WASA DAILY Nr 10 Sunday, March 9, 2025 ISSN 2965-2456

Voting matters

Dont miss this movie: "Aftersun"

Coffee is good for Your health

To a private doctor for 28 €

George Orwells 1984 and now

KAJ





HERE WE ARE:

vpress.ovh

32 pages

TODAY

Municipalities Support Our Daily Lives – That's Why Voting Matters

n a time of rapid changes and global challenges, it's easy to overlook what's closest to us: our own municipality. It's here, in our daily lives, where the most crucial decisions are made – decisions that directly impact our lives.

From children's education to the streets we walk on, from library books to ice rink skates, municipalities are the hub of our community. That's why it's so important that we make our voices heard in municipal elections.

"Our society faces unprecedented challenges," says Minna Karhunen, Executive Director of the Association of Finnish Local and Regional Authorities. "Ensuring the well-being of our children and young people and creating vitality are crucial for the country." Her words remind us that municipalities are not just administrative units, but vital actors in building a sustainable future.

Municipalities bear a heavy responsibility. More than half of their expenditures go towards education – an investment in our future. But it's not just about schools. Municipalities are also responsible for ensuring our streets and sidewalks are safe, our libraries are filled with knowledge, our swimming pools and ice rinks are open, and our sports arenas are accessible. They are the



unsung heroes who ensure our daily lives run smoothly.

However, municipalities face significant challenges. Demographic changes, economic pressures, and urbanization require bold and forward-thinking decisions. "Local solutions to major challenges exist in every city and municipality," says Karhunen. "Now, more than ever, we need courageous and forward-looking decision-makers."

The situation varies from municipality to municipality. In some, the number of children is increasing, while others struggle with a declining population. This requires flexible and innovative solutions. Municipalities must review their service networks, develop new cooperation models, and invest in distance learning to ensure every student receives equitable education. "Without municipalities, the-

re is no functioning society," Karhunen reminds us. "In the election, we decide on vitality, daily life, welfare, and, above all, the future of our

children and young people." It's a responsibility we all share. By voting in municipal elections, we actively participate in shaping our future. We choose the people who will make the important decisions, those who will ensure our children get the best possible start in life, and those who will build a community where we all thrive.

So, let's not take our municipalities for granted. Let's engage, make our voices heard, and choose the leaders who can best take care of our shared future. After all, it's in the municipalities that daily life is created, and it's in daily life that the future begins.

Photo Supplement



Photo Supplement - vpress.ovh

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KAJ won in Malmö last night – and can win in Basel in May! What an incredible adventure for 3 Vörå boys!

The Finland-Swedish music phenomenon KAJ has done it again! With their unique mix of humor, music and genuine Vörå dialect, they have now taken Sweden by storm in Melodifestivalen 2025. The song "Bara bada bastu" has become an instant hit and has taken them straight to the final.

Kevin Holmström, Axel Åhman and Jakob Norrgård, the trio behind KAJ, have since 2009 enchanted audiences with their genre-crossing music and entertainment. From sold-out theater performances at Wasa Theater to successful albums and now, Melodifestivalen – KAJ shows that they are a force to be reckoned with.

Photos: Arkland. Wikimedia Commons, Creative Commons Attribution-Share Alike $4.0\,$



GLOBAL POLITICS

Pressconference that changed the world

elow are the key statements by the participants in the press conference in the Oval Office at the White House. Literally and uncensored. Everyone is free to judge for themselves.

President Trump has since demanded that President Zelensky should apologize.

Something about the mood in the United States may be highlighted by Vice President Vance's ski trip after the conference. He was met by signs with the text "Go and ski in Russia".

Here is a transcript of the whitest part of the press conference.

VANCE: Yes, but if you ... Mr President, with respect, I think it's disrespectful for you to come to the Oval Office and try to litigate this in front of the American media. Right now, you guys are going around and forcing conscripts to the frontlines be□ cause you have manpower prob□ lems. You

should be thanking the president.

ZELENSKY: Have you ever been to Ukraine to see the problems we have?

VANCE: I've actually watched and seen the stories, and I know what happens is you bring people on a propaganda tour, Mr Presi□dent. Do you disagree that you've had problems with bringing people in your military, and do you think that it's respectful to come to the Oval Office of the United States of America and attack the administration that is trying to prevent the destruction of your country?

ZELENSKY; First of all, during the war, everybody has problems, even you. You have nice solutions and don't feel it now, but you will feel it in the future.

TRUNMP: You don't know that. Don't tell us what we're going to feel. We're trying to solve a prob lem. Don't tell us what we're going to feel. ZELENSKY: I am not telling

you, I am answering ... TRUMP: That's exactly what

you're doing ... TRUMP: You're in no position to dictate what we're going to feel. We're go ing to feel very good and very strong.

TRUMP: You right now are not in a very good position. You've al□ lowed yourself to be in a very bad position. You don't have the cards right now. With us, you start hav□ ing the cards.

TRUMP: You're gambling with lives of millions of people, you're gambling with world war three and what you're doing is very disre spectful to this country.

TRUMP: Have you said thank

A lot of times.

No, in this meeting, this entire meeting? Offer some words of appreciation for the United States of America and the presi□ dent who's trying to save your country.

Yes, you think that if you will speak very loudly about the war ...

TRUMP: He's not speaking loud. Your country is in big trouble. No, no, you've done a lot of talking. Your country is in big trouble.

TRUMP: I know, I know. You're not winning this. You have a damn good chance of

coming out OK, because of us.

TRUMP: We are staying strong from the very beginning of the war, we have been alone, and we are saying, I said, thanks.

TRUMP: You haven't been alone ... We gave you military equipment. Your men are brave, but they had our military. If you didn't have our military equipment, this war I heard

Putin in three days.

TRUMP: It's going to be a very hard thing to do business like this. Just say thank you. I said it a lot of

TRUMP: Accept that there are disagreements and let's go litigate those disagreements rather than trying to fight it in the American media, when you're wrong. We know that you're wrong.

TRUMP: You're buried there. Your people are dying. You're running low on soldiers. No, listen ... And then you tell us, 'I don't want a ceasefire. I don't want a cease ☐ fire. I want to go and I want this.'

You're not acting at all thankful. And that's not a nice thing. I'll be honest, that's

WITH A TABLET YOU CAN READ THIS PAPER ANYWHERE:



Like here on the Molpehällorna Island

not a nice thing.

TRUMP: All right, I think we've seen enough. What do you think? Great television. I will say that.

ENERGY WEEK

Vaasa EnergyWeek 2025 offers a top event in the energy sector in the city

aasa's annual
EnergyWeek
will be held on
17–20 March
2025 and brings
together experts,
companies and decision-makers
in the energy sector from all
over the world. The event will
focus on current themes such as
renewable energy, energy storage, and clean gas.

Programs and themes

EnergyWeek's four-day programme offers a wide range of expert talks, exhibitions and networking opportunities.

Monday 17.3. - Energy and climate

Energy and climate seminar Tonight's program: Sustainable energy in a new twist Tuesday 18.3. – Wind and re-

Tuesday 18.3. – Wind and renewable energy Exhibition on Wind and Re-

newable Energy
Matchmaking events

EnergyWeek evening at the Fontana Club

Wednesday 19.3. – Energy stora-

Exhibition on energy storage Matchmaking events EnergyWeek evening at Original Sokos Hotel Royal Thursday 20.3. – Clean gas energy

Clean Gas Energy Exhibition Matchmaking events

Networking and innovation at the heart



EnergyWeek offers a unique opportunity to network with leading experts in the field and learn about the latest innovations. Topics on the agenda include digitalisation, circular economy, smart cities, energy regulation and business.

The event is organised in cooperation with Vaasa Region Development Ltd VASEK, Technology Centre Merinova, the Ostrobothnia Chamber of Commerce, Ostrobothnia Expo, the University of Vaasa and the Enterprise Europe Network.

EnergyWeek is held at Vaasa City Hall, Senatinkatu 1. Participants are encouraged to register in advance on the city's website.

Here's a lot of additional information:

https://www.energyweek.fi/

CULTURAL DEED

Vaasa's Cultural Deed of the Year 2024 voting begins!

The nominees for the Vaasa Cultural Deed of the Year 2024 award have been announced! The jury has selected three wonderful candidates from among the residents' proposals, from which the public will be able to vote for their favourite during March.

The candidates are:

Wasa Sinfonietta: A 95-yearold amateur orchestra that delights both students and pensioners with its music. The orchestra cooperates with other cultural operators in Vaasa and gives concerts actively, for example in assisted living facilities.

Vaasa Artists' Association: Moving to Kunsthalle Helsinki has brought art closer to the city's residents. In addition to exhibitions, the art lending service offers everyone the opportunity to acquire art at an affordable price.

Malviniemi Company: A

contemporary dance group that produces dance performances annually and offers applied dance content for the elderly, for example. The group's dance film "In the Same Boat" has been successful in Finland and around the world.

Come and meet the candidates!

Everyone is welcome to meet the candidates at the Vaasa City Theatre's restaurant Kulma on 5 March at 6–7 pm. Coffee will be served at the

Vote for your favorite!

You can vote during March on the city's website. Go and cast your vote for the Vaasa Cultural Deed of the Year 2024!

UNEMPLOYMENT

Unemployment is increasing in Ostrobothnia – but still below the national average

25.2.2025 | City of Vaasa Unemployment is increasing in several municipalities in the Ostrobothnia employment area, but unemployment in the region is still lower than the national average. According to the latest statistics from the Ministry of Economic Affairs and Employment and the Centre for Economic Development, Transport and the Environment of Ostrobothnia, the unemployment rate in the region was 7.4 per cent, while the average for the whole country was 12.0 per cent.

The number of unemployed increased especially in Vaasa, where the number of unemployed was over 500 higher than in the previous year (+19%). Unemployment decreased only in Malax (-12%), Vörå (-7%) and Korsnäs (-4%). The unemployment rate in the area was measured in Ka-

skinen (11.8%) and lowest in Mustasaari (4.0%).

The number of job vacancies is also decreasing. The number of unfilled vacancies in the region amounted to 1,824 in January, which was 37 per cent fewer than a year ago.

With the reform of TE services, which entered into force at the beginning of the year, employment services were transferred from the central government to municipalities, and a separate employment area was established in Ostrobothnia. This means that employment services are now part of the basic services of municipalities.

TAXATION

Tight taxation slows down economic growth – easing could increase public revenues

2/11/2025 | ETLA

According to a recent study by the Research Institute of the Finnish Economy (Etla), high marginal tax rates hin-Finland's economic growth and the sustainability of public finances. Heavy taxation, especially high-productivity workers, slows down career development and intangible investment, which may weaken economic dynamism in the long run.

