



Large sailing ships arrived in Helsinki again in July 2024!

In July 2024, Helsinki will once 11 a.m. to 10 p.m. (Children's Helsinki and magnificent sailing maritime traditions and enjoy again have the honour of being News Park 11 a.m. to 6 p.m.) one of the host ports of the an- Sunday 7.7.: 11-16

nual Tall Ships Races. The com- The Tall Ships Races is Europe's petition for large sailing ships, largest free family event and ofwhich is held every four years in fers plenty of activities for both the Baltic Sea, attracts dozens of the public and ship's crews. The magnificent sailing ships and their event offers the opportunity to international crews to the city. explore sailing ships, participate

The purpose of the Tall Ships in various activities and enjoy a Races is to promote the educa-varied entertainment program. tion and cooperation of young Six host gates

people regardless of nationali- The Tall Ships Races 2024 will ty, cultural background, religion have six host ports, three of or social background. The event which are located in Finland. In will bring together thousands of addition to Helsinki, the event young people to sail and a large will also be attended by Klaipeda public event will be built around in Lithuania, Tallinn in Estonia, it, which is expected to attract Turku in Finland, Mariehamn in around 500,000 visitors. Åland and Szczecin in Poland. This underlines the importance

Event area and schedule

Helsinki's event area is the city of the Baltic Sea region and procentre and includes the areas of vides a unique opportunity to the South Harbour, Market Squ-discover different cultures and are, Katajanokka, Kanalranta and sailing traditions.

North Bank. The event area is It will be an unforgettable seafaring festival that will bring

Thursday 4.7. - Saturday 6.7.: an international atmosphere to

ships. The Tall Ships Races event summer Helsinki at its best. is an opportunity to experience







TODAY

WHO: Reversing the Trend of Physical Inactivity

World Health Organization (WHO) paints a concerning picture: nearly 1.8 billion adults worldwide, or roughly a third not getting enough physical activity. This alara significant increase from 2010, highlighting a worrying global trend towards inactivity.

The consequences of this trend are far-reaching. Physical inactivity is a major risk factor for chronic diseases such as heart disease, stroke, diabetes, and some cancers. It also impacts mental health and overall well-being.

What's behind this decline in activity levels? Busy lifestyles, increased reliance on technology. and unsafe environments that discourage walking and cycling are all contributing factors. The report also highlights a gender gap, with women consistently less active than men.

countries are making progress. Vaasa is on the rise! WHO identifies 22 countries on Vaasa has risen incredibly much done.

creating safe walking and cycling development prospects. paths, promoting grassroots sportation planning.

portant, but the onus shouldn't course, increases the demand for fall solely on citizens. We need a housing and raises rent levels. "whole-of-society" approach that makes physical activity accessib- development of the city. Vaasa le, affordable, and most impor- has invested a lot in infrastructutantly, enjoyable for everyone. re and business, and the future

This could involve community-ba- prospects are very bright. This currently lively, and both invesactivities that cater to different demand. age groups, abilities, and cultural backgrounds.

and reap the rewards of a healt- vestments in the coming years. hy lifestyle. Let's not let physical ming number represents inactivity become a silent threat tenants? let's make movement a priority for a healthier, happier world.

NFWS



The good news is that some The rental market in

track to reach the global target in the ranking of Finnish landof reducing physical inactivity by lords' cities! Just a few years ago, 2030. However, more needs to be the city ended up at the bottom of the list, but now it has climbed The WHO calls for a multi-pron- to ninth place, just in the top ten. ged approach. Strengthening po- This turnaround is excellent news licies that promote physical acti- for investors, as it heralds strong vity is crucial. This could involve rental performance and positive

What is Vasa's secret? An imsports programs, and integrating portant factor is population grophysical activity into public tran- wth. Previously, the population declined, but now the forecasts Individual responsibility is im- have become positive. This, of

Another important factor is the

A recent report by the sed initiatives, workplace well- attracts new residents and bu- tors and tenants have a lot to ness programs, and promoting sinesses, further fueling rental offer

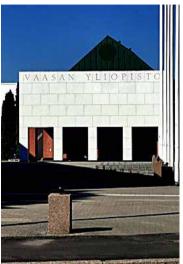
From the investors' point of view, Vaasa is a very attractive The benefits of increased phy- destination. Rent levels have risical activity are undeniable. It's sen moderately, but the outlook time to reverse this worrying for development is very positive. of the population, are trend and create a world where This means that investors can everyone can move their bodies expect a good return on their in-

What does this mean for the

Unfortunately for the tenants, the increase in Vaasa may mean slightly more expensive rents. However, it is important to remember that the rent increase is moderate and is balanced by the excellent living conditions and services offered by the city. Vaasa is a very pleasant and safe city to live in, and it has a lot to offer students, young adults and families.

