

WASA DAILY

Nr 22 Sunday, June 2, 2024

ISSN 2954-2456

Вітаємо всіх українців у
Ваасі! Сподіваємося, вам тут
сподобається і навіть залишитеся
після закінчення війни в Україні! А
warm welcome to all Ukrainians in Vaasa! We
hope you will enjoy yourself here and even
stay after the war in Ukraine is over!

**Congratulations
all new students!**

**All EU-can-
didates**

**LIDL claim it
is cheapest**

**You can still
vote, until Tues-
day!**

**HERE WE ARE:
vpress.ovh**

**Find refuge in the road
churches**

**Vaasas museums open in
the summer from We to Su**



KELA: ADHD Diagnoses Increasing Rapidly

The Social Medical Advisory Board of Kela discussed issues related to the diagnosis, prevalence, treatment, and social security benefits of ADHD during its meeting. The meeting highlighted the rapid increase in ADHD diagnoses and the challenges this growth presents to the healthcare system.

ADHD diagnoses and the use of ADHD medications have risen significantly in Finland, with considerable regional disparities. The highest rates of ADHD diagnoses are found in North Karelia, where nearly one in five boys aged 7-12 has used ADHD medications. Medication treatment for children typically lasts several years, and the reasons behind these regional differences need to be investigated further.

The Clinical Practice Guidelines for ADHD emphasize comprehensive diagnostics and treatment, but the Advisory Board noted that treatment practices vary. Monitoring consistent diagnostics and treatment is complicated by stricter data protection regulations. In addition, alongside medication data, information on the implementation of psychosocial support should be collected in Finland.

Although ADHD symptoms always begin in childhood, the need for adult services for ADHD has also increased significantly. For adults, it is important to consider comorbid conditions, possible substance use

disorders, and their overall life situation and lifestyle when diagnosing and planning treatment.

Increase in Benefits and Rehabilitation Needs

The increase in ADHD diagnoses has significantly impacted Kela's benefits. Applications for medication reimbursements and disability allowances have grown the most. ADHD diagnoses are also increasingly appearing in rehabilitation support and disability pension applications. In most cases, ADHD alone does not qualify for benefits, but it may be included as an additional diagnosis.

Kela's discretionary rehabilitation services, such as LAKU family rehabilitation and the "Oma väylä" program for young people, have been extremely popular. About 80 percent of participants have ADHD as their primary diagnosis. Due to high demand, the criteria for discretionary rehabilitation have been

tightened.

Concerns About Increasing Functional Impairments

The Advisory Board expressed concern about the increasing prevalence of functional impairments among children, young people, and adults. Ensuring a supportive growth environment for children is crucial. The Advisory Board recommends that ADHD diagnostics and treatment be carried out in accordance with Clinical Practice Guidelines.

The rapid increase in ADHD diagnoses poses significant challenges for the healthcare system but also offers an opportunity to develop and standardize treatment practices. It is essential to advance the treatment and rehabilitation of ADHD in cooperation to ensure that all individuals affected by ADHD receive the best possible support and care.



Photo Supplement - vpress.ovh

WASA DAILY - a modern newspaper with a layout from the 1870s. At that time, most newspapers had this format, corresponding to A4, and 4 pages. Lots of text, but no pictures at all, so there's a lot to read in a few pages. The newspaper contains quotes from old daily newspapers, taken from the National Archives (digi.kansalliskirjasto.fi). Text in this publication is generated in part with GPT-3, OpenAI's large-scale language-generation model. Upon generating draft language, the texts have been reviewed, edited, and revised the language and the newspaper takes ultimate responsibility for the content of this publication. Wasa Daily will continue to be published on Sunday mornings, but our aim is that it will eventually be published every day. The magazine can be read online for free, printed single issues cost 1 €. Advertising price 6 €/ millimeter, but standard ads are cheaper (25 mm high=140 €, 50 mm = 280 €, 75 mm=400 €. Repeated ads = 50% discount). Send ads to wasadagblad@gmail.com as jpg, tiff or png, the advertisements are then reduced to a column width of 46 mm. If the advertisement does not fit, we will contact you (space is limited). Editor-in-Chief: Hans Björknäs. Mail: Wasa Dagblad, Skolhusgatan 37 B 7, 65100 Vasa, telephone +358-40-5462455. E-mail: wasadagblad@gmail.com



The new Motor Liability Insurance Act entered into force on 1 June. – The amendment to the law covers many new vehicles

The reform of the Motor Liability Insurance Act has been approved by Parliament, and the President of the Republic will approve the reform on Friday-3.5. The Act will enter into force on 1.6. and will bring many previously uninsured mobility devices within the scope of the insurance obligation. Without insurance, the equipment is banned.

From June, insurance must be purchased for motorized equipment that weighs more than 25 kg or travels more than 25 kilometers per hour. Such devices include electric scooters, which are popular among young people and food couriers, as well as senior scooters that help the elderly and people with reduced mobility.

In addition, all electric scooters in rental use are insured.

"The legislative amendment applies to thousands of different mobility devices for private use. Consumers should be careful and find out whether their own device is covered by the insurance obligation. Insurance is easy to get from your own insurance company," advises Janne Jumppanen, Director of the Finnish Motor Insurers' Centre.

An exception to the easy-to-remember rule 25 is electrically assisted bicycles. Electrically assisted bicycles that also require pedalling in order to move and in which engine assistance is switched off when the driving speed reaches 25 km/h are excluded

from the insurance obligation. In addition, the maximum permissible motor power is 250 W. For other e-bikes, the insurance obligation is determined as for other electric mobility devices, i.e. insurance must be purchased for devices weighing more than 25 kg or moving faster than 25 km/h with the assistance of the motor.

Driving without insurance is prohibited

With unregistered equipment, motor liability insurance must be valid when driving – equipment standing in storage does not need motor liability insurance. If there is no insurance, the device is banned. Some vehicles are sold for off-road use, but insured vehicles are not allowed to be driven even off-road without insurance.

Neglecting insurance is a big risk, because in the event of a collision, the person who caused the damage is left completely without compensation. In addition, you will have to pay a non-insurance fee for negligence. "Finnish motor liability insurance has a wider scope of compensation than in many other countries where statutory motor liability insurance does not cover the driver's own damages," says Antti Tuulensuu, Claims Manager at the Finnish Motor Insurers' Centre.

Motor liability insurance can be purchased from any insurance company that sells them. Since the content of the insurance is defined by law, motor liability insurance is the same in all insurance companies.

Finnish Motor Insurers'

Centre

Kuusela's dance piece "Influenced" will be performed at the City Theatre in autumn 2024

Master of Dance Marjo Kuusela will bring her new work "Influenced" to the premiere of Julia Stage on 24 October 2024. The work is a dance-theatre study of human interaction and its effects. The premiere explores questions such as: Who influences and whom? What affects you? Who and where do you belong?

"Influenced" is a deep dive into the relationships between the individual and the community, where body language is used to express feelings and thoughts that words do not always reach. Kuusela, who has been a central figure in Finnish dance since the 1970s, directs and choreographs the work. She brings out human experiences and everyday drama through dance.

The set design is by Maria Antman, who is known for her creative and insightful scenography. Antman last visited Vaasa City Theatre in autumn 2023 with the play "Kaa-os", and now he brings his vision to Kuusela's work. The soundscape of the work, which draws inspiration from folk music, is the responsibility of Jouni Tapio. The soundscape she has designed complements and deepens the dancers' expression.

The stage features the theatre's own dancers Ulla Hyväluoma and Miika Alatupa, whose orbid movement lang-

uage brings the work to life. Young dancers from Vaasa Community College Alma will also be present, bringing fresh energy and dynamics to the performance.

"Impressed" offers viewers a unique opportunity to experience the power of dance and its ability to touch deeply. This work promises to be one of the highlights of the cultural life of Vaasa in the autumn.

The City Theatre's Heart of Autumn Festival will bring theatre experiences at the end of 2024

The autumn's cultural calendar will once again receive the much-anticipated addition when the Heart of Autumn Theatre Festival kicks off on Friday, October 11, 2024. The opening screening of the festival will be the one-woman musical "Zarah L.", which tells the story of the life of Swedish actress and singer Zarah Leander. The talented Tiina Weckström will take the stage at Theatre Restaurant Kulma, accompanied by pianist Janne Viitaniemi. Written by Hans Peter Gansner, the play offers a unique opportunity to dive into the fascinating world of Leander.

The next day, Saturday 12 October, drag star Marko Vainio's action-packed "Divet Show" will be staged on the Romeo stage. Vainio is known for his energetic performance and ability to bring an impressive and entertaining show to the stage that leaves no one cold.

On Saturday 9 Novem-

THIS NEWSPAPER CAN BE READ ANYWHERE



Like here in Ulan Bator, Mongolia

ber, Jarno Hyökyvaara's monologue "Round Truth" will be performed on the Julia Stage. This show tells the story of a young person growing up in the world of football and provides a touching and relatable experience for viewers. Hyökyvaara is a familiar face from Vaasa, where he last visited the musical "West Side Story" in the 2022-2023 season in the role of Bernardo.

range of theatre experiences and is an excellent opportunity to enjoy high-quality culture in the darkening evenings at the end of the year. Tickets are now on sale at the box office and on the website – secure your seat at these unforgettable shows!

Exciting collaborations and diverse productions at Wasa Teater this year

Next year at Wasa Theatre offers a diverse selection of productions and guest performances, thanks to cooperation with various Finnish theatres and groups. There is something for all tastes and a great selection for those who want to see everything.

Autumn begins with a gripping comedy-drama. The autumn season of the main stage begins on 14 September with the comedy drama "Cake Light", in which

Tove Quickström plays the main role Stina. The play follows Stina's life from the age of 17 to the age of 107 to the age of 90. Despite the fact that guests vary, she always bakes the same cake, the aroma of which spreads throughout the salon, especially at the end, when the cake is ready. The show explores life changes and choices in 90 minutes, and no one leaves the stage during this overall experience.

First Christmas play in seventeen years. In November, Wasa Theatre will present Christmas spirit with a performance based on NRK, Snowfall

popular advent calendar. For the first time in seventeen years, the theatre presents a Christmas play, which runs from November 15 to Epiphany. "Snowfall" is a magical story about finding a home and belonging, and it features the entire ensemble

of the Wasa Theatre as well as twelve children from Ostrobothnia who take turns in roles.

Excursions for both children and adults. The performance year begins with a tour traditionally aimed at daycare centres in Ostrobothnia. In cooperation with the drama pedagogical resource centre Dialog, 1–5-year-olds are offered "Play Saga", where children first hear Pim's story and then step into the storybook themselves.

For adult audiences, a tour is organized in cooperation with Klockrike-teatern. "BELLMAN – Am I born, then I want to live!" is a musical theatre performance about the life and work of Swedish singer and poet Carl Michael Bellman. Celebrating the Swedish language, the performance offers an experience full of enthusiasm, longing and dreams.

Theater Director's Com-

ment. "We have a very cooperative year ahead of us, playing from Canada, Sweden, Norway and Vaasa. The mission of theatre is to explore what human life can be, and through these plays we do just that," says theatre director Ann-Liise Bertell.

Wasa Theatre welcomes the audience to a performance year full of variety and deep experiences. Tickets are available now, so secure your seat to experience the highlights of autumn and winter at the theater.

Vaasa City Theatre: 36,000 visitors

The screening year 2023–2024 included six premieres, diverse guest appearances and new kinds of collaborative productions. The total number of visitors during the year reached almost 36,000.

The Fractures-them-

Art Experience of the Week:



Robert Wilhelm Ekman 1808-1873

The country's most influential artist in the middle of the 19th century, considered by many to be the father of painting in Finland. Kreeta Haapasalo Playing the Kantele in a Peasant Cottage, 1868

ed season opened on 31.8.2023 with Mr. Hakkarainen's storytelling, which toured numerous daycare centres in the Vaasa region during the year. The musical comedy Nuns and Rogues premiered on the Romeo stage on 9.9.2023, gathered nearly 10,000 viewers during the year and became the most watched work of the year.

Isolahti school gets an extension: Users involved in planning

A new building is currently being planned on the Isolahti school site, which will serve especially pupils with deman-

ding special support. The new building will have teaching facilities for demanding special support, afternoon activities and a youth centre. The project takes into account the views of users, i.e. children, young people and staff, who will be able to influence the design of the new premises.

Significant increase in the need for special support

In recent years, the number of pupils with demanding special support at Isolahti School has increased significantly. The school's current facilities are no longer sufficient to meet the increased need, which is why temporary space elements were introdu-

ced for the yard in October 2023. When the new building is completed, the spatial elements can be dispensed with.

"There were 31 special support students in 2004, but this school year there are already 96. In other words, the number has tripled, and the forecasts do not show any decrease," says Taito Gromov, Rector of Isolahti School.

Expansion to be completed in 2026

The construction project of the Isolahti school extension is currently in the project planning phase, where the starting points for the design will be determined. Once the project plan has been completed, it will proceed to decision-making

in the committee in the autumn and later to the city government and city council. (Vaasa.fi)

Wärtsilä warns: Rising electricity prices may threaten Finland's green transition

Wärtsilä Corporation has published a modelling of the Finnish energy system, according to which Finnish electricity consumers could save up to EUR 1.3 billion per year if the system were given 2 gigawatts (GW) of flexible and reliable capacity by 2030. However, the modelling reveals that the lack of such capacity may lead to an increase in electricity prices and negatively affect the re-

liability of the system, threatening Finland's efforts to lead the green transition.

Fingrid predicts that investments in the green transition will increase electricity consumption in Finland. Wärtsilä's modelling also shows that electricity prices will rise sharply in the coming years. According to calculations, the average price of electricity in 2027 will be 74 €/MWh, which is 30% higher than in 2023. Without flexible capacity, the price of electricity is strongly dependent on weather conditions.

Malin Östman, Vice President, Strategy and Business Development at Wärtsilä Energy, emphasises the importance

of a stable and competitive electricity supply to attract industrial investments to Finland. To make this possible, investments are needed in flexible and reliable capacity that can support renewable energy sources.

The modelling shows that the Finnish electricity system will struggle to function as expected during long periods with low winds unless significant investments are made in flexibility capacity. Even under normal circumstances, 2 GW of flexibility capacity can reduce the average price of electricity by 10%, which corresponds to annual savings of EUR 1.3 billion for Finnish electricity consumers. In extreme conditions, such as when the Olkiluoto 3 or Fenno-Skan cables are out of service, the savings can reach EUR 2 billion.

To support these investments, Wärtsilä proposes to open a capacity market in Finland as soon as possible. Such a market would ensure sufficient electricity supply during the most demanding winter seasons, while supporting fluctuations in renewable generation.

"Wärtsilä's flexible power plants can be started up in minutes and operated for as long as needed, enabling efficient use of renewable energy sources," says Östman.