The research report Talous takalukossa. According to the problem of Finland's high marginal taxes (Etla Report 158), the adverse effects of taxation are greater than previously estimated. If the tax level has exceeded the so-called tax level. At the top of the Laffer curve, tax cuts could even increase public revenues in the long run.

Technology-driven sectors and intangible investments

in particular suffer from high taxation, as it affects the attraction of talent and the mobility of the workforce. Finnvera's Chief Economist Mauri Kotamäki points out that high taxation may weaken Finland's ability to attract top experts.

Mikael Kirkko-Jaakkola, Chief Economist at the Finnish Taxpayers' Association, emphasises that reducing high marginal taxes could improve the incentives for experts to develop their professional skills and increase economic productivity.

In Finland, the highest marginal tax on wage earners, including consumption taxes, rose to 66.8 per cent in 2023.

VAASAN SÄHKÖ

Vaasan Sähkö invests in solar energy and energy storage

Vaasan Sähkö has decided to acquire an additional share of an industrial-scale solar park to be built in Lapua. Upon completion, the company's share of production will amount to 35 percent. The investment supports the company's goal of increasing the production of renewable energy and strengthening the sustainability of the energy system.

At the same time, Vaasan Sähkö is investing in energy storage. The company is participating in the investigation of an energy storage facility designed for Laihela by EPV Energy that utilises COD battery technology. These types of storage can significantly improve the availability of renewable energy by smoothing out fluctuations in production.

The investments in solar

energy and energy storage show that Vaasan Sähkö is in line with the times and strives to build more sustainable energy production. The role of solar energy in particular is increasing in Finland, and modern energy storage can solve the challenges of renewable production.

The decision is a step towards a more flexible and greener energy system. In the future, it can be expected that similar projects will become more common and help Finland become self-sufficient in energy.

VAASAN SÄHKÖ

Vaasan Sähkö delivers strong results – new sales company brings transparency

26.2.2025 | Vaasan Sähkö The Vaasan Sähkö Group achieved a significant improvement in profit in 2024. Net sales increased to EUR 218.2 million (EUR 198.7 million) and operating profit increased to EUR 44.5 million (EUR 13.6 million). A key factor behind the good result was a successful hedging strategy. In addition, the Group received an insurance compensation of EUR 11 million. The company's equity ratio increased to 51.9 per cent (49.0%). "The year 2024 was exceptionally good, which creates a solid foundation for the future," says CEO Stefan Damlin.

In the energy sector, the security of Finland's electrical infrastructure and the effects of climate change were emphasised. The average price of electricity in the wholesale market decreased to EUR 45.57 per megawatt hour (EUR 56.47 per MWh), but price fluctuations were record-high.

Vaasan Sähkö invests in

the flexibility of the energy system and renewable energy. The company is participating in EPV Energy's project to build a gas-powered power plant in Tornio. It can be used to respond to price fluctuations and market disturbances.

The number of customers increased in the sales of both electricity and district heating. Vaasan Sähkö continues its investments in improving profitability and developing the energy system.

KORSHOLM

Korsholm Resident Budget 2025: €15,000 for Ideas

he Municipality of Korsholm has launched its resident budget again, giving residents the opportunity to brainstorm how €15,000 will be used. Both permanent residents and those with holiday homes in the municipality can submit proposals between February 5th and March 2nd.

The municipality's goal is to gather ideas that promote the well-being and comfort of residents. Proposals can be anything, as long as they meet certain criteria:

Costsmustnotexceed€15,000. The municipality must suitable own land implementation. for Potential maintenance must be able to be resourced. After the proposals have been submitted, the municipality's officials will review them, make selections, and calculate the costs. Residents will then get to vote for their favorites between March 12th and April 6th. All permanent and holiday residents over the age

of 13 are eligible to vote.

The final decision on the allocation of the resident budget will be made by the welfare committee on April 22nd. The proposals that receive the most votes will be implemented during 2025.

The Municipality of Korsholm hopes for active participation from residents and looks forward to receiving diverse and feasible ideas.

HOMELESS PEOPLE

Vaasa has the second highest number of homeless people in relation to the population

ccording to a recent report by the Housing Finance and Development Centre of Finland (ARA), homelessness has increased in Finland. Vaasa has the second largest number of homeless people in relation to the population.

According to the ARA report, there were a total of 3,806 homeless people living alone in Finland in 2024, which is 377 more than in the previous year. The number of homeless people living alone increased for the first time since 2012. The number of long-term homeless people and 110 families were homeless for a long time.

Homelessness is concentrated in the largest cities. One-fifth of the homeless living alone lived in Helsinki. More than one-half of the homeless in Finland were in Helsinki, Espoo, Turku and Tampere. Relative to the population, the number of homeless persons was highest in Turku (2.3 homeless per 1,000 inhabitants), Vaasa (1.7) and Tampere (1.6).

Long-term homelessness decreased in most large cities, but in Tampere the number of long-term homeless more than doub-

led from the previous year.

The majority of homeless people lived temporarily with friends or relatives (63%, 2,378 persons). Their share grew from the previous year. The number of homeless people living outdoors, in stairwells or in first aid shelters also increased from the previous year (694 people, 230 more than in 2023).

10 per cent of the homeless stayed in dormitories and accommodation establishments and 9 per cent in institutions

It is unclear whether the high level of homelessness in Vaasa is a statistical anomaly or a real problem. The issue should be investigated further to find solutions to reduce homelessness in Vaasa.

MALAX

Senior Fair in Malax

The Active Seniors project is organizing a fair for seniors at the Community Center, Köpingsvägen 18, on Wednesday, March 12th, from 1 to 3 PM. All possible associations, companies, and actors that provide services and services for the elderly in Malax are welcome to participate as exhibitors. Participation is free for exhibitors. Registration is no later than March 2, 2025.

FIMLAB RELEASES

Changes to the opening hours and operations of outpatient sampling at Fimlab's Oravainen, Korsholm and

Vaasa Central Hospitals

here will be changes in Fimlab's Oravainen, Korsholm and Vaasa Central Hospital units as follows:

The opening hours of the Oravainen laboratory will change from 24.2.2025. The new opening hours are Mon-Fri 7.30-14 (previously 7.30-14.30).

The Korsholm laboratory will be closed until further notice from 28.2.2025 due to renovation of the facilities. We serve sampling customers at Fimlab's other sampling points in the Ostrobothnia region.

Vaasa Central Hospital's outpatient sampling opening hours will change as of 3.3.2025. The new opening hours are Mon-Fri 8 a.m.-3 p.m. (previously 7 a.m.-3 p.m.).

The change in the opening hours of the Oravainen laboratory will harmonise the laboratory's service with other regional activities and service demand in the wellbeing services county. The change in the opening hours of outpatient sampling at the Central Hospital will strengthen the morning ward sampling rotations at the Central Hospital. The changes have been planned together with the wellbeing services county of Ostrobothnia over a long period of time, and they are not related to the change negotiations that ended in February.

CITY THEATRE

Vaasa City Theatre's autumn 2025 programme has been announced

Vaasa City Theatre's autumn 2025 programme has been announced. There will be music-filled performances when the Romeo stage will feature both the touching musical play Piaf – I Don't Regret Anything and the joyful musical comedy Forever Young.

The theme of the theatre's upcoming performance season is ecstasy. A versatile entity has been compiled around the theme, offering an opportunity to enjoy art and high-quality entertainment and to reflect on the significance of ecstasy in the present day.

Piaf - I don't regret anything

In September, the Romeo stage will be taken over by the musical play Piaf, written by the English Pam Gems. The work tells the unique life story of Édith Piaf, a singer who rose to world fame from the streets of Paris. The work, which combines fact and fiction, depicts the passionate artist in the moments of success and the fragile depths of his career.

The play is directed by Maiju Sallas, who last visited the Vaasa City Theatre in 2021 as the director of Colorado Avenue. The conductor is Sauli Perälä and the choreographer is Antton Laine. The set design is by Mika Haaranen, the costumes are by Emilia Eriksson and the sound is by Jouni Tapio. The role of Édith Piaf is interpreted by Sonja Halla-aho.

Forever young

At the turn of October and November, Erik Gedeon's joyful musical comedy Forever Young will premiere. The work takes place in the 2080s, where the Vaasa City Theatre has been converted into a retirement home for actors. The 90-year-old actors, who live in a retirement home, reminisce about the past and share moments of joy and longing together. The fast-paced performance features beloved hits from recent decades.

The play is directed by Pentti Kotkaniemi and conducted by Sauli Perälä. The choreographer is Miika Alatupa. The set designer is Mika Haaranen and the costume designer is Emilia Eriksson. Toni Ikola, Timo Luoma, Oiva Nuojua, Sonja Halla-aho, Anna Lemmetti-Vieri, Sauli Perälä and Anni-Maija Koskinen will be seen on stage.

KORSHOLM

Children Become Climate Heroes in

Korsholm

orsholm is investing in a sustainable future by turning its children into genuine climate heroes. In an innovative project funded by Svenska Folkskolans vänner and Svenska kulturfonden, the municipality has integrated a "sustainability path" directly into the curriculum. Now, students have the opportunity to actively shape the community's future climate strategy.

Schools have formed enthusiastic climate teams where both students and teachers collaborate to tackle key challenges. They explore ways to reduce food waste, improve waste sorting, and transform schoolyards into green sanctuaries with berry bushes and apple trees. "It's inspiring to see how children take responsibility for the environment with creativity and commitment," says Ulrica Taylor, educational planner in Korsholm.

A highlight of the project is the series of exciting hackathons in which over 350 children have participated. During these events, students develop innovative solutions to local sustainability challenges – from securing clean water for the future to enhancing recycling practices. One particularly fun idea was a disco where admission was paid with sorted waste, creatively combining fun with environmental awareness.

Additionally, the high school features a clothing exchange room where students can swap clothes they no longer need. Through inventive ideas and hands-on sustainability education, Korsholm shows that the road to a greener future is best paved by our young heroes.

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PRIVATE DOCTORS

Early 2024 statistics reveal that the prices for private doctor visits increased by an average of 8 percent

Early 2024 statistics reveal that the prices for private doctor visits increased by an average of 8 percent-more than double the 3.3 percent rise in the consumer price index (CPI). However, the price hikes were not uniform across specialties. In psychiatry, fees surged by 13 percent, whereas services provided by pediatricians ophthalmologists saw increases of around percent. according to a press release from KELA.

Researchers explain that several factors contribute to this trend, including competitive dynamics, growing demand, and rising salaries for doctors. The recent increase in Kela reimbursements—marking the first such adjustment in over 16 years—may also have played a role. Notably, while patient co-payments decreased by 10 million euros, Kela's reimbursement costs increased by 32 million euros.