If you are thinking of renting a property in Vaasa, now is a great time to act! Rent levels are still reasonable, but they are expected to rise in the future. Therefore, if you find a suitable apartment, you should quickly seize the opportunity.

The rental market in Vaasa is



University **Vaasa** of to award top experts at the Conferment of Doctoral **Degrees** September 2024

The University of Vaasa will organise its sixth conferment ceremony on 19-21 September 2024. The ceremony gives the University the opportunity to honour and recognise important scientific and social figures by awarding



Photo Supplement - vpress.ovh

them honorary doctors. An ho- science and competence in decito twelve prominent people.

Martikainen, the appointments of Vaasa. have emphasised the impact and importance of both science and group of honorary doctors society, not only from the point sa, but also from the perspective high esteem of top experts in dif- local libraries are further away," of Finland as a whole. This year's ferent fields. The appointment of Bondas says. group of honorary doctors is honorary doctors takes into acexceptionally broad and autho- count their contribution to socie- losaari Library has decreased ritative and consists of President ty and international business. For steadily over the past ten years, The spruce bark beetof the Republic Alexander Stubb, example, leading figures such as although it has risen slightly after Minister of Agriculture and Fo- Jacob Wallenberg and Björn Ro- the coronavirus years. Bondas restry Sari Essayah, Chairman of sengren represent significant in- points out that this also influen- Vaasa archipelago the Board of Directors of investor fluencers whose work has been ced the decision. Jacob Wallenberg and CEO of the significant for both science and ABB industrial group Björn Ro- business. sengren.



Alexander Stubb – International influencer and knowledge advocate

One of the most significant recipients of an honorary doctorate is President of the Republic Alexander Stubb. He holds a PhD in International Relations and before becoming Vice-Chancellor University Institute and Head of Department in Florence, Italy. During his diverse political career, Stubb has served as Minister for The Vaasa Culture and Sports library will be emptied by the end little economic value. Foreign Affairs, Prime Minister and Minister of Finance. He has also been Vice-President of the European Investment Bank.

Stubb as an honorary doctor highlights his exemplary role as an international influencer who has constantly drawn attention to the importance of knowledge,

norary doctorate is the highest sion-making. His contributions to the main library, Vaasa has six tive solutions, such as book bus award a university can award, Finnish and international politics local libraries and one mobile lib- and digital services. (Vaasa.fi, and this year it will be awarded and academia make him a va- rary. Director of Culture and Lib- press release) luable addition to the honorary raries Sanna Bondas says that the According to Rector Minna doctorate corps at the University great need for savings forced the

A broad and authoritative

A joint effort for science and society

the development of society. Rec- receive library services. tor Martikainen says: "The Conthose who have promoted dia- area," Bondas says. logue and cooperation between science and society."



Palosaari library to be was Professor at the European closed - Mobile library vice. takes over and expands service

Committee has decided to close the Palosaari library as part of the city's financial balancing programme. The library will ser-The election of President ve its customers until 30.9.2024, after which the mobile library will move to extended services for Brändö residents. Two new book mobile stops will be opened in the autumn.

service network to be reduced.

"Palosaari Library is the closest to the main library of all local lib-The selection of honorary raries, which was a decisive facof view of the University of Vaa- doctors reflects the diversity and tor in the decision to close. Other

The number of visitors to Pa-

for Präntöö residents

will be opened in Palosaari star- reat to spruce trees in the forest The Conferment of Doctoral ting in the autumn, and a possib-stand. Its reproduction occurs Degrees at the University of Vaa- le third stop will be opened later. mainly in trees that have fallen sa is not only a solemn event, but This will ensure that the area's from the wind or that are weaalso a reminder of the central kindergarten, Viking school and kened. role of knowledge and science in other customers will continue to

ferment Ceremony gives us the library services will continue to ce bark beetle to spread. opportunity to thank and honour be available to everyone in the

> directly to residents of service of the problems that we will have buildings through outreach ac- to fight against in the future. tivities. The library's free service "The book comes" is also availab- about how the spruce bark beetle for those who cannot access le is spreading in the Vaasa archithe library or mobile library due pelago. to old age, disability or illness.