They, who know a little more are They, who read Wasa Daily

Avian influenza

vaccine for risk groups in June

The wellbeing services county of Ostrobothnia announces that the avian influenza vaccine will be offered to those belonging to risk groups starting in June. Only people aged 18 or over who belong to a risk group can receive the vaccine. More detailed information on appointments, appointments and vaccination sites will be provided at the beginning of June.

Who is recommended to get vaccinated?

The avian influenza vaccine is recommended for the following risk groups: People who come into contact with fur animals on fur farms.

People working with poultry, including staff of domestic and poultry farms and hobby chickens.

Persons handling and disposing of sick and dead birds or animals and persons involved in cleaning their premises. People call birds.

People who work in bird shelters caring for wild birds.

Service veterinarians. Laboratory workers handling avian influenza virus or samples that may contain the virus.

What can the vaccine prevent?

The vaccine is designed to protect against bird flu, a disease that can cause serious health problems in humans, although getting infected is rare. For those at risk, the vaccine can be an important protection against potentially serious cases of illness.

The usual seasonal influenza vaccine will be given later in the autumn.

More detailed information on vaccination ti-

mes, appointments and vaccination locations will be published at the beginning of June. (Constituency of Ostrobothnia)

Lift's prices will be harmonised: Buying tickets will become easier and clearer

As of 1.7.2024, the pricing of Vaasa Region Public Transport Liftis will become more uniform and customer-friendly. The aim is to simplify ticket purchasing and make it more transparent for all passengers.

Currently, the price of a one-way ticket varies depending on the payment method. For example, a mobile ticket in the Waltti app costs €3.00, while the cheapest ticket with a travel card costs €1.33. The trip can also be paid by contactless payment (€1.50), cash (€2.00) or partner apps (€1.50 – €3.00).

According to the proposal, all payment methods, except cash, will pay for one-way travel in zone A at the same price in zone A as of 1.7.2024. In this case, the price is 1.70 €. The ticket price for cash payments will increase to EUR 2.20.

"We want to make pricing clearer and more customer-friendly," says Anastassia Backlund, public transport expert. "After the change, bus tickets are still the cheapest in Finland."

Harmonised prices: Adult A zone: €1.70 (all payment methods except cash)

Adult one-way zone A (cash): €2.20

Children and young people under 17: 50% discount on adult tickets

Group discount (minimum 10 persons): 30% discount on adult tickets
The changes will enter

WELFARE AREA



Pörtom Health Station Moves to New Premises

Starting June 3, 2024, Pörtom Health Station will relocate its reception to the first floor of the service center. The entrance is on the south side of the building, adjacent to the parking lot near Centrumvägen.

Simultaneously, the phone hours for Pörtom Health Station will change. From that date onwards, the health station will accept calls on Mondays and Fridays from 8 to 9 a.m. The new phone number is 040 6871890.

The customer service center will continue to operate as usual, Monday to Thursday from 8 a.m. to 3 p.m. and Friday from 8 a.m. to 2 p.m., at the number 06 2189000.

into force on 1.7.2024.

The city centre is thriving as empty business premises decrease and new businesses open

Vaasa has finally turned around! A recent report by Living City Centres reveals that the vitality of Vaasa's city centre has started to grow. The number of empty business premises has decreased dramatically and the number of businesses open on weekdays has increased compared to last year.

This happy news puts Vaasa in sixth place in a comparison of 34 cities! The hard work of residents and entrepreneurs is finally being rewarded, and Vaasa's heart beats strongly again.

The method developed by Living City Centres

has monitored the vitality of city centres since 2015. This year, 34 cities were included in the survey, and Vaasa's rise to sixth place is a significant achievement.

What is the secret of Vaasa's success? It's hard to say for sure, but several factors have likely contributed to this turnaround. The city's investments in the development of the city centre, campaigns to attract new businesses and cooperation with entrepreneurs are likely to have made a significant contribution.

Vandalism costs in Vaasa up to 150,000 euros annually:

"The money saved could be used for the benefit

of young people"

In Vaasa, the costs caused by vandalism have risen significantly, and the annual price tag is up to 150,000 euros. This sum could be used for the benefit of young people, which is at the heart of the new development project.

The City of Vaasa has launched a multi-year project to find effective ways to prevent vandalism. Special attention will be paid to involving young people so that they can participate in brainstorming both vandalism prevention measures and uses for the money saved.

Involving young people in development

The project is implemented in cooperation with youth services and municipal technology. The aim is to create new operating models that would help reduce vandalism. Young people get to influence how the money saved is spent, which encourages them to actively participate in the development of the city.

"For example, removing stickers and tags and cleaning them from bins, bridge railings, traffic signs, bus shelters and light poles costs approximately EUR 50,000 annually. With this money, we could also develop the urban environment in ways that young people want," says Project Coordinator Joni Paaso.

Prevention of vandalism with carrots

In particular, the project aims to reward young people for reducing vandalism. If vandalism can be reduced, young people will be able to decide where the money saved is spent. This carrot model encourages young people to take positive action and helps them see tangible results from

their own contribution.

Cooperation pays off

The Palosaari football field is one example of areas where vandalism has occurred. New operating models and the active participation of young people aim to reduce vandalism and improve the attractiveness of the city.

The City of Vaasa's development project is an important step towards a safer and more pleasant environment. The involvement of young people and the consideration of their views make the project particularly meaningful. The money saved in this way can be used for the improvements they want, to the benefit of the whole community.

Hitachi Energy strengthens its cooperation with VAMK

Hitachi Energy has signed a key partnership agreement with Vaasa University of Applied Sciences. The key partnership enables systematic and fruitful cooperation. (VAMK)

Families with children have found paradise: Almost four children are born per woman in Luoto!

The birth rate is plummeting – only one municipality has crossed the threshold for renewal!

Fewer and fewer children are born in Finland. The downward trend that started in 2010 continues, and now there are also large differences between municipalities and regions.

Tampere, Joensuu, Turku and Savonlinna have the lowest numbers of births. In these towns

with over 20,000 inhabitants the total fertility rate was only 1.07 to 1.12 children per woman in 2020 to 2023.

But luckily there are glimmers of light! In some municipalities, children are worth a treasure. In Luoto, Pyhäntä and Merijärvi, 3–3.6 children are born per woman! In Luoto, the figure has even risen in recent years.

"Municipalities with a birth rate of more than three children per woman are now a rarity in Finland. In the early 2000s, there were still 17, now only four," says Juhana Nordberg from Statistics Finland.

The larger the municipality, the fewer children. The statistics reveal a clear link: the smaller the municipality, the more likely it is that more children will be born.

The total fertility rate for the whole country was 1.26 in 2023, which is the lowest birth rate since 1776. This means that a woman gives birth to an average of 1.26 children during her lifetime.

The share of foreign-language speaking mothers among women who have given birth has grown almost throughout the 2000s. Their share is now around 16%, compared with only 4% in 2000. The largest foreign-language groups are Russian (3,804 births), Arabic (2,479) and Somali (2,259).

Source: Statistics Finland

They, who know a little more are They, who read Wasa Daily

Korsholm Music Festival starts with Tjuvstart-Varasstart-Early Start event on 23.7.

The 42nd season of Korsholm Music Festival will open with the Tjuvstart-Varasstart-Early Start event at Vaasa Cathedral on 23 July at 7.30 pm. The program has a unique combination of silent film and organ playing.

The silent film Ostrobothnia (1925) depicts Ostrobothnia and its people in the late 1800s and early 1900s. The film was directed by Teuvo Puro and is one of the classics of Finnish silent film. The organ accompaniment is by Jimi Järvinen,

The event is free of charge. It is organised in cooperation with Vaasa Parish Union.

The Tjuvstart-Varasstart-Early Start event is a great opportunity to get to know the atmosphere of Korsholm Music Festival and experience a unique experience with historical silent film and organ accompaniment.

Lidl: The cheapest grocery store in all cities – shopping cart up to 20% cheaper than competitors

Lidl has compared shopping cart prices in seven different cities around Finland and the results are clear: Lidl is the cheapest grocery store regardless of location. Lidl's shopping cart was up to 20% cheaper than its competitors.

"We have been doing shopping cart comparisons for several years and the results are always the same: Lidl is the cheapest option," says Lidl's Commercial

Director Mikko Forsström. "This time, we also wanted to challenge the way shopping basket comparisons are carried out in public. In our comparisons, we have taken into account all the same products and package sizes, as well as taken regional price fluctuations into account."

Lidl's comparison included Prisma, K-City-market, S-Market and K-Supermarket. The comparison was made in Jyväskylä, Kuopio, Oulu, Tampere, Turku, Vantaa and Helsinki.

"We believe that transparency and fair competition benefit consumers," says Forsström. "That's why we want to open our shopping cart comparisons to everyone and challenge other operators to do their comparisons in the same way."

The Finnish Medical Association maintains its position: Euthanasia will not be legalised

The Finnish Medical Association will not change its position on euthanasia. The delegation of the Finnish Medical Association decided to keep the Association's position unchanged at its meeting on Thursday 16.5.2024.

According to the decision, the Finnish Medical Association continues to oppose the legalisation of euthanasia and the obligation for doctors as a profession to perform procedures whose primary purpose is to accelerate the death of a patient.

According to the Finnish Medical Association, euthanasia is an irreversible procedure that strongly tests the ethical principles of doctors, and its effects may have significant consequences

on, for example, the coping of doctors and the equality of patients. In addition, the Finnish Medical Association does not believe that the Finnish healthcare system is current-ly ready to legalise euthanasia.

A new tick disease threatens Finns:

Neorlichiosis can cause long-lasting fever. Climate change brings with it new threats to our health. One of them is a tick-borne bacterial infection called "Neorlichiosis", the first case of which has been detected in Finland. Infectious disease specialist Ulla Ho-henthal warns of this new threat in Mediuutiset.

The main symptom of neorlichiosis is a prolonged fever, which can last up to several weeks. Diagnosis can be difficult because the disease is still rare and its symptoms may resemble other tick-borne diseases, such as Lyme disease. Fortunately, the treatment of neorlichiosis is effective with antibiotics, which are also used in the treatment of borreliosis.

The risk of tick-borne diseases increases with climate change, as ticks thrive in warm and humid weather. Therefore, it is important to protect yourself from ticks by wearing a covering mask and using mosquito and tick repellent. Tick bites should also be monitored and med-

ical attention should be sought if symptoms appear. The discovery of neorlichiosis is a reminder that we must be vigilant for new infectious diseases. By following the instructions of health authorities and protecting ourselves from ticks, we can minimize the risk of contracting this and other tick-borne diseases.

Book tips in Kuopio: Library Days bring hundreds of professionals to-gether!

Kuopio is preparing for a big celebration for book lovers! Library Days will gather hundreds of professionals and passionate readers to the city 4.-6.6.2024. The event is full of inspiring lectures, networking and, of course, books! Library – the heart of the municipality: Under this theme, the role of libraries in society and the opportunities they offer are explored. There is sure to be something for everyone in the programme, and there will certainly be some surprises. A celebration of literature: Library Days offer a unique opportunity to meet authors and hear their thoughts. There are also several panel discussions and workshops where you can learn new things about writing and reading. Networking and new ideas: Library Days are

a great opportunity to meet new people and discover new ideas. The event also offers plenty of opportunities to network with professionals in the field. The only trade fair in the library industry: Library Days will also be the only trade fair in the industry where you can learn about the latest products and services. Don't miss this unique opportunity! Sign up for Library Days today and come and experience the magic of books in Kuopio! Further information and registration:

- www.kirjasto-paivat.fi

THL: Finnish obesity is already causing significant problems – the time for social action is now

The BMI of approximately 1.2 million adults exceeds the obesity threshold (30 kg/m2). 30% of women and 27% of men have obesity. Obesity is most common among people aged 40 to 64, of whom one in three has obesity. Waist obesity is even more common, affecting almost one in two adults. The waist-ruffle limit for waist-ruffle is considered to be more than 90 cm for women and more than 100 cm for men. Obesity and abdominal obesity have become more common among working-age people, i.e. those aged 20 to 64. Among wor-

king-age men, obesity has increased by 3 percentage points and among women by 4 per-centage points compared to 2017. The weight of an average-sized man has increased by 1.6 kg, and that of a woman by 1.8 kg.

These data derive from THL's Healthy Finland survey, in which 10,000 randomly selected people aged 20 or over were invited to undergo an extensive health check-up. Of these, 5 800 (58% of invited grants) took part in the health check. "Obesity is becoming more common and the problems it causes are exploding. Obesity costs health care by one billion every year. Comprehensive measures by society are needed now at the latest to halt population obesity. Such measures could include taxes and marketing restrictions based on the unhealthy nature of food," says Docent Annamari Lundqvist, who led the study.

Asma Assad diagnosed with acute myeloid leukaemia



Syrian president's wife Asma Assad has fallen ill with leukaemia, according to the president's Telegram channel. Imagwe: Wikimedia Commons

QUOTE OF THE WEEK

Finnish media concentrates – and it matters

More and more of the press is in the hands of fewer and fewer newspaper publishers. Heikki Hellman, Helsingin Sanomat, 26.5.24. DOES it matter who owns the newspaper I read? Everyday Hesarini is firmly in the hands of the Sanoma Group, but over the past decade the ownership of most regional newspapers has changed, a few or even twice. This spring, Karjalainen, published in Joensuu, was transferred to Keski-suomalainen Group and Vaasa-based Vasabladet to Bonnier News.

When a newspaper moves from one stable to another, the layout of the paper newspaper and the beginning of the online magazine usually also change. Group steering will increase, and the autonomy of deliveries will decrease. The same reports, personal interviews, columns and TV reviews circulate in all daily newspapers of the chain.

There is less and less of the magazine's own content.