A graph depicting the period from 2020 to 2024 illustrates that private specialist fees have risen sharply, especially in early 2023 and 2024. This trend reflects not only the impact of inflation but also other underlying factors such as labor shortages and increasing personnel costs, which ultimately affect the pricing of private healthcare services. According to Kela research professor Hennamari Mikkola, although inflation is a significant driver, the overall price development is influenced by multiple cost pressures that must be considered when evaluating future trends.

HAPPINESS-SEMI-

Nordic Happiness Summit - a seminar to promote happiness and well-being

anken Business Lab's first Nordic Happiness Summit will be held on 24-25 March in Hanasaari, Espoo. The seminar will bring together leaders from academia, business and culture to explore the secrets behind the Nordic region's consistently high ranking in the World Happiness Report (WHR).

Despite the fact that the Nordic countries are consistently at the top of the WHR, there has never been an event that examines why and how this loss has been achieved.

During the seminar, WHR's Alberto Prati will analyse the latest results, Micael Dahlen from Stockholm School of Economics will discuss happiness in a changing world, and Frank Martela from Aalto University will discuss Nordic tools for happiness.

Monday 24.3.2025 1:05 PM - 1:10 PM | Opening remarks, Markus Wartiovaara, Director of Hanken Business Lab & Daniel Sazonov, Deputy Mayor of Helsinki 13:10–13:30 | Opening Keynote: "Happiness in a Changing World", Micael Dahlen, Professor at Stockholm School of Economics 13:30–14:00 | World Happiness Report 2025 Review, Alberto Prati, Assistant Professor at University College London 16:05–16:20 | Keynote: "Nordic Tools for Happiness", Frank Martela, Assistant Professor at Aalto University

The full program for both days can be found here: https://www.nordichappinesssummit.com/schedule.

The idea for the Nordic Happiness Summit was born in the Hanken Business Lab at Hanken School of Economics by its director Markus Wartiovaara and has now developed into a movement that concerns individuals, universities and communities all over the Nordic region. The seminar is organised by Hanken Business Lab and the Stockholm School of Economics' Center for Wellbeing, Welfare and Happiness in cooperation with students from Hanken School of Business and the University of the Arts Helsinki.

Source: STTinfo/Hanken School of Economics, press release

LAKES AND RIVERS

The spring flood will be few and sparse, with the exception of Lapland

o significant spring floods are expected in the southern and central parts of the country, as there is little snow. Further north, the possibility of flooding increases. In Lapland, there are conditions for even larger floods, because the amount of snow is already higher than average and there is time for more rain during the late winter. However, it is good to note that the size of the flood always depends on the rainfall and temperature during the melting period.

"The melting of small amounts of snow seems to be divided into several periods. River discharges will occasionally rise and are already quite high, for example, in Satakunta, but actual spring floods are unlikely to be seen in southern Finland," says Ari Koistinen, Head of Unit at the Finnish Environment Institute.



Further north, the snow situation is changing and uncertainties are increasing.

In North Ostrobothnia and Kainuu, there is very little snow for the time of year. However, the rapid melting of snow, together with rainfall that occurs at the same time, can cause waterways to flood. In more northern areas, a lot of snow may also still accumulate during late winter.

There is a possibility of large spring floods in Lapland, as there is plenty of snow in many places and there is still a lot of winter left. For example, in the areas of the Ounasjoki, Ivalojoki and Muonio rivers, the water value of snow is 35–50 mm higher than the average at this time of year. In these areas, the spring flood typically does not occur until May.

The snow has melted several times during the winter

There has been quite a lot of snow in many places during the winter, but the melting has also been rapid during many warm periods. Source: *Finnish Environment Institute* | *Bulletin*

TRADE WAR

Left Alliance MEPs Li Andersson, Merja Kyllönen and Jussi Saramo want a ban on the sale of Tesla



The Left Alliance's MEPs Li Andersson, Merja Kyllönen and Jussi Saramo propose that the electric car manufacturer Tesla should be banned from selling in the European Union. The trio justify their view in an article published in Suomen Kuvalehti on 6 March, in which they emphasise the need for Europe to reduce its dependence on Donald Trump's United States, both economically and defensively. MEPs are proposing a ban on the sale of Tesla as a countermeasure to the 25 percent import tariffs announced by Trump on products coming from the EU.

"A ban on the sale of Tesla, owned by Elon Musk, who opposes workers' rights and shows his support for the far right, would be a concrete measure with which Europe could respond to Trump's trade war and at the same time influence his inner circle," Andersson explains.

Tesla's sales in Europe are already declining, which, according to Andersson, makes the imposition of a ban topical. MEPs stress that Trump's unpredictable policies require a new kind of strategy from Europe. According to Kyllönen, the EU should use the economic dependencies of the United States as a bargaining chip, for example by imposing tariffs on certain chemicals manufactured in Europe.

"Europe cannot win the competition if it tries to play by Trump's rules. We must be wise and take advantage of the weaknesses of the United States," Kyllönen says.

RUSSIA's WAR

Russia`s War: A Grim Three-Year Tally

hree years into the conflict, a stark reality emerges from the shadows of Russian opposition media. The narrative of a triumphant "special military operation" is fading, replaced by a sobering assessment of losses and failures.

Human Cost: The human

toll is staggering, with estimates of Russian casualties reaching 250,000, a figure that dwarfs initial projections. The rate of loss is particularly alarming, with 37 soldiers killed per square kilometer of occupied territory in 2024 alone, far exceeding the 5.5 casualties per square kilometer experienced by the Red Army during World War II.

Naval Defeat: The Black Sea Fleet, once a symbol of Russian naval power, has been effectively crippled. Despite occupying Crimea, the fleet remains bottled up in Novorossiysk, unable to participate in the conflict. A fleet of Ukrainian drones, built from scratch in just three years, now dominates the Northern Black Sea, marking a stunning defeat for Russia.

NATO Expansion: The conflict has accelerated NATO expansion, with Sweden and Finland, both traditionally neutral, joining the alliance. This has significantly reduced the distance between NATO forces and Russia, with the Baltic Sea now effectively under NATO control. The proximity of NATO forces to St. Petersburg, now just 150 kilometers away, raises concerns about the vulnerability of Russia's strategic assets.

Technological Lag: Russia has fallen behind in the technology race, failing to adapt to modern warfare. Despite boasting a powerful military-industrial complex, the only significant advancements have been the acquisition of Iranian "Shaheds" and gliding bombs. Meanwhile, Ukraine has embraced the "drone revolution," producing its own drones and effectively countering Russian air power.



Financial Bleeding: The true cost of the war remains shrouded in secrecy.

TELEVISION

Don't miss this movie: "Aftersun"

he movie Aftersun, directed by Charlotte Wells in her feature film debut, is a deeply moving and subtly told story about memories, love, and the complex bond between a father and his daughter. The film is set during a sunny holiday in Turkey in the 1990s, where 11-year-old Sophie (Frankie Corio) and her young father Calum (Paul Mescal) spend time together. Through Sophie's adult gaze, portrayed through old video recordings, a story is woven that is as much a reflection on the past as a depiction of the moment.



This is a film you should watch from start to finish with thought. And it can be enjoyable to watch it twice.

One of the film's great strengths is its ability to capture the everyday with an almost poetic sensitivity. Wells uses faded colors, blurry video clips, and a slow pace to recreate the feeling of a memory-not just as it was, but as it feels in retrospect. This makes "Aftersun" a film that lives in the unspoken, where small gestures and quiet moments carry enormous emotional weight. The scenes by the pool, the clumsy dances and the serious conversations between father and daughter build up an intimate sense of closeness, but also a vague, nagging feeling that something is wrong beneath the surface.

Paul Mescal delivers an outstanding performance as Calum, a father who carries an inner weight he tries to hide from his daughter. His smile is warm, but his gaze reveals a sadness that is never fully explained – and it is precisely this restraint that makes his portrait so heartbreaking. Frankie Corio, in his debut role, is a revelation as Sophie. Her natural appearance and chemistry with Mescal make their relationship believable and touching, and she balances the child's curiosity with an incipient awareness of life's complications.

Something that should be emphasized is how "Aftersun" avoids giving simple answers. The film is less about what happens and more about how it feels – both for Sophie at the time and for the adult Sophie who looks back. It is a study in melancholy and nostalgia, but also in the fragility of love. Some viewers may find the pace too slow or the lack of a clear dramatic arc frustrating, but for those willing to sink into its mood, the rewards are great.

The last scene of the film shows how the daughter leaves for her mother and the father wanders out into the void. The scene can be interpreted in many ways, but one interpretation is that this was the final happy week of his father's life, a week when he got to experience that his life had meaning and that he had someone who loved him.

The cinematography and music also deserve a mention. The shots, often shot with a handheld feel, enhance the film's personal tone, while the sparse soundtrack – including an emotional use of "Under Pressure" – hits just right in the film's most pivotal moments.

"Aftersun" is a small movie with a big heart. It manages to capture something universal about relationships and the passage of time without ever becoming sentimental or overly clear. It's a debut that marks Charlotte Wells as a name to keep an eye on, and a display of acting from Mescal and Corio that stays around long after the credits have finished. For those seeking a thought-provoking and emotional experience, this is a must.

The film is available on Yle Areena until 21.5.2025.



HEALTH AND SOCIETY

Over 65s Can Visit Private GPs for a €28 Health Center Fee This Fall

he Ministry of Social Affairs and Health (STM) has launched a consultation on a national freedom-of-choice trial that would allow people over 65 to visit private general practitioners for the same out-of-pocket fee as public healthcare visits.

The trial is part of the government's efforts to improve access to primary healthcare and reduce treatment queues. The consultation period for the proposal runs from February 11 to March 9, 2025.

A Kela-Reimbursed Pilot Program
According to the STM's proposal, private GP visits for those over 65 would be reimbursed so that the patient's copayment is capped at the same rate as a public healthcare GP visit—approximately €28. The amount exceeding this copayment would be covered by Kela reimbursements to the service provider.

The trial is limited to three visits per calendar year, but in 2025, when it begins, participants will be eligible for reimbursement for two visits. The trial also includes common medical tests for this age group, such as blood tests, urine tests, ECGs, and chest X-rays. Kela will confirm the exact list of reimbursable tests later. Half of the costs for doctor-prescribed laboratory tests and sample collection will be reimbursed based on a set maximum price.

Minister:GoalistoSpeedUpAccesstoGPs Minister of Social Security Sanni Grahn-Laasonen justifies the trial by citing the aging population and the transition away from occupational healthcare.

