


VAASA DAILY

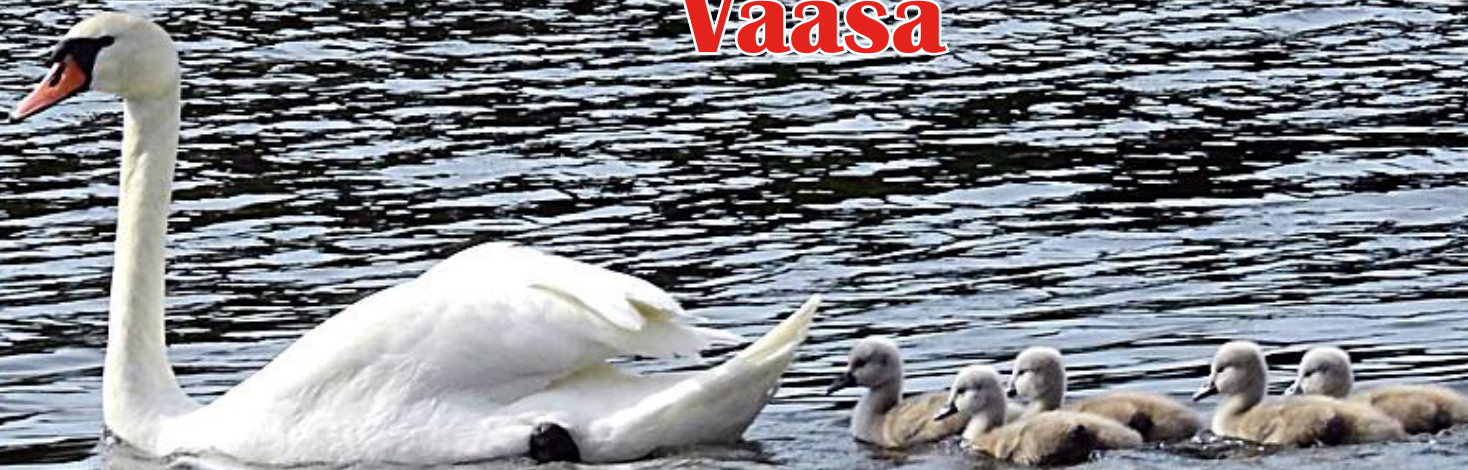
Nr 26 Sunday, June 30, 2024

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Вітаємо всіх українців у
Ваасі! Сподіваємося, вам тут
сподобається і навіть залишитеся
після закінчення війни в Україні! 
warm welcome to all Ukrainians in Vaasa! We
hope you will enjoy yourself here, and even
stay after the war in Ukraine is over!

**Climate change
is a real threat**

**Flowers in
Vaasa**



**Sundomintie is
almost finished**

HERE WE ARE:

vpress.ovh

Climate change is a real threat

Climate change is no longer a distant issue in the future. That is the real threat we face here and now. Our seas are rising, our forests are burning, our icebergs are melting and our species are becoming extinct at an unprecedented rate.

change are serious and affect us all. The effects are already visible in the form of an increase in extreme weather events such as floods, droughts and heat waves. These events result in loss of life and property and affect our ability to produce food and ensure clean water.

We can make a difference

But there is hope. We have the technology and knowledge to combat climate change. We can make a difference by reducing our greenhouse gas emissions, switching to renewable energy sources

and protecting and restoring our forests.

It's time to act

It is time for all of us to act. We need political will, we need responsible businesses and we need individuals who make sustainable choices in their daily lives. Together we can fight climate change and ensure a sustainable future for future generations.

Climate change is a real threat, but it is also our greatest opportunity to create a better world. Let's take that chance.

An obvious sign of climate change is a new kind of news that has never happened before: people are dying from heat! Most often it is reported that someone has died in southern Europe. In India, 60 election officials died from the heat. A week ago, news broke that a thousand people had died in Saudi Arabia as a result of the heat. Such news is no coincidence. And, unfortunately, this news will become more common in the coming years.

And at some point, in the worst case, people may begin to escape the heat to a colder environment. Millions of people, tens of millions, hundreds of millions

Science is unambiguous

Science is unequivocal: human activity is the driving force behind current global warming. The global average temperature has risen by more than 1°C since pre-industrial times, and this rise is expected to continue if we do not take action.

The consequences are serious

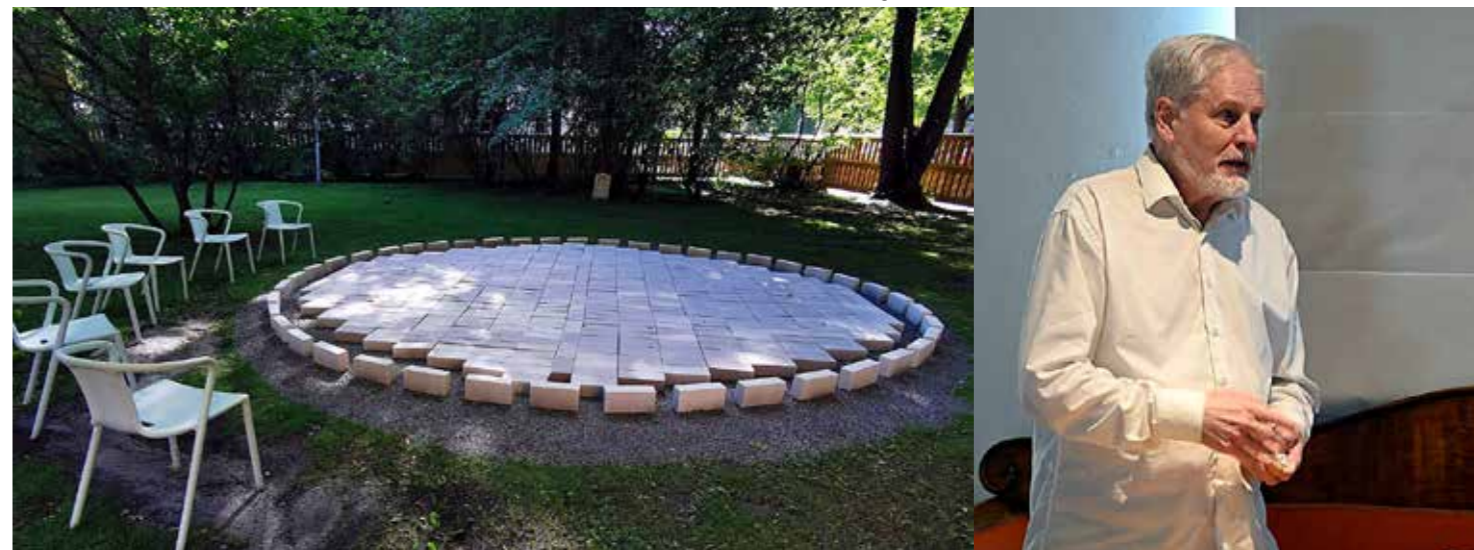
The consequences of climate



Photo Supplement - vpress.ovh

WASA DAILY - a modern newspaper with a layout from the 1870s. At that time, most newspapers had this format, corresponding to A4, and 4 pages. Lots of text, but no pictures at all, so there's a lot to read in a few pages. The newspaper contains quotes from old daily newspapers, taken from the National Archives (digi.kansalliskirjasto.fi). Text in this publication is generated in part with GPT-3, OpenAI's large-scale language-generation model. Upon generating draft language, the texts has been reviewed, edited, and revised the language and the newspaper takes ultimate responsibility for the content of this publication. Wasa Daily will continue to be published on Sunday mornings, but our aim is that it will eventually be published every day. The magazine can be read online for free, printed single issues cost 1 €. Editor-in-Chief: Hans Björknäs. Mail: Wasa Dagblad, Skolhusgatan 37 B 7, 65100 Vasa, telephone +358-40-5462455. E - mail: wasadagblad@gmail.com

New Temporary Artwork at Tikanoja Art Home Courtyard: J.O. Mallander's "Towards the Pure Land" is Part of the "Eastern Spirituality" Exhibition



This summer, the public courtyard of Tikanoja Art Home will feature a temporary artwork by the state-awarded artist J.O. Mallander titled "Towards the Pure Land". The artwork will be unveiled to the public on June 14th from 2 PM to 4 PM and will be on display until August 23rd.

The installation, constructed from white bricks, is part of Tikanoja Art Home's "Eastern Spirituality" exhibition, which showcases Finnish artists' profound interest in Eastern religions and cultures through cultural-historical artifacts and artworks.

J.O. Mallander, a pioneer in conceptual and environmental art, has created approximately 60 different brick installations throughout his career. The first version of "Towards the Pure Land" was built in 1983 in the park area of Tamminiemi and achieved significant recognition in 1988 when

it was installed in front of the Finlandia Hall. An adherent of Buddhism and well-versed in Eastern philosophy, Mallander's work explores the concept of "pure land," which refers to an enlightened state of mind. In the courtyard of Tikanoja Art Home, the piece is arranged in the shape of a mandala, with an accompanying Buddha symbolizing the viewer's gaze. The circle also represents a concluding point. In the artist's words: "The circle closes with this presentation."

The bricks from the artwork are intended to be donated to the public based on the principle of generosity, giving them new life. This approach supports sustainable development and offers art enthusiasts a unique opportunity to own a part of the artwork. The creation of the piece has been supported by the building supplies company STARK Vaa-

sa and the Veljekset Gröndahl Foundation. The "Eastern Spirituality" exhibition can be visited at Tikanoja Art Home from Wednesday to Sunday, from 10 AM to 5 PM. The exhibition has been curated by art and religion researcher Nina Kokkinen.

Summer Program and Guided Tours at Vaasa Museums

Vaasa's museums are offering a variety of workshops for children of all ages and other summer activities. Public guided tours of the exhibitions will be held on Sundays. In July, the Terranova in the Ostrobothnian Museum will open a photo exhibition, "Journey to the Moon 55".

Summer Workshops: Kuntsi Museum of Modern Art:

Workshops on Wednesdays: July 3, 10, 17, 24,

and 31 at 11 AM and 2 PM (bilingual). Activity: Explore the exhibition "Bodies and Moments – Three Perspectives on the Kuntsi Foundation Collection" and create experimental paintings. Tikanoja Art Home:

Workshops on Thursdays: July 4, 11, 18, and 25 at 10 AM and 2 PM (bilingual). Activity: Take a short tour of the exhibition "Eastern Spirituality" and fold origami motifs that fit the theme. Old Vaasa Museum:

Workshops on Fridays: July 5, 12, 19, and 26 at 10 AM and 2 PM (bilingual). Activity: Explore the Old Vaasa Museum and create your own three-dimensional boats inspired by shipowner Falander. Ostrobothnian Museum:

Workshops on Saturdays: July 6, 13, 20, and 27 at 10 AM and 2 PM

(bilingual). Activity: Explore the exhibition "Who is Roger Broo?" and create self-portraits using collage techniques. All summer workshops and guided tours are bilingual and free for individuals under 18.

Public Guided Tours on Sundays: Kuntsi Museum of Modern Art:

Exhibition: "Bodies and Moments – Three Perspectives on the Kuntsi Foundation Collection" Dates: July 7 and August 4 at 1 PM in Swedish and 2 PM in Finnish. Ostrobothnian Museum:

Exhibition: "Who is Roger Broo?" Dates: July 14 and August 11 at 1 PM in Swedish and 2 PM in Finnish. Tikanoja Art Home:

Exhibition: "Eastern Spirituality" Dates: July 21 and August 18 at 1 PM in

THIS NEWSPAPER CAN BE READ ANYWHERE



Like here in Virolahti Archipelago, with Russian on the other side

Swedish and 2 PM in Finnish. Old Vaasa Museum: Dates: July 28 and August 25 at 1 PM in Swedish and 2 PM in Finnish. Photo Exhibition at Terranova: Exhibition: "Journey to the Moon 55" Opening Date: July 3. The exhibition marks the 55th anniversary of the first moon landing and highlights the contributions of Finnish-Americans to the US space program. Later in the year, the exhibition will continue with a focus on other moon missions. Produced by VB Photographic Centre and the Ostrobothnian Museum. Additionally, the Ostrobothnian Museum features long-term exhibitions "Treasures from Near and Far" and "Vaasa 400".

Finnish Visual Art Day - July 10:

Event: Tikanoja Art Home will host a painting event in its charming courtyard from 12 PM to 4:30 PM. Participants can paint alongside artists from the Vaasa Artists' Guild. Sahaja yoga sessions will also be available on Saturdays, June 29 and July 6, from 1 PM to 2:30 PM. Yoga sessions are free, and on these days, visitors can explore the "Eastern Spirituality" exhibition at a student rate. Events at Old Vaasa Museum in August: Anniversary of the Vaasa Fire: Date: Saturday, August 3. Guided tours will discuss the fire at 1 PM in Finnish, 2 PM in Swedish, and 3 PM in English. Admission to the event is free. Old Vaasa Day: Date: Sunday, August 18. Short guided tours at 2 PM in English, 3 PM in Finnish, and 4 PM in

Swedish. Art workshop "I Hope You Grow" will be held in Louko's cottage, led by artists Alan Bulfin and Pii Anttila. Participants will create their own storytelling dice and illustrate a picture book. The workshop is free and open to all ages. Exhibition: "Tar and Salt Spray" Opening in August. Produced by Culture Ostrobothnia in collaboration with other maritime museums in the region. Vaasa's museums are open from Wednesday to Sunday, 10 AM to 5 PM. On "Art Night," Thursday, August 15, the Ostrobothnian Museum, Tikanoja Art Home, and Kuntsi Museum of Modern Art will be open from 3 PM to 9 PM. The spruce bark beetle is spreading in the

Vaasa archipelago

The spruce bark beetle (Ips typographus) is a beetle about half a centimetre long that poses the most economically significant threat to spruce trees in the forest stand. Its reproduction occurs mainly in trees that have fallen from the wind or that are weakened. The storms that damaged the spruce trees in our areas may have



made it easier for the spruce bark beetle to spread. But the most important factor is probably climate change, and the spruce bark beetle is just one of the problems that we will have to fight against in the future. Now there are many notices about how the spruce bark beetle is spreading in the Vaasa archipelago. In the FB group "Vaasan saaristo" they tell

how the spruce forest on Värilax island is affected. At least fifty, perhaps up to a hundred dead spruce trees have been seen. On Bergö there are many affected trees.

After an attack by the spruce bark beetle, the spruce is at most suitable for energy wood, of very little economic value. Everyone who owns forest in these areas probably has reason to inspect the tree stand and take action if infected spruce is found.

The bark beetle multiplies in the inner bark of trees, both living and dead wood. The adult beetles overwinter in the forest and in the trees when the environmental conditions are not favourable for reproduction. When the conditions are right, the adult bark beetles search up to half a mile in search of a vulnerable host. When they find the host, they drill through weakened bark to build tunnels where they can mate and lay eggs. They secrete pheromones to attract more individuals to the tree. Two to five weeks after contamination, they can migrate to another host and repeat the process. When the larvae hatch, they feed and pupate under the bark. Up to three generations can be produced per year.

Spruce bark beetles communicate with each other by using pheromones, compounds or mixtures that convey messages. Some electrophysiologic and behavioral statistics show that spruce bark beetles can not only sense odor messages directly from other spruce bark beetles, but also certain compounds from trees.

Commentary: The

Art Experience of the Week:



Helene Schjerfbeck 10.7.1862 - 23.1.1946 Head of a Girl, 1882

Dark Side of Alcohol - A Silent Risk for Young Men

A new international study led by HYKS Helsinki University Hospital reveals a disturbing link between heavy alcohol consumption and an increased risk of stroke in young men. The study shows that young men who drink to the point of intoxication nearly triple their risk of suffering a stroke, even without known predisposing factors.

This finding comes at a time when strokes in individuals under 50 have become more common, with a significant portion - 33-50 percent - remaining unexplained by traditional risk factors. These so-called cryptogenic strokes pose a challenge to medical research and public

health.

The study involved 540 individuals under 50 who had recently experienced a cryptogenic stroke, and 540 control subjects from 19 hospitals across Europe. Collecting comprehensive data on participants' past illnesses, lifestyles, and family backgrounds has deepened our understanding of these unknown risk factors, allowing researchers to

identify the significant role of alcohol. Young men who consume more than 14 servings of alcohol per week or drink more than 6 servings at a time at least twice a month have nearly a threefold risk of stroke. This is a frightening statistic that highlights the harmful effects of alcohol even at levels many do not consider extreme. For women, although the

thresholds for heavy consumption are slightly lower, a corresponding increase in risk was not found to be statistically significant. This raises important questions about our alcohol consumption and general attitudes towards alcohol. In many societies, heavy drinking in social situations is socially acceptable, even encouraged. This study reminds us



that such habits can have serious health consequences.

From a public health perspective, this is a call to intensify efforts to educate and inform about the risks of alcohol, particularly among young men. A broader conversation is also needed about how we can create a culture where moderation and awareness of alcohol risks are the norm rather than the exception.

This study is a powerful reminder that we need to take the health effects of alcohol seriously. It's not just about protecting individual health but also about reducing the burden on our healthcare system and creating a healthier population. It's time to look up and change our drinking behaviors to ensure a healthy future for the coming generations.

Palosaari library to be closed – Mobile library takes over and expands service

The Vaasa Culture and Sports Committee has decided to close the Palosaari library as part of the city's financial balancing programme. The library will serve its customers until 30.9.2024, after which the mobile library will move to extended services for Brändö residents. Two new book mobile stops will be opened in the autumn.

At the moment, in addition to the main library, Vaasa has six local libraries and one mobile library. Director of Culture and Libraries Sanna Bondas says that the great need for savings for-



ced the service network to be reduced.

"Palosaari Library is the closest to the main library of all local libraries, which was a decisive factor in the decision to close. Other local libraries are further away," Bondas says.

The number of visitors to Palosaari Library has decreased steadily over the past ten years, although it has risen slightly after the coronavirus years. Bondas points out that this also influenced the decision.

