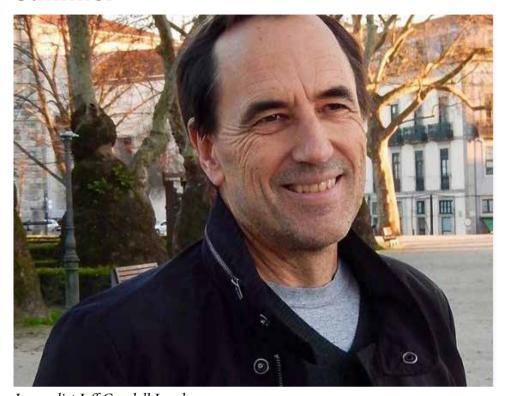


## **TODAY**

## The Heat Will Kill You First: A Grim Warning for a Scorching Summer



Journalist Jeff Goodell Lrvelasquez Creative Commons Attribution-Share Alike 4.0

THIS SUMMER, as temperatures soar and heat waves grip regions around the world, Jeff Goodell's book, "The Heat Will Kill You First: Life and Death on a Scorched Planet," takes on a terrifying immediacy. Goodell, a veteran environmental journalist, meticulously details the dangers of rising global temperatures, particularly the devastating effects on human health.

His message is stark: heat is the often-overlooked "first order threat" of climate change, a silent killer that disrupts ecosystems, strains infrastructure, and puts millions at risk. While wildfires and floods grab headlines, Goodell argues that heat exacts a deadlier toll, disrupting vital bodily functions and leading to heatstroke, organ failure, and even death.

The book isn't just a scientific treatise; it's a wake-up call. Goodell weaves together personal stories of those already impacted by extreme heat – from farmworkers in California to residents in India – with clear explanations of the science behind climate change. This blend makes the urgency of the situation all too real.

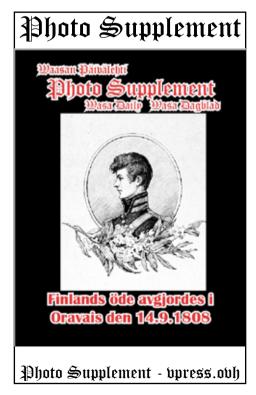
This summer, with record-breaking temperatures predicted, Goodell's warnings are tragically prescient. Thousands are likely to succumb to heat-related illnesses, a grim testament to the human cost of inaction on climate change.

"The Heat Will Kill You First" is not just a book; it's a call to action. Goodell doesn't shy away from outlining solutions, emphasizing the need for rapid transition to renewable energy sources and improved urban planning to mitigate the effects of heat waves. Here is a short quote from the prologue of Jeff Goodell's book:

"When it comes, it's invisible. It does'nt bend tree branches or blow hair across your face to let you knot is's arrived. The ground does not sheke. It just surrounds you and works on you in ways that you can't anticipate or control. You sweat.

Your heart races. You're thirsty. Your vision blurs. The sun feels like a barrel of a gun pointed at you. Plants look like they're crying. Birds vanish from the sky and take refuge in deep shade. Cars are untouchable. Colors fade. The air smells burned. You can imagine fire even before you see it."

As we face another scorching summer, let Goodell's book serve as a motivator. By understanding the threat of heat and taking decisive action, we can still build a more resilient future. But the time to act is now, before the heat truly becomes the silent killer of our generation.