"We have a growing number of people over 65 who have an increased need for healthcare services due to aging, but whose right to occupational healthcare has ended. The trial aims to improve access to primary healthcare services for retirees and increase their freedom of choice. The goal is to speed up ac-

cess to a doctor," Grahn-Laasonen says. Price Cap to Control Costs Private healthcare providers must sign an agreement with Kela to participate in the trial. Further obligations for service providers will be regulated by government decree. The trial includes a price cap, which sets maximum fees for visits and tests.

The aim of the price cap is to prevent cost increases and ensure that patient expenses remain reasonable. Patients may also pay less than €28 if a provider offers services at a lower rate. This allows for competition between service providers not only in terms of quality but also price.

Kela Reimbursements as Part of Primary Healthcare Development

The government program outlines improvements to primary healthcare access and reductions in treatment queues through the development of Kela reimbursements. The trial aims to strengthen patient choice, improve service availability, and ease the burden on public healthcare.

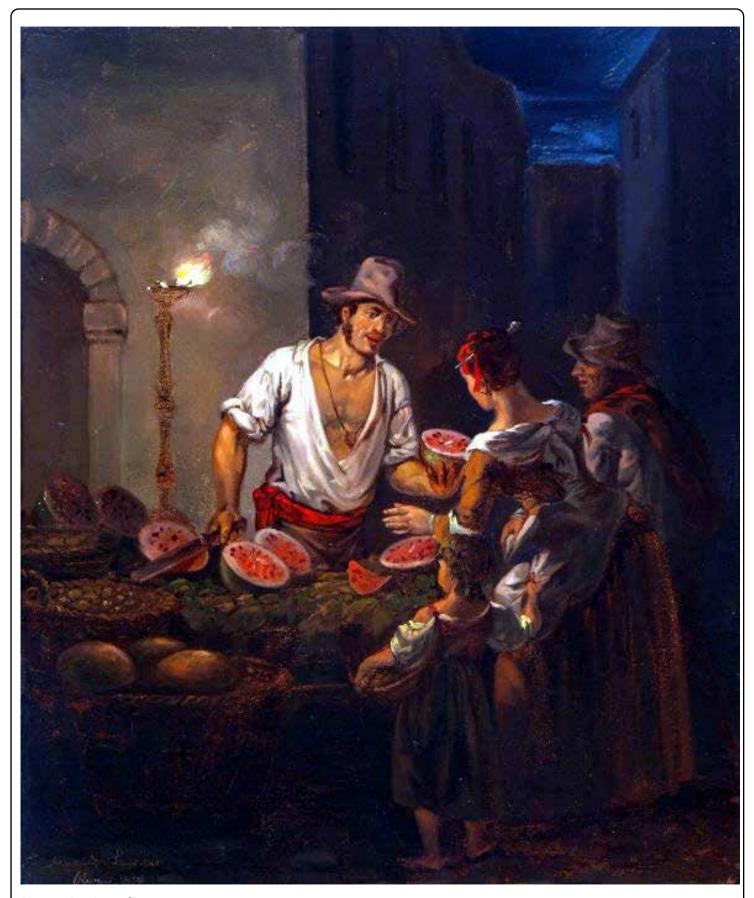
The trial is expected to promote equal opportunities to utilize private healthcare, accelerate first contact with a GP without a separate assessment of care needs, and give patients a better opportunity to choose their doctor and healthcare facility. Patients can also visit the same doctor for multiple visits, ensuring continuity of care.

The government has allocated a total of €335 million for the development of Kela reimbursements between 2024 and 2027. The proposal is linked to the state's second supplementary budget proposal for 2025 and is intended to be processed alongside it.

The trial is scheduled to begin on September 1, 2025, and run until December 31, 2027.

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ART EXPERIENCE OF THE WEEK



Alexander Lauréus 4.1.1783, Turku 20.10.1823, Rooma, Italia Italian watermelon vendor, 1820

EVENTS

TIKANOJA THE ART EVENT OF THE YEAR!



The exhibition covering the entire career of the masterful nature and portrait photographer Eero Järnefelt (1863-1937) will be on display until 25.5.2025 at the Tikanoja Art Museum - so there is still plenty of time.

Järnefelt is connected to Vaasa in that his father Alexander served as the governor of the province of Vaasa from 1888 to 1894. Alexander lived on Rantakatu and the family rented Tottesund Manor in Maksamaa for the summers of 1891-1892. Eero Järnefelt's sister Aino married Jean Sibelius there. The exhibition has been curated by Timo Huusko. Chief Curator of the Ateneum, and the exhibition at the Tikaoja Art Museum has been produced by the Ateneum Art Museum / Finnish National Gallery in cooperation with the Vaasa Museums.

ATENEUM

When the Ateneum opens the doors to the Crossing Borders exhibition on 7 March 2025, visitors will be invited on a fascinating journey through time and space.

For the first time, the works of the brave women who, despite the limitations of their time, crossed geographical and social boundaries to create art are collected. Among the prominent names are two artists from Vaasa - the bold landscape painter Fanny Churberg and the skilled portrait and genre painter Alexandra Frosterus-Såltin.

Vaasa-Vasa Baroque Sat / Sat 22.3 at / kl. 16.00

Music in Veturitalli

Symphonies for one violin - Sonatas and Letters by StradellaSymfonier för en violin - Stradellas sonater och brevPirkanmaa Baroque & Aira Maria Lehtipuu

This concert is free of charge! Open house in Veturitalli all day, come and explore the Wärtsilä area.

https://vaasabaroque. com/

VAASA humour **FESTIVAL** 2025

2-4.4.2025

Sov. Finland-Swedish cultural development

The churches' sounding week:

During the Sounding Week of Churches, you can listen to almost all the choirs and orchestras of the Vaasa Evangelical Lutheran congregations. Admission to



Miss Concordiae on Friday 28.3 at 7 pm in the Trinity Church. Sing the Joy, conducted by Sini Usmi.

Children's party on Saturday 29.3 at 3 pm in Vähäkyrö church. The parishes' children's choirs.

Canticum Maris a cappella Sunday 30.3 at 7 pm in the Trinity Church. Conductor Tarja Viitanen.

The church choirs and cantors on Wednesday 2.4 at 7 pm in the Trinity Church.

The Merina Youth Choir on Thursday 3.4 at 7 pm in Brändö church. Conductor Tarja Viitanen.

Vaasa-Vasa Baroque

Sun / Sö 27.4 at / kl. 17.00 City Hall Ballroom / Stadshusets festsal

Handel and Roman in London - Handel möter Roman i London

Kajsa Dahlbäck, soprano / sopranDrottningholms barockensemble (SWE)

https://vaasabaroque. com/

VAASA CHOIR FESTIVAL XXXI

22-24.5.2025

Vaasa Choir Festival is a significant international choral music event. The joyful and social closing celebration of the singing season is open to all choirs.

ILMAJOKI MUSIC FESTIVAL

"BIG Wrath 1713-1721" 6.-15.6.2025

"This powerful and topical opera brings the years of hatred and the fates of our ancestors back to the banks of the Kyrönjoki River.

Big Wrath is a shaking and nourishing story about family ties, maternal love, perseverance, and the power of cooperation during a time,

when Russia's brutal war of aggression against Finland burned Ostrobothnia to black soil."

www.musiikkijuhlat.fi

KASKINEN'S SUMMER OF MUSIC

9-12.7.25

A classical music festival in Finland's smallest town.

"The proximity of the sea, the history of the city of Kaskinen, bilingualism, the beautiful wooden house environment" Artistic directors Anna-mari and Samuli Peltonen

LOHTAJA CHURCH MU-SIC FESTIVAL

22-27.7.25

Church music from thousandyear-old traditions www.kirkkomusiikkijuhlat.fi

NÄRPES THEATRE

"Maskinisterna (The Machinists)", a Swedish-language play about the Wickström Brothers and their engine factory, with a script and direction by Erik Kiviniemi.

World premiere 28.6.25 klo 19 Other events:

1-.7 at 7 pm

3.7. at 7 pm

7.7. at 7 pm

8.7. klo 19

10.7 at 7 pm 13.7. at 5 pm

15.7. at 19

16.7. at 19

17.7. at 19

19.7. at 19

KORSHOLM MUSIC FESTIVAL

23.7.-30.7.2025

"Korsholm Music Festival 2024 and Tove Teuvalla Opera are over and autumn is approaching. Now we are already working on the Summer 2025 Music Festival. However, we want to return to the warm days and festival atmosphere of July and August."

A greeting from festival director Viktor Nygård: "I am very much looking forward to working with the Korsholm Music Festival and I have many exciting ideas for how we can continue to develop the festival. I can already promise that next year it will be a fantastic festival with something for everyone."

Korsholm Music Festival will be held nex summer 23.-30.7.2025.

RITZ

25.7.25 at 7 pm MARI PALO - TANGO

One of Finland's most sought-after sopranos dives into the world of tang.

Korsholm Music Festival **VAASA CITY HALL**

27.7.25

CONCERT ROYAL

Amélie goes to Belgrade with her friends

Korsholm Music Festival

WASA FUTURE FESTIVAL

11-16.8.2025

The Wasa Future Festival 2026 is set to take place from 11th to 16th August.

CLIMATE CHANGE



Copernicus: Global Sea Ice Cover at a Record Low - A Stark Warning for Our Planet

he Earth's polar ice caps are shrinking at an alarming rate, with global sea ice extent plummeting to a record low in February, according to the latest data from the Copernicus Climate Change Service. This stark revelation, released in a recent press statement, serves as a chilling reminder of the accelerating impact of climate change on our planet.

Copernicus, the European Union's Earth observation program, revealed that the daily global sea ice extent, a crucial metric combining the Arctic and Antarctic ice covers, hit an unprecedented minimum in early February. Throughout the rest of the month, it remained stubbornly below the previous record set in February 2023. This persistent deficit paints a worrying picture of the rapid changes occurring in our polar regions.

In the Arctic, sea ice reached

its lowest monthly extent for February, registering a significant 8% below the long-term average. This marks a troubling trend, as it's the third consecutive month that Arctic sea ice has set a record low for the corresponding period. The Arctic, often referred to as the "Earth's refrigerator," is warming at a rate far exceeding the global average, and the shrinking sea ice is a direct consequence of this accelerated warming.

The situation in Antarctica is equally concerning. Although not reaching a record low like the Arctic, Antarctic sea ice extent was the fourth-lowest for February, a significant 26% below the average. What's particularly alarming is that the daily sea ice extent may have reached its annual minimum near the end of the month. If confirmed in early March, this would be the second-lowest minimum in the satellite record, following closely behind the devastating

lows of last year.

