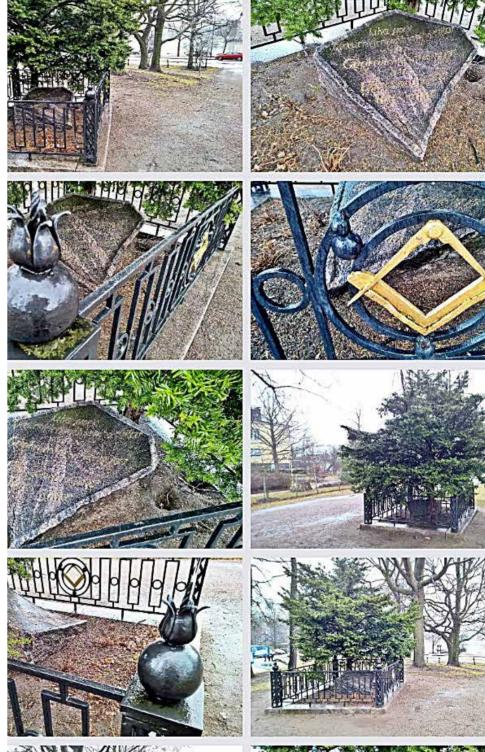
his fenced tomb in the northern part of Kaisaniemi Park (near the Botanical Garden fence) rests Major Fredrik Granatenhjelm (1708 - 1784).Fredrik Granatenhjelm was one of the first Freemasons in Finland at the time, although this is not entirely certain. He wanted to be buried in this place, where he had often walked.

Freemasonry had come to Finland in 1777.

After Finland came under Russian rule, Masonic organizations were banned in 1821. But there were Freemasons in Finland even before the country gained independence, and in 1908 meetings began at the grave of Major Granatenhjelm. An official meeting was held to cherish the memory of the Major, secretly at the meetings there were plans to begin Masonic work when circumstances permitted.

The grave of Major Fredrik Granatenhjelm is the oldest monument in Helsinki. The stone does not bear his name, but the inscription: "Lika godt / om verlden vet hvem här hvilar / alt nog / Gud käńer hvad Han gjort / och / välsignar / HANS minne". ("Just as well, does the world know who rests here. Yes, God knows his works and blesses his memory.)"























## **MY HEALTH**

## **Epoxy-coated water pipes emit BPA in hot water**

study by the National Institute for Health and Welfare (THL) shows that epoxy-coated water pipes release the harmful chemical bisphenol A (BPA) into hot water. BPA was not found in cold water.

The survey was carried out in ten housing companies around the country. In all housing companies, BPA was found in the hot water pipes, but not in the cold water pipes.

"A good general guideline is not to use hot water from the tap for drinking or cooking," says THL's Senior Researcher Jani Koponen. "Allowing the water to run before use can further reduce the health risks caused by chemicals that may have been emitted from the material in the water pipes and by microbes, such as bacteria and mould."

Bisphenol A can damage the immune system and has been classified as a reproductive toxicant and endocrine disruptor. The maximum permissible value for the BPA content of cold household water is 2.5 micrograms per litre. Hot domestic water is not intended for drinking or cooking, so no maximum permissible value has been set for it.

The Finnish Institute for Health and Welfare is planning a follow-up study to investigate the impact of BPA in hot water on human exposure. The exposure will be inves-BPA in the residents' urine.

In most cases, the number of microbes in the samples from epoxy-coated pipes was the same as in the water when it arrived at the disruptor. housing company.



litre.

pipes can leak BPA into hot water. THL recommends that you do not use hot water from the tap for drinking or cooking.

### Facts about BPA

Bisphenol A (BPA) is a chemical used in many different products, tigated by measuring the level of including plastic packaging, plastic toys, and receipts.