> rary offers a variety of digital forest on Värlax island is affecdiobooks and newspapers, which hundred dead spruce trees have can be borrowed on a mobile de- been seen. On Bergö there are

The future of Palosaari Library premises

of the year at the latest. The Vaaconfirmed.

With the change, the City of Vaasa will adapt library services the inner bark of trees, both liwill continue to offer literature and in the trees when the en-

At the moment, in addition to and information through innova-



le is spreading in the

The spruce bark beetle (Ips typo-Extended mobile library service graphus) is a beetle about half a centimetre long that poses the Two new book mobile stops most economically significant th-

The storms that damaged the spruce trees in our areas may "We want to make sure that have made it easier for the spru-

But the most important factor is probably climate change, and Library materials are delivered the spruce bark beetle is just one

Now there are many notices

In the FB group "Vaasan saa-In addition, the National e-Lib- risto" they tell how the spruce materials, such as e-books, au- ted. At least fifty, perhaps up to a many affected trees.

After an attack by the spruce bark beetle, the spruce is at most The premises of the Palosaari suitable for energy wood, of very

Everyone who owns forest in sa housing sector is responsible these areas probably has reason for further plans for the premi- to inspect the tree stand and ses, but they have not yet been take action if infected spruce is found.

The bark beetle multiplies in to the needs of its residents des- ving and dead wood. The adult pite the financial challenges and beetles overwinter in the forest

THIS PAPER CAN BE READ ANYWHERE:



Like here, in Egypt

vironmental conditions are not continuity of the care relation- treatment costs and increases ned bark to build tunnels where nal costs. they can mate and lay eggs. They secrete pheromones to attract more individuals to the tree. Two to five weeks after contamination, they can migrate to another host and repeat the process. When the larvae hatch, they feed and pupate under the bark. Up to three generations can be produced per year.

Spruce bark beetles communicate with each other by using pheromones, compounds mixtures that convey messages. Some electrophysiologic and behavioral statistics show that spruce bark beetles can not only trees.

new direction: Personal doctor - personal nurse model nominated!

Kela has proposed a new way of replacing health care, a family doctor and personal nurse model, which focuses on the

favourable for reproduction. ship between the patient and patient satisfaction. When the conditions are right, the doctor. The purpose of the the adult bark beetles search up model, which is currently being nurse model has several advanto half a mile in search of a vul-circulated for comments, is to tages: nerable host. When they find the ensure high-quality and efficient



support and contact person, and sional services. Kela is looking for a the family doctor ensures that tiprofessional team.

research evidence showing the in close cooperation with the benefits of continuity in the pa- wellbeing services counties and tient-physician relationship. A operators in the sector." continuous care relationship imp-

The family physician-personal

Better quality of care: A contihost, they drill through weake- treatment without high additio- nuous care relationship enables more individualized and holistic

> Reduced morbidity and mortality: Patients receive the right treatment faster and prevent the development of chronic diseases.

Lower healthcare costs: Preventive care and better treatment of chronic diseases reduce the need for costly treatment ÄLVKYRKAN, Voitila procedures.

Increased patient satisfaction: Patients feel safer and more secure when they have their own doctor and caregiver who knows

The GP and self-care model is The core of the model is a clo- also a cost-effective way to shorsense odor messages directly se collaboration between the ten treatment queues and free from other spruce bark beetles, patient, the family doctor and up resources in public health care but also certain compounds from the family nurse. The family nur- for people whose service needs se acts as the patient's primary are high and need multiprofes-

> Kela's Director General Outi the treatment continues and, if Antila emphasises the importannecessary, is consulted by a mul- ce of cooperation in the development of the new model: "I hope This model is based on strong that the new model will be built

> Is the GP-nurse model the right roves the quality of care, reduces direction for the future of Finnish morbidity and mortality, reduces healthcare? It looks like it! We

will follow the news and keep you informed of the progress of the debate.