These findings are not just numbers on a graph; they represent a fundamental shift in our planet's climate system. Sea ice plays a crucial role in regulating Earth's temperature. Its white surface reflects sunlight back into space, helping to keep the polar regions cool. As sea ice melts, darker ocean water absorbs more sunlight, leading to further warming and accelerating the melting process — a vicious cycle with potentially catastrophic consequences.

The implications of these record lows are far-reaching. Shrinking sea ice disrupts marine ecosystems, affecting everything from polar bears and seals to microscopic plankton. It also contributes to rising sea levels, threatening coastal communities around the world. Moreover, the loss of sea ice can alter global weather patterns, leading to more extreme weather events.

As a journalist, observing these trends feels like witnessing a slow-motion disaster unfold. The Copernicus data provides irrefutable evidence that our planet is changing rapidly, and not for the better. The urgency to address climate change has never been greater.

The scientific community has been sounding the alarm for decades, but the pace of change is accelerating, exceeding even the most pessimistic projections. The record lows in sea ice are not just a statistical anomaly; they are a stark warning that we are running out of time.

It's easy to feel overwhelmed by the scale of the challenge, but inaction is not an option. We need to transition to a sustainable, low-carbon economy with unprecedented speed and determination. This requires a global effort, with governments, businesses, and individuals all playing their part.

KONST



Maria Martinau: The Girl (undated). Finnish National Gallery / Ateneum Art Museum. Photo: Finnish National Gallery / Hannu Aaltonen..

ATENEUM

The exhibition at the Ateneum revolutionises the perception of women artists of the 19th century. Vaasa artists Fanny Churberg and Alexandra Frosterus-Såltin are well represented

n 7 March 2025, the Ateneum Museum opened its doors to the exhibition "Boundary Crossers", which provides a unique perspective on the lives

and work of women artists during this period. The exhibition highlights forgotten artists and their networks and presents works that have never been shown in Finland before.

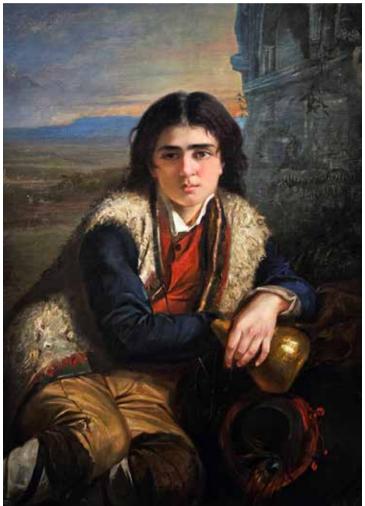
In the 19th century, wo-

men artists had to travel abroad, especially to Germany, in order to receive a high-quality education. Travel was slow and dangerous, and women had to adhere to strict social norms. The exhibition presents works by more

than 50 female artists who broke the boundaries of their time. They created careers for themselves at a time when women did not have the right to vote and were expected to choose between family and career.

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The Savoyard Boy painted by Alexandra Frosterus is normally in the Office of the President of Finland and thus not accessible to the public. But now it can be seen at the Ateneum.

The exhibition features works by Fanny Churberg, Alexandra Frosterus-Såltin and Helene Schjerfbeck, among others. In addition, drawings

by Finland's first female scientific illustrator, Hilda Olson, will be on display.

"Breaking the Boundaries" is a continuation of the Ateneum's work as

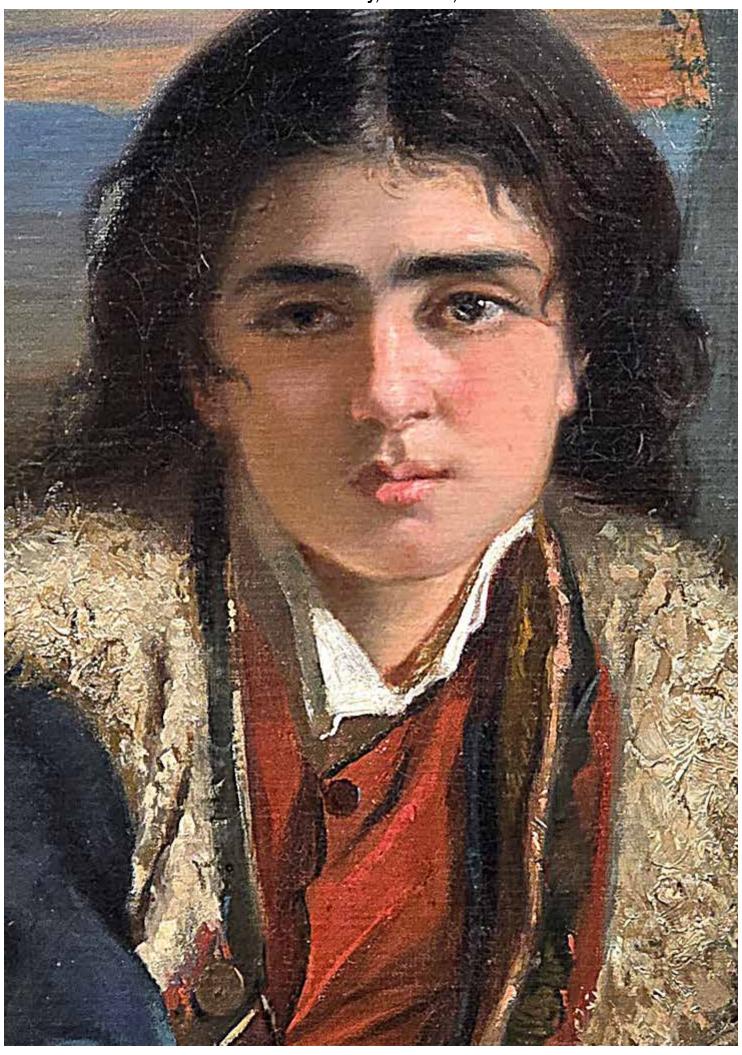


The Little Broomboy, a copy of the painting in the Runeberg Museum in Porvoo. Alexandra Frosterus-Såltin painted this painting at the behest of J L Runeberg and the painting was - and still is - in his bedroom. The small copy is normally in the Museum of Ostrobothnia, but is now on display at the Ateneum.

a pioneer in research on women artists. The exhibition highlights Germany's importance as a country of art and provides a new perspective on the art history of the 19th century. The exhibition is open until 24.8.2025.

Source: 18.2.2025 Ateneum, Press release

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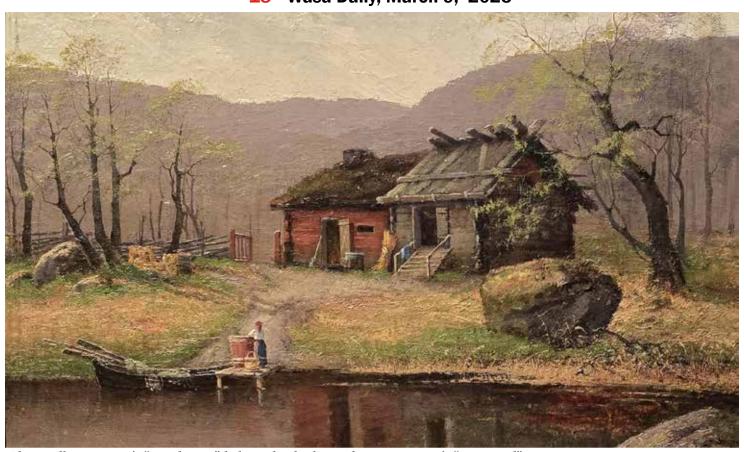
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Above: Trip to the cemetery, a painting by Alexandra Frosterus, showed an event that was not unusual, infant mortality was high in the 1800s. Below is a painting painted by Fannu Churberg, Rapakivi rocks



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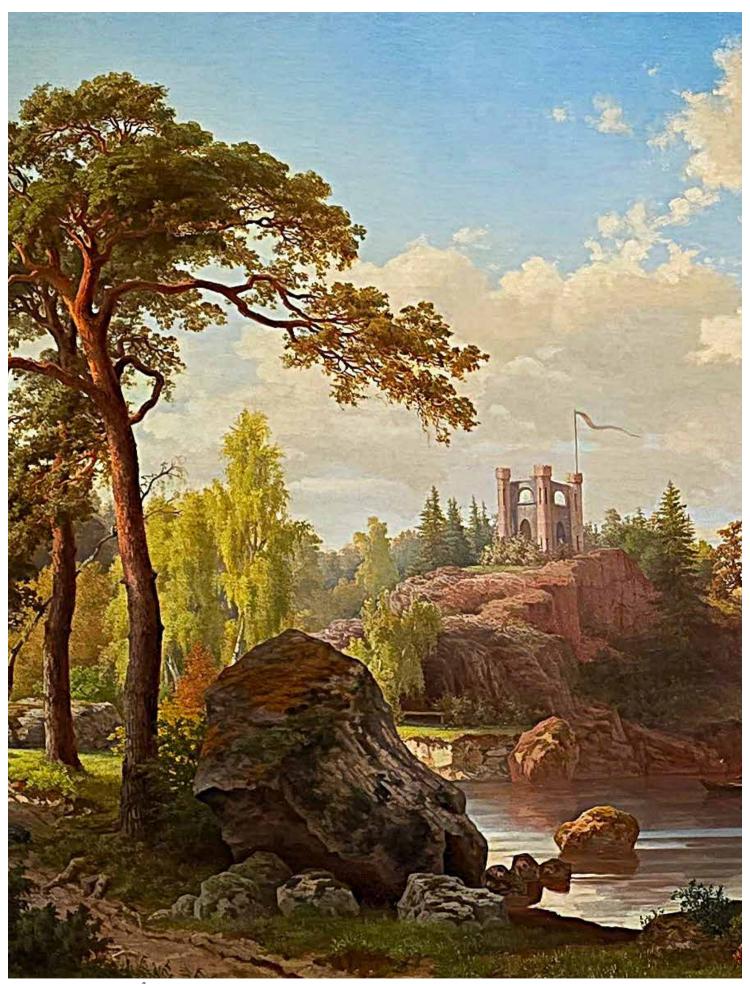
Above Ellen Favorin's "Landscape" below Elisabeth Jerichau-Baumann's "Mermaid"



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A detail of Viktoria Åberg's painting "Monrepos". This painting is also normally in the President's Office, but can now be seen at the Ateneum

BOOK

Rediscovered classic offers new insight into today's society

asa Dagblad has translated "1984" into Swedish and the book can be read on the newspaper's website: www.vpress.ovh

In an era marked by digital surveillance and the influence of social media, George Orwell's novel "1984" has gained new relevance. Although the book was written in 1948, long before the internet and smartphones, its depiction of a totalitarian society is frighteningly relevant.