> BPA can damage the immune system and has been classified as a toxic to reproduction and endocrine

The maximum permissible value The investigation shows that the- for the BPA content of cold housere is a risk that epoxy-coated water hold water is 2.5 micrograms per

Hot domestic water is not intended for drinking or cooking, so no maximum permissible value has been set for it.

#### Tips to Reduce Exposure to BPA

Use glass or metal containers to store food and drinks.

Avoid reheating food in plastic packaging in the microwave.

Wash your hands thoroughly after handling receipts.

Source: National Institute for Health and Welfare (THL)

# **Parliament question about ADHD**

Written question in Parliament on the effects of ADHD becoming more common Member of Parliament Mia Laiho has written a question about the ADHD epidemic (although she does not use the word epidemic).

In the basics of the question there is general information about this disease. Setting a diagnosis of ADHD reguires information about the presence of symptoms and functional capacity in different situations, the person's state of health, developmental history, life situation and other possible influencing factors. In differential diagnostics, it must be assessed whether the symptoms are explained by other diseases or disorders. Many other essential disorders can also co-occur with ADHD. Good treatment is planned according to individual needs and goals, and its goal is to alleviate the harm caused by ADHD symptoms and improve functional capacity. It is important to ensure continuity of care, especially during childhood and adolescence.

If left untreated, ADHD can hinder studying, employment and increase the risk of psychiatric disorders, social exclusion and substance abuse. It is important that the division of labour and cooperation between primary health care and specialised medical care are agreed locally.

It is worrying that the use of ADHD drugs has increased strongly in Finland in recent years. According to Kela's latest data, the use and reimbursements of medicines used to treat ADHD have increased strongly over the past five years. In boys, diagnosis is more common than in girls, and regional differences are significant. For example, in North Karelia, more than 20 per cent of boys under the age of 13 have an

ADHD diagnosis, while in Ostrobothnia less than six per cent. Professor of Child Psychiatry Andre Sourander has estimated that a large number of children and young people in Finland have been misdiagnosed with ADHD, and it is necessary to thoroughly investigate the causes of the phenomenon and diagnostic practices. In addition, it has been found that children born at the end of the year are diagnosed with ADHD more often than those born early in the year. A national expert working group and programme are needed to address the challenges of increasing ADHD and find solutions. This would be an important step towards equal and high-quality care throughout Finland.





Parliament member Mia Laiho. Image: Eduskunta.fi

### And the question ends with a suggestion:

In the light of the above, we ask what measures the government intends to take to ensure that regional disparities, the quantity and quality of diagnoses, the internationally high level of medication and the possibilities for decoding diagnoses are regularly assessed. In addition, we ask whether there are plans for a national expert working group and programme to address the challenges of increasing ADHD and the search for solutions.



# Kaleva Games in Vaasa 27-30.6

Vaasa prepares for the Kaleva Games: Karlsplan is being prepared for competition

he Finnish Athletics Championships, Kalevan, will take place in Vaasa on 27-30 June 2024, according to a press release from the city. It is one of Finland's leading national sports events, and the City of Vaasa has been preparing for the event for several years.

The Kaleva Games are expected to attract about 20,000 visitors to Vaasa. the event requires significant cooperation from the The main organizer is Vaa- Creative Commons Attribution-Share Alike 4.0

The implementation of Kaleva Competition 2018 - 3000 m, Jyväskylä From left to right:: Sandra Eriksson, Camilla Richardsson, Astrid Snäll, Linnea Harala, Lotta Mäkinen, Emma Hakala, Hilkka Kontro, Pihla Hokkanen, Amanda Virtanen, Oona-Mari Hakulinen, Mona Af Forselles, Ianna Hautala. sports clubs in the region. Image Tuomas Vitikainen. Wikimedia Commons.

sa Sports Society in cooperation with Palosaaren Urheiluseura, Vaasan Toverit, Vaasan Vasama, Vähänkyrön Viesti and IF Femman.

Mika Lehtonen, Head of Sports Activities, says that the City of Vaasa has started preparing for the event already several years ago.