Pekka Toveri writes in messaging service X:

"And we are now at war with Russia. Just look at all the sabotage that Russia is doing. Since Russia cannot seriously threaten us militarily, it is looking for weaknesses in our defense through hybrid warfare."

The writing has attracted a lot of attention. Someone says that former President Niinistö has also agreed:

"Russia says it is at war with the West – we are part of the West."

EVENTS

Allsång i sommarkvällen (kesäillan yhteislaulu - singing together in the summer evening) 11.7.2024

at 18-19



Voitilantie 154, 66520 Veikkaala Korsholms svenska församling

ZINC

19-20.7.2024 CRAFBEER STREETFOOD FESTI- VAL

Vaasas first international beer festival!

15 breweries from all around Europe and over 120 different beers to sample.

Meet the brewers and discover the amazing world of Craft beer. A big variety of mouthwatering street food to choose from.

Vaasa Town Square

https://www.zincfestival.fi/

LOHTAJA CHURCH MUSIC FFSTIVAL

23-28.7.2024

www.kirkkomusiikkijuhlat.f

KORSHOLM MUSIC FES-TIVAI

Tjuvstart-Varaslähtö-Early Start 23.7.24 kl 19.30 Vaasa City Church "POHJALAISIA"-silent movie.

Jimi Järvinen organ www.korsholmmusicfestival.fi

KORSHOLM MUSIC FES-**TIVAL 2024**

24.7-31.7.2024

www.korsholmmusicfestival.fi

TOVE TEUVALLA-OPE-RA

Östermark kyrka .Teuvan kirkko

3.8.24 - 11. 8.2024

https://www.korsholmmusicfestival.fi/tove-teuvalla/operan-tove-teuvalla

VAASA FESTIVAL 1-3.8.2024

https://vaasafestival.fi/

WASA FUTURE FESTI-VAL

5-10.8.2024

The Wasa Future Festival 2024 is set to take place from 5th to 10th August. This event gathers knowledgeable and motivated individuals from the business world, universities, regional decision-making bodies, and ministerial corps to focus on solving issues in Vaasa and across Finland. The event can be followed on Wasa Future Festival YouTube channel. Wasa Innovation Center Gerbyntie 18

Viikon taide-elämys:



Helene Schierfbeck 10.7.1862 - 23.1.1946 Haavoittunut soturi hangella, 1880

65230 Vaasa https://wasafuturefestival.fi/

NIGHT OF THE ARTS



In Vaasa 15.8.2024

VAASAN MARSSI

9.-11.8.2024

Vaasan Kävelyklubi ry/rf www.vaasanmarssi.fi

RUSK

Chamber Music in Jakobstad 19-23.11.2024

The Beauty of Longing International creativity at the darkest time of the year ruskfestival.fi

TIKANOJA THE YEAR!



Eero Järnefelts exhibi-2024

OOPPERA

The documentary "Tove Jansson and the

Ten Virgins" produced THE ART EVENT OF by Moomin Characters will premiere during the Opera Week in Teu-

TOVE TEUVALLA (Tove in Teuva) an opera with an interesting side programme.

The new opera Tove Teuvalla, produced by the Korsholm Music Festival, will be accompanied by a wide programme of side events focusing on Tove Jansson and the construction of the new church in Teuva. Tove Jansson's unique masterpiece, The Altar Painting in Teuva, gives a new perspective on the beloved artist and the small rural town.

Moomin Characters and Tove Jansson's estate have produced a documentary about Tove Jansson's time in Teuva, "Tove Jansson and the Ten Virgins". Jansson tion opens on Nov 23, painted the altarpiece in Teuva Church during her frantically creative period in the early 1950s, and it was the only sacred painting of her career. The work takes place at a time when Jansson painted dozens of murals around Finland, wrote and illustrated Moomin stories and worked in the theatre.

The travelling exhibition Elsi and

and art of Teuva (Östermark) e-cigarette users also used nico- use of snuff is still clearly higher Church, opens at Orrela Cultural tine pouches and 70% used snus. than at the beginning of the mil- cereals such as wheat, barley Centre on 2 July and is on display The use of nicotine pouches was lennium," says Otto Ruokolainen, and rye leads up to two percent until 11 August.

MUSIIKKI

Korsholm Music Festival starts with Tiuvstart-Varasstart-Early Start event on 23.7.