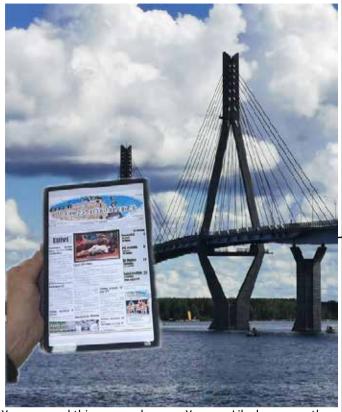


### **NIGHT OF THE ARTS**

## Night of the Arts in Vaasa 14.8.2025



## YOU CAN READ THIS NEWSPAPER ANYWHERE



You can read this paper wherever You are. Like here near the bridge to Replot

#### **BLOG WRITERS**

#### Join Wasa Daily as a Blog Writer!

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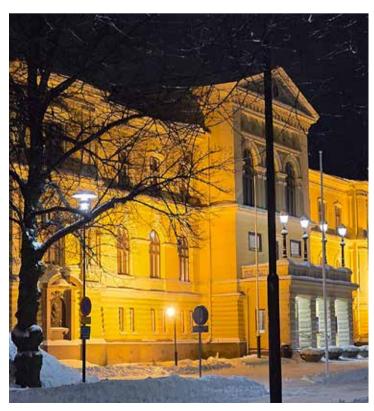
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Contact us at wasadagblad@gmail.com for more details. We can't wait to hear from you!

#### **VAASA**

## This year, the Vaasa Council of the Elderly is looking for a promoter of the well-being of seniors



Every year, the Vaasa
Senior Council recognizes a person or group
that has done special
work to improve the lives
of the elderly. This year,
the senior party will be
held on 21 November at
Vaasa City Hall, and who
will have the honour of
receiving the award will
be decided on the basis of
proposals from the public.

The prize is awarded to people who have developed or implemented an initiative that concretely strengthens seniors' well-being, health, quality of life, mobility and participation – both socially and digitally. Reducing loneliness and combating social exclusion are also at the centre.

Now the residents of Vaasa are being asked to nominate worthy candidates. Send your proposal and the justification for it by 31 August 2025 by form www.vaasa.fi/sv/forslagtillaldreradet or by post to: Vaasa Senior Association, Vuorikatu 2–4, 65100 Vaasa.

#### **VAASA**

## Vaasa aims for child-friendliness – UNICEF's recognition is close



VAASA HAS A TIGHT timetable for achieving UNICEF's recognition as a child-friendly municipality by the end of 2025. The city has taken significant development steps to promote the rights of children and young people – and now the results are starting to show.

#### Involving children in decision-making

One of the most important goals is the Child Impact Assessment (LAVA), which ensures that children's perspectives are taken into account in the planning of the city. The official implementation of the model, which was piloted in the spring, will begin in the autumn, when the personnel will also be trained. The Youth Council has provided valuable feedback – and now the child-

ren are also involved in influencing planning, for example.

#### Right to education and hobbies

Vaasa invests heavily in children's participation:

96 per cent of early childhood education and care staff have received training on the rights of the child.

Puddle Culture Week attracted 3,500 visitors and offered around a hundred events.

The free family sports sessions attracted 2,800 participants.

Hobby clubs gather more than a thousand children every week.

Traffic will also change according to the wishes of young people:

Satisfaction with public transport increased  $(2.8 \rightarrow 3.2)$  and winter maintenance of cycle lanes improved  $(3.1 \rightarrow 3.4)$ .

Young people decide for themselves

Inclusion is key:

142 children participated in the advocacy days.

80 young people made decisions on the budget for youth facilities through participatory budgeting – the experiment will be repeated in 2025.

#### **UNICEF's assessment**

The team in Vaasa is now in the final stages:

2022–2023: The plan was drawn up in consultation with the children.

2024-2025: Measures to be implemented.

2025-2026: UNICEF evaluates and awards possible recognition.

If the goal is achieved, Vaasa will become one of the most child-friendly municipalities in Finland – and a role model for others.

Source: Vaasa.fi

### **OLD VAASA**

## Today is Old Vaasa Day – history, music, and sheep at work



OLD VAASA MUSEUM is filled with history, music, and community spirit today as Old Vaasa Day is celebrated. August also offers a unique look into landscape management – this summer, sheep have played a key role in preserving the area's cultural heritage.

On Saturday, August 17, Old Vaasa Museum invites visitors on a journey through the town's past. Short guided tours highlighting the area's history and stories will be held during the day – at 11 a.m. in Finnish and at 3 p.m. in English.

For the youngest visitors, the museum's own character, Hilma Mouse, will make an appearance between 11 a.m. and 2 p.m. On the museum's yard, live music will be performed at 11:30 a.m. and 12:30 p.m.