One of the most visible improvements is the installation of a new scoreboard at Karlsplan, which replaced the old one last year.

"The new digital scoreboard is a 14.7 x 5.8 metre LED screen, where we can show, in addition to results, live broadcasts from the pitch and replays in slow motion. The old painting was mechanical," says Lehtonen.

"It's quite cold in the main stand because it's in the shade. The glass walls will reduce the draught and wind, Lehtonen explains.

The running tracks on the pitch will be washed and the lines will be repainted. In addition, minor repairs will be carried out across the entire plan, and old power and data cables will be replaced with new ones.

The equipment and equipment on the pitch must also be in good condition for the competition.

"We update equipment such as javelins, bullets, crossbars and scaffolding. After the Kaleva Games, everyone who uses the pitch will be able to benefit from the new equipment, Lehtonen says.

The event will have a significant impact on traffic, and temporary traffic arrangements and parking areas have already been planned for a long time. More information on this will be provided closer to the event.

The Kaleva Games also extend beyond Karlsplan.

"The women's and men's walking competitions will take place on the new pedestrian and cycling track in the beautiful seaside environment of Onkilahti," says Lehtonen.

The Kaleva Games will feature both top national athletes and promising young talents. The competition takes place between the European Championships and the Olympic Games, so it is possible that we will also see Finnish medalists from the **European Athletics Championships** in Rome at Karlsplan.

"We hope that the people of Vaasa will mark the Kaleva Games on their calendars and gather in large numbers to follow the competitions," says Lehtonen.

# **CLIMATE CHANGE**

## **Copernicus: March 2024 is the tenth month** in a row to be the hottest

arch 2024 was 1.68°C warmer than the average March temperature, during the related pre-industrial period (1850-1900). Another important statistic is the last twelve months were 1.58°C above the pre-industrial level and the warmest 12 months on record.

The global average sea surface temperature is also at a record high level at 21.07°C, marginally above the 21.06°C recorded for February. Ocean temperatures have now been at unprecedented warm levels for over 12 months as shown in Climate Pulse.

Read the March 2024 Surface air temperature update in full.

March 2024 was wetter than average in most of western Europe, for the three main hydrological indicators monitored by C3S; precipitation, surface air relative humidity and surface soil moisture (with some exceptions like eastern Spain).

The Iberian Peninsula, northern Italy and southern France experienced storms causing heavy rainfall. Eastern Scandinavia and parts of north-western Russia were also wetter than average, while the rest of Europe remained drier than average.

Elsewhere, Australia experienced an exceptionally wet month, and it was wetter than average in parts of North America, in Central Asia, Japan, much of the Arabian Peninsula, Madagascar and parts of South America.

### Surface air temperature for March 2024

March 2024 was warmer globally than any previous March in the data record, with an average ERA5 surface air temperature of 14.14°C, 0.73°C above the 1991-2020 average for March and 0.10°C above the previous high set in March 2016.

This is the tenth month in a row that is the warmest on record for the respective month of the year. The month was 1.68°C warmer than an estimate of the March average for 1850-1900, the designated pre-industrial reference period. The global-average temperature for the past twelve months (April 2023 - March 2024) is the highest on record,

at 0.70°C above the 1991-2020 average and 1.58°C above the 1850-1900 pre-industrial average.

The average European temperature for March 2024 was 2.12°C above the 1991-2020 average for March, making the month the second warmest March on record for the continent, only a marginal 0.02°C cooler than March 2014. Temperatures were most above average in central and eastern regions.

Outside Europe, temperatures were most above average over eastern North America, Greenland, eastern Russia, Central America, parts of South America, many parts of Africa, southern Australia and parts of Antarctica.

The El Niño continued to weaken in the eastern equatorial Pacific, but marine air temperatures in general remained at an unusually high level.