Extended mobile library service for Präntöö residents

Two new book mobile stops will be opened in Palosaari starting in the autumn, and a possible third stop will be opened later. This will ensure that the area's kindergarten, Viking school and other customers will continue to receive library services.

"We want to make sure that library services will continue to be available to everyone in the area," Bondas says.

Library materials are delivered directly to residents of service buildings through outreach activities. The library's free service "The book comes" is also available for those who cannot access the library or mobile library due to old age, disability or illness.

In addition, the Natio-

nal e-library offers a variety of digital materials, such as e-books, audiobooks and newspapers, which can be borrowed on a mobile device.

The future of Palosaari Library premises

The premises of the Palosaari library will be emptied by the end of the year at the latest. The Vaasa housing sector is responsible for further plans for the premises, but they have not yet been confirmed.

With the change, the City of Vaasa will adapt library services to the needs of its residents despite the financial challenges and will continue to offer literature and information through innovative solutions, such as book bus and digital services. (Vaasa.fi, press release)

Vaasa is a kebab city, at least according to Foodora

Foodora has published statistics according to which kebab tastes particularly good in certain Finnish cities. Based on this information, Vaasa is strongly represented among kebab lovers, although it did not quite reach the top.

Although Foodora's most ordered dishes throughout the year are pizza, hamburgers and

kebabs of your choice, the favourites vary by region. In certain localities, Asian cuisine also appears on the list of the most popular. However, kebab is consistently one of the most popular dishes, especially outside the metropolitan area.



According to a study by Foodora, kebab tastes particularly good in the following cities:

Pori
Turku
Lappeenranta
Tampere
Kuopio
Oulu
Vaasa
Rovaniemi
Mikkeli
Helsinki

Kebabrullas, kebab with french fries, kebab with rice, iskender kebab and kebab with potatoes are the most ordered kebab dishes. The people of Pori enjoy kebabs clearly more than others, which puts them at the top of the list. Turku and Lappeenranta follow almost equally, and neither Tampere nor Kuopio are far behind.

"Kebab has always been one of Foodora's most popular dishes,

and it is eaten especially outside the Helsinki metropolitan area. However, it is interesting that the cities of Pori and Turku in Western Finland come out on top, because Turku residents also like hamburgers, and the people of Pori do not lag

far behind in this. Lappeenranta, on the other hand, is known to have a lot of kebab restaurants, says Einar Toivonen, Commercial Director of Foodora.

The comparison between different cities was made by proportioning kebab orders to the population during the past six months. Vaasa's seventh place shows that the city has a strong kebab culture and that residents appreciate this versatile and delicious dish.

Foodora's statistics reveal interesting trends in Finnish food culture, and although Vaasa did not reach the top, it has clearly earned its place among the top kebab cities. This begs the question: what other culinary surprises does Vaasa have to offer?

Vaasa's beaches met quality requirements

The latest bathing water samples were taken on 24 and 25 June 2024 at all 13 bathing areas in Vaasa and Laihela. The samples were taken from the shores of the beaches of Percheasaari, Hietasaari, Kuuslinna, Mansikkasaari, Strömsö, Storlax, Kruunuunahhti, Paratissisaari, Viikinga, Merikaarro, southern and northern shores, Campsites and Säivänkangas.

All samples met quality standards

The bathing waters of all bathing areas met the quality requirements laid down in the Decree of the Ministry of Social Affairs and Health (177/2008). According to these requirements, the number of intestinal enterococci in coastal bathing waters must be less than 200 cfu/100 ml and the number of Escherichia coli less than 500 cfu/100 ml. In addition, cyanobacteria (blue-green algae) must not be detected organoleptic in bathing water or on the beach.

No blue-green algae detected

No blue-green algae were detected at Vaasa's beaches, which is especially good news for swimmers. Blue-green algae deposits can cause health risks, and their absence is a sign of good water quality.

Regular monitoring

The water quality of the beaches of Vaasa and Laihela is monitored regularly during the bathing season from 15 June to 31 August 2024. The next sampling date is July 15, 2024. This continuous monitoring ensures that bathing wa-

ter quality remains high throughout the summer.

Reporting suspicious observations

City residents can submit notifications on the quality of bathing water through the electronic notification service of the Ministry of Environment and Health Protection. You can report something suspicious in the bathing water, such as a different colour or smell, or blue-green algae. Diseases or other reactions suspected to be caused by bathing water must also be reported.

The City of Vaasa is committed to ensuring the water quality of its beaches, and the latest results show that the city's bathing waters are safe and meet strict quality requirements. This gives city residents and tourists peace of mind and allows them to enjoy summer swimming in Vaasa and Laihela

Kela Proposes: Individual physicians and personal nurses

The Social Insurance Institution of Finland (Kela) considers the Ministry of Health's new model for Kela reimbursements, which has recently been circulated for comments, to be a step in the right direction. However, Kela suggests that the model should be further developed towards a structure based on family doctors and personal care providers in order to ensure continuity of care without significant additional costs.

Support for Primary Care and Continuity of Care

The proposed model aims to support primary



care and improve access to general practitioners. The model also promotes continuity of care, as there are no restrictions on the number of visits to general practitioners. The development of this new model for Kela reimbursements will continue during the current government term.

–KELA

In the future, reimbursements for medical care may be based on a model that focuses on the continuity of the care relationship between patient and doctor. A personal nurse and, if necessary, other members of a multiprofessional team would support the patient's care," says Kela Director-General Outi Antila.

Strong Research Evidence for Continuity of Care

Research shows clear benefits of continuity in the relationship between patient and doctor. When a single general practitioner treats the patient, the quality of care improves, the incidence of disease and mortality are signifi-

model can be developed in close cooperation with the wellbeing services counties and other actors in the field," says Antila.

This new direction for Kela reimbursements marks a significant shift in the way health services can be organised and delivered, with a focus on continuity, efficiency and equality to improve the quality of care for all citizens.

Wärtsilä solutions to minimise emissions of two new CMA CGM ferries

Technology group Wärtsilä will supply the engines, fuel gas supply system and thrusters for two new Ropax ferries being built for French operator La Méditerranée, a subsidiary of CMA CGM. The vessels, which have been specifically designed to minimise emissions, are to be built at the China Merchants Jinling Shipyard (Weihai) Co., Ltd., and will operate between Marseille and Corsica. The order with Wärtsilä was booked in April 2024. Ferries are on the front line of the energy transition and are among the first sectors to target net zero-carbon operations.

"The design of these two Ropax vessels reflects our commitment to reducing the carbon footprint within our own fleet. These will be among the most energy-efficient, low-emission ships in operation globally, and we value the support from Wärtsilä, whose technology and solutions help make this ambition possible," says Xavier Leclercq, Vice-President, CMA Ships, CMA CGM.

cantly reduced, and the overall need for care and the costs of treatment decrease. In addition, patient satisfaction increases.

The proposed family doctor and self-care model aims to ensure continuity of care without creating large additional costs together with the wellbeing services counties. If necessary, patients in the wellbeing services counties could choose a specialist in general medicine in the private sector as their family doctor and a nurse who works together with the doctor as a personal nurse.

Promoting Equality and Efficiency

Experts at Kela believe that the model of family doctors and personal care workers would promote equality in health services and be a cost-effective way to shorten treatment queues. Freeing up resources in public health care can better meet the needs of patients who require comprehensive and multiprofessional services.

"I hope that the new

The company will continue its efforts to reduce the environmental impact by adopting LNG as the primary fuel for the new ships as well as preparing them to operate on alternative fuels such as biogas and synthetic methane, as these become available at scale.

equipment for these ferries is scheduled to be delivered in mid- 2025, with the ferries expected to enter service during the first half of 2027, operating between Marseille and Corsica.

(Wärtsilä Corporation, Press release 5 June 2024)

They, who know a little more are They, who read Wasa Daily

Meditation, Indian folk music and Finno-Ugric folk song at Tikanoja's art home

In connection with the Oriental Spirituality exhibition at Tikanoja's Art Home, events will be organised on four Saturdays, including Indian folk music and Finno-Ugric folk songs.

The public has the opportunity to participate in Sahaja Yoga meditation

Event: Sat 8.6. 13:00-14:30: Singer-songwriter Tiina Huttu performs

Sat 15.6. 13:00-14:30: Sahaja Yoga Meditation

Sat 29.6. 13:00-14:30: Singer Peali Juva performs

Kuusela's dance piece "Influenced" will be performed at the City Theatre in autumn 2024

Master of Dance Marjo Kuusela will bring her new work "Influenced" to the premiere of Julia Stage on 24 October 2024.

The work is a dance-theatre study of human interaction and its effects. The premiere explores questions such as: Who influences and whom? What affects you? Who and where do you belong?

"Influenced" is a deep dive into the relationships between the individual and the community, where body language is used to express feelings and thoughts that words do not always reach.

Kuusela, who has been a central figure in Finnish dance since the 1970s, directs and choreographs the work. She brings out human experiences and everyday drama through dance.

The set design is by Maria Antman, who is known for her creative and insightful scenography. Antman last visited Vaasa City Theatre in autumn 2023 with the play "Kaa-os", and now he brings his vision to Kuusela's work.

The soundscape of the work, which draws inspiration from folk music, is the responsibility of Jouni Tapio. The soundscape she has designed complements and deepens the dancers' expression.

The City Theatre's Heart of Autumn Festival will bring theatre experiences at the end of 2024

The autumn's cultural calendar will once again receive the much-anticipated addition when the Heart of Autumn Theatre Festival kicks off on Friday, October 11, 2024. The opening screening of the festival will be the one-woman musical "Zarah L.", which tells the story of the life of Swedish actress and singer Zarah Leander.

The next day, Saturday 12 October, drag star Marko Vainio's action-packed "Divet Show" will be staged on the Romeo stage. Vainio is known for his energetic performance and ability to bring an impressive and entertaining show to the stage that leaves no one cold.

On Saturday 9 November, Jarno Hyökyvaara's monologue "Round Truth" will be performed on the Julia Stage. This show tells the story of a young person growing up in the world of football and provides a touching and relatable experience for viewers.

Hyökyvaara is a familiar face from Vaasa, where he last visited the musical "West Side Story" in the 2022-2023 season in the role of Bernardo.

On Tuesday, November 12 and Wednesday, November 13, the Romeo stage will see "All My Friends", an independent sequel to the blockbuster plays "All My Mother, All My Daughters" and "All My Men".

QUOTE OF THE WEEK

Johanna Tuukkanen Editor Erikoslääkäri journal 2/24

The patient is not doing well

The health and social services reform and crisis communication and the related political-ideological legislative manoeuvring have shifted attention from people's health care to the service system and its problems. We now manage various queues and we use deadlines to follow up on the results of our operations. There is (fortunately) talk about the effectiveness of the treatment, but there are few tools to measure it.

Those who know a little more are those who read Wasa Daily



EVENTS

KALEVAN COMPETITIONS in Vaasa
27-30 June 2024

The Athletics Championship, or the Kaleva Games, will be held in Vaasa on June 27-30, 2024. It is one of the most significant national sports events of the year in Finland

<https://kk2024.fi/>

VAASA FOOTBALL CUP

5.-7.7.2024

<https://www.wasafootballcup.com/>

"KÖRTTISHOP" in the Parish House
HERÄTTÄJÄJUHLAT IN VAASA 5.-7.7.2024

Vaasa is set to host the city's second-ever awakening festival in the summer of 2024, a remarkable 60 years after the last event

The theme for the days is "Let the wind fill the sails."

The festival grounds are located in the city center, alongside many hotels and restaurants, making it easy to move around on foot or by bike. In Vaasa, you are truly by the sea, as the distance from the market square to the beach is just a few hundred meters. A tranquil evening stroll along the water-front, a visit to the playground, or exploring the city's magnificent cultural offerings can be easily done in the immediate vicinity of the festival area.

"Körttiradio" will broadcast programs around the clock throughout the event days.

TANGOMARKKINAT 40 Years!

10-14.7.2024

Seinäjäjoki

<https://www.tangomarkkinat.fi/>

VETERAN TRACTOR DAY IN MALAX

Tractor Show 20.07.2024 at. 10.00-17.00
Kråkbacken

Autumn plowing 21.09.2024 at. 10.00-14.00

Helgeävägen 31, Långåminne
<https://malaxveterantraktor.fi/>

ZINC

19-20.7.2024

CRAFBEER STREETFOOD FESTIVAL

Vaasas first international beer festival!

15 breweries from all around Europe and over 120 different beers to sample.

Meet the brewers and discover the amazing world of Craft beer.

A big variety of mouthwatering street food to choose from.

Vaasa Town Square

<https://www.zincfestival.fi/>

LOHTAJA CHURCH MUSIC FESTIVAL

23-28.7.2024

www.kirkkomusiikkijuhlat.fi

KORSHOLM MUSIC FESTIVAL

Tjuvstart-Varaslähtö-Early Start

23.7.24 kl 19.30

Vaasa City Church

"POHJALAISIA"-silent movie, Jimi Järvinen organ

www.korsholmmusicfestival.fi

KORSHOLM MUSIC FESTIVAL 2024

24.7-31.7.2024

www.korsholmmusicfestival.fi

TOVE TEUVALLA-OPERA

Östermark kyrka .Teuvan kirkko

3.8.24 - 11. 8.2024

<https://www.korsholmmusicfestival.fi/tove-teuvalla/operan-tove-teuvalla>

VAASA FESTIVAL

1-3.8.2024

<https://vaasafestival.fi/>

WASA FUTURE FESTIVAL

5-10.8.2024

The Wasa Future Festival 2024 is set to take place from 5th to 10th August. This event gathers knowledgeable and motivated individuals from the business world, universities, regional decision-making bodies, and ministerial corps to focus on solving issues in Vaasa and across Finland. The event can be followed on Wasa Future Festival YouTube channel.

Wasa Innovation Center

Gerbyntie 18

65230 Vaasa

<https://wasafuturefestival.fi/>

NIGHT OF THE ARTS



In Vaasa

15.8.2024

VAASAN MARSSI

9.-11.8.2024

Vaasan Kävelyklubi ry/rf

www.vaasanmarssi.fi

RUSK

Chamber Music in Jakobstad

19-23.11.2024

The Beauty of Longing

International creativity at the darkest time of the year

ruskfestival.fi

TIKANOJA

THE ART EVENT OF THE YEAR!



Eero Järnefelts exhibition

opens on Nov 23, 2024

CLIMATE CHANGE

Copernicus: May 2024 - Hottest on Record
Marks 12 Straight Months of Broken Records

The Earth's fever continues unabated. May 2024 has been crowned the hottest May ever recorded, according to the Copernicus Climate Change Service (C3S). This scorching development is just the latest chapter in a disturbing trend: May marks the 12th consecutive month where global temperatures have broken records.

This news arrives alongside the Annual to Decadal Climate Prediction Update from the World Meteorological Organization (WMO) and the UK's Meteorological Office. Their report, released concurrently, paints a concerning picture for the near future. It predicts that at least one of the next five years will likely surpass 2023 and become the hottest year on record.

The Significance of This Streak

The record-breaking streak may seem shocking, but for climate scientists like Carlo Buontempo, Director of C3S, it's an unsurprising consequence of a warming planet. While this specific streak will eventually end, the bigger picture remains grim: there's no sign of the overall trend reversing.

This unprecedented situation highlights the importance of climate monitoring. The data collected by C3S plays a crucial role in informing action. Ironically, these "hottest months" might be considered "cold" in the future if we manage to curb greenhouse gas emissions drastically.

A Call to Action

The urgency of the situation is echoed by UN Secretary-General António Guterres. He emphasizes the dire message our planet is sending: record-breaking temperatures are a stark reality with serious consequences. We are at a critical juncture, Guterres stresses, and

immediate action is paramount.

Beyond the Headlines: Key Data Points

May 2024's global average surface air temperature was 0.65°C above the 1991-2020 average. This marks the 11th consecutive month exceeding 1.5°C above pre-industrial levels (since July 2023).

The global average temperature for the past 12 months (June 2023 - May 2024) is the highest on record: 0.75°C above the 1991-2020 average and a staggering 1.63°C above pre-industrial levels.

The data from Copernicus and the WMO-UK Met Office report will be used to inform a major climate statement by UN Secretary-General Guterres. This underlines the importance of scientific evidence in driving global action on climate change.

CLIMATE CHANGE

Urban Heat Islands: A Growing Threat Exacerbated by Climate Change



Cities, particularly large ones, are becoming increasingly hotter than their surrounding rural areas. This phenomenon, known as the "urban heat island effect," means that the temperature in urban environments can be significantly higher than in the countryside.

The consequences are serious and can negatively impact human health, increasing the risk of cardiovascular and respiratory problems, heatstroke, and other health issues. With climate change threatening our planet, the urban heat island issue is becoming increasingly acute.

The reason behind the heat island effect is the artificial infrastructure and human activities that characterize cities. Compared to rural areas, which are often covered in grass, crops, shrubs, or forests, urban areas have a significantly higher propor-

tion of paved surfaces. Vegetation helps to cool the air, while asphalt and concrete, on the other hand, absorb heat, leading to temperature increases. Additionally, buildings and narrow streets contribute to trapping heat by restricting airflow. Human activities, such as heating buildings and driving cars, also add heat to the urban environment.

Overall, all of these factors lead to the urban heat island effect, which is most pronounced at night. Then, the temperature in cities can be up to 10°C higher than in rural areas. This is because the heat stored in buildings and roads during the day is released at night.

The effect is particularly evident in larger cities. For example, temperatures in central London and Paris are regularly recorded to be around 4°C higher than in the surrounding countryside at night. Both of these cities, as well as many others around Europe and the

world, experience heat stress that leads to public health problems.

To address this growing problem, urban planners and local governments are working to develop strategies to reduce heat stress in cities. Solutions may include increasing the amount of so-called green-blue infrastructure. Examples of this include increased vegetation cover, such as through green roofs, and more water surfaces. However, to implement these changes, they first need to get a detailed picture of how temperature varies within the urban environments they are responsible for.

Managing urban heat islands is an important part of making cities more sustainable and livable, especially in light of future climate change. By reducing heat stress, we can create a better quality of life for residents while also contributing to a more sustainable future.