This year, the museum yard will also turn into a communal living room during the "Talk to a Stranger" picnic. From 11 a.m. to 2 p.m., participants are encouraged to start conversations with new acquaintances using provided discussion prompts. Bring your own lunch and blanket – in case of rain, the meeting point will move indoors.

The museum offers free admission throughout the day and is open from 10 a.m. to 5 p.m. The event is organized in cooperation with the City of Vaasa, the Ostrobothnia Children's Culture Network BARK, and the Old Vaasa Residents' Association.

#### **Sheep as landscape managers**

The August program doesn't end with Old Vaasa Day. On Wednesday, August 27, from 3 p.m. to 3:30 p.m., visitors can learn about a very different aspect of the area's upkeep: the work of sheep

as landscape managers.

Project coordinator Simo Marttila from the Green Areas Team will explain how these four-legged summer workers have kept vegetation in check while supporting biodiversity. The sheep not only preserve the scenery but are also part of sustainable urban planning and enhance visitors' experience of the historic environment.

Marttila's presentation will take place at the parking area near the Old Vaasa ruins, at the intersection of Torikatu and Kauppiaankatu. The event is part of the European Heritage Days. Afterward, visitors can continue to the museum to enjoy the late summer atmosphere.

## Last open day of the summer in late August

Old Vaasa Museum is located in the historic Falander House and is open only during the summer season. The final opportunity to visit this year is Saturday, August 30, when the museum closes at 5 p.m. The museum also has a café for those who wish to end their visit with a treat.

Old Vaasa itself is an experience – its streets, buildings, and parks tell the story of a time when the city stood further east than it does today. August's program offers a rare chance to experience layers of history while enjoying the warmth of community.

Whether you are a history enthusiast, a music lover, or simply curious about what it's like to chat with a stranger at a picnic, Old Vaasa Day and its surrounding events welcome everyone to take part.

SOURCE: vaasa,fi

#### **GALLERY WEEK**

## Finland's first Gallery Week 26.–31.8.2025 – Makers' Gallery in Vaasa is one of the participating galleries



August, a completely new kind of cultural event will be celebrated in Finland, as the first national Gallery Week will open its doors to art lovers around the country. The week, which will be held from 26 to 31 August, will feature more than a hundred art exhibitions and plenty of other free events in galleries from Äkäslompolo to Helsinki and from Vaasa to Joensuu.

The event will be attended by 73 galleries from 24 locations, and the programme will be exceptionally diverse: openings, workshops, performances, concerts, artist meetings and guided tours. There is also room for more relaxed encounters, such as joint walks and art picnics. Almost all events are open and free of charge, so the threshold for joining is

low even for first-timers.

Gallery Week is specifically designed to encourage new visitors to explore local art galleries. The aim is to make visible the diverse and high-quality art that is presented in galleries throughout the year. Art galleries aren't just for professionals or established visitors – they're places where anyone can encounter art, get new ideas, and perhaps find a new hobby or source of inspiration.

## Makers' Gallery highlights art and community spirit

In Vaasa, the Gallery Makers' Gallery participates in the Gallery Week programme, organising a special discussion event and artist meeting on Thursday, 28 August at 6 pm. The guest of the evening is artist Marjo Hyvärinen, who will tell her own story and present her exhibition remotely. The event will also be attended by experts from the Cancer Society of Ostrobothnia, and there will be an open information and

discussion session that will discuss both art and the big questions of life. Part of the proceeds from the exhibition's sales will be donated to the activities of the Cancer Society of Ostrobothnia Admission to the Makers' Gallery event is free.

#### Art near and far

The programme of the Gallery Week offers an opportunity to experience art in its various forms – from painting and printmaking to photography, sculpture and performances. Each gallery highlights its own special character and the art life of its region, which makes the week a rich and diverse cultural journey also within Finland.

## Tips and more information on social media

During and even before the gallery week, event tips and programme highlights are actively shared on social media. You can follow the event on Facebook and Instagram with the ID @galleryweekfinland. During August, the channels will feature daily selections from exhibitions and events held in different parts of Finland.