The novel, which takes place in a dystopian future, describes a society where the state controls every aspect of citizens' lives. Through advanced surveillance and manipulation of information, the regime maintains its power and creates an atmosphere of fear and suspicion.

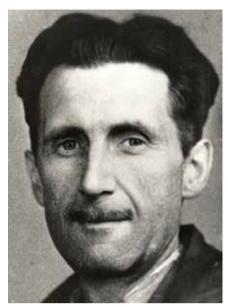
"It is fascinating how pinpoint-accurate Orwell was in his description of a surveillance society," says a wellknown literary critic. "Although technology has developed enormously since 1948, the underlying mechanisms for control and manipulation are still the same."

In "1984," the state uses "telescreens" to monitor citizens 24/7. In today's society, we have surveillance cameras, internet tracking, and facial recognition. Although these technologies are often justified on security grounds, they raise questions about privacy and civil liberties.

Orwell also depicts how the state uses "newspeak" to limit citizens' ability to think and control their perception of reality. By eliminating words that express opposition and criticism, the regime creates a language that makes it impossible to think "non-authoritarian" thoughts.

"It is a frightening thought that language can be used as a tool of control. In today's society, we see how politicians and the media use 'spin' and 'fake news' to manipulate public opinion. Orwell's newspeak may not be so far from our own reality."

"1984" is not only a warning against totalitarianism, but also a reminder of the importance of safeguarding



George Orwell (1903 - 1950). Wikimedia Commons



freedom of expression, privacy, and critical thinking. In a time when these values are being challenged, Orwell's novel is more relevant than ever.

'1984' can be recommended to everyone. It is a book that makes you think about our own time and the challenges we face.

LOVE

LOVE

There Are Four Types of Romantic Love



groundbreaking study published Personality and Individual Differences has unveiled a sensational truth: romantic love isn't a monolithic experience. Instead, it manifests in four distinct, and sometimes wildly contrasting, forms. Researchers, utilizing data from the 2022 Romantic Love Survey, meticulously analyzed 809 partnered young adults, revealing a startling landscape of love characterized by varying degrees of intensity, obsession, commitment, and sexual frequency.

The Mild Romantics: This group, comprising 20% of participants, represents the quietest expression of love. They exhibit the lowest levels of intensity, obsession, commitment, and sexual activity. Often male and heterosexual, they are frequently dating but not cohabiting.

Their love stories are marked by a higher number of past relationships, shorter durations of current love, and a lower perception of reciprocated affection. Intriguingly, they report the lowest health and functioning, and the highest rates of ASD diagnoses, suggesting a potential link between neurodiversity and a less intense experience of romantic love. They're also prone to risk-taking behaviors like reckless driving and substance use.

The Moderate Romantics: The largest group, representing 41% of participants, these individuals are defined by their "unremarkable" experience of love. They display average levels of intensity and obsession, with relatively high commitment and moderate sexual activity. Primarily male, they are the least likely to have children and are characterized by their self-confidence and lack of reported emotional extremes.

They are the "everyday" lovers, content and balanced.

The Libidinous Romantics: This passionate, yet small, group (10%) is defined by an insatiable sexual appetite, averaging an astonishing 10 sexual encounters per week. They experience high intensity, obsession, and commitment, coupled with a remarkable level of openness and reported well-being. They are often in committed relationships, but not cohabiting, and report the highest use of SSRIs. Their lives are marked by high energy, a desire for travel, and a penchant for spending. This group embodies the "love as pure fire" archetype.

The Intense Romantics: This group, making up 29% of participants, represents the pinnacle of romantic love. They exhibit the highest intensity, obsession, and commitment, with a high, though not extreme, frequency of sex. Predominantly female, they report the highest relationship satisfaction and the lowest

rates of ASD. Their love stories often begin before the relationship itself, and they display the greatest disparity between their perceived self and partner mate value. These individuals are highly agreeable, conscientious, and report a range of positive psychological traits, including sociability, planning, and a generally elevated mood. They are the true "love addicts," immersed in the exhilarating highs of romantic connection.

This study shatters the illusion of a singular romantic experience, revealing a spectrum of love that varies dramatically based on individual characteristics and relationship dynamics. It provides a fascinating glimpse into the diverse ways humans experience one of the most powerful emotions, offering a rich tapestry of love stories and a profound understanding of the human heart.

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MOON

The First Cellular Phone System on the Moon, by Finnish Nokia: A Giant Leap for Lunar Communication



he lunar landscape is about to witness a technological milestone, a moment that will forever alter how we perceive communication beyond Earth. As Intuitive Machines' IM-2 mission, carrying a suite of NASA experiments, prepares for its March 6th landing in Mons Mouton, it also carries a pioneering piece of Finnish innovation: Nokia's Lunar Surface Communications System (LSCS), the first cellular phone system designed for the Moon.

This isn't just a symbolic gesture; it's a critical step towards establishing a sustainable human presence on the Moon and beyond. Funded through NA-SA's Tipping Point initiative, Nokia's LSCS is a 4G/LTE communication system, a testament to the company's long-standing expertise in mobile technology. It's designed to facilitate seamless communication between the Intuitive Machines lander. a Lunar Outpost rover, and the Micro Nova hopper, demonstrating the feasibility of cellular connectivity in the harsh lunar environment.

Imagine a future where ast-

ronauts on the Moon can effortlessly transmit high-definition video, send and receive command-and-control messages, and share vital sensor and telemetry data, all through a reliable cellular network. This is the promise of Nokia's LSCS. It's not just about making phone calls; it's about building the foundation for a robust communication infrastructure that will support future lunar missions, scientific research, and even potential lunar settlements.

The challenges of establishing a cellular network on the Moon are immense. The lunar environment is characterized by extreme temperature variations, radiation, and the absence of an atmosphere. Nokia's LSCS has been engineered to withstand these challenges, showcasing the company's commitment to developing rugged and reliable technology for space exploration. The system's ultra-compact design is also crucial, minimizing the payload weight and maximizing efficiency for lunar missions.

This initiative is a significant leap for Finland, solidifying its position as a leader in space technology. Nokia's involvement in the Artemis campaign is a testament to the country's growing expertise in this field. It's a source of national pride and a demonstration of Finnish ingenuity on the global stage.

This is more than just a technological demonstration; it's a visionary step towards the future of space exploration. The ability to establish reliable communication networks on the Moon is crucial for enabling long-term human presence and scientific research. It's like laying the groundwork for a lunar city, ensuring that astronauts can stay connected and share data in real-time.

The fact that a Finnish company is leading this effort is particularly noteworthy. Nokia's long history of innovation in mobile technology is now being applied to the challenges of space exploration. This project highlights the importance of public-private partnerships in driving technological advancements.

However, this is just the beginning. The next step will be to evolve this 4G/LTE sys-

tem into a more robust and scalable network, potentially incorporating 5G or even future generations of cellular technology. The ultimate goal is to create a seamless communication infrastructure that can support a wide range of lunar activities.

This project also raises important questions about the future of space exploration. As we venture further into the cosmos, we need to consider the ethical and environmental implications of our actions. It's crucial that we develop sustainable technologies and practices that minimize our impact on the lunar environment.

Ultimately, Nokia's LSCS is a symbol of human ambition and our relentless pursuit of knowledge. It's a reminder that even the most ambitious dreams can become a reality with innovation, collaboration, and a spirit of exploration. The Moon is calling, and Nokia is helping us answer.

HEALTH

When food doesn't go down: Achalasia

chalasia is a rare disease of the oesophagus that makes eating painful and difficult. It's like a gate that doesn't open: the sphincter in the lower part of the oesophagus doesn't relax properly, preventing food from reaching the stomach. This can lead to a wide range of symptoms and have a significant impact on quality of life. There are different treatments, and although treatment cannot cure the disease, the symptoms can usually be calmed down.



Thomas Willis (1671-1675)

This is not a new disease. The English physician Thomas Willis (1621-75) wrote an account of this disease in 1674 and he treated the disease by dilating the esophagus with a whale bone.

Rare, but not unknown

Achalasia is a relatively rare disease, but it is not unknown. Among 150,000 thousand people (i.e. in the wellbeing services county of Ostrobothnia, for example), an average of one person falls ill with this disease every year. It occurs in people of all ages, but most commonly it breaks out between the ages of 30 and 60. The cause of the disease is not fully understood, but researchers suspect that it is an autoimmune disease in which the body's own

immune system attacks nerve cells in the oesophagus. A viral infection can potentially act as a trigger.

The nerve fibers that cause the upper gastric port to open no longer work, so the gastric port remains closed. Genetic factors can also play a role.

If a person has been in South America, it should be taken into account that they may have Chagas disease, a parasitic disease that causes the same symptoms as achalasia.

Symptoms vary

The symptoms of achalasia can vary from person to person. When a patient visits a doctor in the early stages of the disease, it is often assumed that it is acid reflux disease and medication is given for it.

The most common symptoms include:

Difficulty swallowing: Food, especially solid food, doesn't seem to go down, and it feels like food is "stuck" in the oesophagus. Hiccups may occur.

Chest pain: Esophageal cramps can cause pain behind the sternum.

Regurgitation: Food or liquid may rise back into the mouth, even hours after eating.

Weight loss: Eating can be so difficult that it leads to weight loss.

Cough and lung infection: Getting food back up can cause coughing and even lung infections if food gets into the respiratory tract.

When food does not freely enter the stomach, it accumulates in the oesophagus, which gradually expands.

Diagnosis requires examinations

Diagnosing achalasia can be challenging, as the symptoms can be similar to those of other diseases of the oesophagus. To reach a diagnosis, a number of examinations are usually required, such as:

Oesophageal endoscopy (gastroscopy): The oesophagus

(gastroscopy): The oesophagus is scanned through a flexible



Enlarged esophagus on X-ray

tube, which allows changes in the mucous membrane to be seen and biopsies to be taken, if necessary.

Manometry is the most important examination. It measures the function and pressure of the muscles of the oesophagus. In achalasia, manometry reveals typical changes, such as inrelaxation of the sphincter and the absence of esophageal contractile movements. Nowadays, the examination is usually done as precision manometry, where the catheter has sensors at centimeter intervals,

X-ray: An X-ray of the esophagus can help detect dilation of the esophagus and slowing the passage of food.

There are several treatments

There is no cure for achalasia, but the symptoms can be alleviated and the quality of life can be improved with various treatments. Treatment methods include:

Medication: Medications can help relax the esophageal sphincter. Medication, such as nitro and calcium blockers, relieves symptoms and is used while waiting for treatment or in situations where other treatment is not possible for some reason. Botulinum injections are also used for this purpose, the problem with them is the short

blem with them is the short duration of the effect, after six months of the injections, only one in two is asymptomatic.