The global sea surface temperature averaged for March over 60°S-60°N was 21.07°C, the highest monthly value on record, marginally above the 21.06°C recorded for Februa-

# **RUSSIA'S UNPROVOKED ATTACK ON UKRAINE**





## UKRAINE

The Future of Ukraine and the Marshall **Plan Analogy: the President Met with Students in Chernivt**si

uring his working visit to Chernivtsi, the President of Ukraine Volody-myr Zelenskyy met with students of Yuriy Fedkovych Chernivtsi National University, Bukovinian State Medical University and Chernivtsi Institute of Trade and Economic of State University of Trade and Economics.

The Head of State spoke with Ukrainian youth about our country, its fu-ture, and the work on the analogy of the Marshall Plan for Ukraine. The President said that the main issue of this plan is the restoration of Ukraine: its energy, technology, and economy. According to preliminary estimates, this will require about \$700 billion. However, the amount is not final. "We do not know the real amounts because the war is not over yet. When it is over, we will analyze everything. Basically, the partners agree that everyone will help rebuild Ukraine, that the amounts are, let's say, under-standable and affordable. Let's believe in the decency of our partners and hope that they will accept what they say and not just say it," he noted. Volodymyr Zelenskyy is also confident that Ukraine will become a mem-ber of the EU and NATO in the coming years.

"NATO is our external defense and, of course, the best security commit-ment. But I am also convinced that we will strengthen our internal de-fense. We will strengthen our security at the borders, in the cities, in the communities. In the future, there will be a completely different approach to both security and construction," the President of Ukraine said.

The Head of State added that once the war is over, our country will also pursue the development of various areas of education: medicine, psycho-logy, security, and construction.

Ukraine will need specialists in the-

se fields.

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**RUSSIA** 

### The terrorist attack in Moscow "caused by Anglo-Saxons".

ike almost everything negative that happens in Russia, it is caused by the West, including the terrorist attack on Friday.

Who are the "Anglo-Saxons"? Certainly it refers to English peoples, mainly England and the United States, and also Germans.

## **HUMOUR ONE HUNDRED YEARS AGO**

#### Mail man

"Where have you been, my little darling?" asked little Albert's mother, when he came home after being gone for a couple of hours. "Yes, we were out with Kalle and Olle playing postman," answered the darling.

"Oh really! How did it happen then?" »Well, we went around to all the houses around here and put letters in all the boxes.»

"But were they really real letters?" »Yes then!»

»Where did you get them from then?»

»Yes, yes, find them in mother's desk drawer. It was open, and they were so beautiful and there was a whole bunch of them tied with red silk ribbons».

#### Art furniture.

The understanding customer: "Yes, I'm happy to admit that these modern chairs are incredibly nice and elegant, and beautiful and artistic, and excellent in every way, and yes, I

### What house is this?

like them so much, but I don't understand how to sit in them!"

### Necessary evil.

He; "A girl shouldn't encourage a man to propose if she doesn't intend to say yes." Her; "But maybe that's the easiest way to get rid of him."

#### A thrift friend.

Olle: "Mom, didn't dad say we needed to save?" Mom: "Yes, my boy." Ollie; "What do you think, mother, if we saved on castor oil."

### Friend criticism.

"Well, what do you think of this canvas?" "Well, it's fine, I guess. I just can't really see it with all the paint you've smeared on it."

### Probably.

The bank manager and the consul general: Well, the gentleman wants to marry my daughter. But the gentleman doesn't know her." The suitor: "No, but yes, the gentleman knows the consul general."

#### At a party

"Good evening, Miss! May I invite you to supper?" "Nothing else?" "Yes, breakfast included, if you want!"

### The reward of virtue.

She: "Have you never kissed a girl before?" He: "Never in your life!" Her: "Then you can kiss me one more time. It's nice to meet someone who can be kissed without talking about it."