The 42nd season of Korsholm Music Festival opens with the Tjuvstart-Varasstart-Early event at Vaasa Church on 23 July at 7.30 pm. The program has a unique combination of silent film and organ playing.

The silent film "Pohjalaisia" (1925) depicts Ostrobothnia and its people in the late 1800s and early 1900s. The film was directed by Teuvo Puro and is one of the classics of Finnish silent film. The organ accompaniment is by Jimi Järvinen,

The event is free of charge. It is organised in cooperation with Vaasa Parish Union.

The Tjuvstart-Varasstart-Early Start event is a great opportunity to get to know the atmosphere of Korsholm Music Festival and experience a unique experience with historical silent film and or-

gan accompaniment.

TERVEYS

pouches by young people has strong links to snuff the use of other nicotine products, the use of snuff has become more common among adults

THL

tine pouches is most common use of snuff has become more among boys studying for a profession, of whom 21 per cent was strongly associated with 20 to 64 used snuff daily. snuff, smoking and the use of electronic cigarettes.

mainly low among young people Senior Specialist at THL. who had not used other tobacco and nicotine products.

tine addiction.

quickly for some young people non-smokers. already after irregular use, and the difficulty of stopping use may surprise you. The new products are designed to effectively hook celiac disease? with large amounts of nicotine and additives that improve nicotine absorption. Large amounts of nicotine also carry a risk of poisoning."

Information on the use of nicotine pouches was collected for the first time in the School Health Survey in 2023. The survey partly coincided with Fimea's change its interpretation of the regulation of nicotine pouches as a product under the Medicines Act and their sale in Finland was liberalised.

"Nicotine pouches could be sold as a substitute for tobacco without a sales licence, and the topic was widely discussed in the media. The availability of products increased rapidly, as did awareness of them. The images in the news contribute to the marketing of the products. In this situation, young people's in-The use of nicotine terest was clearly aroused," says Ollila

More and more adults use

The use of snuff has become more common among the population aged 20 to 64 from 2000 to 2020. The coexistence of snuff and cigarettes has also become more common. However, smok-Daily or occasional use of nico- ing has decreased more than the common.

In 2022, six per cent of men used nicotine pouches. The use and one per cent of women aged

"The use of snuff decreased slightly among men and remai-44% of daily smokers (daily ned at the same level for women from 2020 to 2022, when the la-

Tove's Journey, about the design or occasional) and 41% of daily test data are available. Thus, the accurately.

mon among young adults and and the development of celiac According to Hanna Ollila, Se-men. In addition to these groups, disease. Currently, the only trenior Specialist at the National its use has become more com- atment is a lifelong gluten-free Institute for Health and Welfare mon, especially among adults diet, but hidden gluten can cause (THL), the parallel use of nicoti- with binge drinking. In men, da- symptoms and damage to the line products promotes the emer- ily smoking is associated with ning of the small intestine even gence and maintenance of nico- a lower likelihood of daily use in coeliacs who follow a strict of snus, but a higher likelihood diet. "Nicotine addiction develops of occasional use compared to

Finally a cure for

A recent study led by the University of Tampere has found that a promising celiac drug can prevent by gluten at the molecular level. The study investigated whether a transglutaact as an effective drug in the treatment of celiac disease. Previous tissue mage, and now the results of more than 10,000 gene activity provide strong evihand.

Breakthrough in new research The University of Tampere study used intestinal organoids, which are tissue cultures isolated from a patient's intestinal biopsy. Organoids model the inflammatory response of celiac disease and enable the study of cell types in the surface epithelium of the intestine. With the help of these mini-intestines, the effects of celiac disease and the efficacy of drugs can be studied indefinitely. Fluorescence images show the studied inflammation-responsive protein in the nuclei of cells, which helps to understand inflammatory processes more

Consuming gluten-containing of people to abnormal immune The use of snuff is most com- response in the small intestine

> Multidisciplinary research and promising results

> In an earlier tissue study coordinated by Professor Emeritus Markku Mäki, transglutaminase

> The inhibitor prevented gluten-induced intestinal mucosal damage in patients with celiac disease. Transglutaminase 2

However, the mechanisms of intestinal damage caused action of the inhibitor are not yet fully understood. The new study investigated molecular mechanisms of action and evaluated the efficacy of the ZED1227 drug minase 2 inhibitor could using intestinal biopsies collected from coeliac patients.