Pneumatic dilation: The esophageal sphincter is dilated with the help of a balloon. Usually, 2-3 extensions are needed to get a good result.

Surgery: In surgery, the oesophageal sphincter is weakened to allow food to pass through better.

POEM procedure: A newer, endoscopic assisted procedure in which the oesophageal sphincter is weakened. Surgical robots are now used in surgery, which have improved surgical results and reduced complications.

Percutaneous endoscopic myotomy (POEM) is a new treatment method in which the procedure is performed through a gastroscope,

The prognosis is usually good

The prognosis for achalasia is usually good, as long as the disease is diagnosed and treated in time. With the help of treatments, the symptoms can usually be well controlled and patients can live a normal life, and the disease usually does not affect life expectancy when treated. However, it is important to remember that achalasia is a chronic condition that requires regular monitoring and sometimes repeated treatments.

VAASA UNIVERSITY



UNIVERISITY OF VAASA

University of Vaasa Turning Buildings into Flexible Energy Sources

he University of Vaasa has received significant funding from Business Finland for a research and development project that will revolutionize how buildings use energy. The FlexiPower project is developing a "Building as a Battery" (BaaB) solution, which will allow existing building infrastructure to be used as flexible energy sources.

The project aims to create and commercialize a solution that enables buildings' heating and cooling systems to dynamically respond to the needs of the electricity grid. This innovation offers a cost-effective and scalable way to balance the grid without large initial investments in batteries or other infrastructure projects.

"Among property owners, the project has been warmly received, primarily because no large initial investments are required," says Edi Sandblom from the University of Vaasa. "The markets are very uncertain, and therefore it is difficult to calculate the payback period for investments."

The BaaB solution can generate significant revenue for property owners. In addition, it supports them in reducing their carbon footprint and promoting responsible energy management and sustainable development.

The increasing use of renewable energy sources requires flexible solutions to balance the electricity system. The solutions offered by the FlexiPower project provide an innovative and efficient approach to this.

In the initial phase of the project, the focus will be on testing and validating the solution in real buildings in cooperation with partners. The goal is to study the suitability of the solution in several different markets, both in Finland and abroad. The project continues until spring 2026.

Why is this interesting news?

New Perspective: Using buildings as energy sources is a new

and innovative approach to energy production and distribution. Cost-Effectiveness: The lution does not require large initial investments, making it attractive to property owners. Sustainable Development: The project supports the use of renewable energy sources and reduces the carbon footprint. Economic Potential: The BaaB solution can generate significant revenue for property owners. This news is interesting to many readers, such as property owners, energy sector players, researchers, and those interested in the environment. It provides information about a new and promising technology that can revolutionize energy use in buildings and promote sustainable development.

Source:University of Vaasa

YOUR HEALTH

Coffee Protects Against Alzheimer's – But Without Sugar!

or years, coffee has been touted as more than just a morning pickme-up. Studies have hinted at its potential to protect against neurodegenerative diseases like Alzheimer's and Parkinson's. Now, a large, long-term study has provided compelling evidence, confirming the link and, crucially, revealing a vital caveat: the protective effect only applies to unsweetened and caffeinated coffee.

The research, published in the American Journal of Clinical Nutrition, followed over 200,000 participants in the UK Biobank for a median of nine years. Researchers meticulously tracked their coffee consumption, categorizing it by type: sugar-sweetened, artificially sweetened, unsweetened, caffeinated, and decaffeinated. They then analyzed the incidence of Alzheimer's disease and related dementias (ADRD), Parkinson's disease (PD), and mortality related to these conditions.

The results were striking. Individuals who consumed the highest amount of unsweetened. caffeinated coffee (at least three cups a day) showed a significantly reduced risk of both ADRD and PD compared to those who didn't drink coffee. Specifically, they had a 25% lower risk of ADRD and a 29% lower risk of PD. This protective effect extended even to reducing the risk of death from neurodegenerative causes, although this

finding was not statistically significant.

However, the study also revealed a crucial detail: this protective effect vanished when sugar, either natural or artificial, was added to the coffee. Neither sugar-sweetened nor artificially sweetened coffee showed any significant association with a reduced risk of neurodegenerative diseases. Similarly, decaffeinated coffee offered no protective benefits.

This distinction is key. While previous studies have suggested a link between coffee and reduced dementia risk, they often failed to differentiate between various coffee types. This new research clarifies the picture, emphasizing that the benefits are specifically tied to the combination of caffeine and the absence of sweeteners.

Why does this matter?

Alzheimer's and Parkinson's are devastating neurodegenerative diseases affecting millions worldwide. Finding ways to reduce the risk of these conditions is a major public health priority. This study offers a simple, accessible lifestyle modification that could potentially make a significant difference.

What's the science behind it?

While the exact mechanisms are still being investigated, several theories exist. Caffeine, a known stimulant, has been shown to have neuroprotective properties. It can block adenosine receptors in the brain, which are involved in slowing down nerve activity and promoting sleep. By blocking these receptors, caffeine may help to protect brain cells from damage.

Furthermore, coffee beans contain a variety of other compounds, including antioxidants, which can help to protect cells from damage caused by free



radicals. These antioxidants may also play a role in the neuroprotective effects of coffee. However, the addition of sugar might counteract these beneficial effects through various mechanisms, such as promoting inflammation or impacting insulin sensitivity. Further research is needed to fully understand the complex interplay between coffee, caffeine, sugar, and the brain.

What should you do?

If you enjoy coffee and are concerned about your risk of neurodegenerative diseases, this study suggests that switching to unsweetened, caffeinated coffee could be a beneficial choice. Aiming for at least three cups a day appears to offer the most significant protection. However, it's essential to consult with your doctor before making any significant changes to your diet, especially if you have underlying health conditions.

This new research provides strong evidence that unsweetened, caffeinated coffee can play a role in protecting against Alzheimer's and Parkinson's disease. While more research is needed to fully understand the mechanisms involved, this study offers a valuable insight into the potential benefits of this popular beverage – as long as you skip the sugar.

HEALTH

The Hormones That Change Everything

The man in the lab coat didn't look like a killer. But in a way, he was. He killed ideas. Old ones. Outdated ones. Replaced them with new truths. And the truth was this: GIP and GLP-1 weren't just hormones. They were game changers. Maybe the biggest in modern medicine.

They came from the gut. Two little chemical messengers, whispering instructions to the body. Eat. Stop eating. Store energy. Burn fat. Keep the brain sharp. But for years, no one really cared about them. They were just another part of the body's complex biochemical orchestra. Background noise.

Then the scientists took another look. And what they found was nothing short of astonishing.

The Power of GIP and GLP-1

GIP — Glucose-dependent insulinotropic polypeptide. GLP-1 — Glucagon-like peptide-1. Mouthfuls of a name. But inside the body, they worked with brutal efficiency. Released after eating, they triggered a cascade of effects. More insulin when needed. Less sugar in the blood. A quiet signal to the brain: You're full. Stop eating.

And then something even bigger. The drugs based on these hormones—first just GLP-1 analogs like semaglutide and liraglutide, then the dual-action drugs like tirzepatide—started showing results no one had expected. People with diabetes were losing weight. Not just a little. A lot. The kind of weight loss doctors used to think was impossible with medication.

A New Era in Medicine

It was the kind of breakthrough that didn't just change the rules—it threw out the entire playbook. For decades, obesity had been treated as a lifestyle issue. Lack of willpower. Bad choices. But suddenly, it wasn't about that at all. It was biology. Chemistry. Something deep in the gut and brain that could be hacked, fine-tuned, controlled.



The drugs weren't just effective. They were spectacular. Clinical trials showed people losing 15, even 20 percent of their body weight. Diabetes under control. Risk of heart disease dropping. It was like flicking a switch in the metabolism.

Beyond Weight Loss: The Unexpected Benefits

But the biggest surprise? It wasn't just about fat and sugar. These hormones had effects no one had predicted.

People taking the drugs started noticing something strange. Their cravings weren't just for food. Smokers found they didn't want cigarettes as much. Drinkers found their usual evening whiskey didn't taste as good. Some even reported that compulsive behaviors—gambling, shopping, binge eating—seemed to fade.

Then came the research. And the results were shocking. GLP-1 drugs didn't just control appetite. They affected dopamine. The brain's reward system. The same circuits that drove addiction.

Scientists ran the studies. Mice on GLP-1 drugs lost interest in cocaine. Rats stopped binge drinking. Human trials suggested the same thing: lower rates of substance abuse. A potential weapon against the opioid crisis. Against alcoholism.

And it didn't stop there.

The Alzheimer's Connection Another unexpected discovery. These drugs didn't just help with diabetes and weight loss. They seemed to protect the brain.

Alzheimer's was the great unsolved mystery. Billions of dollars spent. Dozens of failed drugs. A slow-motion catastrophe with no cure. But when researchers looked at people on GLP-1 drugs, they found something odd. Their risk of Alzheimer's was lower. Cognitive decline slowed.

Scientists had theories. Maybe it was better blood sugar control. Maybe it was reduced inflammation. Maybe it was something deeper—something about these gut hormones protecting neurons. Keeping the brain sharp.

The trials were already underway. If the results held up, it could be the biggest breakthrough in dementia research in decades.

The Future: What's Next?

The revolution wasn't over. Scientists were already working on the next step. Triple agonists — drugs that mimicked not just GLP-1 and GIP, but also glucagon, another powerful metabolic hormone. Even greater weight loss. More metabolic control. More brain protection.

The old rules were gone. The lines between diabetes drugs, obesity treatment, and brain medicine had blurred. The future wasn't just about controlling disease. It was about rewriting human biology.

And all because of two little hormones, hidden in the gut.
Whispering secrets.
Changing everything.

MARITIME MUSEUMS

Vaasa Maritime Museum's Wasa King model is now on display in Tallinn



The Vaasa Maritime Museum's valuable ship model of the ferry Wasa King is now part of the new exhibition "Estonia – the story of a ship" at the Estonian Maritime Museum in Tallinn. The exhibition, which is open 28.9.2024–30.3.2025, tells the story of the Estonia ferry, which is significant for Estonia's history, and its role in shipping on the Baltic Sea.

The ship model Wasa King is an exact miniature copy of the ship, which in different eras was known by several names, such as Viking Sally, Silja Star and finally Estonia. The ship was built in 1980 at the Meyer Werft shipyard in Germany and its life cycle included several routes and changes of ownership. In 1991, the ship was renamed Wasa King and sailed from Vaasa to Umeå before being moved to the shipping company Estline and named Estonia.