### Revenge.

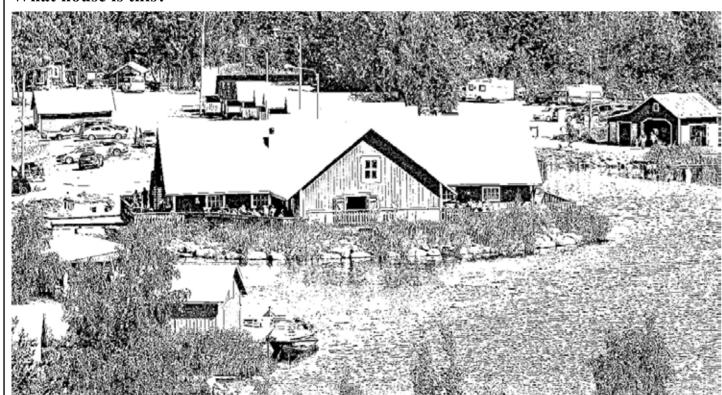
"Can you have the gate key these days?" "No, but I've taken revenge, I've taken the piano key instead".

### After November 6.

The teacher; "Well, Erik, tell me now what you know about Gustav Adolf? Erik: "Well, Gustav Adolf was a kind man, because he died in the middle of the week so we got a day off"

### DANGEROUS

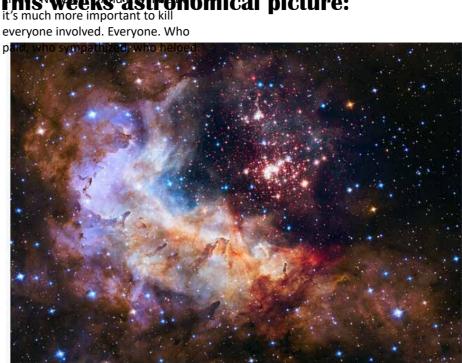
A.: »Is dyeing the hair as dangerous as



Last weeks house: Kurtenia

hey were caught. Well done evervone who caught it Should they be

### This<sup>w</sup>eeks<sup>d</sup>astronomical picture:

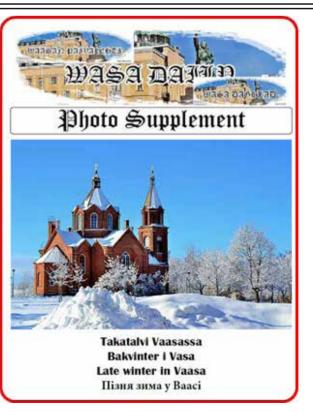


### NASA Unveils Celestial Fireworks as Official Hubble 25th Anniversary Image.jpg

The star cluster Westerlund 2 in the Milky Way galaxy, with an estimated age of about one or two million years. It contains some of the hottest, brightest, and most massive stars known. The cluster resides inside a stellar breeding ground known as Gum 29, located 20,000 light-years away in the constellation Carina.

- NASA, ESA, the Hubble Heritage Team (STScI/AURA), A. Nota (ESA/STScI), and the Westerlund 2 Science Team
- Public domain

### Next week:



#### \*28\* Wasa Daily 14.4.2024

the doctors sav?"

B.: »Yes, it is even more dangerous! One

my old uncle once tried to dye his hair and less

than in three months he was married to a widow with 7 children.

### DEEP PARTICIPATION

The mother is at an art exhibition with her children. Kalle: Mother, what does that picture show? Mother: Persecution of Christians in Rome. There is an arena, and tigers pounce on the Christians, to tear them to pieces. Kalle: Oh, mother, Look at that tiger cub in the corner of the picture, which is completely without a Christian.

### TOTALLY SICK

»You look a bit strained.» »How would you know what state I'm in! My liver is not well, my stomach hurts, my legs are swollen, my neck is completely inflamed, and I myself don't feel very well."

### From our readers

We very much welcome submissions from our readers. Comments, stories, memories, debate, news from home. Probably this will be the most important part of this spring paper. But space is limited, so please write as short as possible! So please send posts to:

wasadagblad@gmail-com

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