(Source: C3S)



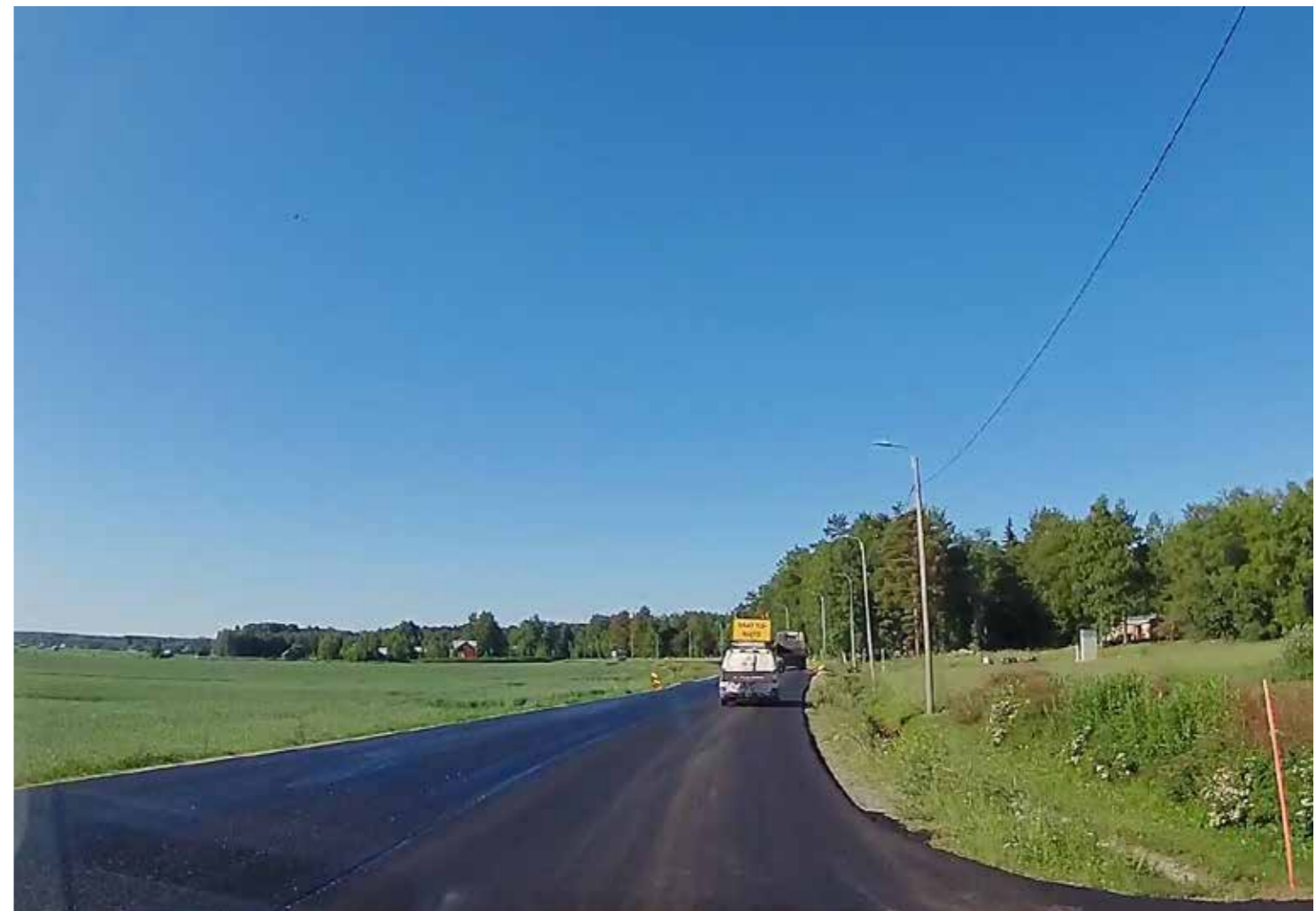
Where would You like to live?



ROADS



The asphaltting of Sundomintie is almost finished!



FLOWERS

Vaasa to Plant Tens of Thousands of Summer Flowers Again



The cityscape of Vasa will once again be adorned with stunning summer flowers. This year's theme for the summer plantings is warm shades of orange and burgundy. Vasa city encourages residents and visitors to explore the summer flower brochure and take a flower walk guided by the map in the brochure.

Planning of Summer Flowers

The planning of the summer flowers begins at the end of the previous year, when the color theme for the plantings is decided. This year, the flower planting planning is handled by horticulturist Åsa Enholm under the supervision of green area horticulturist Leila Roininen.

Summer Flower Season

The 2024 summer flower season

begins around Easter, when tetanus daffodils are brought to Vasa city center. In May, the city will already be adorned with about 28,000 tulips and daffodils, which were planted last October. The bulb plants will bloom this year in shades of yellow, orange-red, pink, and purple.

"In May, we also start preparing the group plantings at the city garden, when the flower towers and pots are planted in the greenhouse," Enholm explains.

The plantings will continue to grow in the greenhouse until the end of night frosts and cold nights, after which they will be brought to various parts of the city.

"After the bulbs have wilted, the soil beds are fertilized and turned for flower planting. By midsummer, all approximately 19,000 summer flowers will have been planted," Enholm continues.

The Charming Effect of Summer Flowers

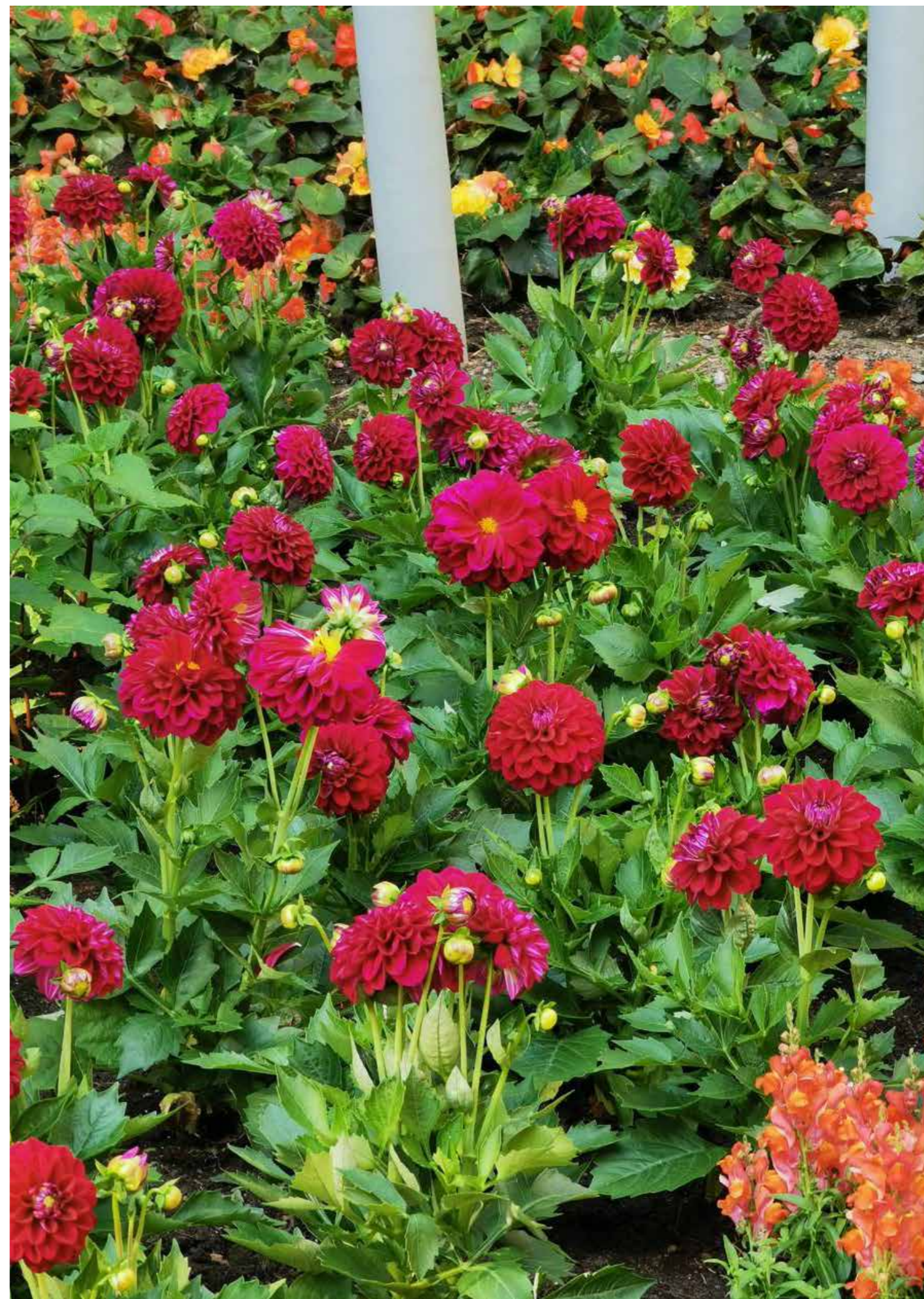
The summer flowers will delight the city's residents and visitors for about four months. This year, the summer flowers will bloom in warm shades of orange and burgundy, with accent colors of purple, yellow, and white.

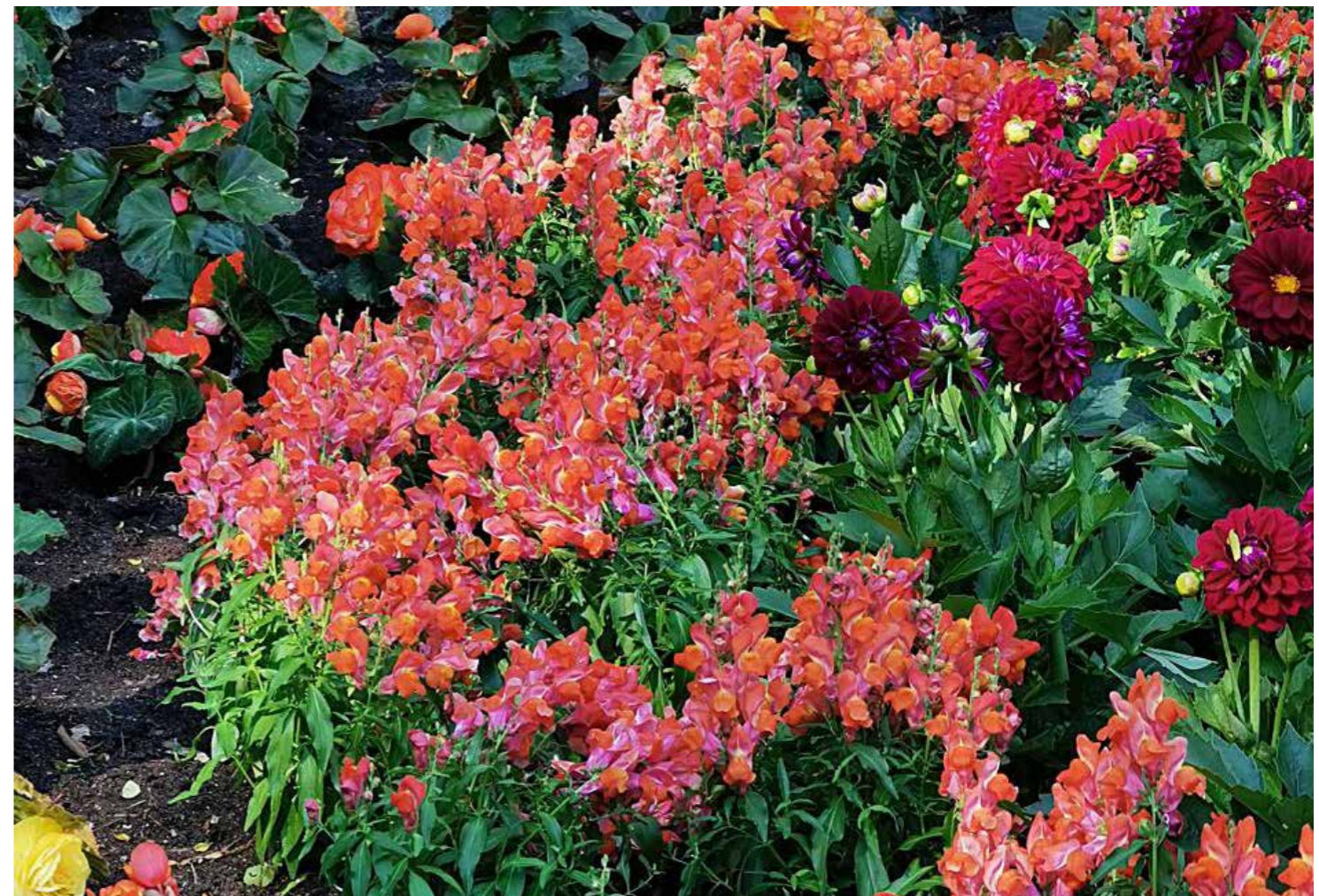
Explore the Summer Flower Brochure and Take a Flower Walk

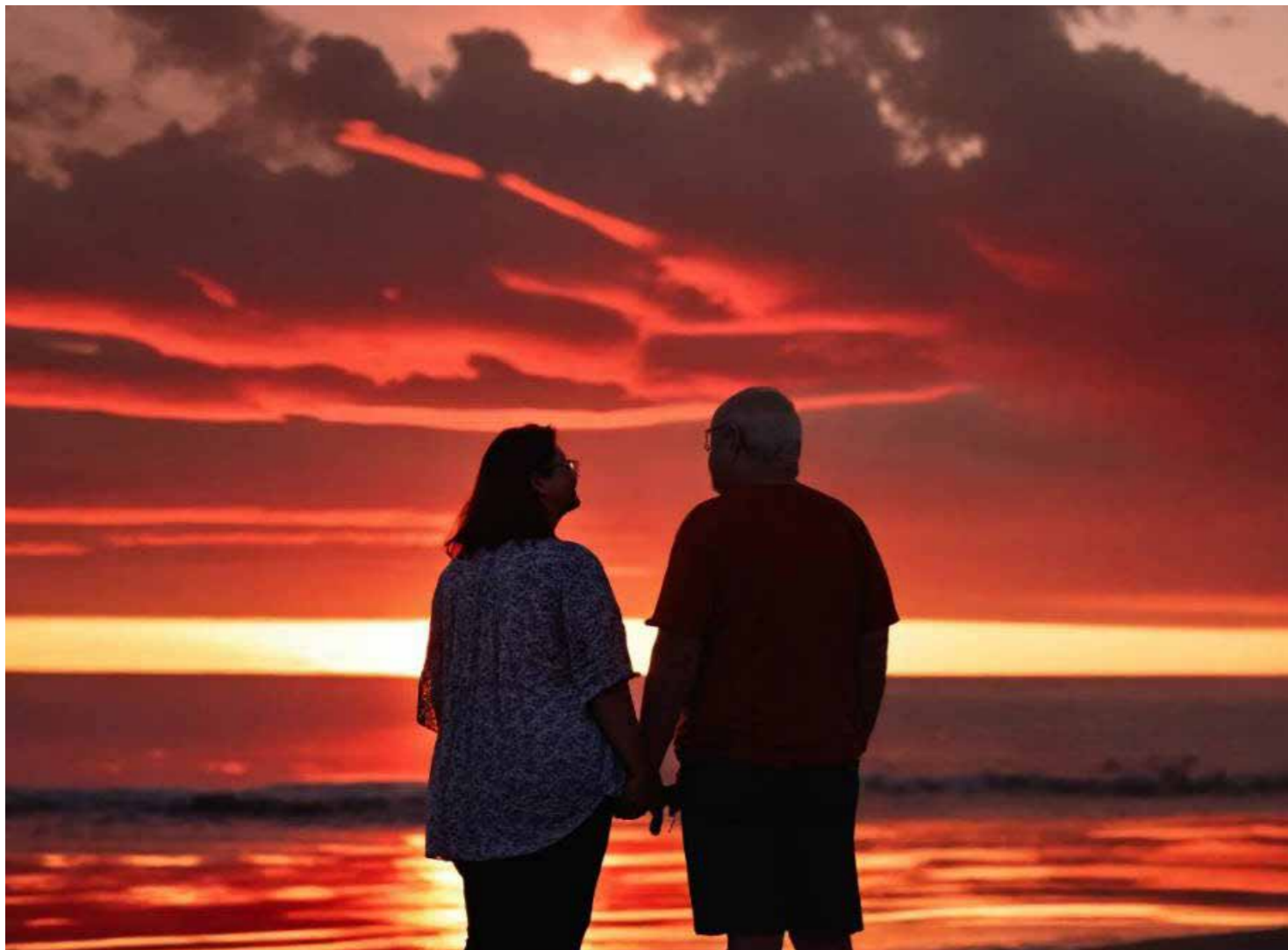
The summer flower plantings are presented by species and planting locations in the summer flower brochure. The digital version of the summer flower brochure can be downloaded from the city's website.

A flower walk in Vasa city center is also planned for 2024. The flower walk is a 3.5-kilometer route that goes through the parks and along the shore. Along the route, there are benches where you can rest and enjoy the summery Vasa.

(vasa.fi)







Everything You Ever Wanted to Know About Type 2 Diabetes

”How common is this disease?”

Approximately one in 10 Finns has type 2 diabetes, some unknowingly. We publish an extensive series of articles about this disease. After reading these articles, you will know absolutely everything there is to know about this. The series of articles is partly based on the article “Good Medical Practice” published last spring by the Finnish Medical Association Duodecim.

tion Duodecim.

Prevalence and Incidence

Type 2 diabetes is rapidly increasing worldwide, affecting an ever-growing number of people. Particularly concerning is that increasingly younger individuals are being diagnosed, especially within African and Asian populations, where the disease is now seen in young people or even children.

Key Figures and Facts:

FinDM Study: In 2017, 98 people under the age of 20 were diagnosed with type 2 diabetes in Finland. This information comes from the FinDM study, which covers all diabetics identified in the healthcare registry from 1964 to 2017.