Gallery Week offers a unique opportunity to see how extensive and high-quality art activity is in Finland – and how close it often is. Although the event is nationwide, its heart is local: each gallery is a carrier and developer of the culture of its own region.

#### **NEW CARS**

## Statistics Finland: 57% of New Cars Are Plug-In



FINLAND's car fleet is electrifying at a rapid pace. According to the latest figures from Statistics Finland, more than half – 57% – of the passenger cars newly registered in July 2025 were plug-in vehicles, either fully electric or plug-in hybrids.

In July, a total of 5,425 passenger cars were registered for the first time, 4% more than in July 2024. Overall, 9,648 new vehicles were registered during the month, an increase of one percent compared to the same month last year.

Fully electric cars saw the strongest growth. Registrations rose to 1,971, up 47% from a year earlier. Plug-in hybrids accounted for 1,141 vehicles, and together with fully electric cars, a total

of 3,112 plug-in vehicles were registered – 36% more than in July 2024.

The growth in electric car registrations is particularly visible in Uusimaa, which accounted for 54% of all new fully electric cars.

## **Decline Continues for Conventional Fuels**

New registrations of petrol-powered passenger cars fell by 21% in July compared to last year, totalling 2,039 cars. Diesel-powered car registrations also declined, down 17%. The share of traditional internal combustion engine cars continues to shrink year by year, as electric alternatives gain a larger share of the market.

Companies and organisations accounted for a significant share of the new car market in July: 2,235 passenger cars were registered for their use, representing 41% of all new passenger cars.

#### **Year-to-Date Trend Still Negative**

Despite the July increase, the January–July trend remains negative. During the first seven months of the year, 42,686 new passenger cars were registered, 4% fewer than in the same period last year.

The total number of new vehicles registered from January to July was 75,057, down 5% from the previous year. Registrations remain at a low level in almost all vehicle categories, although summer months have shown signs of a modest recovery.

Statistics Finland's figures clearly indicate that the electrification of Finland's car fleet is progressing rapidly, even though the overall market has yet to recover to pre-pandemic levels amid ongoing economic uncertainty. The shift towards electric passenger cars appears both clear and lasting

#### **PRESS**

## What happened when the Stockholm-based company became the owner of Vasabladet?



WHEN BONNIER NEWS entered the Finnish-Swedish newspaper world in the summer of 2023, it was more than an acquisition – it was a historic upheaval in a small, linguistically unique media market. In just over six months, the Swedish media house went from being a newcomer to dominating the majority of all Swedish-language daily newspapers in Finland.

First came the news that Bonnier News became the majority owner of Hufvudstads-bladet, Länsi-Uusimaa and Porvoobladet. This was followed by an even bigger move: the purchase of the Ostrobothnian newspaper Vasabladet and Syd-Pohjanmaa. Only a few independent operators have remained outside the giant's arms, such as Turku Underrättelser and Åland's newspapers.

The fact that the local newspaper aimed at readers in Närpes is owned by a Stockholm company and partly edited in Sundsvall may seem strange. This raises questions about proximity, identity and local inclusion. At the same time, the media world is more global than ever, and the concentration of ownership is a trend that knows no national borders.

## From a local newspaper to an international company

But how does it actually happen when a foreign media giant takes over small Finnish newspaper houses? What happens behind the scenes – at the organizational level, in the work processes and business models of the deliveries? And what does the public believe the change of ownership means for content and coverage?

These questions are central to the new research report Strategic media ownership across borders – Insights from case Bonnier News in Finland, which will be presented on Monday 25 August at the Swedish School of Social Science (Soc&kom) in Helsinki.

The project has been implemented in Soc&kom with funding from the Media Research Foundation and Konstsamfundet. The report will be in English, but the seminar will be held in Swedish and questions can be asked in Finnish or English.

#### Voice of the public and experts

During the presentation, the researchers will present interviews with the editorial board and an audience survey on the change of ownership. Speakers include media consultant and doctoral student Jens Berg,

who will review the results of the interview study, and Senior University Lecturer Klas Backholm from Åbo Akademi University, who will present the audience's perspective.