Biopsies were taken after a long-term gluten-free diet and again after six weeks of gluten studies have shown that exposure, during which patients this inhibitor prevents glu- were given three grams of gluten ten-induced mucosal da- per day. At the same time, some patients were given a daily dose of 100 milligrams of ZED1227 and others a placebo.

"We found that oral ZED1227 dence that the first effec- effectively prevented intestinal tive celiac drug may be at damage and inflammation caused by gluten when assessed by measuring gene activity. In addition, the activity of genes responsible for the absorption of nutrients and trace elements returned to the pre-gluten exposure level in the drug group," says Docent Keijo Viiri, who led the study.

> The complex mechanism of celiac disease

> In the intestines of celiacs, inflammation and mucosal damage occur through several cellular and molecular biological events when gluten binds to certain HLA (Human Leukocyte Antigen) molecules. However, gluten is able to bind to HLA only when the small intestine enzyme transglutaminase 2 chemically modifies

the structure of gluten, i.e. deamides it. The effectiveness of the drug ZED1227 is based on the fact that it blocks this deamidation.

"However, it is premature to say that ZED1227 is the celiac medicine of the future that would eliminate the need to follow a gluten-free diet. However, it is a strong drug candidate that could potentially be used as an adjunct to a gluten-free diet. In addition, some coeliac patients have the HLA genotype with a high risk of coeliac disease, and and the importance of returning particular, if or when ZED1227 as a coeliac medicine," Viiri says.

The study was published on emphasized. June 24, 2024, in the journal Nature Immunology. The publi- Hungary for supporting Ukraication is part of doctoral researcher Valeriia Dotsenko's doctoral dissertation, which will be examined at the Faculty of Medicine and Health Technology of the support for the final communi-University of Tampere in August.

Prospects

The drug ZED1227 was developed by Zedira GmbH. The drug study from which intestinal biopsies were obtained was carried out by Dr. Falk Pharma. The main funders of this study were Dr. Falk Pharma, the Academy of Finland and the Finnish Cultural Foundation.

(Source: Tampere University, tes new EU leaders press release)

UKRAINE

Hungary's EU Presidency, Security Issues, and the Bilateral Relations Agreement: Volodymyr **Zelenskyy met with Vik**tor Orbán in Kviv

President of Ukraine Volodymyr Zelenskyy met with Prime Minister of Hungary Viktor Orbán in Kyiv. His visit took place immediately after the start of Hungary's EU presidency.

"This is clear evidence of our common European priorities



hening of Europe, economic and responded to reality. social growth," the President

Volodymyr Zelenskyy thanked nians and providing humanitarian aid to our country. He also noted the country's participation in the first Peace Summit and The dire economic situ- doctor's appointment number. aué.

Licens: Creative Commons Attribution-NonCommercial-NoDerivatives 4.0 International. Länk: www.president.gov.

RUSSIA

congratula-Medvedev

Russian diplomacy at its best:

"I wish the newly appointed EU leaders all the best. In other words - diplomatically translated - the greatest failures and terrible problems in the exercise of their high powers! We will help you with this in any way we can!"

The operation to liberate Donbass was supposed to last five days

For many years, the Kremlin claimed that everything was going according to plan. Such an argument is rarely heard anymore.

In an article published by Izvestia two years ago, on 25.2.22, Dmitry Abzalov, chairman of the Center for Strategic Communication, predicted that the operation to liberate Donbass and

other regions would take about was built with so many leaders five days. The question now is - that heads clattered and no one

According to Abzalov, the ope- anything. ration should last for a baseline period, especially outside large main objectives of a) facilitating cities. He mentioned that the and speeding up access to a eastern, central and southern doctor so that the patient could regions could probably be libe- access treatment as quickly as rated, and possibly a corridor to possible were abandoned. b) Transnistria could be made - all in that costs would be reduced; about five days.

asonable to ask, has everything centres would function so well gone according to plan? More that patients would not needlesthan two years have passed since sly end up in specialised medical it could be useful to apply per- a just peace to Ukraine and the liberation of Operation Don- care, thereby reducing treatment sonalised medicine to them, in whole of Europe, resolving the bass, and the situation must also times and places for those who existing difficulties and providing raise concerns in Russia about needed special medical care. becomes available on the market new foundations for the strengt- how well the initial forecasts cor-

QUOTE

Sonja Kurtén-Vartio (Facebook)

ation in the wellbeing services county

It will come as no surprise to anyone other than government ministers and decision-makers in the wellbeing services counties.