EU-ELECTION

EU-ELECTION

European Parliament Election 2024 - All Candidates

2	Ahtola, Eero, yrittäjä, Vantaa
3	Haapalehto, Jaakko, yhdistelmäajoneuvonkuljettaja, Kankaanpää
4	Karhunen, Marko Eerikki, tuotepäällikkö, Kerava
5	Kivinen, Lassi, avainasiakaspäällikkö, Helsinki
6	Kivirinta, Aki, IT-konsultti, Oulu
7	Korhonen-Low, Mira, kauppatieteiden maisteri, asiantuntija, Helsinki
8	Lampinen, Kimmo, sähköasentaja, Jyväskylä
9	Lehtisalo, Tiia, sairaanhoitaja (AMK), Riihimäki
10	Leinonen, Arne, tuoteomistaja, palvelumuotoilija, Helsinki
11	Lähteenmäki, Laura, projektipäällikkö, IT-insinööri, Lahti
12	Mertala, Tomi, opiskelija, Joensuu
13	Mutenia, Sami, huoltomies, Rovaniemi
14	Mäkipelto, Jussi, diplomi-insinööri, Kaus-tinen
15	Paasonen, Juha, linja-autonkuljettaja, Turku
16	Peltola, Jarmo, projektipäällikkö, Leppä-virta
17	Peltola, Juha-Matti, kirvesmies, Tampere
18	Pihkola, Miika, opiskelija, Lappeenranta
19	Pollari, Visa, ohjelmistokehittäjä, yrittäjä, Espoo
20	Sneitz, Nina, tutkija, filosofian tohtori, Helsingfors
21	Vihervaara, Tommi, johtava asiantuntija, Akaa
	Suomen Kristillisdemokraatit (KD) - Krist-demokraterna i Finland (KD) r.p.
22	Korhola, Eija-Riitta, filosofian tohtori, tietokirjailija, Helsinki
23	Heikkinen, Matti, insinööri, tiimipäällikkö, Oulainen
24	Hiippavuori, Katriina, valtiotieteiden maisteri, eduskunta-avustaja, Masku
25	Mönttinen, Ari, terveyskeskuslääkäri, Lohja
26	Pettersson, David, jordbrukare, teologie magister, maanviljelijä, teologian maiste-ri, Pedersöre
27	Puolimatka, Tapio, professori emeritus, Jyväskylä
28	Ruotsala, Aki, yrityspalvelujohtaja, ekono-mi, Seinäjoki
29	Terä, Tommi, toiminnanjohtaja, tradeno-mi, Turku
30	Turunen, Ann-Niina, koulunkäynninohjaa-ja, perhehoitaja, Lappeenranta
31	Visakorpi-Kemppainen, Marika, aluesyytt-äjä, varatuomari, Jyväskylä
32	Liike Nyt r.p., Rörelse.nu r.p.
33	Lahto, Christa, yritysjohtaja, yrittäjä, Pori
34	Korhonen, Toni, toimitusjohtaja, yrittäjä, Vaasa
35	Luomala, Mikko, väitöskirjatutkija, Espoo
36	Redsven, Petteri, yrittäjä, toimitusjohtaja, Lahti
37	Leponiemi, Johanna, opettaja, muusikko, Oulu
38	Kolhinoja, Inka, merkonomi, urheilija, Vantaa
39	Nummela, Nina, yrittäjä, Vantaa
40	Jaari, Heidi, lentoemäntä, avustustyöntekijä, Helsinki

40	Ilmarinen, Iina, eduskuntaryhmän pääsih-teeri, Master of Laws, Helsinki
41	Taavitsainen, Satu, toiminnanjohtaja, hallintotieteiden maisteri, Mikkeli
42	Perussuomalaiset r.p., Sannfinländarna r.p.
43	Antikainen, Sanna, sairaanhoitaja, kan-sanedustaja, Outokumpu
44	Ekman, Johanna, vastuullisuusneuvonan-taja, yrittäjä, Orimattila
45	Garedew, Kaisa, kansanedustaja, Jyväskylä
46	Grönroos, Simo, filosofian tohtori, toimin-nanjohtaja, Espoo
47	Heltimoinen, Ilpo, tuotantotekniikan mekaanikko, Lappeenranta
48	Junnila, Vilhelm, kansanedustaja, Naantali
49	Juvonen, Arja, kansanedustaja, geronomi (YAMK), Espoo
50	Kiviranta, Joonas, tekniikan lisensiaatti, Tampere
51	Koponen, Ari, kansanedustaja, Ypäjä
52	Laitinen, Lauri, Perussuomalaisen nuori-son puheenjohtaja, ensihoitajaopiskelija, Lappeenranta
53	Luukkanen, Arto, yliopistolehtori, Järven-pää
54	Makkonen, Teija, valtiosihteeri, sotatietei-den maisteri, Helsinki
55	Niikko, Mika, yrittäjä, Vantaa
56	Peltokangas, Mauri, kansanedustaja, Kokkola
57	Polvinen, Mikko, kansanedustaja, insi-nööri (YAMK), Kuhmo
58	Ruohonen-Lerner, Pirkko, Euroopan parla-mentin jäsen, Helsinki



59	Seppänen, Sara, kansanedustaja, kasva-tustieteiden maisteri, Rovaniemi
60	Tynkkynen, Sebastian, kansanedustaja, Oulu
61	Vallin, Veikko, yrittäjä, Tampere
62	Väätäinen, Nanna, lähihoitaja, ensihoita-jaopiskelija, Kuopio
63	Vasemmistoliitto r.p., Vänsterförbundet r.p.
64	Aaltonen, Mikko, hallintotieteiden mais-teri, Euroopan unionin alueiden komitean jäsen, Tampere
65	Andersson, Li, kansanedustaja, puolueen puheenjohtaja, riksdagsledamot, parti-ordförande, Turku
66	Bibani, Gashaw, projektipäällikkö, projekt-chef, Vantaa
67	Diop, Paco, varhaiskasvatuksen opettaja, Turku
68	Jokelainen, Jessi, filosofian maisteri, copywriter, Oulu
69	Jussinniemi, Jouni, pääluottamusmies, puolueen 2. varapuheenjohtaja, Pyhäjärvi

70	Kilpeläinen-Tuoma, Piia, opetustoimen ylitarkastaja, Pello
71	Kuivalainen, Maija, ympäristöpolitiikan opiskelija, Joensuu
72	Kyllönen, Merja, kansanedustaja, bioana-lyyttikko, Suomussalmi
73	Käppi, Matleena, opiskelija, luonnontie-ten kandidaatti, Jyväskylä
74	Lindén, Lauri, opiskelija, Tampere
75	Majok, Ajak, taitelija, Helsinki
76	Mielonen, Joona, elokuvatyöntekijä, apu-laisohjaaja, Kotka
77	Minkkinen, Minna, puolueen 3. va-rapuheenjohtaja, sosiaalityöntekijä, Tampere
78	Nieminen, Riku, näyttelijä, yrittäjä, Hels-inki
79	Pikkarainen, Harri, ylilääkäri, överläkare, Lahti
80	Saramo, Jussi, kansanedustaja, Vantaa
81	Säynevirta, Sami, järjestöpäällikkö, metsätalousinsinööri (AMK), Helsinki

82	Tuominen, Lotta, opiskelija, yrittäjä, Jyväskylä
83	Vuorinen, Pinja, Vasemmistonuorten puheenjohtaja, Helsinki
84	Totuuspuolue r.p.
85	Alanen, Outi, näyttelijä, ensihoitaja (AMK), Helsinki
86	Svenska folkpartiet i Finland r.p., Suomen ruotsalainen kansanpuolue r.p.
87	Biaudet, Eva, riksdagsledamot, kansane-dustaja, Helsingfors
88	Borg, Johanna, sjukskötare, sairaanhoitaja, Närpes
89	Broman, Samuel, företagare, jurist, yritt-äjä, juristi, Korsholm
90	Byman, Oscar, specialmedarbetare, eko-nomie magister, erityisavustaja, kauppa-tieteiden maisteri, Kimitoön
91	Bäck, Mira, sjukskötärstudierande, saira-anhoitajaopiskelija, Vasa
92	Cederlöf, Dan, elevhandledare, studeran-de, opinto-ohjaaja, opiskelija, Helsingfors
93	Hagman, Oona, företagare, yrittäjä, Hel-singfors
94	Henriksson, Anna-Maja, undervisningsmi-nister, riksdagsledamot, opetusministeri, kansanedustaja, Jakobstad
95	Hertzberg, Magnus, journalist, pensionär, toimittaja, eläkeläinen, Helsingfors
96	Jern, Mikael, agronom, jordbrukare, agro-nomi, maanviljelijä, Esbo
97	Meinander, Henrik, professor, professori, Helsingfors
98	Möller, Ingrid, studerande, opiskelija, Pargas
99	von Nandelstadh, Wilhelm, företagare, yrittäjä, Sastamala
100	Nilsson, Anton, ministerråd, ministerineu-vos, Mariehamn
101	Pusa, Kalle, IT-konsult, jurist, IT-konsultti, juristi, Helsingfors
102	Sigfrids, Frida, politics magister, riksdagsassistent, valtiotieteiden maisteri, eduskunta-avustaja, Borgå

Sjöskog, Niclas, jordbrukare, maanviljelijä, Pedersöre	Taskila, Joel, yrittäjä, Oulu
100	122
Ståhle, Julia, socialpolitiskt sakkunnig, sosiaalipolitiikan asiantuntija, Esbo	Toppinen, Ira, ekonomi, sivistysjohtaja, Siikalatva
101	Suomen Sosialidemokraattinen Puolue - Finlands Socialdemokratiska Parti r.p.
Westerholm, Anita, rättsnotarie, minis- terns specialmedarbetare, oikeusnotaari, ministerin erityisavustaja, Raseborg	123 Airaksinen, Tanja, erityisopettaja, filosofi- an maisteri, Kuopio
102	124 Borg, Patrik, yrittäjä, kehitysjohtaja, Vantaa
Wulff, Nicke, rektor, rehtori, Åbo	125 Eckerman, Jessy, lagtingsledamot, ung- domsledare, Mariehamn
Suomen Keskusta r.p., Centern i Finland	126 Elo, Piia, apulaispormestari, valtiotieteid- en maisteri, Turku
r.p.	127 Guzenina, Maria, kansanedustaja, toimit- taja, Espoo
103	128 Heinäluoma, Eero, Euroopan parlamentin jäsen, Helsinki
Grönberg, Roosa, eduskunta-avustaja, kauppatieteiden kandidaatti, Helsinki	129 Heiskanen, Miina-Anniina, kauppatieteid- en maisteri, tanssinopettaja (AMK), Oulu
104	130 Helin, Sari, yrittäjä, toimittaja, Helsinki
Heikkilä, Antti, arkkitehti, toimitusjohtaja, Tuusula	131 Järvelä, Viivi, väitöskirjatutkija, biofyysik- ko, Kemi
105	132 Kangaskolkka, Emilia, Demarinuorten puheenjohtaja, yhteiskuntatieteiden ylioppilas, Liperi
Helin, Perttu, filosofian maisteri, erityiso- pettaja, Turku	133 Kiljunen, Kimmo, kansanedustaja, valtio- tieteen tohtori, Vantaa
106	134 Komu, Pekka, liiketoimintakehittäjä, Lahti
Honkonen, Petri, kansanedustaja, filosofi- an maisteri, Saarijärvi	135 Kyllönen, Tiina, nuorisotyöntekijä, omais- hoitaja, Kajaani
107	136 Kymäläinen, Suna, kansanedustaja, Lap- peenranta
Häkkinen, Kati, yrittäjä, kirjailija, Mikkeli	137 Lintonen, Emmi, optikko, optometrismi (AMK), Forssa
108	138 Merinen, Ville, kansanedustaja, psykote- rapeutti, Pirkkala
Jaatinen, Satu, yrittäjä, kauppatieteiden maisteri, Asikkala	139 Niemi-Laine, Päivi, yhteiskuntasuhteiden johtaja, filosofian maisteri, Helsinki
109	140 Perholehto, Pinja, kansanedustaja, Hyvin- kää
Kajan, Venla, maatalous- ja metsätieteid- en kandidaatti, Kuopio	141 Qvintus, Dimitri, johtaja, direktör, Helsinki
110	142 Rantänen, Piritta, kansanedustaja, saira- anhoitaja, Jämsä
Katainen, Elsi, Euroopan parlamentin jäsen, Kuopio	Suomen Kommunistinen Puolue - Fin-
111	
Kaunisto, Timo, toiminnanjohtaja, filosofi- an tohtori, Hämeenlinna	
112	
Koriseva, Piia, yrittäjä, toimittaja, Paimio	
113	
Kulmuni, Katri, kansanedustaja, yhteis- kuntatieteiden maisteri, Tornio	
114	
Lintilä, Mika, kansanedustaja, Toholampi	
115	
Paakki, Valtteri, maakuntasuunnittelija, filosofian maisteri, Espoo	
116	
Rinne, Petri, metsänhoitaja, toiminnan- johtaja, Sastamala	
117	
Roininen, Petri, diplomi-insinööri, toimi- tusjohtaja, Helsinki	
118	
Ronkola, Sami, nuoriso-ohjaaja, musik- ko, Kerava	
119	
Silander, Marju, toiminnanjohtaja, valtio- tieteiden maisteri, Espoo	
120	
Soukkio, Joonas, Keskustaopiskelijoiden puheenjohtaja, Tampere	
121	

lands Kommunistiska Parti r.p.	168
143	Malonen, Jarkko, järjestyksenvalvoja, Tammela
Ekman, Heikki, piirisihteeri, Vantaa	169
144	Mema, Armando, kirjanpittäjä, Nurmijärvi
Etto, Joonas, muusikko, Posio	170
145	Nuotio, Ilkka, eläkeläinen, yrittäjä, Hels- inki
Grönfors, Mervi, varhaiskasvatussihteeri, päälluottamusmies, Tampere	171
146	Nuotio, Jennifer, työtön, Helsinki
Hollo, Taina, verosihteeri, filosofian mais- teri, Sastamala	172
147	Pennanen, Petrus, filosofian tohtori, puo- lueen puheenjohtaja, Helsinki
Kajari, Tarja, peruskoulun opettaja, elä- keläinen, Espoo	173
148	Tuovinen, Jouni, yrittäjä, ohjelmoija, Helsinki
Kallioinen, Toni, opiskelija, Joensuu	Vapauden liitto r.p.
149	174
Karttunen, Jari, pääsihteeri, Vantaa	Hakkarainen, Teuvo, Euroopan parlamen- tin jäsen, Viitasaari
150	175
Kettunen, Jonas, konepuuseppä, Kajaani	Huhtala, Juha, yrittäjä, perhehoitaja, Kouvola
151	176
Kivistö, Anni, opiskelija, Joensuu	Jukkola, Tuomas, yleislääketieteen eri- koislääkäri, Pirkkala
152	177
Knuutila, Jarmo, ulkoalueiden hoitaja, siivooja, Taipalsaari	Kauko, Niko Aleksanteri, graafinen suun- nittelija, Lahti
153	178
López Sánchez, Miguel, yliopistonopetta- ja, Jyväskylä	Kautio, Kimmo, asiantuntija, Hämeenlinna
154	179
Mäntysalo, Jiri, koulutus- ja tiedotussihte- eri, Vantaa	Koukkari, Heini, lääkäri, Kempele
155	180
Packalén, Petra, päätoimittaja, Tampere	Lokka, Junes, yrittäjä, luonnontieteiden kandidaatti, Oulu
156	181
Päiväniemi, Juha, raideliikenteen turva- mies, piirisihteeri, Seinäjoki	Lyytikäinen, Juho, yrittäjä, insinööri, Tuusula
157	182
Salminen, Hannu, näyttelijä, eläkeläinen, Helsinki	Mäkelä, Rauli, lääkäri, eläkeläinen, Espoo
158	183
Sandberg, Tiina, pääsihteeri, Helsinki	Olsen, Vanessa, yrittäjä, ekonomi, Helsinki
159	184
Siivonen, Akira, ICT-asentaja, Pori	Peltola, Sakari, maatalousyrittäjä, Pyhtää
160	185
Sulander, Lauri, koneenasentaja, Nokia	Poltto, Jyri, yrittäjä, valmentaja, Kauhava
161	186
Tapanainen, Bex, seksityöntekijä, Tampe- re	Saarela, Lauri, oikeustieteen maisteri, lu- van saanut oikeudenkäyntiavustaja, Laitila
162	187
Taskinen, Liisa, lääkäri, eläkeläinen, Kotka	Strandvik, Susanna, esihenkilö, Helsing- fors
163	188
Botty van den Bruele, Thierry, luonnontie- teiden kandidaatti, matemaatikko, Espoo	Tiihonen, Ossi, yrittäjä, puolueen puheen- johtaja, Lohja
164	189
Järvenpää, Kristiina, hammashoitaja, Helsinki	Timonen, Pekka, lääkäri, Kuopio
165	190
Korhonen, Janne, tutkija, maatalous- ja metsätieteiden tohtori, Helsinki	Tranberg, Heli, tradenomi (YAMK), Rova- niemi
166	191
Leskinen, Seppo, toimittaja, metallimies, Kemi	Tyni, Tatu, taikuri, Raasepori
167	192
Liljeström, Patrik, sähköasentaja, Vantaa	Ulmanen, Maija-Sofia, yhteiskuntatieteid-