Kela Register: At the end of 2022, a total of 381,167 people in Finland received diabetes medication with special reimbursement, with 22,709 of these starting treatment in the same year. The total number

of special reimbursement rights has increased by about 2% annually from 2019 to 2022. However, the number of new special reimbursement rights has decreased since 2012 and remained stable over the past five years.

Diabetes Register: At the end of 2022, there were a total of 378,898 people diagnosed with type 2 diabetes in Finland.

Not all diabetics use medication, and not all who use medication are covered by Kela’s special reimbursement. This means the actual number of people with diabetes is likely even higher than the registers show.

Screening and Diagnosis:

Many people with diabetes are unaware of their condition. In the 2023 Health in Finland survey, 3.4% of men and 2.7% of women without a previous diabetes diagnosis had blood glucose levels indicative of diabetes. This means about one in five diabetes cases was previously undiagnosed.

Active screening with risk tests and glucose tolerance tests appears to have reduced the number of undiagnosed cases. However, between 2017 and 2023, the proportion of undiagnosed diabetes increased among elderly women.

When undiagnosed cases are included, the prevalence of diabetes among men over 20 years old was estimated at 14.1%, and among women at 10.8%. Diabetes is particularly common among the elderly: 26% of men and 23% of women over 65 had diabetes.

Risk Factors

Overweight is the most significant risk factor for type 2 diabetes. In the 2023 Health in Finland survey, the average BMI for men over 20



was 27.9 kg/m², and for women, it was 27.7 kg/m². Among men, 27% were obese (BMI over 30 kg/m²), and among women, 30% were obese.

One of the main reasons for the increase in obesity is decreased physical activity. This is especially concerning among children and adolescents, whose physical activity needs special attention.

Moreover, many psychosocial factors, such as long-term stress, sleep problems, and depression, as well as socioeconomic stressors, are linked to the development and progression of type 2 diabetes.

Commentary

The increasing prevalence of type 2 diabetes is a serious public health challenge that requires a comprehensive approach to both prevention and treatment. Preventive measures, such as increased physical activity and the promotion of healthy lifestyles, are crucial. At the same time, improving screening and diagnostics to detect and treat the disease as early as possible is essential.

HEALTH

Finally a cure for celiac disease?

A recent study led by the University of Tampere has found that a promising celiac drug can prevent intestinal damage caused by gluten at the molecular level. The study investigated whether a transglutaminase 2 inhibitor could act as an effective drug in the treatment of celiac disease. Previous tissue studies have shown that this inhibitor prevents gluten-induced mucosal damage, and now the results of more than 10,000 gene activity provide strong evidence that the first effective celiac drug may be at hand.

Breakthrough in new research

The University of Tampere study used intestinal organoids, which are tissue cultures isolated from a patient's intestinal biopsy. Organoids model the inflammatory response of celiac disease and enable the study of cell types in the surface epithelium of the intestine. With the help of these mini-intestines, the effects of celiac disease and the efficacy of drugs can be studied indefinitely. Fluorescence images show the studied inflammation-responsive protein in the nuclei of cells, which helps to understand inflammatory processes more accurately.

Consuming gluten-containing cereals such as wheat, barley and rye leads up to two percent of people to abnormal immune response in the small intestine and the development of celiac disease. Currently, the only treatment is a lifelong gluten-free diet, but hidden gluten can

cause symptoms and damage to the lining of the small intestine even in coeliacs who follow a strict diet.

Multidisciplinary research and promising results

In an earlier tissue study coordinated by Professor Emeritus Markku Mäki, transglutaminase 2

The inhibitor prevented gluten-induced intestinal mucosal damage in patients with celiac disease. Transglutaminase 2

However, the mechanisms of action of the inhibitor are not yet fully understood. The new study investigated molecular mechanisms of action and evaluated the efficacy of the ZED1227 drug using intestinal biopsies collected from celiac patients.

Biopsies were taken after a long-term gluten-free diet and again after six weeks of gluten exposure, during which patients were given three grams of gluten per day. At the same time, some patients were given a daily dose of 100 milligrams of ZED1227 and others a placebo.

"We found that oral ZED1227 effectively prevented intestinal damage and inflammation caused by gluten when assessed by measuring gene activity. In addition, the activity of genes responsible for the absorption of nutrients and trace elements returned to the pre-gluten exposure level in the drug group," says Docent Keijo Viiri, who led the study.

The complex mechanism of celiac disease

In the intestines of coeliacs, inflammation and mucosal damage occur through several cellular and molecular biological events when gluten binds to certain HLA (Human Leukocyte Antigen) molecules. However, gluten is able to bind to HLA only

when the small intestine enzyme transglutaminase 2 chemically modifies the structure of gluten, i.e. deamidates it. The effectiveness of the drug ZED1227 is based on the fact that it blocks this deamidation.

"However, it is premature to say that ZED1227 is the celiac medicine of the future that would eliminate the need to follow a gluten-free diet. However, it is a strong drug candidate that could potentially be used as an adjunct to a gluten-free diet. In addition, some coeliac patients have the HLA genotype with a high risk of coeliac disease, and it could be useful to apply personalised medicine to them, in particular, if or when ZED1227 becomes available on the market as a coeliac medicine," Viiri says.

Prospects

The study was published on June 24, 2024, in the journal *Nature Immunology*. The publication is part of doctoral researcher Valeriia Dotsenko's doctoral dissertation, which will be examined at the Faculty of Medicine and Health Technology of the University of Tampere in August.

The drug ZED1227 was developed by Zedira GmbH. The drug study from which intestinal biopsies were obtained was carried out by Dr. Falk Pharma. The main funders of this study were Dr. Falk Pharma, the Academy of Finland and the Finnish Cultural Foundation.

(Source: Tampere University, press release)



MUSEUMS



Museums i Vaasa closed on Monday-Tuesday

In accordance with the economic balancing program of the city of Vaasa, the city's museums will be closed on Mondays and Tuesdays from June. The change will take effect from June 1, 2024.

The museums in Vaasa affected by the change are:

Museum of Ostrobothnia
Tikanoja art home
Kuntsi Museum of Modern Art
Museum of Old Vaasa

In the past, museums have only been closed on Mondays, but now they remain closed on Tuesdays as well. This change is part of a wider program of measures aimed at balancing the economy of the city of

Vaasa. The goal is to achieve savings of around 40 million euros during the years 2024–2027.

The new opening hours of the museums from Wednesday to Sunday are as follows:

Kuntsi Museum of Modern Art: 10 a.m. to 5 p.m.

Museum of Ostrobothnia: 10 a.m.–5 p.m.

Tikanoja art home: 10 a.m.–5 p.m.

Old Vaasa Museum: 10 a.m.–5 p.m. (open June 1–August 31, 2024)

The city of Vaasa regrets the possible inconveniences that the new opening hours may cause to residents and visitors, and thanks for

your understanding during the measures to balance the economy. The museums welcome everyone to visit on open days and explore the city's rich cultural heritage and art collections.

Other museums:

Vaasa War Veterans Museum:
 Summer opening hours 4.6. from Tuesday – Friday 10 – 12 and 1 – 4, Saturday 10 – 14.

Vaasa Maritime Museum:

Open
 20.5.-23.8.2024 Mon-Fri at 11:30 a.m.-6:00 p.m.

CHURCH MUSIC



Music in the Vaasa Church in summer 2024

Evening music Wed 5.6. at 19.30
 Karolin Wargh, organ and Carolina Bjön, baroque cello

Evening music Wed 12.6. at 19.30
 Mariam Junolainen, harp and Vladimir Reshetko, cello

Evening music Wed 19.6. at 19.30
 Liisa Aaltola, organ Water organ

Evening music Wed 26.6. at 19.30
 Seeli Toivio, cello and Pauliina Hyry, organ

Evening music Wed 3.7. at 19.30
 Jouni Somero, piano

Let the Road Meet You concert with three choirs Fri 5.7. at 20.00
 The concert will feature the Lapua Christian College Choir conducted by Maunu Malkamäki, MuSe from Jalasjärvi conducted by Maarja Korts and the National Choir of the Revivalist Association conducted by Petra Perttula. Program €15.

Hymns of Zion from the tower of Vaasa Church - Vaasa Brass Fri 5.7. at 22.00
 Hymns of Zion from the tower of Vaasa Church Vaasa brass conductor. Tarja Viitanen

Event: Messiah Oratory Sat 6.7. at 20.00
 Chamber Choir Canticum Maris, Vaasa Philharmonic Orchestra, soprano Iida Antola, countertenor Teppo Lampela, tenor Tuomas Miettola, bass Jussi Merikanto, bass. The work is conducted by conductor Ruut Kiiski, 8. Choir guide Tarja Viitanen. Tickets 35 €, pensioners 30 €, students and schoolchildren 10 €. Tickets in advance via Nettiket www.netticket.fi and at the door one hour before the concert starts.

Evening music Wed 10.7. at 19.30
 Loviisa Tuomisto, vocals, organ and piano Valtteri Tuomisto, baritone, countertenor, piano and organ

Ukrainian spiritual music and Orthodox hymns
 Fri 12.7. at 18.00
 Male choir music interpreted by the Ukrai-

nian vocal ensemble Canon. In the summer of 2024, the ensemble will present its new concert programme Church Music and Spiritual Songs, which consists of gems from Ukrainian church music, spiritual music and classical music. This program is a new joint musical project by Yuri Ilchuk, a prominent artist in Ukraine, soloist in Canon and the Cherkasy Regional Philharmonic. It's also a unique combination of polyphonic male vocals with a stunning lyrical baritone. The artistic director of the ensemble is Ievgen Valovenko. Free admission!

Evening music Wed 17.7. at 19.30
 Albert Sahlström, violin Saima Malmivaara, cello Isabella Pätiälä, piano

Evening music Tue 23.7. at 19.30
 Silent film Ostrobothnia with improvised music by organist Jimi Järvinen

Evening music Wed 7.8. at 19.30
 Monica Heikius, soprano Pertti Ahonen, clarinet Birgitta Forsman, organ
 Source: The Finnish Congregation

ROAD CHURCHES

Finding Refuge on the Road

Finding Refuge on the Road: A Look at Europe's Road Churches

For centuries, churches have served as places of solace and spiritual renewal for communities. But in modern Europe, a unique concept has emerged: road churches. These are churches specifically designed or adapted to welcome travelers, offering a haven for prayer, reflection, or simply a peaceful break from the journey.

Germany: The Pioneering Nation

Germany is credited with birthing the road church concept. The first one is believed to have opened decades ago in Baden-Baden, offering a pit-top for weary travelers on the Autobahn. These Autobahn chapels, as they're sometimes called, often boast distinctive architecture, creating a visually striking landmark alongside the highway.

Finland's Extensive Network

Finland has embraced the road church concept with remarkable enthusiasm. Boasting over 200 road churches scattered across the country, they provide a haven for travelers, particularly during the summer months. While some close during the winter, a dedicated few remain open year-round, offering a warm and welcoming space for all.

Beyond Borders: The Spread of Road Churches

While Germany and Finland have the most well-established networks, the concept of road churches is gradually gaining traction in other European countries. Austria, Hungary, and the Netherlands are just a few examples where you can find these traveler-friendly places of worship. Are There Road Churches in the USA? Currently, the concept of dedicated road churches isn't as widespread in



the United States. However, there are examples of churches along major highways that offer similar hospitality to travelers. Some have designated rest areas or open their doors for prayer and contemplation. Additionally, truck stops often have chapels or designated quiet spaces that cater to travelers on the road.

A Beacon for the Modern Traveler

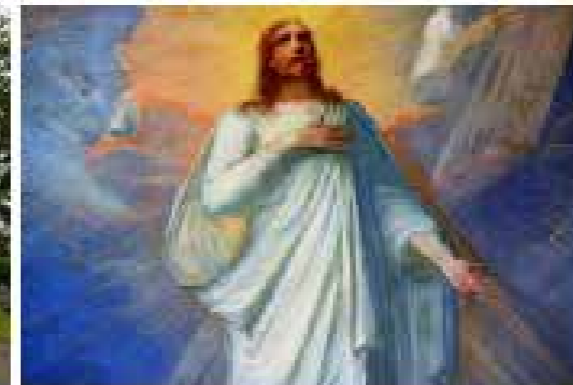
In an age of fast-paced travel, road churches offer a valuable service. They provide a place for weary travelers to find a moment of peace, re-connect with their faith, or simply appreciate a beautiful space. The unique architecture and welcoming atmosphere make them more than just rest stops; they're cultural landmarks and testaments to the enduring power of spiritual connection.

Here's how to find the Road Churches!

In Finland, more than 260 Road Churches open their doors to visitors in the summer. Many of these churches are easily accessible by following the white Road Church signs along the road-side. Before your trip, however, you should take a look at the Tiekirkot.

fi website, where you can find detailed information about road churches.

- You can search for Road Churches using the map search and selecting your own summer vacation route to see which churches fall along the way.
- You can also browse the list of Road Churches and search for churches by location or church type (wooden, concrete and stone churches). Church opening hours vary, so always check our website on the church's own page. Most churches are open from 5.6.–20.8. from 11 a.m. to 4 p.m., but some Road Churches serve visitors all year round. Churches may offer worship services as well as other events such as concerts and meditation. Finland's first Road Churches opened in the early 1990s, initially in a few churches in Northern Finland. The idea of open-door churches, which originated in Germany, has since become widespread. Both Evangelical Lutheran and Orthodox churches are involved, and new churches join every year. In addition, you can find information about Road Churches on Facebook and Instagram on account @tiekirkot. Follow Road Churches on social media and admire people's church spotting with the hashtag #tiekirkko. A road church awaits you along the way – stop and enjoy a different resting place.



Lähialueemme tiekirkkoja

ROAD CHURCH



The Church in Vaasa

Vaasa Church is a neo-Gothic church designed by County Architect C. A. Setterberg, completed in 1862. The church is one of the most significant historical buildings in Vaasa, showcasing the finest of neo-Gothic architecture.

Altarpieces and Artworks

The church's most valuable painting is the altarpiece "Adoration of the Shepherds" by Albert Edelfelt, painted in 1894. To the left of this piece is R.W. Ekman's altarpiece "The Last Supper" from 1861, and to the right, L. Sparre's painting "The Burial of Christ" from 1897. Together, these artworks create an impressive and spiritual atmosphere within the church's interior.

Organs and Instruments

Vaasa Church features a main organ with 45 stops from Marcussen & Son and a chancel organ with 4.5 stops from Ryde & Berg. Additionally, the church houses a grand piano and an electric piano, enabling a diverse range of musical activities.

Sound System and Technology

The church is equipped with a high-quality sound system with mixers, an induction loop, and AV equipment. Sunday services are broadcast on the radio to reach a wider audience. There is also a surveillance camera system in the church for enhanced security.

Opening Hours and Services

Vaasa Church is open from June 11 to August 9, 2024, from Tuesday to Friday, 9 am to 5 pm.

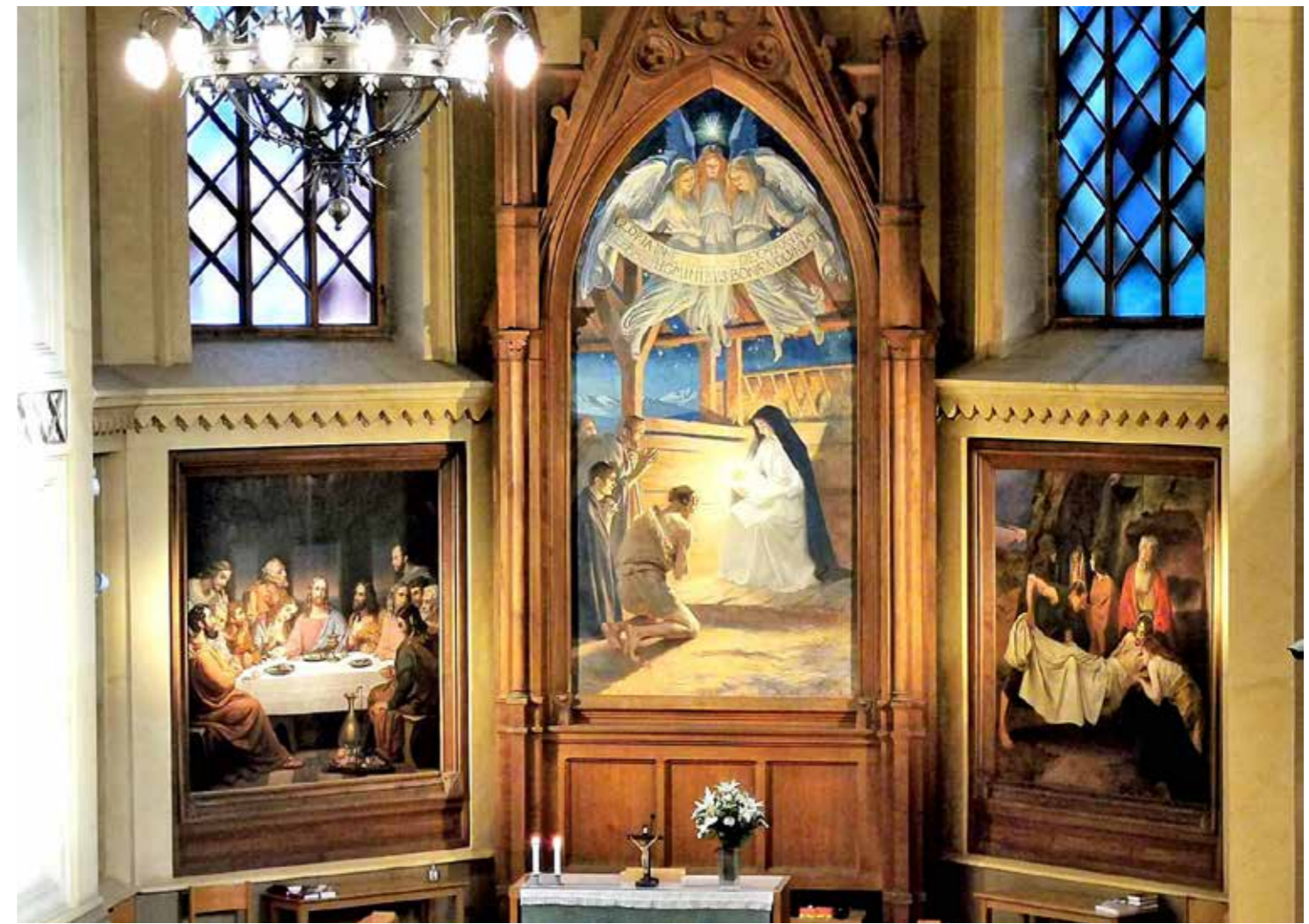
Services are held on Sundays as follows:

- Finnish service at 10 am
- Swedish service at 1 pm

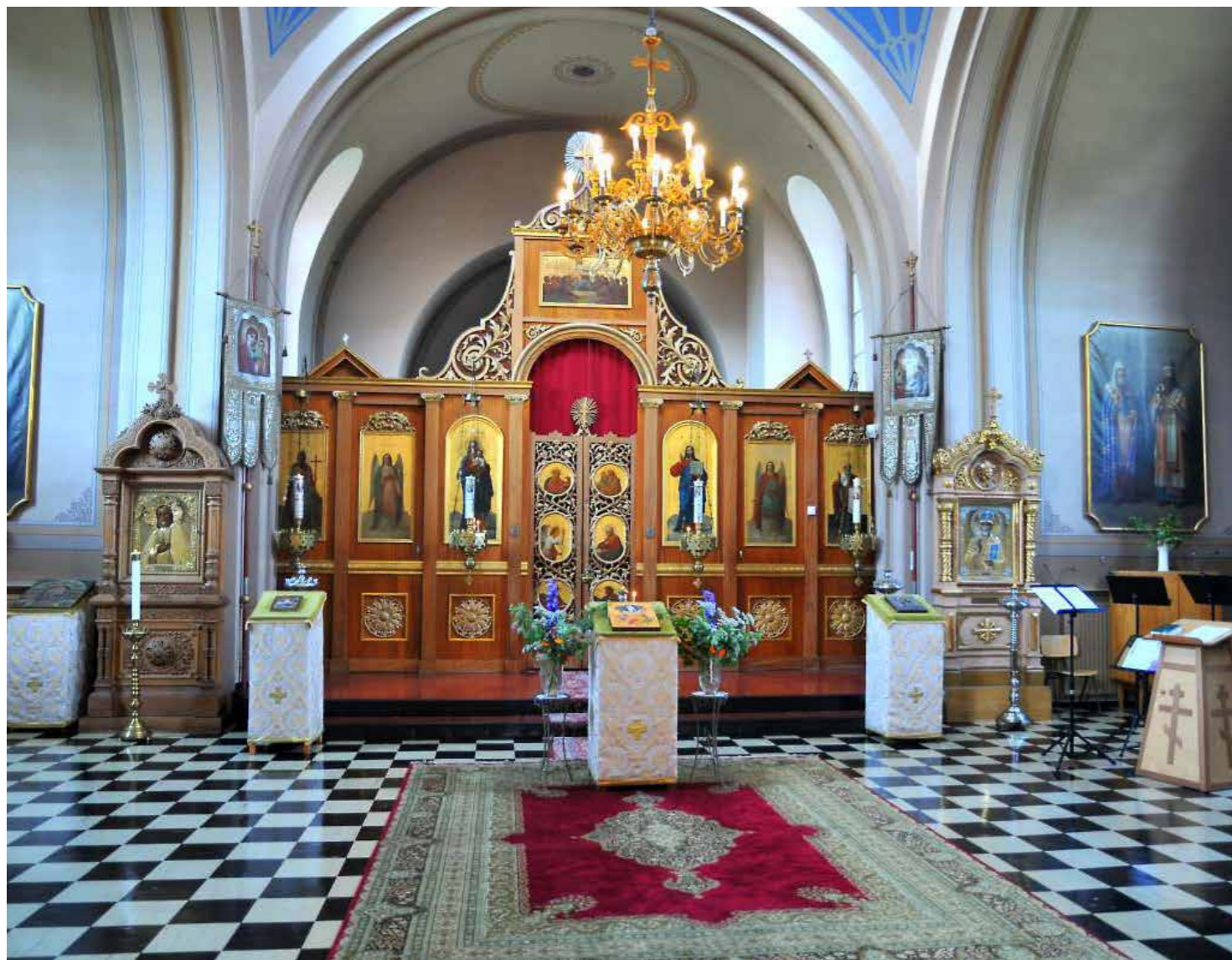
Other Events

A guide is available in the church from June 11 to August 9, 2024, from Tuesday to Friday, 9 am to 5 pm. A bilingual devotion is held on Thursdays at 1 pm. Additionally, there is an evening music series and other events. More information about events can be found at vaasansuomalainenseurakunta.fi/tapahtumat.

Address: Kirkkopuistikko 24, 65100 Vaasa



ROAD CHURCH



St. Nicholas Church (Vaasa)

St. Nicholas Church in Vaasa is a stunning example of English Gothic architecture, designed by architect Carl Axel Setterberg. The church was consecrated on September 9, 1866 (according to the old calendar) in honor of St. Nicholas the Wonderworker.

Interior and Furnishings

The church's interior and furnishings are mainly donations from merchant Lisizin and church items acquired from St. Petersburg. The iconostasis was constructed based on drawings by Professor G. Solnzev of the St. Petersburg Academy of Arts. The chandelier in the church hall is a gift from the Valamo Monastery after our recent wars.

Open

Open: June 25 - August 2, 2024, Mon-Fri 11:00-16:00

Services

Tue, August 6, 2024, 10:00: Liturgy. Transfiguration of Christ. Welcome to the service!

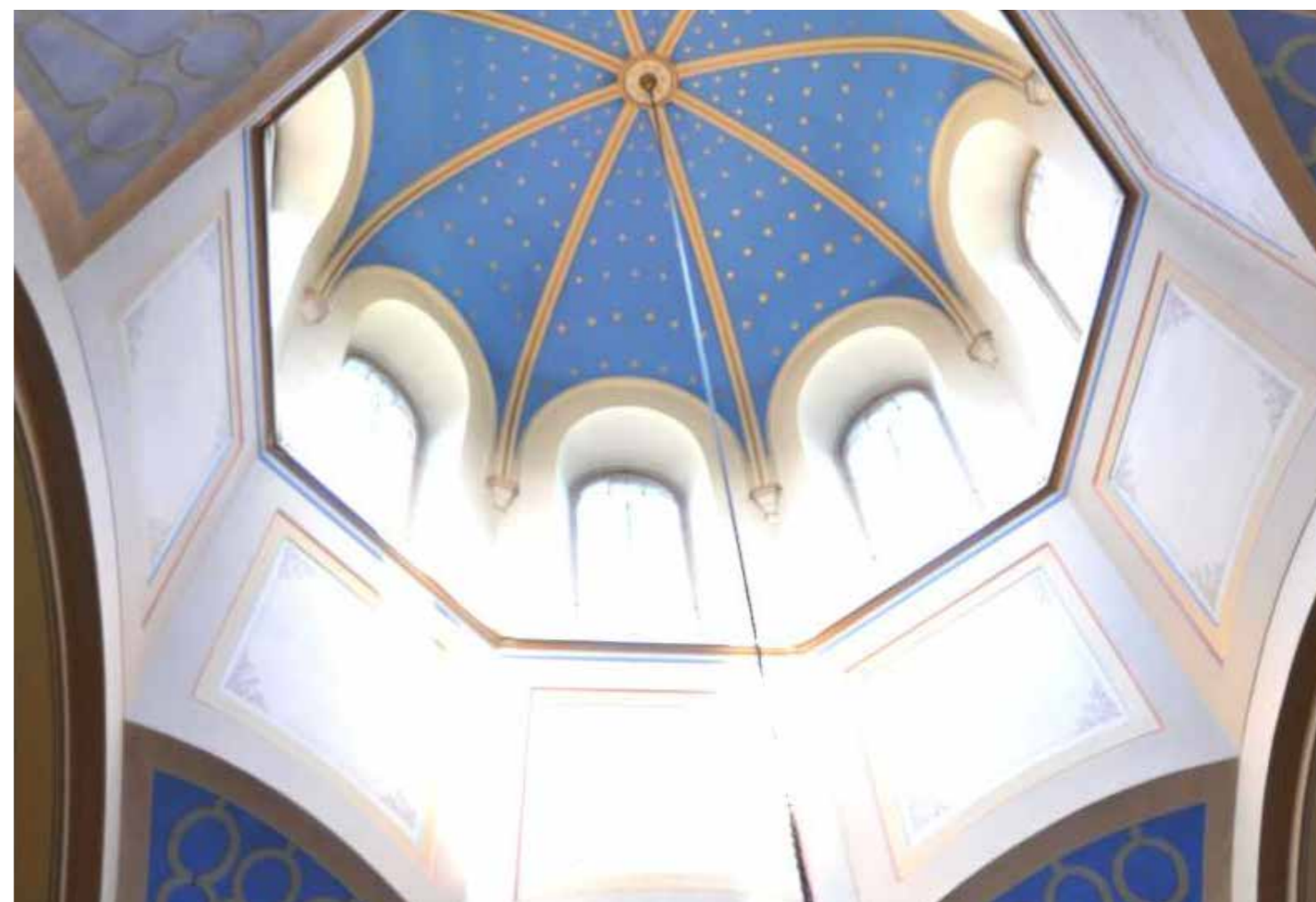
Address

Nikolainkuja 1, 65100 Vaasa

Other Events

Mon, July 29, 2024: Korsholm Music Festival: Papa Bach and Father Mozart

Welcome to visit St. Nicholas Church and enjoy its peaceful atmosphere and beautiful architecture!



ROAD CHURCH



Oravais Church - A Historical Gem

The Oravais Church, built between 1796-97, stands as a timeless testament to Finland's rich church-building tradition. The design of the church is based on a proposal by the renowned church builder Jacob Rijf from Nykarleby, giving the building its unique architectural charm. The church underwent extensive renovations most recently from 2002-2004, helping to preserve its historical beauty for future generations.

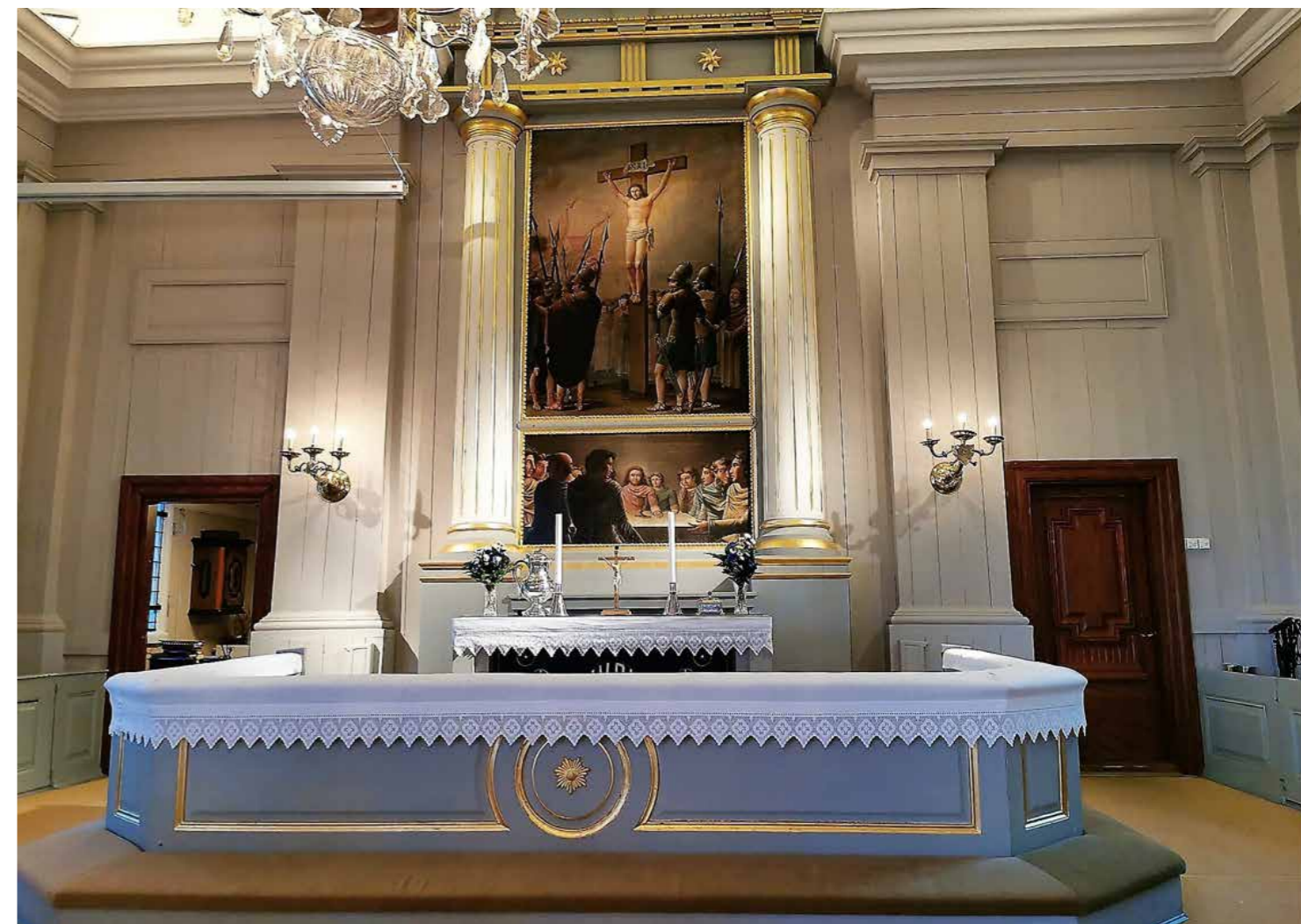
The church's organ, delivered by B.A. Thulé, has played a central role in the church's musical life since September 1879. It was last enhanced and expanded in 1969 by Hans Heinrich from Maxmo and now features 21 stops, making it an impressive element of the church's interior.

The pulpit, crafted by master builder Natanael Rönnblad from Pörtom in 1816, and the altarpiece from 1820, painted by Johan Erik Lind from Kokkola, both add to the church's aesthetic and spiritual atmosphere. The two-part altarpiece, depicting "The Institution of the Eucharist" and "The Crucifixion," provides a strong backdrop for the congregation's most important ceremony, the Holy Communion.

The church is open to visitors from July 3rd to July 21st, 2023, Monday to Friday from 12 PM to 4 PM. Current service times, held at 10 AM, 12 PM, or 6 PM, can be found on the parish's website. The church's address is Kimovägen 19, 66800 Oravais.

In addition to regular services, the church also hosts other events. Evening music in Vörå Parish takes place on Wednesdays at 7 PM from May 31st to August 16th. More information about these events can be found on the parish's website.

The Oravais Church, a wooden church designed by Jakob Rijf, continues to serve as a central place for worship and community in the Vörå parish. Visitors are always welcome to experience its rich history and partake in the life of the church.



ROAD CHURCH



Church of the Holy Cross (Hattula Old Church)

This historic church has stood on Vanajaveden beach since the late 15th century and welcomes visitors who want to immerse themselves in its medieval history, admire the vibrant murals from the 1510s, or simply seek tranquility.

The church has been an important international pilgrimage destination since the Middle Ages. It is likely that already at the beginning of the 15th century there was a wooden church on the site, and perhaps several generations of wooden churches before the current brick church was built. Although Hattula is not directly on Hämeen Härkätie, one of the old trade routes, the church could be reached via its eastern route.

Several of the church's characteristics make it unique. One of these is the unusual building material for the Middle Ages, brick, which connects the church to Hämeen linna. Brick construction at Hämeen linna probably began in the 14th century and continued until the 16th century. One of the brick sites for Hämeen linna was in Herniäinen, near Pyhän Ristin kirkko.

Opening hours and guided tours

Pyhän Ristin kirkko is open daily from May 11 to August 18, 2024, at 11–17. The church is closed during the Midsummer weekend (21–22 June 2024) and during church ceremonies. Admission is free.

Guided tours in Finnish are held daily at 11:00, 12:30, 14:00 and 15:30. The cost of a guided tour is €4 per adult and each tour holds 30 people. Advance booking is not possible, and the tours are not available for groups. Check the current times for church ceremonies on the parish website, as guided tours are not held during these times.

Church services

Mass/service is held in the church every Sunday from June 30 to August 25, 2024 at 10:00. Because of this, the first guided tour is held these days at 12:30 p.m.



ROAD CHURCH



Historic Laihia Church: An Architectural Gem of Early Neoclassicism

The Laihia Church, an architectural treasure located in Laihia east of Vaasa, stands as a remarkable example of early neoclassicism in Finland. The church, designed and built between 1803 and 1805, reflects the vision of Herman Höckert, a councilman from Vaasa, and the plans approved by the Office of the Superintendent in Stockholm in 1797.

Architectural Highlights

The church's layout features an equal-armed cross, a classic design element of neoclassical architecture. Extending from the western arm of the cross is a tall, rectangular tower. A unique feature of the Laihia Church is the small roof lantern rising from the center of the cross. Notably, this church is one of approximately twenty in Finland where the tower is adorned with a rooster.

The walls of the church are unadorned, showcasing beautifully carved logs that add a rustic charm to its interior. The church features a hipped roof with a rounded wooden vault ceiling. With seating capacity for 1,200 people, it serves as a significant gathering place for the community.

Accessibility

The Laihia Church is committed to accessibility. There is a lift located at the southern end of the church, ensuring easy entry for all visitors during events. An induction loop system is installed to assist those with hearing aids, enhancing their auditory experience during services.

For wheelchair users, the central aisle provides the best seating, offering a clear view and excellent acoustics. Additionally, chairs are available along the central aisle for those using walkers. While the main entrance houses non-accessible restrooms, accessible facilities are available at the parish hall nearby.