Any patient and close relative has seen from the beginning that this project will go into the woods and end in bankruptcy.

For the reason that:

- 1) For 15 years, such an organization was planned, and in such an order, that it was doomed to failure.

how has this prediction held up? had to take responsibility for

3) At some early stage, all the c) that resources would be al-Now, after two years, it is re- located correctly; d) that health

What happened then?

- 1) You couldn't even get to the doctor with an axe anymore. In my case, I was offered 4.5 months in advance. On the next two occasions, I unknowingly had to go to the "wanto be doctor", i.e. a hybride nurse, even though the appointment had gone to the Neither visit was helpful.
- 2) People don't always have patience to pacify, which causes new calluses and increases costs.
- 3) Stupid savings result in large additional costs, in many different ways. Not least in the form of transportation costs. Now the wellbeing services counties are racing to close round-the-clock care facilities, which has already led to patients lying in more expensive specialised medical care places, even after they are not necessary in that situation.
- 4) The population is ageing all 2) A mammoth organization the time. This, too, has come

What is this house?



Viime viikon talo: The library in Palosaari PhitoScetch

as no surprise to anyone other MAID than decision-makers. There is — Dear friend, you speak no question of humanity if the acceptable plan is to move an elderly person with a memory death.

How is it possible that the entire health care system could have been obtained in such a sexv way, in such a short time.

The only explanation must be **WEDDING** that the architects of this mess The priest: — Do you want have not had relatives who have been in the position of patients or have not yet had to book a doctor's appointment from the The bride: — He wants to. wellbeing services area.

Most likely, however, they BORN TO DANCE have not understood that they "Don't you think, captain, are now planning and deciding what their access to care will be like when they get older.

Please share!

HUMOR

- one hundred years ago

APPENDIX

— That doctor have sent a rudely large bill. It will surely be the last time he gets to operate on my appendix.

of the difficult maidservant question, yes, I am very undisorder up to 200 km away from happy. If I take an old and their relatives to wait alone for ugly one, my husband is never at home and if I take a young and beautiful one, I dare not go out myself

to take this woman as your spouse?

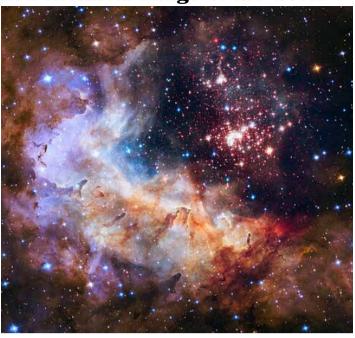
that one must be born to dance?"

"Sure. . . I have never seen an unborn dance".

THE MORE YOU GET, THE **MORE YOU WANT**

"It's quite peculiar, the more you get, the more you want!" "Listen, tell me one thing! Have you ever had twins?"

Astronomical image of the week:



NASA Unveils Celestial Fireworks as Official Hubble 25th Anniversary Image.jpg

The star cluster Westerlund 2 in the Milky Way galaxy, with an estimated age of about one or two million years. It contains some of the hottest, brightest, and most massive stars known. The cluster resides inside a stellar breeding ground known as Gum 29, located 20,000 light-years away in the constellation Carina.

NASA, ESA, the Hubble Heritage Team (STScI/AURA), A. Nota (ESA/STScI), and the Westerlund 2 Science Team

Public domain

COMMUNISM

- If you had two houses, would you give one to me?
- Yes.
- If you had two horses, would you give one to me?
- Of course!
- You have a liter of alcohol at home. Give me half a liter!
- You crazy, human! Never!

IN THE BEST FAMILIES

"You see, Mrs. Eriksson, the best family is a family in which there was no such thing as occurred even in the best families."

DIFFICULT TO CHOOSE

NFXT WEEK:



From our readers

We very much welcome submissions from our readers. Comments, stories, memories, debate, news from home. Probably this will be the most important part of this spring paper. But space is limited, so please write as short as possible! So please send posts to: wasadagblad@gmail-com

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