en maisteri, filosofian maisteri, Nokia	193
Valtanen, Niina, yrittäjä, Kokemäki	Vihreä liitto r.p., Gröna förbundet r.p., Ruona lihttu r.b.
194	Elfgren, Thomas, rikosyliomisario, eläkeläinen, kriminalöverkommissarie, pensionär, Vantaa
195	Eteläinen, Unna, opiskelija, Rovaniemi
196	Harjanne, Atte, diplomi-insinööri, kan- sanedustaja, Helsinki
197	Hopsu, Inka, kansanedustaja, luokanopet- taja, Espoo
198	Huff, Shawn, yrittäjä, Helsinki
199	Huhtamäki, Timo, toimitusjohtaja, verk- ställande direktör, Master of Business Administration, Helsinki
200	Ilvonen, Miro, Vihreiden Nuorten ja Opis- kelijoiden puheenjohtaja, Helsinki
201	Jussila, Perttu, viestintäkonsultti, Tampere
202	Kaimio, Tuire, eläintenkouluttaja, tieto- kirjailija, djurtränare, fackboksförfattare, Vantaa
203	Keränen, Silja, diplomi-insinööri, puolu- een varapuheenjohtaja, Kajaani
204	Kousa, Tuuli, viestintäjohtaja, Master of Laws, Helsinki
205	Liukkonen, Ari-Pekka, urheilija, kehittämi- späällikkö, Jyväskylä
206	Meriläinen, Rosa, pääsihteeri, Helsinki
207	Mikkonen, Krista, kansanedustaja, filoso- fian maisteri, Joensuu
208	Niinistö, Ville, Euroopan parlamentin jäsen, valtiotieteiden maisteri, Turku
209	Ohisalo, Maria, kansanedustaja, yhteis- kuntatieteiden tohtori, Helsinki
210	Ratilainen, Niina, kehitysyhteistyön asiantuntija, Euroopan unionin alueiden komitean jäsen, expert i utvecklingssam- arbete, medlem i Europeiska unionens regionkommitté, Turku
211	Sangervo, Julia, psykologi, psykologian maisteri, Tampere
212	Seppälä, Peppi, energia-asiantuntija, Espoo
213	

en maisteri, filosofian maisteri, Nokia	193
Valtanen, Niina, yrittäjä, Kokemäki	Vihreä liitto r.p., Gröna förbundet r.p., Ruona lihttu r.b.
194	Elfgren, Thomas, rikosyliomisario, eläkeläinen, kriminalöverkommissarie, pensionär, Vantaa
195	Eteläinen, Unna, opiskelija, Rovaniemi
196	Harjanne, Atte, diplomi-insinööri, kan- sanedustaja, Helsinki
197	Hopsu, Inka, kansanedustaja, luokanopet- taja, Espoo
198	Huff, Shawn, yrittäjä, Helsinki
199	Huhtamäki, Timo, toimitusjohtaja, verk- ställande direktör, Master of Business Administration, Helsinki
200	Ilvonen, Miro, Vihreiden Nuorten ja Opis- kelijoiden puheenjohtaja, Helsinki
201	Jussila, Perttu, viestintäkonsultti, Tampere
202	Kaimio, Tuire, eläintenkouluttaja, tieto- kirjailija, djurtränare, fackboksförfattare, Vantaa
203	Keränen, Silja, diplomi-insinööri, puolu- een varapuheenjohtaja, Kajaani
204	Kousa, Tuuli, viestintäjohtaja, Master of Laws, Helsinki
205	Liukkonen, Ari-Pekka, urheilija, kehittämi- späällikkö, Jyväskylä
206	Meriläinen, Rosa, pääsihteeri, Helsinki
207	Mikkonen, Krista, kansanedustaja, filoso- fian maisteri, Joensuu
208	Niinistö, Ville, Euroopan parlamentin jäsen, valtiotieteiden maisteri, Turku
209	Ohisalo, Maria, kansanedustaja, yhteis- kuntatieteiden tohtori, Helsinki
210	Ratilainen, Niina, kehitysyhteistyön asiantuntija, Euroopan unionin alueiden komitean jäsen, expert i utvecklingssam- arbete, medlem i Europeiska unionens regionkommitté, Turku
211	Sangervo, Julia, psykologi, psykologian maisteri, Tampere
212	Seppälä, Peppi, energia-asiantuntija, Espoo
213	

Viveväkorva, Susa, varhaiskasvatuksen opettaja, kasvatustieteiden maisteri, små- barnspedagog, pedagogie magister, Oulu	Kansallinen Kokoomus r.p., Samlingspar- tiet r.p.
214	214
Aaltola, Mika, yhteiskuntatieteiden tohto- ri, johtaja, Helsinki	215
215	Apter, Ted, oikeustieteen maisteri, elin- keinopolitiikan erityisasiantuntija, juris magister, näringspolitisk specialsakkun- nig, Helsinki
216	Kasonen, Mika, ylikonstaapeli, Vantaa
217	Kaunisto, Ville, kansanedustaja, Bachelor of Arts, Kouvola
218	Kisner, Susanna, sairaanhoitaja, terveystie- tieteiden maisteri, Oulu
219	Miala, Maria, viestinnän asiantuntija, Helsinki
220	Pietikäinen, Sirpa, Euroopan parlamentin jäsen, kauppatieteiden maisteri, Häme- enlinna
221	Päivärinta, Susanne, yhteiskuntatieteiden maisteri, kansanedustaja, Espoo
222	Pääkkö, Sakari, talouspoliittinen asiantun- tija, valtiotieteiden kandidaatti, Kuopio
223	Rantala, Henriina, yhteiskuntatieteiden kandidaatti, Kokoomusopiskelijoiden puheenjohtaja, Nurmijärvi
224	Rautanen, Maria, diplomi-insinööri, yrittäjä, Pori
225	Rentto, Markku, kauppatieteiden maiste- ri, yrittäjä, Helsinki
226	Salla, Aura, valtiotieteiden tohtori, kan- sanedustaja, Helsinki
227	Sankelo, Janne, toimitusjohtaja, maata- lousyrittäjä, Kauhava
228	Schulman, Max, agrologi, maanviljelijä, agrolog, jordbrukare, Lohja
229	Seittenranta, Sauli, lääkäri, Turku
230	Sipola, Annika, yhteiskuntatieteiden mais- teri, yrittäjä, Salla
231	Toveri, Pekka, kenraalimajuri evp., kan- sanedustaja, Tuusula
232	Träskbäck, Jocka, yrittäjä, Lempäälä
233	Virkkunen, Henna, filosofian lisensiaatti,

EVENTS

ILMAJOKI MUSIC FESTIVAL
ARMI-opera
7.6 - 16.6.24



Solist: Lilli Paasikivi
www.musiikkijuhlat.fi

PRIDE-WEEK in Vaasa and Kors-
holm
10-16.6.24

<https://www.regnbagsallians.fi/>

VAASA AIR SHOW 15.-16.6.
Finland's biggest air show in 2024! The main air show of the Finn-ish Aeronautical Association The air show is organized by a team of Vaasa Flight Club professionals. Our organization is ready to make your participation successful. The annual main air show of the Finnish Aviation Association (SIL) is also the main air show of the Finnish Air Force, the Army and the Finnish Border Guard. The air show will be organised together with Finland's most experienced air show organisers, who have experience in organising 20 international air shows in Finland, Europe and Asia.

<https://vaasaairshow.fi/fi/etusivu>

Lisää Löylyä Rockfestival - 2
dagar 14-15.6

Lisää Löylyä Rockfestival 14.6 - 15.6 2024 in Vaskiluoto, on the former Wasalandia area.

<https://lisaaloylya.fi/>

KALEVAN COMPETITIONS in Vaasa
27-30 June 2024

The Athletics Championship, or the Kaleva Games, will be held in Vaasa on June 27-30, 2024. It is one of the most significant national sports events of the year in Finland

<https://kk2024.fi/>

VAASA FOOTBALL CUP
5.-7.7-2024
<https://www.wasafootballcup.com/>

HERÄTTÄJÄJUHLAT IN VAASA 5.-
7.7.2024

Vaasa is set to host the city's second-ever awakening festival in the summer of 2024, a remarkable 60 years after the last event The theme for the days is "Let the wind fill the sails." The festival grounds are located in the city center, alongside many hotels and restaurants, making it easy to move around on foot or by bike. In Vaasa, you are truly by the sea, as the distance from the market square to the beach is just a few hundred meters. A tranquil evening stroll along the water-front, a visit to the playground, or exploring the city's magnificent cultural offerings can be easily done in the immediate vicinity of the festival area. "Körttiradio" will broadcast programs around the clock throughout the event days.

TANGOMARKKINAT 40 Years!
10-14.7.2024

Seinäjoke
<https://www.tangomarkkinat.fi/>

LOHTAJA CHURCH MUSIC FESTI-
VAL

23-28.7.2024
www.kirkkomusiikkijuhlat.fi

KORSHOLM MUSIC FESTIVAL

Tjuvstart-Varaslähtö-Early Start
23.7.24 kl 19.30
Vaasa City Church
"POHJALAISIA"-silent movie, Jimi Järvinen organ
www.korsholmmusicfestival.fi

KORSHOLM MUSIC FESTIVAL
2024

24.7-31.7.2024
www.korsholmmusicfestival.fi

TOVE TEUVALLA-OPERA

Östermark kyrka .Teuvan kirkko
3.8.24 - 11. 8.2024
<https://www.korsholmmusicfes->

tival.fi/tove-teuvalla/operan-to-
ve-teuvalla

VAASA FESTIVAL
1-3.8.2024

<https://vaasafestival.fi/>

WASA FUTURE FESTIVAL

5-10.8.2024
The Wasa Future Festival 2024 is set to take place from 5th to 10th August. This event gathers knowledgeable and motivated individuals from the business world, universities, regional decision-making bodies, and ministerial corps to focus on solving issues in Vaasa and across Finland. The event can be followed on Wasa Future Festival YouTube channel.

Wasa Innovation Center
Gerbyntie 18
65230 Vaasa
<https://wasafuturefestival.fi/>

NIGHT OF THE ARTS

In Vaasa
15.8.2024

VAASAN MARSSI

9.-11.8.2024
Vaasan Kävelyklubi ry/rf
www.vaasanmarssi.fi

RUSK

Chamber Music in Jakobstad
19-23.11.2024
The Beauty of Longing
International creativity at the darkest time of the year
ruskfestival.fi

TIKANOJA



THE ART EVENT OF THE YEAR!
Eero Järnefelts exhibition
opens on Nov 23, 2024

PRESIDENT OF FINLAND

Joint statement of the Nordic-Ukrainian Summit in Stockholm

Office of the President of the Republic of Finland
Press release 33/2024
31 May 2024

At the third Nordic-Ukrainian Summit in Stockholm on 31 May 2024, the Prime Ministers of Sweden, Denmark, Norway and Iceland and the Presidents of Ukraine and Finland issued the following statement:

We are at a critical juncture in Ukraine's struggle to defend itself against Russia's full-scale war of aggression. We, the leaders of the Nordic countries, jointly reaffirm our countries' unwavering commitment to Ukraine's sovereignty, territorial integrity and security.

The Nordic countries have thus far provided Ukraine with more than EUR 17 billion in military, financial and humanitarian support. We commit to continuing our efforts to provide immediate and long-term support to Ukraine, with the aim of helping Ukraine prevail. This is crucial for European, Euro-Atlantic and global security.

The conclusion of bilateral agreements on security commitments with Ukraine by all the Nordic countries is a manifestation of our resolve to develop deep and comprehensive security cooperation and to maintain our support for the long term. Together with the signatories of the G7 Declaration on long-term support to Ukraine, we send a clear signal that Ukraine can count on us for as long as it is needed.

We will individually and jointly continue to strengthen Ukraine's air defence, maritime and land warfare capabilities. We will continue to contribute

to training, provide equipment, support joint procurement, and make financial contributions so as to alleviate Ukraine's acute needs and contribute to building Ukraine's future defence forces.

We will work with Ukraine to increase its defence industry production. In particular, we will jointly strive to increase Ukraine's and our own production capacity to meet Ukraine's needs for battle-decisive munitions. We will work to identify opportunities for the further development and transformation of Ukraine's defence industry into a strong and effective tool for its defence against Russia's war of aggression, and to deter future attacks. Together, we will work with Ukraine to identify opportunities for closer partnerships and priority investment areas, and promote higher self-sufficiency by reinforcing production in Ukraine.

We reaffirm our strong support of Ukraine's Peace Formula. We will continue our diplomatic efforts to promote its implementation. Ukraine deserves a just and lasting peace based on international law, including the UN Charter, that respects Ukraine's sovereignty, independence and territorial integrity. We will participate at the highest level in the Summit on Peace in Ukraine to be held in Bürgenstock, Switzerland, on 15-16 June, and are contributing to efforts to ensure broad global participation.

We continue to support Ukraine on its path from early to long-term recovery and align our assistance with Ukraine's European integration. We reaffirm our support for Ukraine's reform agenda and commend Ukraine's significant progress on necessary reforms, as Ukraine pursues its integration into the Euro-Atlantic community. We support the swift adoption of the negotiating framework for accession negotiations for Ukraine, followed by the first

Intergovernmental Conference in June 2024. We believe that Ukraine's future membership of the European Union will contribute to peace, stability and prosperity in Europe. We will therefore strengthen our joint efforts to support Ukraine's accession to the EU.

Ukraine's rightful place is in NATO. We will continue to support Ukraine on its path towards membership. We reaffirm our commitment to strengthening NATO's support to, and relationship with, Ukraine. We support a greater role for NATO in the coordination of security assistance and training, with a view to consolidating long-term support and to building a bridge for Ukraine's future NATO membership. The work that NATO is now undertaking will put Ukraine on a clear path towards NATO membership. The bilateral security agreements will support Ukraine's future integration into NATO. In this regard, we will contribute to a successful NATO Summit in Washington on 9-11 July 2024, including key decisions on Ukraine.