Visiting Information

The Laihia Church welcomes visitors during the summer from June 10 to August 2, 2024, Monday to Friday from 12 PM to 4 PM. Regular services are held every Sunday at 10 AM, providing an opportunity to experience the spiritual and historical ambiance of this distinguished wooden church.

Contact and Location



CHURCH



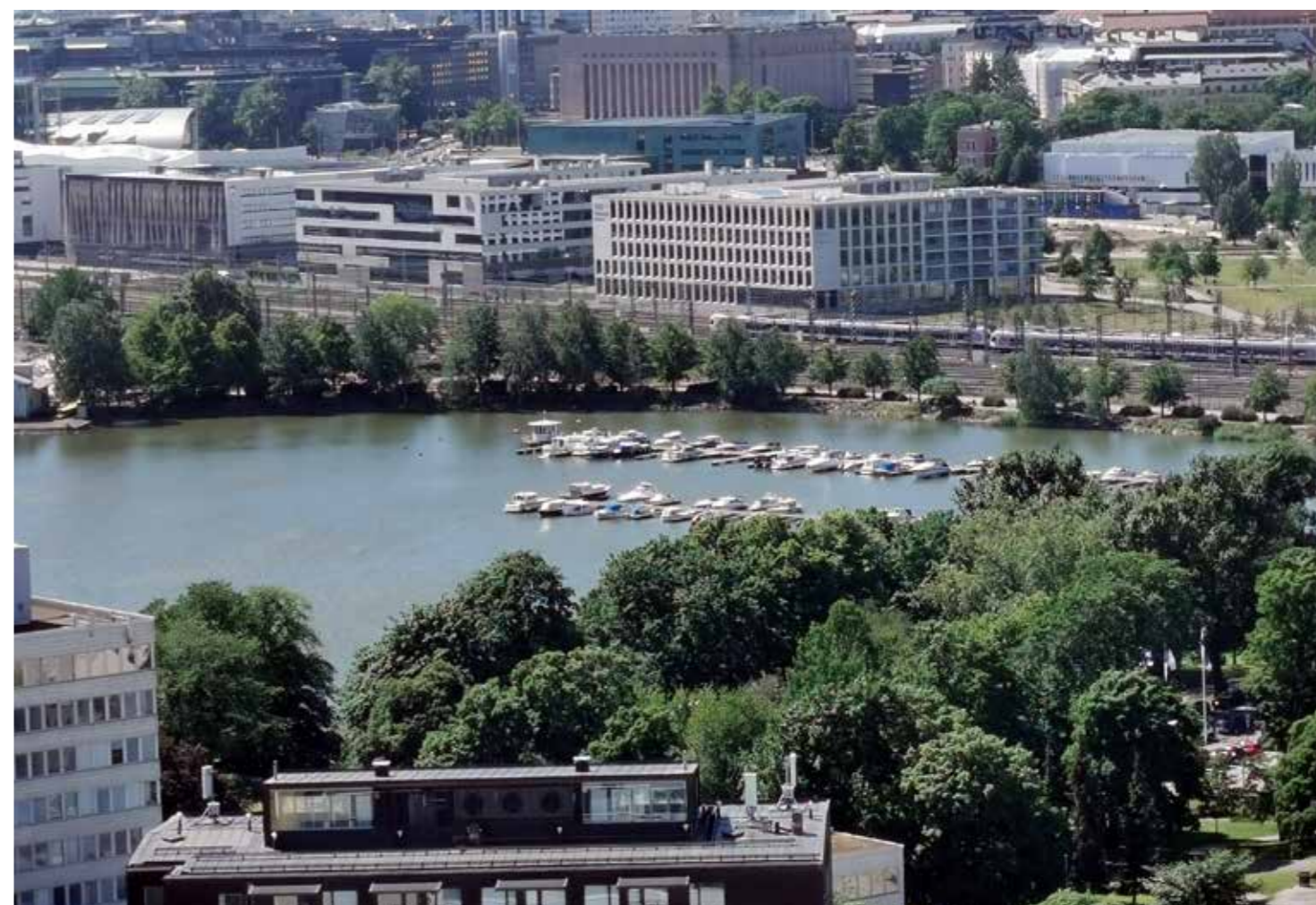
Views from the Tower of Kallio Church

Kallio Church, located in the Kallio district of Helsinki, is an impressive granite building. It serves as the main church for the Kallio parish (the other church being Alppila Church). Designed by architect Lars Sonck, the church exemplifies the national romantic style combined with international Art Nouveau influences. This style is characterized by the use of traditional Finnish materials, robust architectural forms, and nature-inspired motifs and colors.

This summer, the public has a unique opportunity to visit the 65-meter-high tower of Kallio Church, offering breathtaking views over all of Helsinki. On a clear day, it is even possible to see as far as Estonia, although this was not the case during our visit today.

Visits to Kallio Church's tower are available from Wednesday to Friday through a booking system, and on Saturdays by queuing between 11:00 and 17:00. The tour costs 10 euros. Access to the tower requires visitors to be at least 18 years old and not easily winded by climbing stairs.

This unique experience offers both locals and tourists the chance to see Helsinki from a new perspective and enjoy the beauty of the city from above.





ART



Mysterious moss giants take over Lasipalatsi Square

A green moss giant with skis and poles has arrived at Amos Rex's domes, ready to explore unfamiliar terrain. Wanderer sees the world as being best explored by travelling, but also with the sense of touch – especially the touch of the hand. That may be why the giant is moving two fingers across the palm of his other hand, forming the sign that means to walk or to wander.

Wanderer is one of four bright-green, giant-like figures who have temporarily set up camp in the courtyard at Lasipalatsi Square and on the terrace of Bio Rex. Kim Simonsson's (b. 1974) are about four metres high and communicate with each other through Finnish sign language. They have been acquired for Konstnämnden, which has one of Finland's most extensive private art collections.

The moss giants' long journey home passes through the centre of Helsinki

The giants – Wanderer, Collector,

Friendship and Bringer of Light – are on their way home to the forest. During the summer, they will take a break at Lasipalatsi Square, after which they will gradually continue to their final destination: a leafy forest glade at Amos Anderson's summer residence, Söderlångvik manor on Kimito Island. There they will stay permanently, gradually becoming part of the forest ecosystem.

"I had a vision of a large moss figure in the forest, so people would accidentally meet a friendly giant in the woods. That dream will now become a reality, with the four giants moving to a forest glade at Söderlångvik," Simonsson says.

The moss giants will be discoverable in the forest at Söderlångvik from spring 2025 onwards.

Simonsson describes his giants as utopian moss children. He has given each individual in the group their own specific task, with each task being equally important. One carries tools, while another has skis on his back. It is also worth paying attention to the moss giants' hands, which play an important role: they communicate with each other, and with the outside world in sign language.

Sculptor Kim Simonsson lives and works in the artists' village of Fiskars in Western Uusimaa. He has been working with ceramic moss figures for almost a decade – the moss giants are his most large-scale works so far.

The Moss Giants will be at Lasipalatsi Square 29 April–20 October 2024. The exhibition is curated by Kai Kartio.

Sign language is for everyone

Sign language is a visual language used by deaf, hard-of-hearing, and hearing people. It consists of various signs, combining facial expressions, hand body and mouth movements. Two different sign languages are used in Finland: Finland-Swedish and Finnish Sign Language, which is also used by Kim Simonsson's Moss Giants.

Spring exhibitions

Amos Rex's Spring exhibitions offer experiences for our emotions and all of our senses – the first-ever collections exhibition I feel, for now and Josefiina Nelimarkka's studio exhibition The Cloud of Un/knowing. The exhibitions are open 27 March – 8 Sept 2024. (Source: Amos Rex)



EXHIBITION



Collection manager Auli Jämsänen shows one of the exhibition's fascinating objects, the »King's Chair«



Treasures from Our Land and the High Seas: Renewed Collection Exhibition Opened at Ostrobothnia Museum on June 8th

The Ostrobothnia Museum in Vaasa, Finland will open its renewed Treasures from Our Land and the High Seas collection exhibition on June 8th. The exhibition showcases the diverse collection amassed by Vaasa couple Karl and Elin Hedman, encompassing local cultural heritage from Ostrobothnia as well as foreign and domestic art treasures, silver, and ceramics.

Karl Hedman was a wealthy businessman and art collector who gathered objects for his collection not only

from Ostrobothnia but also from around the world. The exhibition features items such as porcelain made in China, furniture, clocks, and musical instruments from Sweden, and objects crafted by local artisans, including Mårten Hammarström's pewter mugs and pitchers and paperweights from the Benvik ceramics factory.

The exhibition offers a unique glimpse into the wealth of the coastal region during the 18th and 19th centuries and how, thanks to maritime trade, valuable objects from around the world arrived in the Ostrobothnia region. The exhibition also features some original display groups that have been restored, allowing visitors to get a sense of how the co-

llector himself designed the exhibition, free from chronology, taking into account aesthetic considerations.

Curator Auli Jämsänen from the Ostrobothnia Museum says: »A few other original display groups have also been restored for the exhibition. With their help, visitors can get a feel for how the collector himself designed the exhibition, free from chronology, taking into account aesthetic considerations.«

The Treasures from Our Land and the High Seas exhibition will be open at the Ostrobothnia Museum from June 8th, 2024. The exhibition is definitely worth seeing for anyone interested in Ostrobothnia's history, culture, and art.



HEALTH

Female Doctors Cure Patients Better?

In a groundbreaking study published in the *Annals of Internal Medicine*, researchers have shed light on a fascinating trend in healthcare: patients treated by female doctors tend to have better outcomes compared to those treated by male doctors. This finding is significant, particularly as it highlights the nuanced ways in which gender can influence medical care and patient health.

Study Overview

The study, conducted by a team of esteemed researchers including Atsushi Miyawaki, MD, PhD, Anupam B. Jena, MD, PhD, Lisa S. Rotenstein, MD, MBA, MSc, and Yusuke Tsugawa, MD, MPH, PhD, analyzed Medicare claims data from 2016 to 2019. This large-scale retrospective observational study included a 20% random sample of fee-for-service beneficiaries hospitalized with various medical conditions, focusing on outcomes such as 30-day mortality and readmission rates.

Key Findings

The study examined 458,108 female and 318,819 male patients, with 31.1% of female and 30.6% of male patients treated by female physicians. The primary outcomes revealed that both female and male patients had lower mortality rates when treated by female physicians. However, the benefit was notably more pronounced for female patients.

Female Patients: The adjusted mortality rates for female patients tre-

ated by female physicians were 8.15%, compared to 8.38% for those treated by male physicians. This translates to an average marginal effect (AME) of -0.24 percentage points, which is statistically significant.

Male Patients: For male patients, the adjusted mortality rates were 10.15% for those treated by female physicians versus 10.23% for those treated by male physicians, with an AME of -0.08 percentage points. While this indicates a slight improvement, it is not statistically significant. The patterns were similar for readmission rates, further underscoring the potential benefits of care provided by female physicians.

Significance of the Findings

These findings prompt a deeper exploration into why female physicians might be achieving better patient outcomes. Potential factors could include differences in communication styles, adherence to clinical guidelines, or even a more patient-centered approach to care that female doctors might employ.

Communication and Empathy: Studies have shown that female doctors often spend more time listening to their patients and are more empathetic. This can lead to a better understanding of patient needs and more tailored treatments.

Adherence to Guidelines: Female physicians are often found to be more diligent in following clinical guidelines, which can improve patient outcomes by ensuring that the best practices are consistently applied.

Patient-Centered Care: Female doctors may be more likely to engage in shared decision-making with their patients, fostering a collaborative environment that can lead to better health outcomes.

Broader Implications

The implications of these findings are far-reaching. For healthcare institutions, this research suggests that fostering a diverse workforce and supporting female physicians can have a tangible positive impact on patient care. It also highlights the importance of considering gender dynamics in medical training and professional development.

Limitations

It's important to note that the study's findings may not be generalizable to younger populations, as the data was derived from Medicare beneficiaries, who are typically older. Further research is needed to determine if these trends hold true across different age groups and healthcare settings.

Conclusion

The study's conclusion is clear: patients, particularly women, experience lower mortality and readmission rates when treated by female physicians. While the exact reasons behind these improved outcomes require further investigation, this research underscores the critical role that female doctors play in enhancing patient care. As the healthcare industry continues to evolve, these insights should inspire efforts to support and empower female physicians, ultimately benefiting patients nationwide.



SLOT MACHINES

THL: In the most vulnerable residential areas, the most money is lost on slot machines in their own area

In areas where deprivation is common, most money is lost on gambling machines in one's own neighbourhood, according to a study by THL. The availability of slot machines, i.e. the number of machines relative to the number of inhabitants, is also highest in the most deprived postal code areas, although the number of slot machines has decreased significantly overall.

In the study, deprivation referred to the low income level of the area, the high proportion of residents with only comprehensive school education, and the high unemployment rate. The data for the study are from 2022, when the total number of slot machines in mainland Finland was approximately 12,000. The number of vending machines had fallen by as much as 10,000 from the previous review carried out in 2018–2019.

In residential areas where deprivation is common and there are many vending machines, losses per capita are the highest. The availability of vending machines is most strongly linked to the low income and education level of the area's residents.

"You can think of this as a kind of vicious circle. The more deprivation there is in a residential area, the more people spend on slot machines and the more frequently there

are machines in the area. Money lost further increases inequality and the risk of gambling harm," says Senior Researcher Jani Selin from THL.

"The number of slot machines has decreased considerably due to mandatory identification and the pandemic, when shops, for example, removed them from their premises. However, vending machines are still more available in deprived residential areas," Selin continues.

More detailed regulation of the placement of slot machines needed According to the Lotteries Act, the placement of slot machines must be designed so that the inconvenience caused by playing them is as low as possible. In Finland, the decentralisation model of slot machines is used, i.e. they are placed in everyday environments, such as shops, petrol stations and kiosks. There are also slot machines in separate gaming halls.

"The wording of the Lotteries Act on minimising harm is not realised in light of the results of our study, even though the placement of slot machines has been discussed for years," says Research Manager Susanna Raisamo from THL.

The Government Programme states that the possibility of moving the vending machines to separate premises will be investigated. The need for clarification has also been mentioned in the decision to set up the

ongoing gambling system project.

According to THL researchers, stricter regulation of the placement of slot machines is justified in order to reduce the harmful effects of gambling and regional inequality.

"As long as the placement of slot machines is not regulated but the decisions are made independently by the gaming company and based on business criteria, the concentration of slot machines in vulnerable residential areas will continue," Raisamo estimates.

First study of its kind

The study combined Statistics Finland's population data at the regional level with detailed consumption data on slot machine gambling. The results are internationally unique.

As far as we know, this is the first study based on accurate data on local residents' gaming consumption of slot machines in their area," Selin describes.

In addition, research results for Espoo, Helsinki and Vantaa will be published later this year.

"Our future research results will be based on region-level socio-economic data and anonymised gaming consumption data, so they will provide even more accurate information on the connection between slot machine availability, gaming consumption and socio-economic factors," says researcher Pasi Okkonen from THL. (THL.FI)



TOVE JANSSON



The documentary "Tove Jansson and the Ten Virgins" produced by Moomin Characters will premiere during the Opera Week in Teuva

TOVE TEUVALLA (Tove in Teuva) – an opera with an interesting side programme.

The new opera Tove Teuvalla, produced by the Korsholm Music Festival, will be accompanied by a wide programme of side events focusing on Tove Jansson and the construction of the new church in Teuva. Tove Jansson's unique masterpiece, The Altar Painting in Teuva, gives a new perspective on the beloved artist and the small rural town. Moomin Characters and Tove Jansson's estate have produced a documentary about Tove Jansson's time in Teuva, "Tove Jansson and the Ten Virgins". Jansson painted the altarpiece in Teuva Church during her frantically creative period in the early 1950s, and it was the only sacred painting of her career. The work takes place at a time when Jansson painted dozens of murals around Finland, wrote and illustrated Moomin stories and worked in the theatre. The travelling exhibition Elsi and Tove's Journey, about the design and art of Teuva (Östermark) Church, opens at Orrella Cultural Centre on 2 July and is on display until 11 August.

The exhibition gives a broad presentation of Teuva Church, its architecture and art by Elsi Borg and Tove Jansson, as well as other important female designers.

Tove Jansson and the Ten Virgins - documentary about Tove Jansson's only altarpiece "Tove Jansson and the Ten Virgins" is a documentary film about the dramatic fire in the old church in Teuva, the construction of the new church and the painting of the altarpiece, as well as about Tove Jansson's time in Teuva. The film takes part in contemporary memories of Jansson and delves into the artist's thoughts on various painting techniques through notes in workbooks and letters.

It also gives a picture of the mood in Finland in the 1940s and 1950s and the role of public art in the reconstruction of a country that was in ruins. "It was the worst working conditions I've ever experienced, but it was fun to do something serious," Tove says about her work in the middle of a church building in Teuva.

The documentary, which is packed with archival material, is almost an hour long. In addition to photos and letters written by Jansson, the documentary contains a wealth of interview material.

Actress Alma Pöysti gives Tove Jansson a voice in the documentary. Pöysti was recently nominated for a Golden Globe and also starred in the 2020 film Tove.

The documentary is narrated by her brother, actor Oskar Pöysti. "We wanted to show how much work goes into a mural like this. Through Jansson's notes in the workbook and letters, we get a glimpse behind the scenes of her creative process. To visualize them, we have enlisted the help of contemporary artists who have reconstructed the process step by step," says Kira Schroeder, the documentary's director.

"We also wanted to put the altarpiece in a larger context – it is also a story about a somewhat forgotten part of Tove Jansson's career and about the role of public art in the reconstruction of Finland after the war."

The documentary is produced by Moomin Characters and Tove Jansson's estate, with Kira Schroeder, Milla Kallijärvi and Linus Lindholm. The documentary will premiere in Teuva on Saturday 3 August.

The documentary will be screened in the auditorium of the Teuva School Centre, Porvarintie 49, before and after the opera

performances, and tickets are sold via Netticket:

<https://www.netticket.fi/korsholm-music-festival>. The ticket price is 10 euros.