Project Manager Jenny Stenberg-Sirén, Senior Lecturer at Soc&kom, summarises and looks to the future, as the invited experts ponder, among others, Katja Lehtisaari from the University of Tampere and Swedish media consultant Anders Malmsten.

### New media map for Swedish-speaking Finland

It is no exaggeration to say that the change of ownership has redrawn the media map of Swedish-speaking Finland. The big questions remain: Does centralization provide financial security and better journalism, or are local perspectives in danger of disappearing? And how much local voice can you retain when the government is from another city – and another country?

The seminar on 25 August is unlikely to provide all the answers, but it may be an important opportunity to discuss power, the media and the future of Finland

The seminar on August 25 is not likely to provide all the answers, but it may be an important opportunity to discuss power, the media and the future of the Finland-Swedish press. We will refer to the report immediately when it has been presented.

## Kaskö Tidning

N:0 1

Organ för Kaskö, Närpes och Övermark.

1914

PRENUMERATIONSPRIS:

redaktionen och hos tidningens kom-r: Helt år Fmk 4:—. Halvt år Fmk 2: —. En månad 50 penni. A postkontoren: Helt år Fmk 4,64. Halvt år Fmk 2,32. En månad 58 pi.

#### Onsdagen den 1 juli.

Redaktion och kontor: Rådhusgatan 14. Telefon 58.

ANNONSPRIS<sup>†</sup> texten 8 penni, efter texten 6 penni neters spalthöjd

Tidningen utkommer varje helgfri onsdag h lördag kl. 10 f. m.

#### Kaskö Tidnino

anmäler härmed sitt utkommande från n l juli. Tidningen utgives 2 gad r i veckan, varje onsdag och lördag morgonen och utkommer detta är i spalitgt format, som, i händelse tid-ngen vinner önskad spridning, fråd-ngens vinner önskad spridning, fråd-ngens program angives i artikeln vid starten». Prenumerationspriset

för helt år 4 mark, för halvt " 2 " för kvart " 1 " för månad 50 penni.

För hembärning inom staden erläg es l mark i året.

onspris 8 penni före texte ni efter texten.

#### Läkare.

Uno A. Fleege Rådhusgatan 4. Mottagn. kl. 11-

Tandläkare.

rtecknad återkommer Kaskö. L. EKLUND.

#### Sakförare.

JARL BJELKE Vicehäradshövding. Borgmästare i Kaskö.

Victor Söderström. Stadsfiskal.

ombesörjer: utsökningar, inkasserin gar, bouppteckningar, arvskiften, lag-farter, inteckningar, konkursbevakningar

#### Kansallis-Osake-Pankki

#### Patria

Olycksfallförsäkring A. B.

Agentur: J. S. Sjölu

#### Finska försäkrings Aktieb. Providentia

Olycksfall-, sjuk-, inbr

#### sesidiga Försäkringsanstalten

#### **SAMPO**

Brand- (åven Skogsbrand-), Olycksfall-, ljö- (varor och frakt), Glas- och In-rottastöldsförsäkring. Mottager återför-iktringar från sockenbrandstodsförenin-ar samt meddelar försäkring å fiske-båtar och fiskbragder.

## Wasa Aktie Bank

#### **HUVUDKONTOR I WASA**

#### = AVDELNINGSKONTOR I =

Helsingfors, Abo, Tammerfors, Nystad, Björneborg, Kristinestad, Kaskö, Nykarleby, Jakobstad, Gamlakarleby, Uleaborg och Wöra.

KASKÖ, kontoret öppenhalles fran kl. 11-2.

NÄRPES,

EGET KAPITAL över 91/2 mili. mk.

Högsta depositionsränta Kapitalräkningsräntan **Sparkasseräkningsräntan** 

Löpande räkningsräntan

## Frans

Kristinestad.

#### Ständigt lager av:

Kolonialer, mjöl och Gryn, Salt o. Tobaksfabrikater. Fönsterglas, Petroleum. Byggnadstegel m. m. m. m.

Goda varor!

Billiga priser!