We are committed to countering Russia's war of aggression by constraining its influence, freedom of action and ability to do harm, including through sanctions and measures to prevent their circumvention, and measures to ensure accountability.

Having faced Russia's aggression for more than ten years, including over two years of full-scale war, Ukraine continues to demonstrate extraordinary determination in exercising its inherent right of self-defence. As of today, all Nordic countries have concluded bilateral security agreements with Ukraine. As we move on to implement them, we are inspired by the persistence and spirit of Ukraine's people, soldiers and leadership.

MUSEUMS



Museums i Vaasa closed on Monday-Tuesday

In accordance with the economic balancing program of the city of Vaasa, the city's museums will be closed on Mondays and Tuesdays from June. The change will take effect from June 1, 2024.

The museums in Vaasa affected by the change are:

Museum of Ostrobothnia
Tikanoja art home
Kuntsi Museum of Modern Art
Museum of Old Vaasa

In the past, museums have only been closed on Mondays, but now they remain closed on Tuesdays as well. This change is part of a wider program of measures aimed at balancing the economy of the city of

Vaasa. The goal is to achieve savings of around 40 million euros during the years 2024–2027.

The new opening hours of the museums from Wednesday to Sunday are as follows:

Kuntsi Museum of Modern Art: 10 a.m. to 5 p.m.
 Museum of Ostrobothnia: 10 a.m.–5 p.m.
 Tikanoja art home: 10 a.m.–5 p.m.
 Old Vaasa Museum: 10 a.m.–5 p.m. (open June 1–August 31, 2024)

The city of Vaasa regrets the possible inconveniences that the new opening hours may cause to residents and visitors, and thanks for

your understanding during the measures to balance the economy. The museums welcome everyone to visit on open days and explore the city's rich cultural heritage and art collections.

Other museums:

Vaasa War Veterans Museum:
 Summer opening hours 4.6. from Tuesday – Friday 10 – 12 and 1 – 4, Saturday 10 – 14.

Vaasa Maritime Museum:

Open
 20.5.-23.8.2024 Mon-Fri at 11:30 a.m.-6:00 p.m.

CHURCH MUSIC



Music in the Vaasa Church in summer 2024

Evening music Wed 5.6. at 19.30
 Karolin Wargh, organ and Carolina Bjön, baroque cello

Evening music Wed 12.6. at 19.30
 Mariam Junolainen, harp and Vladimir Reshetko, cello

Evening music Wed 19.6. at 19.30
 Liisa Aaltola, organ Water organ

Evening music Wed 26.6. at 19.30
 Seeli Toivio, cello and Pauliina Hyry, organ

Evening music Wed 3.7. at 19.30
 Jouni Somero, piano

Let the Road Meet You concert with three choirs Fri 5.7. at 20.00
 The concert will feature the Lapua Christian College Choir conducted by Maunu Malkamäki, MuSe from Jalasjärvi conducted by Maarja Korts and the National Choir of the Revivalist Association conducted by Petra Perttula. Program €15.

Hymns of Zion from the tower of Vaasa Church - Vaasa Brass Fri 5.7. at 22.00
 Hymns of Zion from the tower of Vaasa Church Vaasa brass conductor. Tarja Viitanen

Event: Messiah Oratory Sat 6.7. at 20.00
 Chamber Choir Canticum Maris, Vaasa Philharmonic Orchestra, soprano Iida Antola, countertenor Teppo Lampela, tenor Tuomas Miettola, bass Jussi Merikanto, bass. The work is conducted by conductor Ruut Kiiski, 8. Choir guide Tarja Viitanen. Tickets 35 €, pensioners 30 €, students and schoolchildren 10 €. Tickets in advance via Nettiket www.netticket.fi and at the door one hour before the concert starts.

Evening music Wed 10.7. at 19.30
 Loviisa Tuomisto, vocals, organ and piano Valtteri Tuomisto, baritone, countertenor, piano and organ

Ukrainian spiritual music and Orthodox hymns
 Fri 12.7. at 18.00
 Male choir music interpreted by the Ukrai-

nian vocal ensemble Canon. In the summer of 2024, the ensemble will present its new concert programme Church Music and Spiritual Songs, which consists of gems from Ukrainian church music, spiritual music and classical music. This program is a new joint musical project by Yuri Ilchuk, a prominent artist in Ukraine, soloist in Canon and the Cherkasy Regional Philharmonic. It's also a unique combination of polyphonic male vocals with a stunning lyrical baritone. The artistic director of the ensemble is Ievgen Valovenko. Free admission!

Evening music Wed 17.7. at 19.30
 Albert Sahlström, violin Saima Malmivaara, cello Isabella Pätiälä, piano

Evening music Tue 23.7. at 19.30
 Silent film Ostrobothnia with improvised music by organist Jimi Järvinen

Evening music Wed 7.8. at 19.30
 Monica Heikius, soprano Pertti Ahonen, clarinet Birgitta Forsman, organ
 Source: The Finnish Congregation

ROAD CHURCHES

Finding Refuge on the Road

Finding Refuge on the Road: A Look at Europe's Road Churches

For centuries, churches have served as places of solace and spiritual renewal for communities. But in modern Europe, a unique concept has emerged: road churches. These are churches specifically designed or adapted to welcome travelers, offering a haven for prayer, reflection, or simply a peaceful break from the journey.

Germany: The Pioneering Nation

Germany is credited with birthing the road church concept. The first one is believed to have opened decades ago in Baden-Baden, offering a pit-top for weary travelers on the Autobahn. These Autobahn chapels, as they're sometimes called, often boast distinctive architecture, creating a visually striking landmark alongside the highway.

Finland's Extensive Network

Finland has embraced the road church concept with remarkable enthusiasm. Boasting over 200 road churches scattered across the country, they provide a haven for travelers, particularly during the summer months. While some close during the winter, a dedicated few remain open year-round, offering a warm and welcoming space for all.

Beyond Borders: The Spread of Road Churches

While Germany and Finland have the most well-established networks, the concept of road churches is gradually gaining traction in other European countries. Austria, Hungary, and the Netherlands are just a few examples where you can find these traveler-friendly places of worship. Are There Road Churches in the USA? Currently, the concept of dedicated road churches isn't as widespread in



the United States. However, there are examples of churches along major highways that offer similar hospitality to travelers. Some have designated rest areas or open their doors for prayer and contemplation. Additionally, truck stops often have chapels or designated quiet spaces that cater to travelers on the road.

A Beacon for the Modern Traveler

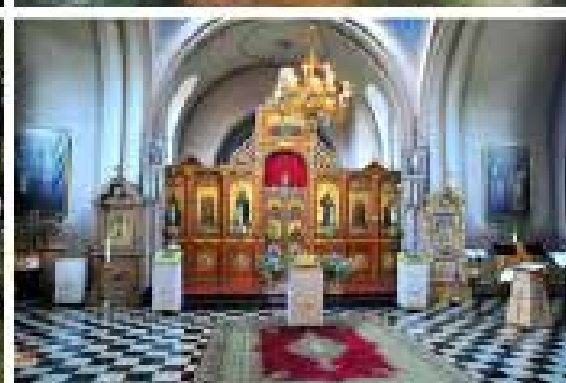
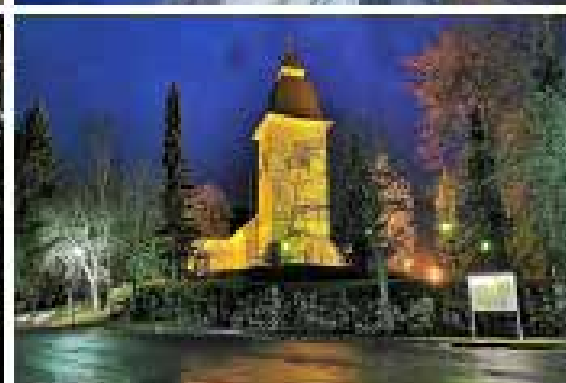
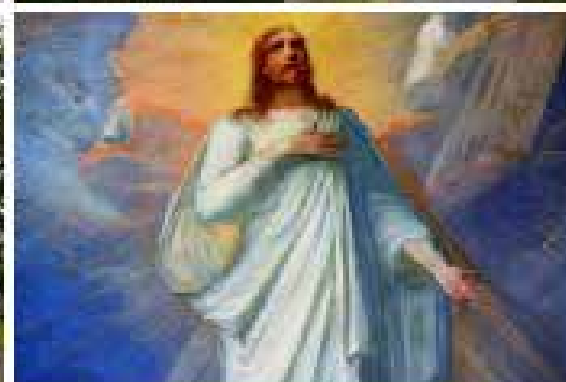
In an age of fast-paced travel, road churches offer a valuable service. They provide a place for weary travelers to find a moment of peace, re-connect with their faith, or simply appreciate a beautiful space. The unique architecture and welcoming atmosphere make them more than just rest stops; they're cultural landmarks and testaments to the enduring power of spiritual connection.

Here's how to find the Road Churches!

In Finland, more than 260 Road Churches open their doors to visitors in the summer. Many of these churches are easily accessible by following the white Road Church signs along the road-side. Before your trip, however, you should take a look at the Tiekirkot.

fi website, where you can find detailed information about road churches.

- You can search for Road Churches using the map search and selecting your own summer vacation route to see which churches fall along the way.
- You can also browse the list of Road Churches and search for churches by location or church type (wooden, concrete and stone churches). Church opening hours vary, so always check our website on the church's own page. Most churches are open from 5.6.–20.8. from 11 a.m. to 4 p.m., but some Road Churches serve visitors all year round. Churches may offer worship services as well as other events such as concerts and meditation. Finland's first Road Churches opened in the early 1990s, initially in a few churches in Northern Finland. The idea of open-door churches, which originated in Germany, has since become widespread. Both Evangelical Lutheran and Orthodox churches are involved, and new churches join every year. In addition, you can find information about Road Churches on Facebook and Instagram on account @tiekirkot. Follow Road Churches on social media and admire people's church spotting with the hashtag #tiekirkko. A road church awaits you along the way – stop and enjoy a different resting place.



Lähialueemme tiekirkkoja

ROAD CHURCH



Church of the Holy Cross (Hattula Old Church)

This historic church has stood on Vanajaveden beach since the late 15th century and welcomes visitors who want to immerse themselves in its medieval history, admire the vibrant murals from the 1510s, or simply seek tranquility.

The church has been an important international pilgrimage destination since the Middle Ages. It is likely that already at the beginning of the 15th century there was a wooden church on the site, and perhaps several generations of wooden churches before the current brick church was built. Although Hattula is not directly on Hämeen Härkätie, one of the old trade routes, the church could be reached via its eastern route.

Several of the church's characteristics make it unique. One of these is the unusual building material for the Middle Ages, brick, which connects the church to Hämeen linna. Brick construction at Hämeen linna probably began in the 14th century and continued until the 16th century. One of the brick sites for Hämeen linna was in Herniäinen, near Pyhän Ristin kirkko.

Opening hours and guided tours

Pyhän Ristin kirkko is open daily from May 11 to August 18, 2024, at 11–17. The church is closed during the Midsummer weekend (21–22 June 2024) and during church ceremonies. Admission is free.

Guided tours in Finnish are held daily at 11:00, 12:30, 14:00 and 15:30. The cost of a guided tour is €4 per adult and each tour holds 30 people. Advance booking is not possible, and the tours are not available for groups. Check the current times for church ceremonies on the parish website, as guided tours are not held during these times.

Church services

Mass/service is held in the church every Sunday from June 30 to August 25, 2024 at 10:00. Because of this, the first guided tour is held these days at 12:30 p.m.



ROAD CHURCH



Historic Laihia Church: An Architectural Gem of Early Neoclassicism

The Laihia Church, an architectural treasure located in Laihia east of Vaasa, stands as a remarkable example of early neoclassicism in Finland. The church, designed and built between 1803 and 1805, reflects the vision of Herman Höckert, a councilman from Vaasa, and the plans approved by the Office of the Superintendent in Stockholm in 1797.

Architectural Highlights

The church's layout features an equal-armed cross, a classic design element of neoclassical architecture. Extending from the western arm of the cross is a tall, rectangular tower. A unique feature of the Laihia Church is the small roof lantern rising from the center of the cross. Notably, this church is one of approximately twenty in Finland where the tower is adorned with a rooster.

The walls of the church are unadorned, showcasing beautifully carved logs that add a rustic charm to its interior. The church features a hipped roof with a rounded wooden vault ceiling. With seating capacity for 1,200 people, it serves as a significant gathering place for the community.

Accessibility

The Laihia Church is committed to accessibility. There is a lift located at the southern end of the church, ensuring easy entry for all visitors during events. An induction loop system is installed to assist those with hearing aids, enhancing their auditory experience during services.

For wheelchair users, the central aisle provides the best seating, offering a clear view and excellent acoustics. Additionally, chairs are available along the central aisle for those using walkers. While the main entrance houses non-accessible restrooms, accessible facilities are available at the parish hall nearby.

Visiting Information

The Laihia Church welcomes visitors during the summer from June 10 to August 2, 2024, Monday to Friday from 12 PM to 4 PM. Regular services are held every Sunday at 10 AM, providing an opportunity to experience the spiritual and historical ambiance of this distinguished wooden church.

Contact and Location



ART



Mysterious moss giants take over Lasipalatsi Square

A green moss giant with skis and poles has arrived at Amos Rex's domes, ready to explore unfamiliar terrain. Wanderer sees the world as being best explored by travelling, but also with the sense of touch – especially the touch of the hand. That may be why the giant is moving two fingers across the palm of his other hand, forming the sign that means to walk or to wander.

Wanderer is one of four bright-green, giant-like figures who have temporarily set up camp in the courtyard at Lasipalatsi Square and on the terrace of Bio Rex. Kim Simonsson's (b. 1974) are about four metres high and communicate with each other through Finnish sign language. They have been acquired for Konstnämnden, which has one of Finland's most extensive private art collections.

The moss giants' long journey home passes through the centre of Helsinki
The giants – Wanderer, Collector,

Friendship and Bringer of Light – are on their way home to the forest. During the summer, they will take a break at Lasipalatsi Square, after which they will gradually continue to their final destination: a leafy forest glade at Amos Anderson's summer residence, Söderlångvik manor on Kimito Island. There they will stay permanently, gradually becoming part of the forest ecosystem. "I had a vision of a large moss figure in the forest, so people would accidentally meet a friendly giant in the woods. That dream will now become a reality, with the four giants moving to a forest glade at Söderlångvik," Simonsson says.

The moss giants will be discoverable in the forest at Söderlångvik from spring 2025 onwards.

Simonsson describes his giants as utopian moss children. He has given each individual in the group their own specific task, with each task being equally important. One carries tools, while another has skis on his back. It is also worth paying attention to the moss giants' hands, which play an important role: they communicate with each other, and with the outside world in sign language.