The film screenings in Teuva are organised by Teuvalainen Kulttuurin Tuki in cooperation with the Korsholm Music Festival and there will be a total of 11 screenings: Sat 3.8 at 16.15, Sun 4.8 at 13.15 and 18.00, Thu 8.8 at 16.00 and 17.15, Fri 9.8 at 16.00 and 17.15, Sat 10.8 at 13.15 and 18.00, Sun 11.8 at 13.15 and 18.00.

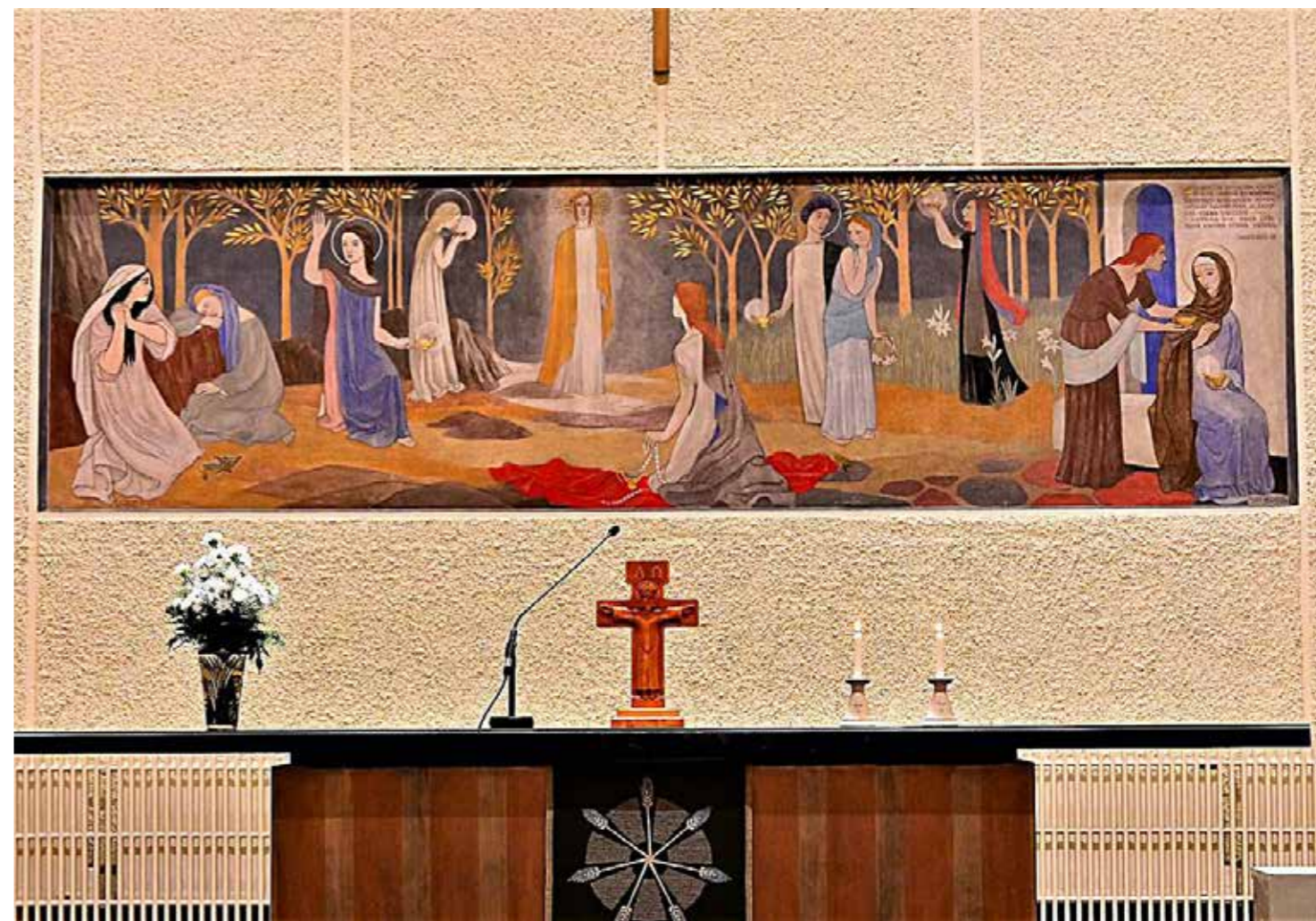
In addition to Opera Week, the documentary will also be screened at the Teuva Youth Association's Kino-Kuva cinema, <https://kinokuva.fi/>.

Elsi and Tove's Journey - an exhibition that gives an image of Teuva Church as a work of art. When the travelling exhibition Elsi and Tove in Teuva is inaugurated, the focus is on Teuva Church, which was designed by Elsi Borg in the early 1950s, and its unique altarpiece, The Ten Virgins, painted by Tove Jansson.

"A full-size reproduction of the altarpiece, executed in al secco technique, is on display, complete with original altarpieces. In our exhibition, visitors can enter an imaginary altar room and study the work up close," says exhibition designer Oskari Luoma, M.Sc.

The exhibition is on display at the Orrella Cultural Centre in Teuva, Porvarintie 51. The exhibition is open 2.7-11.8.2024 from 12 noon to 6 pm (closed on Mondays), with extended opening hours during performances of the opera "Tove Teuvalla". Admission to the exhibition is free of charge.

Press release 18.6.24



BIOGRAPHICAL BIBLIOGRAPHY

**Jane Trygg-Kaipainen -
Monipuolinen vaikuttaja ja luova
tahtonainen**

NAISTEN ÄÄNI Suomi Finland 100

Kuuntele

Jane Trygg-Kaipaisen elämää ohjaa voimakas vaikuttamisen tahto ja epäkohtien korjaaminen.

Lapsuus

Jane on syntynyt Sakari Topeliuksen päivänä Heidekenillä, eli hän on aito turkulainen. Hänen syntymäkotinsa oli Raunistulassa. Isä oli monen sukupolven turkulainen. Äiti oli syntyjään Oulun seudulta. Isä oli sotilapsena ensin Tankassa ja sitten Ruotsissa. Äiti muutti lapsena äitinsä kanssa Ruotsiin. Vanhempien taustan vuoksi perhe koki aina olevansa pohjoismaalaisia. Jane sai viettää yhden kesän Ruotsissa isoäidin



Jane Trygg-Kaipainen

Women's Voice ("Naisten Ääni") project: Stories of a thousand women added to the biographical library

Women's Voice project: Stories of a thousand women added to the biographical library. At least 50 stories related to Vaasa!

The history of Finnish society and culture has largely been built on people's actions and influence, but the role of women in this story has often been neglected. The actions, influences and life experiences of women have been surprisingly little recorded in the collective memory. To change this, the Women's Voice project has been born, which aims to make women's stories and influence part of the Finnish historical narrative.

The Women's Voice online publication, launched in 2017 to celebrate the 100th anniversary of Finland's independence, is part of the effort launched by the Finnish Women's League to produce extensive material on the lives of Finnish women and their impact on society. At the heart of the project is the desire to produce and disseminate

information about what women have done, how they have contributed to the development of society, how they have lived and how they have overcome life's challenges.

In spring 2024, the thousandth biography was published, and many more have been added since then. At least fifty stories tell about women from Vaasa or women whose lives are connected to our city.

Mention should be made of a few well-known Vaasa residents whose biography can be found in the Women's Voice library: Irma Rewell, Ritva Hyöky, Eeva Kauppi, Alexandra Frosterus-Sältin, Rosina Heikel,

Diverse participation in the online publication is welcome, and national, local and family women are welcome to participate. The aim is to highlight different stories and experiences: everyday heroines, those who have toiled in organisational work, visible and invisible, loud and silent. We want to compile material that reflects the diverse contribution of Finnish women to society and culture.

You can write new biographical articles for the Women's Voice online publication or copy previously published articles in the journals of women's organisations, as long as the original publisher has permission to republish. In addition, we challenge organisations and individual citizens to participate in collecting and documenting women's stories in their own communities. The aim is to make the Women's Voice project a show of women's strength and at the same time create a unique set of data on the lives of Finnish women.

The Join us page contains more thoughts and ideas on how each of us can participate in the Women's Voice project and make the stories of Finnish women more visible and meaningful. Join us and help us tell the unforgettable stories of Finnish women! The Women's Voice library is online permanently and will also serve researchers for decades to come – or centuries!

Here you can find the Women's Voice biographical library:

<https://www.naistenaani.fi/>

Alexandra Theodora Frosterus-Sältin, unohdettu vaasalainen taiteilija


NAISTEN ÄÄNI Suomi Finland 100

Kuuntele

Kuka on Suomen tunnetuin ja samalla unohdettuin naispuolinen taiteilija? Kenen teoksia miljoonat suomalaiset ovat ihastelleet yli sadan vuoden ajan? Kuka vaasalainen taiteilija on ollut unohdettu kymmenien vuosien ajan ilman, että Vaasassa olisi ainotakaan muistomerkkiä tai patsasta hänelle, puhumattakaan siitä, ettei kaupungissa ole yhtään hänen mukaansa nimettyä katua? Kuka on taiteilija, jonka terveyttä edistävää piirustuksia koululaisemme ovat katselleet 120 vuoden ajan? Kuka naispuolinen taiteilija on inspiroinut Eppu Normaalin koskettavaan lauluun "Murheellisten laulujen maa"? Kuka on vaasalainen taiteilija, jonka piirustukset olivat osasyynä siihen, että Suomessa oli historian alussa kieltolaki? Kuka on vaasalainen taiteilija, jonka taulu on presidentin kansliassa? Tämä kuuluisa taiteilija on tohtori Alexandra Theodora Frosterus-Sältin.

Lapsuus

Alexandra Frosterus syntyi 6. joulukuuta 1837 Inkoossa. Hänen vanhempansa olivat teologian professori Benjamin Frosterus ja Wilhelmina Sofia af Gadolin. Benjamin Frosterus oli syntynyt Pudasjärvellä 28. huhtikuuta 1792, Kalajoen kirkkoherran Johan Frosteruksen ja tämän ensimmäisen vaimon Marian Westzyntiuksen poikana. Robert Frosterus, Kuopion ensimmäinen piispa, oli hänen velipuolensa. Benjamin Frosterus väitelti teologiassa vuonna 1821 ja vihittiin papiksi 1824. Hänestä tuli kirkkohistorian professori vuonna 1829. Benjamin muutti perheineen 1. toukokuuta 1838 Vaasaan. Hänestä tuli silloiselta nimeltään Mustasaaren ja Vaasan seurakunnan kirkkoherra. Alexandra vietti lapsuutensa Hagan pappilassa. Talo seisoo edelleen samalla paikalla lähellä Vanhaa Vaasa ja toimii nykyään Vaasan ruotsinkielisen seurakunnan edustustilana.



Alexandra Theodora Frosterus-Sältin 1860-luvulla (Museolaitos, kuva väritetty)

Alexandra Frosterus-Sältin, an artist from Vaasa

Pali-Maja, Marie Johansdotter Berg - Skrev första dikten om alkoholens negativa sidor

NAISTEN ÄÄNI Suomi Finland 100

Kuuntele

Marie Johansdotter Berg, känd under sin pseudonym Pali-Maja, föddes den 10 december 1784 i Pali, en gårdsgrupp vid Österlandsvägen i Pörtom. Hennes far, Johan Hansson Uppgård, hade flyttat till Pörtom från Pjelas i Närpes, sedan han gift sig med Maria Greta Uppgård och därmed blivit ägare till hälften av ett hemman med namnet Uppgård. Då hemmanet skiftades fick familjen flytta till en äng med namnet Pala eller Pali, ett namn som lever kvar ännu i vår tid. Familjen hade 14 barn, varav 9 klarade sig till vuxen ålder. Isak Smeds berättar om familjen i den diktbok som publicerades år 1882: "Alla barnen var utrustade med klokt huvud och lyckliga anlag att lära allt vad som föll dem i hägen."

Hon avled den 11 oktober 1867 i Närpes. Hon var på sin tid den mest produktiva kvinnliga poeten i vårt land. På sin tid var hon en av de mest aktade personerna i Närpesnejden. År 1882 publicerades en bok innehållande de dikter som återfunnits och i förordet till denna skriver lektor Isak Smeds från Petalax: "Den skaldinna, vars visor otvivelaktigt allmännast sjungas över hela Österbotten och vilken jag i barndomen i min hembygd hört med så stor beundrad och aktning omtalas."

Pali-Maj måste nog ha varit väldigt begåvad, för redan som 18-åring blev hon "skolmästarinna" och i den rollen handhade hon undervisningen av barn i många byar i Närpes. Redan som 18-åring började hon skriva dikter. Som 20-åring besökte hon Stockholm, en resa som gick med båt från Närpes. Hennes medresenärer lär ha betecknat henne som en "sångfågel".

År 1814 födde hon en son vars far var Mats Matsson Snickars från Normäs i Närpes. På den tiden var utomäktenskapliga förbindelser både skamliga och olagliga. Hon fick sota för detta "brott" med böter, men värre var att hon fick lida för sitt skamfilade anseende resten av sitt liv.



Pärmbilden till den diktsamling med Pali-Majas dikter som utgavs år 1882

Pali-Maja, a poem writer from Pörtom, in Swedish

**And here You find the library:
<https://www.naistenaani.fi/>**

LIBRARIES

New national E-library: Expectations and reality far apart

The long-awaited nationwide E-library has finally opened, but it does not live up to expectations at all. The selection of books is very limited and many languages are completely missing. Logging in is difficult and apparently requires online banking credentials every time. The service does not yet correspond at all to the possibilities offered by ordinary libraries.

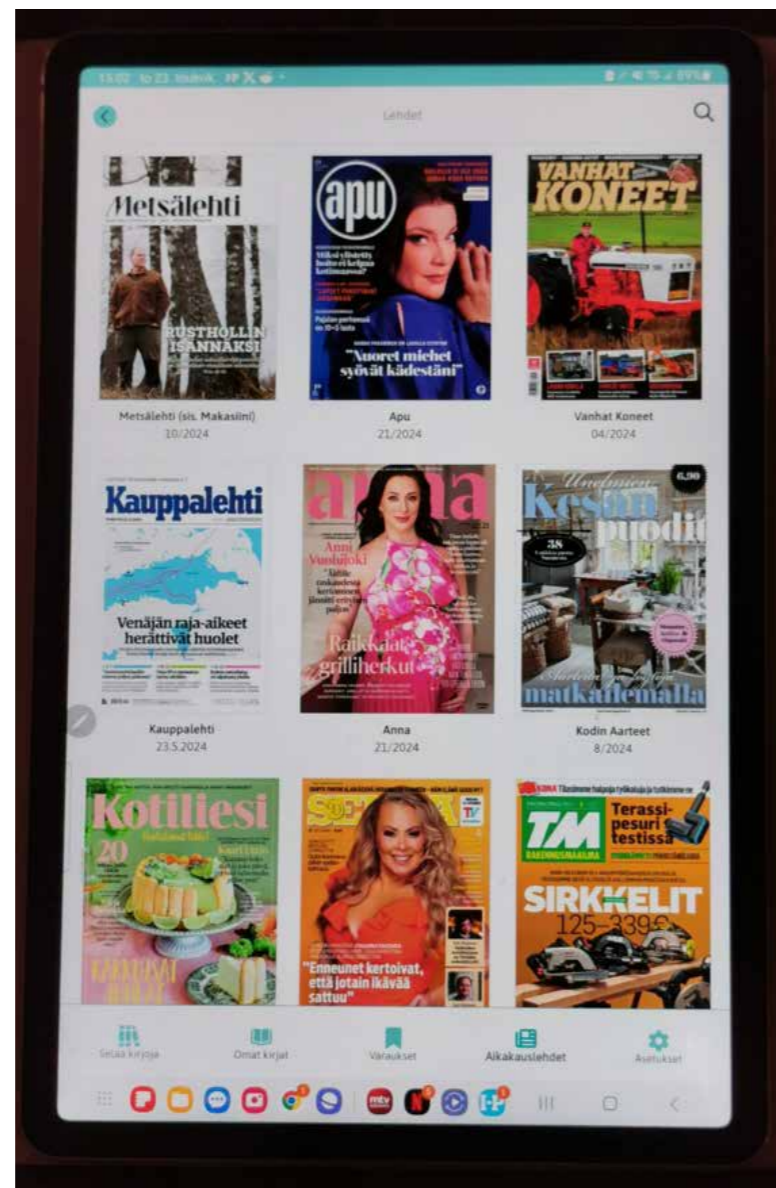
Lack of books and limited selection

There are only hundreds of books in the library, which corresponds to only a small part of the shelves of a real library. The selection of books is also very limited, and there are only a few dozen books in Swedish. It is understandable that many Swedish-speaking municipalities are not involved in the project, but that does not make the service nationwide.

Usage problems and limited availability

Logging in to the e-library is difficult and requires bank codes or something similar every time. A better option would be to have one-time credentials, after which the user would receive automatic access. The only function that succeeds smoothly is the press side. There are several magazines and daily newspapers available, such as Apu Anna, Seura and many hobby magazines, such as TM and MikroBitti. The daily press is published in Kauppalehti and The future of rural areas. The range is nowhere near the level of Press-reader.

About 15% of Finns cannot access the e-library even by paying. This is shameful when talking about nationwide service. Of course, the service is free of charge for everyone else.



Finnish magazines in the new e-library

Lack of additional features

The e-library does not have many of the features that regular libraries offer. For example, there will be no notification of the end of the loan period, and the number of reservations is limited. It can also be difficult to find your favorite books, as not all books are available.

The loan period is 2 weeks. Should we try the Archive.org method in Finland that the loan period is one hour, i.e. you can read the book when you have time, and then borrow it once when it's time? With a short loan period, books would suffice even with a

limited number of books.

The nationwide e-library is disappointing. It does not live up to expectations and is usable only within certain limits. Hopefully, the service will develop in the future and better meet the needs of Finns. The impression is that this has been opened completely unfinished,

The driving force behind the e-library is the National Library of Finland in cooperation with public libraries.