The exhibition in Tallinn highlights the ship's role in Estonian history and its significance for Estonians. The cruise ship symbolizes the country's restoration, the achievement of Western values and international unity. The exhibition gives an insight into the ferry's history, from its construction to its tragic end on the night of September 28, 1994, when the Estonia sank in the Baltic Sea, taking 852 people with it.

The Vaasa Maritime Museum's Wasa King model is a significant part of the exhibition, as it presents the ship's original structure and interior in detail. The scale model helps the visitor to understand the ship's history and its changes during different eras. The model has aroused great interest among both Estonian and international visitors.

The exhibition does not focus on investigating the causes of the sinking, but focuses on honoring memory and the opportunity to reflect on the ship's history and significance. The presence of the Wasa King model adds more depth and authenticity to the exhibition, providing visitors with a valuable insight into the history of shipping in the Baltic Sea and the significance of Estonia for Estonia and its people.

The Wasa King will return to the Vaasa Maritime Museum before the end of May, so this fine model made in Germany can be admired here in Vaasa this summer.



Helvi Riihimäki from the Vaasa Maritime Museum brought the Wasa King model to Tallinn. Tallinn images; Helvi Riihimäki

The Estonia tragedy

30 years ago, on 28 September 1994, a tragic accident occurred when M/S Estonia, which sailed between Tallinn and Helsinki, sank. On board were about 1,000 passengers and crew. The sinking took place in stormy weather conditions and lasted only about 30 minutes. The accident claimed the lives of 852 people, making it one of the worst maritime accidents in history. The accident attracted a great deal of international attention and led to significant changes in maritime safety. The event is still remembered by many and still affects maritime traffic in the region.



A

Al-Generated Podcasts: A New Era of Audio Content with NotebookLM



Podcast in English: Russian disinformation https://vpress.ovh/podcasts.htm

In the rapidly evolving landscape of digital media, artificial intelligence continues to push boundaries, reshaping industries and redefining creative processes. One of the most groundbreaking developments is Google's NotebookLM, an advanced language model with the potential to revolutionize the podcasting world. With its ability to generate human-quality audio content, NotebookLM is paving the way for a new era of AI-driven storytelling, education, and entertainment.

The Emergence of Al-Generated Podcasts

As the podcasting industry continues to grow at an unprecedented rate, content creators and media companies are always on the lookout for innovative tools to streamline production and enhance creativity. NotebookLM, initially celebrated for its ability to generate high-quality written content, has now ventured into the realm of audio. This cutting-edge

technology is capable of producing podcasts that are nearly indistinguishable from those created by human hosts, opening up exciting possibilities for the future of digital content.

The appeal of NotebookLM-generated podcasts lies in several key features that set them apart from traditional podcasts:

Natural-Sounding Voice: NotebookLM can produce audio content with a voice that mimics the natural cadence and tone of human speech. This makes it difficult for listeners to discern that the podcast is AI-generated, offering a seamless listening experience.

Diverse Range of Topics: Whether it's breaking news, current events, or light-hearted storytelling, NotebookLM can tackle a wide array of subjects. Its versatility makes it an ideal tool for content creators looking to explore different genres without the constraints of time and labor-intensive production.

20 Everyday Abbreviations You Need to Know (and Maybe a Few You Don't)



Abbreviations are everywhere these days. From texting acronyms to technical jargon, those handy 3-letter (and sometimes longer) combos can be confusing if you're not in the know. But fear not, fellow abbreviation adventurer! This article will equip you with the knowledge to decipher 20 of the most common abbreviations you'll encounter in everyday life.

- 1. LOL: Laughing Out Loud (This one might already be a classic for many!)
- 2. BRB: Be Right
 Back (Perfect for a quick
 bathroom break during
 a chat)
- 3. OMG: Oh My God (Expresses surprise or strong emotion)
- 4. IMHO: In My Humble Opinion (A way to preface your opinion politely)
- 5. ** ASAP:** As Soon As Possible (Lights a fire under someone... nicely)
- 6. FYI: For Your Information (A heads-up for someone)
- 7. ETA: Estimated Time of Arrival (Lets you know when to expect someone)
- 8. RSVP: Please Reply (Formal request for a response to an

invitation)

- 9. PDF: Portable Document Format (A common file format for documents)
- 10. JPG: Joint Photographic Experts Group (A popular image file format)
- 11. GIF: GraphicsInterchange Format(Another image format, known for animations)12. TIFF: Tagged
- Image File Format (Used for high-quality images) 13. WWW: World Wide Web (The foundation of the internet we
- know)
 14. HTTP: Hypertext Transfer Protocol (The language webpages use to talk)
- 15. GPS: Global Positioning System (Helps you navigate the world)
 16. ATM: Automated Teller Machine (Your friendly neighborhood cash dispenser)
- 17. DIY: Do It Yourself (For the handy folks out there)
- 18. VIP: Very Important Person (Someone who gets special treatment)
- 19. TBA: To Be
 Announced (Stay tuned
 for more information)
 20. TBD: To Be
 Determined (We're still
 figuring things out)

This is just a taste of the abbreviation world, but with these 20 under your belt, you'll be well on your way to deciphering the everyday lingo, from casual texts to technical documents. So, the next time you see an abbreviation that leaves you scratching your head, remember this list and keep on exploring the wonderful world of shorthand communication!

Wasa Daily

A modern newspaper with a layout with features of the press of the 1870s. Back then, newspapers had only 4-8 pages. Lots of text, but no images at all, so there's a lot to read on a few pages. Our paper is one of the very few newspapers in English-speaking inhabitants in the Osthrobotnia region

The magazine contains quotations from old daily newspapers taken from the National Archives (digi kansalliskirjasto.fi). GPT3 Gemini, Aria and Monica do some of the routine editing work, such as translation corrector reading, and short notice writing. All texts have peen checked by journalists and the editorial staff is re sponsible for all the content of the texts.

Wasa Daily is a daily newspaper type publication, so far it is published on Sunday mornings. But our goal is for it to come out every morning in the future.

The magazine is available online for free.

Editor-in-chief Hans Björknäs.

Readers' writings are wel-

The magazine is locally owned and will remain so. For ever!

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HOROSCOPE FOR MARCH 2025

Fabulous March Horoscope

Aries (March 21–April 19)
Spring energy is rushing through your veins!
Unfortunately, you keep forgetting your umbrella everywhere. No worries—you're not made of sugar (probably).

Taurus (April 20–May 20)

The slushy remains of winter make you grumpy, but you pretend to be fine. Curl up on the couch, drink a liter of tea, and refuse to acknowledge that March is technically a spring month.

Gemini (May 21–June 20)

Your brain is overflowing with ideas and plans! Too bad you'll only follow through with one. But hey, thinking about doing something is practically the same as doing it, right?

Cancer (June 21–July 22) You're feeling extra emotional and nostalgic. Try not to call your ex or cry over old weather forecasts. Spring is coming – promise!

Leo (July 23-August 22) The sun is finally peeking out, and you can return to your natural habitat—the center of attention. Just remember, wearing sunglasses doesn't make March a summer month.

Virgo (August 23–September 22) You're already spring-cleaning, but spring doesn't seem to be cleaning up for you. Breathe deeply and accept that dust bunnies, like old friends, always come back.

Libra (September 23– October 22) Do you know what you want? No. But that's okay, because you just accidentally mixed up three different coffee orders at the café. Let the adventure begin!

Scorpio (October 23–November 21)
You are mysterious
and irresistible—except
when you're struggling
to put on your winter
boots in a hurry. Let
spring arrive at its own
pace, like a really good
thriller.

Sagittarius (November 22–December 21)
March brings big opportunities! Or maybe just more slush. But your attitude is everything, so keep your shoes dry and your spirits high.

Capricorn (December 22–January 19)
You have a plan for spring. The universe has another. Flexibility is the key to success — and to not losing your temper when the bus is late.

Aquarius (January 20–February 18)
Your creative mind is inventing a new spring fashion trend. Too bad it involves sandals and wool socks. Maybe not yet, but we admire your vision!

Pisces (February 19– March 20) Birthdays and spring vibes turn you into a hopeless romantic. Just make sure you don't wander straight into a snowdrift while gazing at the sunshine. Dream big — but watch where you're going!

HUMOUR ONE HUNDRED YEARS AGO

FROM A SMALL CHILDREN'S SCHOOL IN VYBORG

The children had been given the task of drawing figures that would illustrate what the children intended to be when they grew up. Thus one boy had designed a sailing ship, so he wanted to be a sailor, another an automobile, he was to be a driver, etc.

Little Elsa had not drawn at all. When the teacher asked why she had not made any drawings, the girl replied "I'm going to get married, but I don't know how it's drawn.

IN PRISON

Prison Director: What, you're here again! I thought your last visit here would have improved you? Prisoner: It did, sir, but I want to be even better.

THEFT ON THE WAY

Movie actress: I beg you to write in your newspaper about the theft of my jewels! Reporter: When did it take place?

Film actor: Next Monday.

EXPENSIVE DRESS

Wife: I want a new dress. Doctor-man: Oh yes, then I have to look through my patient list, maybe someone still has their appendix.

TO COUNT CORRECTLY. AND WRONG.

Teacher: Why do you always

add wrong?

Student: I don't know.

Teacher: Is someone helping

you?

Student: Yes, my dad. Teacher: What is he then?

Student: Waiter.

TRYING TO LOSE WEIGHT

"I told you that you would say no the second time you were offered cake. "I did, but they invited me three times and then I didn't know what to do.

To complain to a newspaper

The editor: — And this joke you say must be new? My grandmother already told me that when she was a little girl.

CHILD MAIDEN

— My miss, how can you read your novel when the child screams so terribly.

The nanny: — Bad, my lord, and since you're also bothering me, I cannot read at all.

IN COURT

- Mr. Judge, my husband called me "you old cow", and then he threw me out. I request that he be punished.
- Good, Mrs. H. We judge him to take you in again.

The astronomic picture of the week:



Cyclone storms encircle Jupiter's North Pole, captured in infrared light by NASA's Juno spacecraft.png

Cyclone storms encircle Jupiter's North Pole, captured in infrared light by NASA's Juno spacecraft.

2 NASA

= INAG

Public domain

Next week:



From our readers

We very much welcome submissions from our readers. Comments, stories, memories, debate, news from home. Probably this will be the most important part of this spring paper. But space is limited, so please write as short as possible! So please send posts to:

wasadagblad@gmail-com

Advertise in Wasa Daily

Being among the first to advertise in this historic and hyper-modern daily may have some PR value.

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