Sculptor Kim Simonsson lives and works in the artists' village of Fiskars in Western Uusimaa. He has been working with ceramic moss figures for almost a decade – the moss giants are his most large-scale works so far.

The Moss Giants will be at Lasipalatsi Square 29 April–20 October 2024. The exhibition is curated by Kai Kartio.

Sign language is for everyone
Sign language is a visual language used by deaf, hard-of-hearing, and hearing people. It consists of various signs, combining facial expressions, hand body and mouth movements. Two different sign languages are used in Finland: Finland-Swedish and Finnish Sign Language, which is also used by Kim Simonsson's Moss Giants.

Spring exhibitions
Amos Rex's Spring exhibitions offer experiences for our emotions and all of our senses – the first-ever collections exhibition I feel, for now and Josefiina Nelimarkka's studio exhibition The Cloud of Un/knowing. The exhibitions are open 27 March – 8 Sept 2024. (Source: Amos Rex)



Female Doctors Cure Patients Better?

In a groundbreaking study published in the *Annals of Internal Medicine*, researchers have shed light on a fascinating trend in healthcare: patients treated by female doctors tend to have better outcomes compared to those treated by male doctors. This finding is significant, particularly as it highlights the nuanced ways in which gender can influence medical care and patient health.

Study Overview

The study, conducted by a team of esteemed researchers including Atsushi Miyawaki, MD, PhD, Anupam B. Jena, MD, PhD, Lisa S. Rotenstein, MD, MBA, MSc, and Yusuke Tsugawa, MD, MPH, PhD, analyzed Medicare claims data from 2016 to 2019. This large-scale retrospective observational study included a 20% random sample of fee-for-service beneficiaries hospitalized with various medical conditions, focusing on outcomes such as 30-day mortality and readmission rates.

Key Findings

The study examined 458,108 female and 318,819 male patients, with 31.1% of female and 30.6% of male patients treated by female physicians. The primary outcomes revealed that both female and male patients had lower mortality rates when treated by female physicians. However, the benefit was notably more pronounced for female patients.

Female Patients: The adjusted mortality rates for female patients tre-

ated by female physicians were 8.15%, compared to 8.38% for those treated by male physicians. This translates to an average marginal effect (AME) of -0.24 percentage points, which is statistically significant.

Male Patients: For male patients, the adjusted mortality rates were 10.15% for those treated by female physicians versus 10.23% for those treated by male physicians, with an AME of -0.08 percentage points. While this indicates a slight improvement, it is not statistically significant.

The patterns were similar for readmission rates, further underscoring the potential benefits of care provided by female physicians.

Significance of the Findings

These findings prompt a deeper exploration into why female physicians might be achieving better patient outcomes. Potential factors could include differences in communication styles, adherence to clinical guidelines, or even a more patient-centered approach to care that female doctors might employ.

Communication and Empathy: Studies have shown that female doctors often spend more time listening to their patients and are more empathetic. This can lead to a better understanding of patient needs and more tailored treatments.

Adherence to Guidelines: Female physicians are often found to be more diligent in following clinical guidelines, which can improve patient outcomes by ensuring that the best practices are consistently applied.

Patient-Centered Care: Female doctors may be more likely to engage in shared decision-making with their patients, fostering a collaborative environment that can lead to better health outcomes.

Broader Implications

The implications of these findings are far-reaching. For healthcare institutions, this research suggests that fostering a diverse workforce and supporting female physicians can have a tangible positive impact on patient care. It also highlights the importance of considering gender dynamics in medical training and professional development.

Limitations

It's important to note that the study's findings may not be generalizable to younger populations, as the data was derived from Medicare beneficiaries, who are typically older. Further research is needed to determine if these trends hold true across different age groups and healthcare settings.

Conclusion

The study's conclusion is clear: patients, particularly women, experience lower mortality and readmission rates when treated by female physicians. While the exact reasons behind these improved outcomes require further investigation, this research underscores the critical role that female doctors play in enhancing patient care. As the healthcare industry continues to evolve, these insights should inspire efforts to support and empower female physicians, ultimately benefiting patients nationwide.



TRAFFIC



New Kaisantunneli tunnel opened for cyclists and pedestrians in Helsinki

The new Kaisantunneli tunnel in the heart of Helsinki opened its doors to cyclists and pedestrians on Sunday 4 May 2024, just in time for the start of National Cycling Week. The approximately 220-metre-long tunnel runs under the railway yard of Helsinki railway station and connects Kaisaniemi Park with Oodi and Kansalaistori square. In the old days, the cycling distance between these points south of the railway station was 600 metres. And at several traffic lights we had to wait.

The tunnel has been designed especially with the needs of cyclists in

mind, but it is also possible to walk through it. It has its own bike lane, a bike lift and a parking space for about a thousand bikes called the Bike Garage. However, this is not yet open. In the future, a bicycle repair shop will also be located in Pyörätalli.

For pedestrians, the tunnel offers an unobstructed and easy access to Kaisaniemi Park and Oodi. Stairs have been built at the Oodi end of the tunnel to access the train platforms. 40 bike frame locking racks have also been built on the Kaisaniemi park side.

The construction of the Kaisantunneli has taken three years and its costs have risen from the original EUR 25 million to EUR 32 million. However, the project has gone according to plan and there have been no disruptions in traffic.

The new Kaisantunneli tunnel is a significant improvement to the traffic system in the heart of Helsinki, and it will certainly make it easier for cyclists and pedestrians to move around.

Map: © OpenStreetMap kartoittajat



BIOGRAPHICAL LIBRARY

Eeva Kauppi - arvostettu oikeuspsykiatri ja vahva yhteiskunnallinen vaikuttaja

NAISTEN ÄÄNI Suomi Finland 100

Kuuntele

Eeva Kaupin kuuden sanan hoito-obje: "rajaava rakkaus, valvottu vapaus, lempeä väkivalta"

Lapsuus

Eeva Otilia Kauppi syntyi vuonna 1921 Mäntylän suurperheen kuudentena lapsena. Perheeseen syntyi yhdeksän lasta, joista yksi poika kuoli maassa raivonneeseen espanjankuumeeseen. Isä oli torpan poika Kaarlo Vihtori Haavisto, joka toimi pehtorina Sigrid Otilia Tammelan kotitalossa.

Sigrid ihastui talon pehtoriin ja sai alkuvastustuksen jälkeen vanhempiensa suunnauksen avioliiton solmimiseen. Nuorelleparille annettiin jopa rahoitus tilan ostoon Kokemäen Kuurolasta. Silloisen tavan mukaan nuori isäntä raivasi suosta lisämaata saaden näin perheelleen keskikokoisien maatalon, jossa oli 20 ha viljeltyä ja 40 ha metsää. Sigridin isän vaatimuksesta kotiväyn oli muutettava nimensä Haavistosta Mäntyläksi.



Vaasan Suomalaisen Naisklubi ry:n kunniapuheenjohtaja.
Kuva kiubin kuvakokoelmasta

Eeva Kauppi, a well known psychiatrist from Vaasa

Women's Voice ("Naisten Ääni") project: Stories of a thousand women added to the biographical library

Women's Voice project: Stories of a thousand women added to the biographical library. At least 50 stories related to Vaasa!

The history of Finnish society and culture has largely been built on people's actions and influence, but the role of women in this story has often been neglected. The actions, influences and life experiences of women have been surprisingly little recorded in the collective memory. To change this, the Women's Voice project has been born, which aims to make women's stories and influence part of the Finnish historical narrative.

The Women's Voice online publication, launched in 2017 to celebrate the 100th anniversary of Finland's independence, is part of the effort launched by the Finnish Women's League to produce extensive material on the lives of Finnish women and their impact on society. At the heart of the project is the desire to produce and disseminate

information about what women have done, how they have contributed to the development of society, how they have lived and how they have overcome life's challenges.

In spring 2024, the thousandth biography was published, and many more have been added since then. At least fifty stories tell about women from Vaasa or women whose lives are connected to our city.

Mention should be made of a few well-known Vaasa residents whose biography can be found in the Women's Voice library: Irma Rewell, Ritva Hyöky, Eeva Kauppi, Alexandra Frosterus-Sältin, Rosina Heikel,

Diverse participation in the online publication is welcome, and national, local and family women are welcome to participate. The aim is to highlight different stories and experiences: everyday heroines, those who have toiled in organisational work, visible and invisible, loud and silent. We want to compile material that reflects the diverse contribution of Finnish women to society and culture.

You can write new biographical articles for the Women's Voice online publication or copy previously published articles in the journals of women's organisations, as long as the original publisher has permission to republish. In addition, we challenge organisations and individual citizens to participate in collecting and documenting women's stories in their own communities. The aim is to make the Women's Voice project a show of women's strength and at the same time create a unique set of data on the lives of Finnish women.

The Join us page contains more thoughts and ideas on how each of us can participate in the Women's Voice project and make the stories of Finnish women more visible and meaningful. Join us and help us tell the unforgettable stories of Finnish women! The Women's Voice library is online permanently and will also serve researchers for decades to come – or centuries!

Here you can find the Women's Voice biographical library:

<https://www.naistenaani.fi/>

Alexandra Theodora Frosterus-Sältin, unohdettu vaasalainen taiteilija


NAISTEN ÄÄNI Suomi Finland 100

Kuuntele

Kuka on Suomen tunnetuin ja samalla unohdettuin naispuolinen taiteilija? Kenen teoksia miljoonat suomalaiset ovat ihastelleet yli sadan vuoden ajan? Kuka vaasalainen taiteilija on ollut unohdettu kymmenien vuosien ajan ilman, että Vaasassa olisi ainotakaan muistomerkkiä tai patsasta hänelle, puhumattakaan siitä, ettei kaupungissa ole yhtään hänen mukaansa nimettyä katuakaan? Kuka on taiteilija, jonka terveyttä edistävää piirustuksia koululaisemme ovat katselleet 120 vuoden ajan? Kuka naispuolinen taiteilija on inspiroinut Eppu Normaalin koskettavaan lauluun "Murheellisten laulujen maa"? Kuka on vaasalainen taiteilija, jonka piirustukset olivat osasyynä siihen, että Suomessa oli historian alussa kieltolaki? Kuka on vaasalainen taiteilija, jonka taulu on presidentin kansliassa? Tämä kuuluisa taiteilija on tohtori Alexandra Theodora Frosterus-Sältin.

Lapsuus

Alexandra Frosterus syntyi 6. joulukuuta 1837 Inkoossa. Hänen vanhempansa olivat teologian professori Benjamin Frosterus ja Wilhelmina Sofia af Gadolin. Benjamin Frosterus oli syntynyt Pudasjärvellä 28. huhtikuuta 1792. Kalajoen kirkkoherran Johan Frosteruksen ja tämän ensimmäisen vaimon Marian Westzyntiuksen poikana. Robert Frosterus, Kuopion ensimmäinen piispa, oli hänen velipuolensa. Benjamin Frosterus väitelti teologiassa vuonna 1821 ja vihittiin papiksi 1824. Hänestä tuli kirkkohistorian professori vuonna 1829. Benjamin muutti perheineen 1. toukokuuta 1838 Vaasaan. Hänestä tuli silloiselta nimeltään Mustasaaren ja Vaasan seurakunnan kirkkoherra. Alexandra vietti lapsuutensa Hagan pappilassa. Talo seisoo edelleen samalla paikalla lähellä Vanhaa Vaasa ja toimii nykyään Vaasan ruotsinkielisen seurakunnan edustustilana.



Alexandra Theodora Frosterus-Sältin 1860-luvulla (Museolaitos, kuva väritetty)

Alexandra Frosterus-Sältin, an artist from Vaasa

Pali-Maja, Marie Johansdotter Berg - Skrev första dikten om alkoholens negativa sidor

NAISTEN ÄÄNI Suomi Finland 100

Kuuntele

Marie Johansdotter Berg, känd under sin pseudonym Pali-Maja, föddes den 10 december 1784 i Pali, en gårdsgrupp vid Österlandsvägen i Pörtom. Hennes far, Johan Hansson Uppgård, hade flyttat till Pörtom från Pjelas i Närpes, sedan han gift sig med Maria Greta Uppgård och därmed blivit ägare till hälften av ett hemman med namnet Uppgård. Då hemmanet skiftades fick familjen flytta till en äng med namnet Pala eller Pali, ett namn som lever kvar ännu i vår tid. Familjen hade 14 barn, varav 9 klarade sig till vuxen ålder. Isak Smeds berättar om familjen i den diktbok som publicerades år 1882: "Alla barnen var utrustade med klokt huvud och lyckliga anlag att lära allt vad som föll dem i hägen."

Hon avled den 11 oktober 1867 i Närpes. Hon var på sin tid den mest produktiva kvinnliga poeten i vårt land. På sin tid var hon en av de mest aktade personerna i Närpesnejden. År 1882 publicerades en bok innehållande de dikter som återfunnits och i förordet till denna skriver lektor Isak Smeds från Petalax: "Den skaldinna, vars visor otvivelaktigt allmännast sjungas över hela Österbotten och vilken jag i barndomen i min hembygd hört med så stor beundrad och aktning omtalas."

Pali-Maj måste nog ha varit väldigt begåvad, för redan som 18-åring blev hon "skolmästarinna" och i den rollen handhade hon undervisningen av barn i många byar i Närpes. Redan som 18-åring började hon skriva dikter. Som 20-åring besökte hon Stockholm, en resa som gick med båt från Närpes. Hennes medresenärer lär ha betecknat henne som en "sångfågel".

År 1814 födde hon en son vars far var Mats Matsson Snickars från Normäs i Närpes. På den tiden var utomäktenskapliga förbindelser både skamliga och olagliga. Hon fick sota för detta "brott" med böter, men värre var att hon fick lida för sitt skamfilade anseende resten av sitt liv.



Pärmbilden till den diktsamling med Pali-Majas dikter som utgavs år 1882

Pali-Maja, a poem writer from Pörtom, in Swedish

And here You find the library:
<https://www.naistenaani.fi/>

LIBRARIES

New national E-library: Expectations and reality far apart

The long-awaited nationwide E-library has finally opened, but it does not live up to expectations at all. The selection of books is very limited and many languages are completely missing. Logging in is difficult and apparently requires online banking credentials every time. The service does not yet correspond at all to the possibilities offered by ordinary libraries.