By the way, the other services of the National Library of Finland are world-class. Hardly any other country has such comprehensively digitised historical newspapers and books as Finland,



The National Library of Finland is one of Finland's most important institutions. The monumental building of the National Library of Finland is located opposite Helsinki Cathedral. And we can be sure that the National Library of Finland will get a working version of the E-library for us.



SHORT STORY



Fisherman and businessman in a modern version

This short story is available in different versions in several countries. One version is dedicated to Paulo Coelho. Here is a slightly updated version. The big city businessman was on vacation in a small coastal town. One morning he saw a simple fisherman sitting casually in his boat next to the pier, coffee cup in his hand and a small catch of fish beside him. The businessman became curious and approached.

"Good morning!" said the businessman. "You seem to have a nice catch for the day. How long did it take you to fish for it?"

"Good morning," replied the fisherman. "It didn't take long, maybe a few hours."

The businessman looked confused. "Why don't you stay outside longer and catch more fish?"

The fisherman smiled and calmly replied: "I have had enough to support my family and myself today. The rest of the time I enjoy life."

"But what will you do for the rest of the day?" asked the businessman.

"I sleep a little longer in the morning, fish a little, play with my kids, have a siesta with my wife, and in the evening I go to the bar where I drink coffee and play guitar with my friends. I live a full and happy life."

A businessman who was very successful and always thought about business could not understand it. "I have an MBA from a prestigious university and I can help you. If you spent more time fishing, you could catch more fish. Over time, you can buy a larger boat and maybe several boats. Eventually, you could have a whole fleet of fishing boats."

The fisherman listened politely and nodded. "And then what would I do?"

"Thanks to the increased catch, you were able to open your own fish factory, eliminate middlemen and sell directly to retailers. You could move to a bigger city and run your business from there."

"And how long would all this last?" asked the fisherman.

"Maybe 15-20 years," the businessman replied.

"So what?" asked the fisherman.

The businessman laughed and said: "The best is coming! When the time is right, you can sell the company and become very rich. You could live like a king and retire with big money."

The fisherman thought for a moment, and then asked, "And then what should I do?"

"Then," said the businessman with a smile, "you can move to a small coastal town, sleep a little longer in the morning, fish a little, play with your children, have a siesta with your wife, and in the evening go to a bar where you can drink coffee and play guitar with your friends."

The fisherman smiled and looked at the businessman. "But that's exactly what I'm doing now. Why wait 20 years to do something I already enjoy?"

The businessman was speechless. He suddenly realized that he had lost the meaning of life in pursuit of success and prosperity.

And so he walked away, a little wiser than before, while the fisherman returned to his simple and happy life.

RUSSIA'S UNPROVOKED ATTACK ON UKRAINE

The G7 Summit's Key Result for Us Is More Air Defense Systems for Our Cities – Address by the President Volodymyr Zelensky



13.6.2024

Dear Ukrainians!

I have just had a meeting with President Biden, a good meeting, a useful one. Throughout these days, I have been in touch with our military, with a daily report from the Commander-in-Chief, and constant reports from the Minister of Defense, other government officials, and intelligence about the situation at the front, in the main directions in our Donetsk and Kharkiv regions, the needs of our warriors, and the details of supplies.

Today, almost all our meetings here – at the G7 Summit, and on the sidelines of the Summit – are focused on what our military is saying, on our needs and our capabilities right now, if the supply is sufficient and timely. With all the leaders, we are talking about speeding up the delivery of the announced packages to Ukraine. In particular, we have just talked about this with President Biden. Today, I also spoke with Justin Trudeau, the Prime Minister of Canada, about the new support – thank you, Jus-

tin! I also had a meeting with Rishi Sunak, the Prime Minister of the United Kingdom, and it will also contribute to the supplies. And a meeting with Fumio Kishida, the Prime Minister of Japan. I also had a good meeting with Giorgia Meloni, the President of the Council of Ministers of Italy. Thank you, Giorgia, for this meaningful summit and for all your support for Ukraine – for Ukrainians, for the protection of our children and families in Ukraine, all those whose lives are under attack from Russian terror.

The key result for us is that there will be more air defense systems for our cities. "Patriots" is practically a Ukrainian word now. There will also be more equipment and other necessary supplies for the front. Decisions have been made regarding the use of Russian assets for the benefit of Ukraine, with the G7 taking a significant first step regarding \$50 billion. Thank you!

We have already signed seven security agreements with all G7 countries. In total, seventeen agreements have already been signed, and we are preparing to sign another ten.

Today, I had a meeting with the IMF Managing Director to discuss support for our state, our institutions, and our society, of course. I am grateful for the understanding. I also had a very inspiring meeting with the President of the World Bank. We discussed, among other things, support for our energy sector, access to the necessary funds for people, companies, and government institutions to restore destroyed energy capabilities and build new ones. I am grateful to the World Bank and personally to its President for the willingness to work on this.

And I would like to thank all our partners today for supporting the Peace Summit and helping to engage leaders and states. Together, the world can definitely restore justice and a just peace. We are doing everything for this. The day after tomorrow the inaugural Peace Summit will take place where we will take the first real step towards a just peace.

Glory to Ukraine!

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Bertel Gripenberg, 1927

The Far-away house.

Far away, far away from the worlds foul fray
in the wood, in the wild, wide wood
far away, far away once my homested lay,
my lonely house once stood.

In silence and night, in sunshine and light,
in the days with the golden feet,
in darkness and frighl, in sorrow and plighl
this house was my home, my retreat.

And all my löst years, all the days I hal are gone,
still hover about thal lone house,
my far-away home, thal dreams still alone,
whcre the echos my löst years arouse.

Far away, far away now my footsteps may stray
but my thoughts and dreams linger there,
far from struggle and fray all my soul slill will slay
in that lost, that enchanted sphere.

Bertel Gripenberg: A Traditionalist Poet with a Controversial Legacy

Bertel Gripenberg (1878-1947) was a prominent Finnish-Swedish poet during the early 20th century. While renowned for his formal and technical skills, he held traditional and re-actionary views on poetry and society, making him a controversial figure even in his own time.

Gripenberg's early work, exemplified by collections like "Vida vägar" (1904) and "Galler-grinden" (1905), consisted of passionate love poetry, considered daring for its time. His sub-sequent period, often regarded as his strongest, saw a shift towards ethical themes, evident in works like "Aftnar i Tavastland" (1911).

The Finnish Civil War of 1918 profoundly impacted Gripenberg, inspiring works like "Un-der fanan" (1918), which glorified the war and demonized the Red opponents. This, coupled with his anti-democratic and anti-populist stance, solidified his position as a controversial figure.

Gripenberg continued to publish poetry collections throughout his career, including "Sista ronden" (1941). In 1925, he released "Den hemliga glöden" (under the pseudonym Åke Erik-son), a parody of modernist poetry that inadvertently revealed new facets of his own work.



HUMOR ONE HUNDRED YEARS AGO

HOROSCOPE FOR JULY 2024

Aries (March 21 - April 19)
This month, Aries, you'll finally discover that your true calling in life is to be the one who always asks, "Are you going to finish that?" Embrace your inner scavenger, but beware: your friends might start labeling their food in the fridge. Your lucky number is 7, and your lucky condiment is ketchup.

Taurus (April 20 - May 20)
July will see you embarking on an epic quest to find the perfect lawn chair for your summer lounging. Unfortunately, every chair you find will be just slightly uncomfortable. Your persistence will pay off, though, when you accidentally discover the lost art of "resting while standing." Your lucky color is plaid.

Gemini (May 21 - June 20)
This month, Gemini, you'll be so charming and witty that people will wonder if you've secretly been replaced by a talk show host. Use your powers wisely—maybe try negotiating world peace or at least a free coffee. Your lucky word is "quixotic," and your lucky time is 3:17 PM.

Cancer (June 21 - July 22)
July is all about self-care for you, Cancer. You'll perfect the art of the nap and become a connoisseur of the best pillow fluffiness. Warning: you might be so relaxed that people start poking you to see if you're still breathing. Your lucky snack is potato chips.

Leo (July 23 - August 22)

As a Leo, you'll spend July basking in the glory of your own fabulousness. You'll start giving yourself pep talks in the mirror, and your hair will look amazing every day. Just try not to get too distracted by your own reflection. Your lucky accessory is sunglasses, because you're always shining bright.

Virgo (August 23 - September 22)
This month, Virgo, you'll find joy in organizing everything in sight, from your closet to your neighbor's sock drawer (don't ask how you got in there). People will be in awe of your tidiness, and you'll be crowned "Supreme Ruler of Order." Your lucky app is the calendar.

Libra (September 23 - October 22)
In July, Libra, you'll finally achieve the perfect balance in your life, right before you trip over your own feet and spill coffee everywhere. Embrace the chaos with grace, and remember: a spilled coffee is just the universe's way of saying, "Take a break." Your lucky dance move is the moonwalk.

Scorpio (October 23 - November 21)
July will be a mysterious month for you, Scorpio. You'll develop a knack for appearing and disappearing at social events like a ninja. Use your powers for good—like sneaking away from boring conversations. Your lucky hobby is people-watching.

Sagittarius (November 22 - December 21)
This month, Sagittarius, you'll feel an overwhelming urge to travel, even if it's just to the other side of your living room. Embrace your inner explorer and turn every mundane task into an adventure. Your lucky mode of transportation is the rolling office chair.

Capricorn (December 22 - January 19)
July will be all about career advancement for you, Capricorn. You'll impress your boss by showing up to Zoom meetings in a full business suit—pants included. Your ambition will pay off, but remember to take a break before you become a PowerPoint presentation. Your lucky beverage is espresso.

Aquarius (January 20 - February 18)
This month, Aquarius, you'll come up with so many innovative ideas that people will start calling you "The Idea Factory." Just make sure to write them down, or you might forget them while chasing the next shiny object. Your lucky gadget is the sticky note.

Pisces (February 19 - March 20)
July is a dreamy month for you, Pisces. You'll find yourself lost in thought more often than usual, contemplating the mysteries of the universe—or just what to have for dinner. Don't worry, your daydreaming will lead to some truly profound insights, like the perfect pizza topping combo. Your lucky phrase is "serendipitous whimsy."



NEWS

A; "You must have written in your newspaper that I am a fake gambler and a fraud! B: .Impossible! My magazine only contains news!

BORN TO DANCE

"Don't you think, captain, that one must be born to dance?"
"Sure. . . I have never seen an unborn dance".

THE MORE YOU GET, THE MORE YOU WANT

"It's quite peculiar, the more you get, the more you want!" "Listen, tell me one thing! Have you ever had twins?"

WITH A MAN ON THE BEACH

Him: A week ago you had no idea that you would now be sitting on the beach with a man you didn't know at all.
Her: Well, I probably did.
Him: But dear little friend, you didn't know me then.
She: No, but I knew myself

DO NOT STAND THE LIGHT OF DAY

— You say that he has a job that doesn't stand the light of day?
— Yes, he develops plates with a photographer!

WOMEN'S CLOTHING

Nothing dresses a woman better than nothing.

NERVOUS LADY

An anxious, nervous woman, accompanied by her husband, approached the station inspector at a small outlying railway station and asked: "Has the quarter-past train leaving already?"
»Yes, ten minutes ago,« was the reply.
"When does the four-and-twenty train come?"
»It takes quite a while.«
»And before doos there are no trains at all?"
"No."
»And not any passenger trains?"
"No."
»Some freight train then?"
»No, no trains at all.« "Is it absolutely safe?"
»Yes, absolutely sure!"
"Then, John, can we cross the track."

Mrs. BROWN

The pastor's wife is visiting Mrs. Brown and tells, among other things:
- I just received a letter that my son received a scholarship.
- I am really very happy. I understand your feelings so well. I used to feel exactly the same way, when our pig won first prize at the farm meeting.

IN SCHOOL

- Was it you, Hans, who wrote on the board: "The teacher is a donkey".
- Yes it was.
- Well, it pleases me in any case that you stick to the truth.

TWO ANECDOTES ABOUT KANT

Two anecdotes about Kant, which prove his great presence of mind, are reported by Otto Schöndörffer in the "Philosophischer Almanach" dedicated to Kant's memory. Kant once followed his habit of equanimity and strolled on the so-called Philosopherdamm near Pregel, lost in deep thought. Then suddenly a man rushed up to him with a large butcher's knife in his hand and shouted: I must butcher you!
Kant saw at once that he was dealing with an insane butcher's flock. He therefore calmly and firmly said to him: "You are mistaken, dear friend!" Today is not slaughter day. It's Wednesday, because slaughter day is on Friday. Namely, there were specific days of the week established for butchers to slaughter on.

The madman started and laughed confusedly; You're right.
He let the already menacingly raised arm drop and slowly withdrew.
Another time the philosopher was walking through a narrow and crooked street in the old Königsberg, when suddenly two galloping horses rushed towards him. Kant did not have time to turn away, which was otherwise impossible on the narrow street. Now he had once read that horses never touched people who were lying on the ground, but that even during the fastest race they did not touch them. He therefore threw himself hastily down on the ground, and indeed the two horses dashed away over him without injuring him in the least.

THE WEATHER GAME.

The Sensitive Lady:
— I always feel it when it rains, in my legs and back.
The sensitive gentleman:
— I also feel all the changes in the weather. The other night I woke up to the barometer falling'
— They're not possible!
— Well, you see, it fell to the floor.

WIDOW

The teacher asked: — can one of you explain to me what "widow" means.. — A widow, answered little Anna, is a wife who lived with her husband for so long that he died.

What house is this?

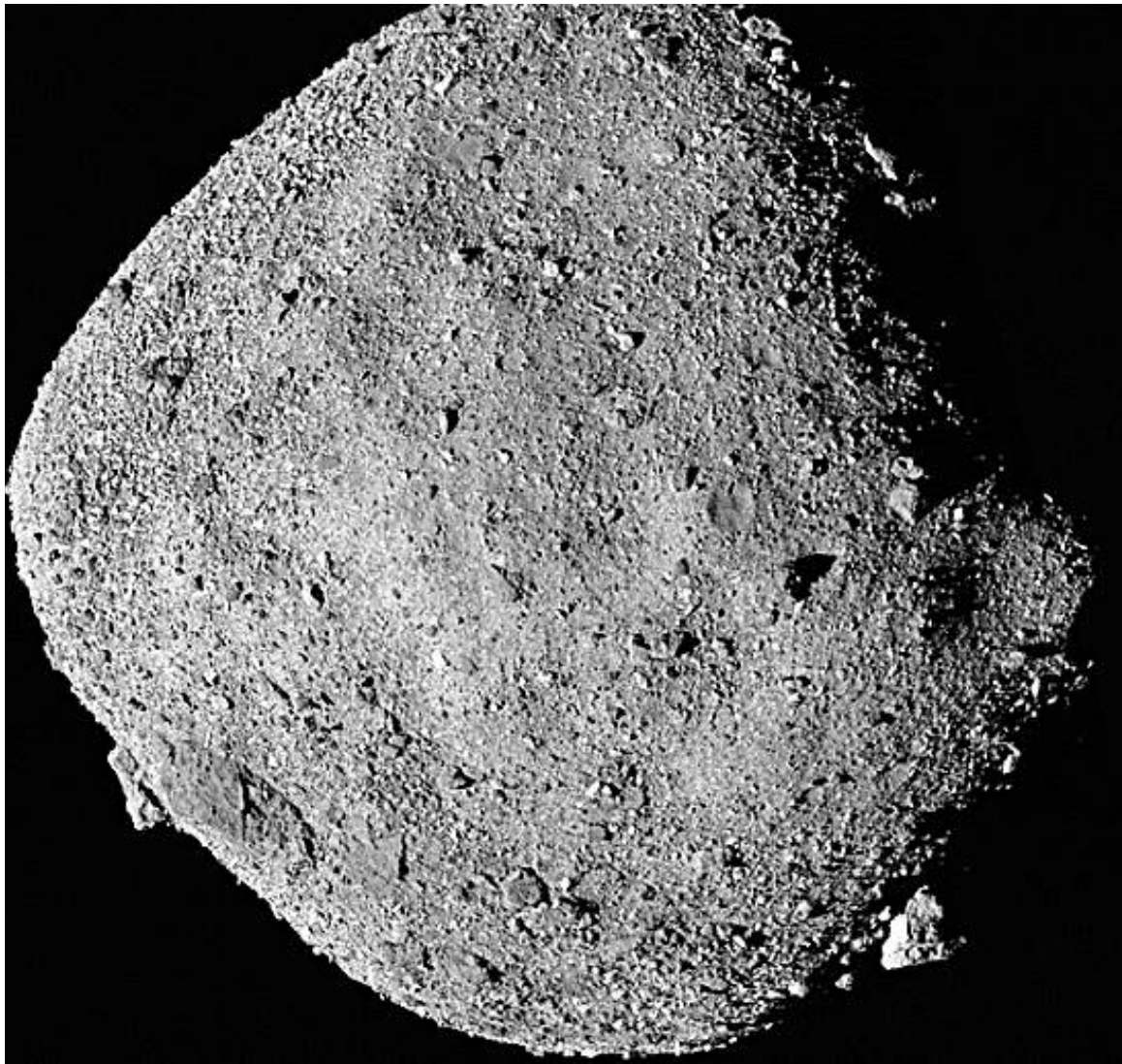


Last weeks house:
Day care center

PhotoScetch



This weeks astronomical picture:



BennuAsteroid. jpg

This mosaic image of asteroid Bennu is composed of 12 PolyCam images collected on Dec. 2 by the OSIRIS-REx spacecraft from a range of 15 miles (24 km). The image was obtained at a 50° phase angle between the spacecraft, asteroid and the Sun, and in it, Bennu spans approximately 1,500 pixels in the camera's field of view.

NASA/Goddard/
University of Ari-
zona

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Next week:



From our readers

We very much welcome submissions from our readers. Comments, stories, memories, debate, news from home. Probably this will be the most important part of this spring paper. But space is limited, so please write as short as possible! So please send posts to: wasadagblad@gmail-com

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