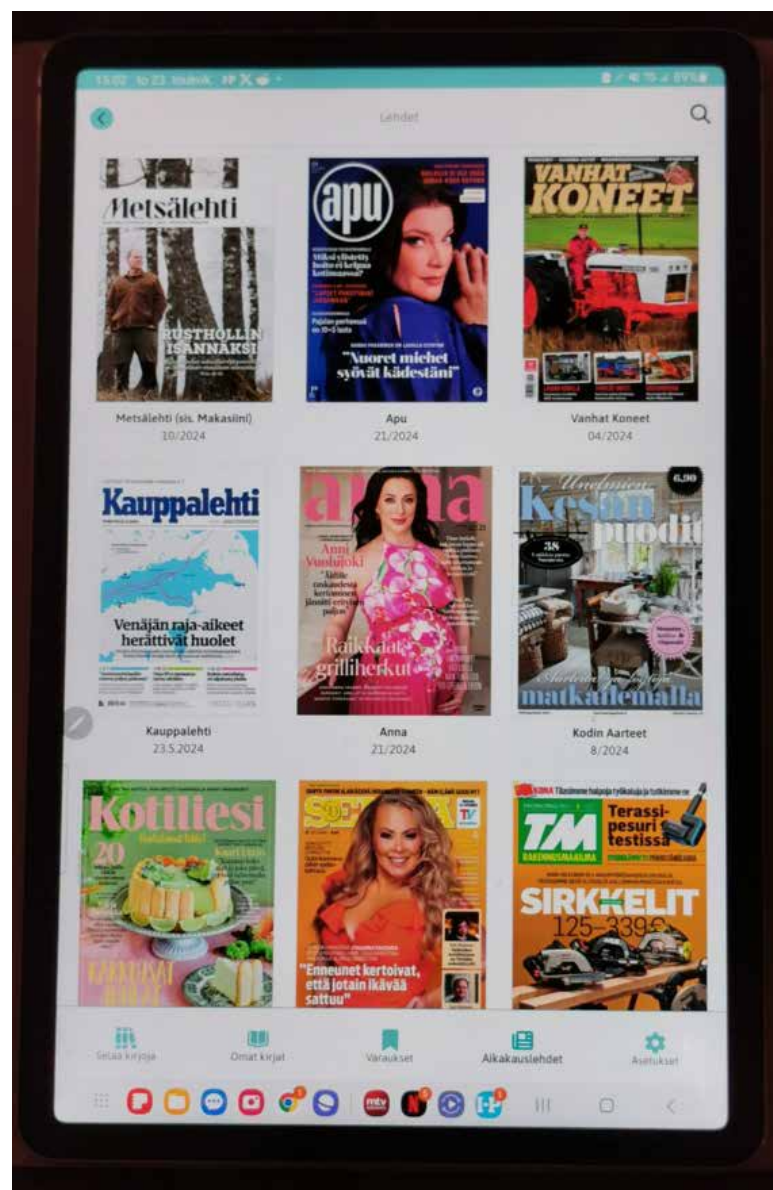
Lack of books and limited selection

There are only hundreds of books in the library, which corresponds to only a small part of the shelves of a real library. The selection of books is also very limited, and there are only a few dozen books in Swedish. It is understandable that many Swedish-speaking municipalities are not involved in the project, but that does not make the service nationwide.

Usage problems and limited availability

Logging in to the e-library is difficult and requires bank codes or something similar every time. A better option would be to have one-time credentials, after which the user would receive automatic access. The only function that succeeds smoothly is the press side. There are several magazines and daily newspapers available, such as Apu Anna, Seura and many hobby magazines, such as TM and MikroBitti. The daily press is published in Kauppalehti and The future of rural areas. The range is nowhere near the level of Press-reader.

About 15% of Finns cannot access the e-library even by paying. This is shameful when talking about nationwide service. Of course, the service is free of charge for everyone else.



Finnish magazines in the new e-library

Lack of additional features

The e-library does not have many of the features that regular libraries offer. For example, there will be no notification of the end of the loan period, and the number of reservations is limited. It can also be difficult to find your favorite books, as not all books are available.

The loan period is 2 weeks. Should we try the Archive.org method in Finland that the loan period is one hour, i.e. you can read the book when you have time, and then borrow it once when it's time? With a short loan period, books would suffice even with a

limited number of books.

The nationwide e-library is disappointing. It does not live up to expectations and is usable only within certain limits. Hopefully, the service will develop in the future and better meet the needs of Finns. The impression is that this has been opened completely unfinished,

The driving force behind the e-library is the National Library of Finland in cooperation with public libraries.

By the way, the other services of the National Library of Finland are world-class. Hardly any other country has such comprehensively digitised historical newspapers and books as Finland,



The National Library of Finland is one of Finland's most important institutions. The monumental building of the National Library of Finland is located opposite Helsinki Cathedral. And we can be sure that the National Library of Finland will get a working version of the E-library for us.



HEALTH

Soil Products, Compost Soil and Legionella Bacteria: Warnings and Tips



Home gardeners, be careful!

Handling soil and compost products may pose a health risk as they may contain legionella bacteria. This is not a new concern – in 2023, soil was identified as a source of infection in five cases of legionellosis, out of a total of 54 cases. This begs the question: What should we know about legionella bacteria, their history and treatment?

Legionella bacteria are named after an American legionnaire meeting held in 1976. Many participants fell ill with pneumonia. After the epidemic, bacteria of the genus Legionella were found in the hotel's water system. Legionella bacteria are common in natural waters and soil and can cause serious illness to humans, especially in water systems such as showers,

whirlpools and cooling systems.

Legionella bacteria are spread through the respiratory tract through an inhaled aerosol. They can cause severe pneumonia, especially in older people and people with weakened immunity. Symptoms of pneumonia may include fever, cough, shortness of breath, and chest pains. If legionella-induced pneumonia is suspected, it is important to seek medical attention immediately.

Pneumonia caused by legionella is usually treated with antibiotics such as azithromycin or levofloxacin. The effectiveness of treatment is influenced by the general condition of the patient and possible other diseases. In addition, it is important to minimize exposure to legionella bacteria through preventive measures.

When handling soil and compost products, special care should be taken. Avoid blowing them into the air, protect wounds on the hands and wear protective gloves. Wash hands thoroughly after handling and store soil bags away from sunlight. Compliance with preventive measures is key to minimizing the risks posed by legionella bacteria.

Here are the guidelines published by the Finnish Institute for Health and Welfare this spring:

Avoid blowing soil and compost into the air you breathe.

Protect wounds on hands and broken skin.

Wear protective gloves and wash your hands thoroughly at the end.

Open the soil bag with the opening facing away from your face.

Moisten mulch or compost with low water pressure, such as a water jug, if necessary.

Wash from soil or compost material utensils with low water pressure.

Store soil bags out of the sun, as the internal temperature of the bag stored in the sun is between 20°C and 40°C ideal for legionella bacteria to multiply.

If dusting cannot be reduced otherwise, FFP-2 and FFP-3 level protectors protect against exposure. Remember to place the protector snugly on your face. (Source thl.fi)

HEALTH

Don't Juice Up Your Weight Gain: Daily Fruit Juice May Not Be Your Friend



For many, reaching for a glass of 100% fruit juice seems like a healthy choice. However, a new study suggests that daily consumption of fruit juice might be linked to weight gain in both children and adults.

Researchers reviewed dozens of existing studies on fruit juice and body weight. While the results weren't entirely conclusive, some trends emerged.

Children and Weight Gain: The study found a clear link between daily fruit juice intake and increasing Body Mass Index (BMI) in children. Each additional serving of juice per day was associated with a slightly higher BMI gain.

Adults and Weight Gain: The picture for adults was less clear-cut. Studies that didn't account for overall calorie intake showed a connection between daily juice and weight gain. However, studies that considered total calorie consumption did not find a significant association. This suggests that the potential weight gain may be due to the extra calories in juice, not the juice itself.

The Takeaway: While more research is needed, this study adds to growing evidence that suggests limiting sugary drinks, including 100% fruit juice, could be beneficial for weight management.

Here's Why Juice Might Not Be the Best Choice:

- **High in Sugar:** Even though it's natural sugar, fruit juice can be quite concentrated. This means a single serving can contain a significant amount of calories, which can contribute to weight gain.

- **Missing Fiber:** Unlike whole fruit, juice lacks the filling fiber that helps you feel satisfied. This can lead to over-consumption of calories throughout the day.

So, what should you do?

- **Focus on Whole Fruits:** Choose whole fruits instead of juice whenever possible. Whole fruits provide essential vitamins, minerals, and fiber, keeping you feeling fuller for longer.

- **Limit Juice Intake:** If you do enjoy juice, make it an occasional treat, not a daily habit. Consider diluting it with water to reduce the sugar content.

- **Be Mindful of Portion Sizes:** Even with whole fruit, be mindful of portion sizes.

Remember: Water is always the best beverage choice for hydration and overall health.

Source: JAMA Pediatr 2024 Mar 1;178(3):237-246. Consumption of 100% Fruit Juice and Body Weight in Children and Adults: A Systematic Review and Meta-Analysis. Michelle Nguyen et al.

SPORT

Kaleva Games in Vaasa 27-30.6

Vaasa prepares for the Kaleva Games: Karlsplan is being prepared for competition



Kaleva Competition 2018 - 3000 m, Jyväskylä
From left to right: Sandra Eriksson, Camilla Richardsson, Astrid Snäll, Linnea Harala, Lotta Mäkinen, Emma Hakala, Hilkka Kontro, Pihla Hokkanen, Amanda Virtanen, Oona-Mari Hakulinen, Mona Af Forselles, Janna Hautala.
Image Tuomas Vitikainen. Wikimedia Commons.
Creative Commons Attribution-Share Alike 4.0

The Finnish Athletics Championships, Kalevan, will take place in Vaasa on 27–30 June 2024, according to a press release from the city. It is one of Finland's leading national sports events, and the City of Vaasa has been preparing for the event for several years.

The Kaleva Games are expected to attract about 20,000 visitors to Vaasa. The implementation of the event requires significant cooperation from the sports clubs in the region. The main organizer is Vaa-

sa Sports Society in cooperation with Palosaaren Urheiluseura, Vaasan Toverit, Vaasan Vasama, Vähänkryön Viesti and IF Femman. Mika Lehtonen, Head of Sports Activities, says that the City of Vaasa has started preparing for the event already several years ago. One of the most visible improvements is the installation of a new scoreboard at Karlsplan, which replaced the old one last year. "The new digital scoreboard is a 14.7 x 5.8 metre LED screen, where we can show, in addition to results, live broadcasts from the pitch and replays in slow motion. The old painting was mechanical," says Lehtonen. "It's quite cold in the main stand because it's in the shade. The glass walls will reduce the draught and wind, Lehtonen explains.

The running tracks on the pitch will be washed and the lines will be repainted. In addition, minor repairs will be carried out across the entire plan, and old power and data cables will be replaced with new ones. The equipment and equipment on the pitch must also be in good condition for the competition. "We update equipment such as javelins, bullets, crossbars and scaffolding. After the Kaleva Games, everyone who uses the pitch will be able to benefit from the new equipment, Lehtonen says. The event will have a significant impact on traffic, and temporary traffic arrangements and parking areas have already been planned for a long time. More information on this will be provided closer to the event.

The Kaleva Games also extend beyond Karlsplan. "The women's and men's walking competitions will take place on the new pedestrian and cycling track in the beautiful seaside environment of Onkilahti," says Lehtonen. The Kaleva Games will feature both top national athletes and promising young talents. The competition takes place between the European Championships and the Olympic Games, so it is possible that we will also see Finnish medalists from the European Athletics Championships in Rome at Karlsplan. "We hope that the people of Vaasa will mark the Kaleva Games on their calendars and gather in large numbers to follow the competitions," says Lehtonen.

RUSSIA'S UNPROVOKED ATTACK ON UKRAINE

Volodymyr Zelenskyy Met with the President of Finland and the Prime Ministers of Denmark, Norway and Iceland



On the sidelines of the Ukraine-Nordic Summit, President of Ukraine Volodymyr Zelenskyy met with President of Finland Alexander Stubb, Prime Minister of Denmark Mette Frederiksen, Prime Minister of Norway Jonas Gahr Støre and Prime Minister of Iceland Bjarni Benediktsson.

The Ukrainian Head of State thanked these countries for their comprehensive assistance since the beginning of the full-scale Russian invasion of Ukraine.

The President informed the leaders about the situation on the battlefield and Ukraine's defense needs.

Volodymyr Zelenskyy thanked the President of Finland for the defense assistance packages already provided and for Finland's readiness to participate in the

reconstruction of Ukraine.

During the meeting with Mette Frederiksen, the President praised the recent announcement by the Danish Government of a powerful assistance package worth over USD 800 million and the active preparations for the transfer of the first fighter jets to Ukraine this summer.

The parties discussed ways of strengthening cooperation between the countries in the defense sphere.

The Head of State thanked Jonas Gahr Støre for Norway's assistance of more than USD 7 billion under the multi-year Nansen Support Programme for 2021-2027 and the increase of assistance to Ukraine by USD 1.2 billion.

"We highly appreciate Norway's contribution to the strengthening of Ukraine's air and missile defense, to the protection of Ukrainian lives. I thank Norway for its active participation in the coalition of modern fighter jets and for a clear signal that Norwegian F-16s will definitely be in the Ukrainian skies," Volodymyr Zelenskyy

said.

During the meeting with the Prime Minister of Iceland, the President paid special attention to the recent approval by the Government of Iceland of long-term assistance to Ukraine for 2024-2028 in the amount of about USD 30 million for the current year.

With all the leaders, Volodymyr Zelenskyy discussed the preparations for the first inaugural Global Peace Summit in Switzerland and the importance of the widest possible representation of countries from all over the world.

The President of Ukraine thanked Finland, Denmark, Norway and Iceland for confirming their participation in the Summit and their readiness to work actively on the implementation of the Peace Formula.

Licensed under a Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International. LINK: www.president.gov.ua

RUSSIA'S STRANGE DIPLOMATIC LANGUAGE

The Kremlin mocks its opponents

When tensions between the two countries increase – as in recent years between Russia and Ukraine – it is common for the aggressor to ridicule its counterpart. We have seen examples of this. Russian state television is doing its best to spoil Ukrainian President Volodymyr Zelensky and the Ukrainian leadership. According to the Kremlin, Zelensky is a Nazi, a drug addict, a clown, a liar, a traitor, a criminal, a psychopath.

lenskyy on the battlefield, so they resort to personal attacks in an attempt to discredit him. However, these attacks only hook and further strengthen Zelenskyy's determination and the unity of the Ukrainian people.

Then there is reason enough to say that the President of Ukraine is not the only one exposed to derogatory and mocking adjectives. The German leader is a "sausage maker" and the leader of the USA is a senile dementia elderly.

This is not a new phenomenon. In particular, the word clown seems to be popular in the Kremlin when someone dares to oppose plans to conquer Russia. On 26.11.1939, a few days before the start of the Winter War, Pravda published the following sensational article about Finnish Prime Minister Aimo Kaarlo Cajander:

"Finland's government fears appearing before the country's parliament. Instead, Prime Minister Cajander, on November 23, happily performed at a concert. The music played, the prime minister gave a speech. Finland's citizens must be entertained in their current sad situation. Cajander tried



Aimo Kaarlo Cajander

to entertain the audience as best he could. He displayed clownish talent. Cajander turned the concert venue into a simple circus arena. Like Pelle Jöns, he somersaulted, spoke non-sense, stood on his head, walked around the arena on his hands.

First, he dragged out several portraits of Russian tsars onto the arena and bowed down to these images. These humble bows he performed with the ingrained subservience of a born servant. He spoke of 'the policy beneficial to Finland, followed by Alexander I and Alex-

ander II and approved by all the people of Finland.' Then Pelle Jöns stood on his head and threatened the Soviet Union with one of his feet because Moscow was thinking of threatening Finland's independence. It was truly a majestic attitude!

It is known that the Russian tsars, whether named Alexander or Nikolai, suppressed all attempts by the Finnish people to gain independence in every way. The tsarist policy, which aimed to oppress, subjugate, and paralyze the people, was only accepted by the reactionary-minded,

corrupt Finnish bourgeoisie. Cajander et consortes served the Russian tsars as faithful lackeys and court jesters. When tsarism was overthrown by the people's fatal blow, the temporary government refused to grant Finland independence. For this independence, the Bolsheviks Lenin and Stalin fought in cooperation with the Finnish people. From the Soviet government, the Finnish people have received their independence, which Finland's bourgeoisie always displays and still sells as a commodity on the market of imperialism. Such are the facts.

Cajander believes that when he makes his somersaults, the world goes off the rails. A ridiculous illusion! Pelle Jöns makes his somersaults, but the facts stand unyieldingly where they stand. This whole pathetic comedy is played out only to avoid answering the Finnish people's question to its ridiculous, intrigue-ridden government: why have Latvia, Estonia, and Lithuania concluded treaties with the Soviet government guaranteeing their independence, peace, and secure work, while the Finnish government has interrupted negotiations and caused anxiety and worry for the Finnish people? Here one cannot avoid the issue by just dodging. Cajander makes somersaults, crows like a rooster, suddenly bursts into tears. He cries, moans, tears his clothes to pieces, strikes around with the words of a circus clown, scatters ashes.

Not on his own head, but on the heads of the ministers of Estonia, Latvia, and Lithuania. Through tears, Cajander cries out: 'These three vigorous Baltic states,



Hufvudstadsbladet den 27.11.1939

which had a brilliant future ahead of them, have suddenly been transformed from independent states into realms more or less dependent on the Soviet Union. D

This has made a crushing impression on us Finns." Cajander weeps for the political leaders of Estonia, Latvia, and Lithuania. They have turned out, you see, to be very shortsighted. But Pelle Jöns in the role of prime minister, behold, he is farsighted. He is a politician who has been schooled by the far-sighted Beck, by the clear-sighted Moscicki. May he experience how they feel, these Polish Pelle Jöns, who have forever lost their commitment. Soon enough, Cajander may have the opportunity to realize that it is not the Finnish government's puppets who are foresighted, but Estonia's, Latvia's, and Lithuania's current leaders, who have concluded agreements with the Soviet Union guaranteeing the independence of these states.

But Cajander and his cronies cannot avoid giving the Finnish people the answer they increasingly demand.

Why have you, gentlemen Cajander and your associates, interrupted the negotiations? The people have not demanded this of you. Who has demanded that the negotiations be interrupted? Finland's prime minister wriggles like an eel, he cries and snivels and wipes the tears from his dirty face: "As much as we have tried to find a common basis for our negotiations, they have nevertheless been temporarily interrupted.

This must be regretted all the more as Finland sincerely wishes to maintain good relations with all its neighbors." Cajander "regrets"! Cajander "has temporarily" interrupted the negotiations! Cajander sheds crocodile tears. Crocodile tears are said to be the most deceitful, the most vile, the most disgusting in the whole world. But even more repulsive, even more vile, even more deceitful are the tears shed by Pelle Jöns as he imitates the crocodile. It is a perversion of a reptile that lacks sharp teeth, that lacks strength, but is full of the cunning and voracity of a little predator.

And yet Cajander and his henchmen will not escape answering the question that the Finnish people increasingly threateningly pose to them, as they see the country being drawn into a shameful and dangerous game by provocateurs. Why have you, Cajander and your gang, interrupted the negotiations? You are "independent" (?) only of the Finnish people, who in fact seek the friendship of the Soviet people. Who, then, are you dependent on? Whose will do you fulfill, whose instructions do you follow? And Pelle Jöns in the prime minister's office runs anxiously,

cowardly around, letting his faded eyes wander in all directions and swearing to God: "Finland has not been in need and has not received instructions from other states. By God, it has not received any!" A clown's oath, invoking God!

The receipt for "foreign states' instructions" having been fulfilled has been published. It is found in the English imperialist press's approval of Cajander's speech. The Daily Herald pats its Finnish Pelle Jöns friendly on the shoulder: "you have done well, dear brother".

Can one then be surprised that Cajander and his entourage have not found "a common basis" with the Soviet government? Pelle Jöns performs his somersaults on the warlike imperialism's "general platform," lets the jazz orchestra clang, lets the saxophone jam, lets the circus director's whip whistle.

Will this political circus continue for a long time? We must hope: not too long. We must hope that the Finnish people will not allow puppets like Cajander and his associates to steer Finland's ship of state further towards the brink of destruction, where Beck and Moscicki have suffered shipwreck."

This text's Swedish translation was published in Hufvudstadsbladet on November 27, 1939. In Pravda, it was published on November 26, incidentally the same day as the shots in Maimila were fired, evidently by the Russian side.

Bertel Gripenberg, 1927

The Far-away house.

Far away, far away from the worlds foul fray
in the wood, in the wild, wide wood
far away, far away once my homested lay,
my lonely house once stood.

In silence and night, in sunshine and light,
in the days with the golden feet,
in darkness and frighl, in sorrow and plighl
this house was my home, my retreat.

And all my löst years, all the days I hal are gone,
still hover about thal lone house,
my far-away home, thal dreams still alone,
whcre the echos my löst years arouse.

Far away, far away now my footsteps may stray
but my thoughts and dreams linger there,
far from struggle and fray all my soul slill will slay
in that lost, that enchanted sphere.

Bertel Gripenberg: A Traditionalist Poet with a Controversial Legacy

Bertel Gripenberg (1878-1947) was a prominent Finnish-Swedish poet during the early 20th century. While renowned for his formal and technical skills, he held traditional and re-actionary views on poetry and society, making him a controversial figure even in his own time.

Gripenberg's early work, exemplified by collections like "Vida vägar" (1904) and "Galler-grinden" (1905), consisted of passionate love poetry, considered daring for its time. His sub-sequent period, often regarded as his strongest, saw a shift towards ethical themes, evident in works like "Aftnar i Tavastland" (1911).

The Finnish Civil War of 1918 profoundly impacted Gripenberg, inspiring works like "Un-der fanan" (1918), which glorified the war and demonized the Red opponents. This, coupled with his anti-democratic and anti-populist stance, solidified his position as a controversial figure.

Gripenberg continued to publish poetry collections throughout his career, including "Sista ronden" (1941). In 1925, he released "Den hemliga glöden" (under the pseudonym Åke Erik-son), a parody of modernist poetry that inadvertently revealed new facets of his own work.



Those who know a little more are those who read Wasa Daily



HUMOR ONE HUNDRED YEARS AGO

FREE TELEGRAM
 Mac Carty from Aberdeen is visiting the U.S.A. One day he has to send a telegram to a relative. When he asks about the price at the telegraph office, he is told that the sender's name costs nothing.
 — Magnificent, says the scout. I am descended from an Indian chief and my name is Willarrivetomorrow.

SLOW AS THE EVENING SKY.
 — Yes, feel free to kiss you, Cissi.
 — Hmm.
 — Are you going to be terribly angry with me if I give you a kiss, Cissi?
 — Mnah
 — Can I give you a kiss, Cissi?
 — I say int
 — Do they mean yes or no?
 — They say yes, Affe!
 — Why don't you want to say them then? Can I kiss you or not?
 — Think about it then!
 — Yes, I can't give you a kiss!
 — Well, now think about it
 — Well, yes, kiss you, Cissi?
 — Well, think smart, Affe!



TEETH
 — Grandfather! How often do we get teeth?
 — Three times, the first two times we get them for free, but the third time we have to pay for them ourselves.

AFTER A THEATER PERFORMANCE.
 The man: — My wife, you were really extraordinary in the role! Unsurpassed. No one could have done it better than you!

The lady: —You are flattering! Actually, the role should have been played by a young and beautiful woman.
 The gentleman: — Not at all. You have proven the opposite!

LUMP COLLECTOR
 The rag collector: "Have you any rags to sell 1 day?"
 The Lord; ~No, my wife has gone to the country."
 ~Then maybe there are some tomb bottles to buy?"

PELLES' PHILOSOPHY
 Pelle (who was hit by his mother); "Think father, how we would have had a good time and been allowed to do as we pleased, if you had not married mother!"

PUTTE WANTS MEDICINE FROM GRANDMA
 MODERN: "But, Putte dä, why do you only want medicine from grandma and not from me?"
 PUTTE: "Well, you know, mom, grandma's hand shakes so!"

NEWS
 A; "You must have written in your newspaper that I am a fake gambler and a fraud! B: .Impossible! My magazine only contains news!"

BORN TO DANCE
 "Don't you think, captain, that one must be born to dance?"
 "Sure. . . I have never seen an unborn dance".

THE MORE YOU GET, THE MORE YOU WANT
 "It's quite peculiar, the more you get, the more you want!" "Listen, tell me one thing! Have you ever had twins?"

WITH A MAN ON THE BEACH
 Him: A week ago you had no idea that you would now be sitting on the beach with a man you didn't know at all.
 Her: Well, I probably did.
 Him: But dear little friend, you didn't know me then.
 She: No, but I knew myself

DO NOT STAND THE LIGHT OF DAY
 — You say that he has a job that doesn't stand the light of day?
 — Yes, he develops plates with a photographer!

WOMEN'S CLOTHING
 Nothing dresses a woman better than nothing.

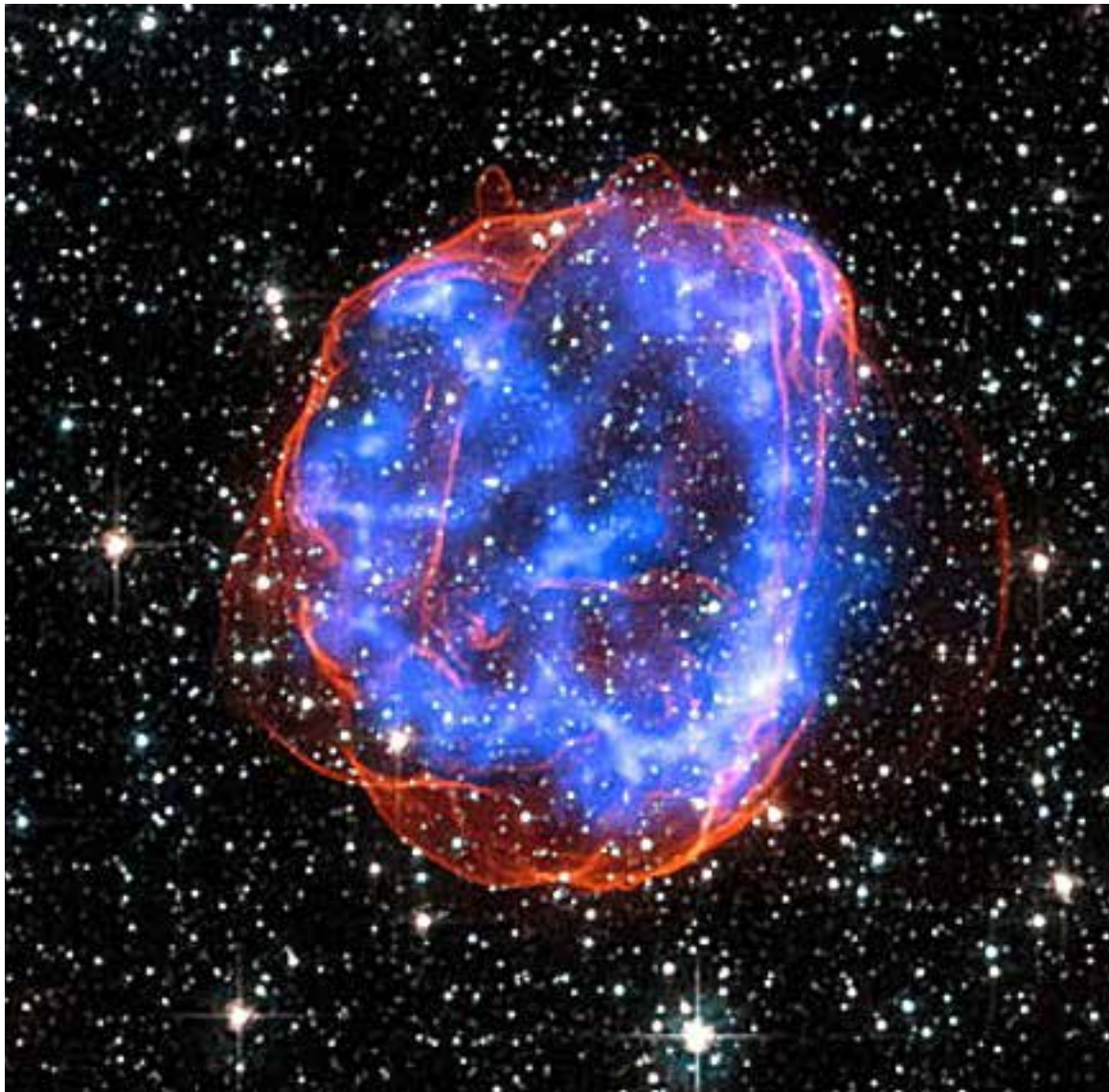


What house is this?

Last weeks house: Kuntsi

PhotoScetch

This weeks astronomical picture:



NASA-SNR-0519690-ChandraXRayObservatory-20150122.jpg
X-ray & Optical Images of SNR E0519-69.0 - When a massive star exploded in the Large Magellanic Cloud, a satellite galaxy to the Milky Way, it left behind an expanding shell of debris called SNR 0519-69.0. Here, multimillion degree gas is seen in X-rays from Chandra (blue). The outer edge of the explosion (red) and stars in the field of view are seen in visible light from Hubble.

X-ray: NASA/CXC/Rutgers/J.Hughes; Optical: NASA/STScI

Public domain

Next week:



From our readers

We very much welcome submissions from our readers. Comments, stories, memories, debate, news from home. Probably this will be the most important part of this spring paper. But space is limited, so please write as short as possible! So please send posts to: wasadagblad@gmail-com

Advertise in Wasa Daily

Being among the first to advertise in this historic and hyper-modern daily may have some PR value.

The advertising price is 6 €/gap millimetre. Standard ads are cheaper (25 mm high = 140 €, 50 mm = 280 €, 75 mm = 400 €. Repeated ads =

30% discount. **Send ads to**
wasadagblad@gmail.com

Wasa Daily
wasadagblad@gmail.com