#### Gudstjänster.

I stadens kyrke. 4 söndagen efter Irejal-dighet. Sreach högmüss kl. 10 f. m. Finsk högmüss kl. 1 e. m. Kollekten tillfaller kyrkoh flooden. I kyrken skilles ssenskt aftonsamkenn kl. 7 e. m. med tal-floodsing av friken Gunhild Lön-bergfelcklamstom; berüttelse m. m. Frivillig kallekt uppbäres till förmin för disko-sistensken.

#### BESÖK A. W. WINBERGS Bageri och Kafé

Rådhusgatan 79.



#### Kustlägenheter. Angarna

Per Brahe & P. Thorvöst

största passagerareångare på linjen, avgå alternerande

Till Kristinestad, Mäntyluoto (Björne-borg), Raumo, Abo, Hangö och Helsingfors varje onsdag kl. 9,30

f. m. Wasa, Yxpila (Gamlakarleby) och Jakobstad varje fredag kl. 2 p. d. medtagande passagerare och last.

Nārmare meddelar:

Elis Sylvin.

#### Angfartyget "Norden"

avgår Abo till Nådendal varje söndag 8 f. m. Nådendal till Nystad varje söndag

frán Nádendal till Nystad varje söndig kl. 9,30 f. m. frán Nystad till Raumo varje söndig kl. 3 e. m. frán Raumo till Björneborg varje mán-dag kl. 2 f. m. frán Björneborg till Kristinestad via Sastmola, och Sideby varje mándag kl. 2 e. m. frán Kristinestad till Kaskö varje tisdag kl. 8 f. m.

8 f. m. Kaskō till Wasa varje tisdag kl. 

11 f. m.
från Wasa till Kaskô varje torsdag ...
1 f. m.
från Kaskô till Kristinestad varje torsdag kl. 9 t. m.
från Kristinestad till Björneborg via Sideby och Sastmola varje torsdag kl.
12 p. d.
från Björneborg till Raumo varje fredag kl. 2 f. m.
från Raumo till Nystad varje fredag kl. 9 f. m.
från Nystad till Nådendal varje fredag kl. 9 f. m.

. 2 e. m. Nådendal till Abo varje fredag I.I.

Verna Nyman. Rådhusgatan 35.

The first issue of Kaskö Tidning was published on July 1, 1914, a few weeks before the outbreak of World War I. For decades, Kaskö Tidning was a respected newspaper with an influence that far exceeded Kaskö's horizon. The newspaper still survives today under the name SydÖsterbotten, owned by Bonniew News in Stockholm and partly edited in Sundsvall.

#### **ALKO**

## Alko: Alcohol-Free Sales Soar – Yet Still a Small Share of the Total



A LKO'S JULY SALES figures show a mixed picture: total litre sales fell by 2.5 percent compared to July last year, but sales of alcohol-free drinks surged by a striking 65.1 percent.

The steepest decline was seen in strong alcoholic beverages, down 8.2 percent. Wine sales dropped by five percent, while brewery products – beer, cider, and mixed drinks – rose by 20.7 percent. Despite the sharp growth, alcohol-free products still make up less than two percent of Alko's total sales.

Hot July Shaped Drink Choices "Summer sales have been all about freshness and lightness – sparkling wines, white wines, and rosés. Beer is also part of the relaxed summer dining and socialising, and our beer sales rose by more than 28 percent. The hot July, however, reduced red wine sales by about ten percent," says Matti Syrjä, Alko's Product Communications Manager.

Alcohol-Free Is More Than Just Soda According to Syrjä, the rise in alcohol-free options is part of a global trend in which quality and selection have improved rapidly.

"The quality and breadth of alcohol-free products have increased significantly in recent years. Growing consumer demand has also encouraged producers to focus more on quality – today, alcohol-free truly means much more than just soda," Syrjä explains.

Beer is the driving force among alcohol-free options, but alcohol-free sparkling wines have also become popular. Alcohol-free cocktails are another growing trend, with ready-to-drink mocktail mixes now widely available.

Harvest and Oktoberfest Beers Coming

At the end of August, Alko's product range will shift into harvest season, with Oktoberfest beers arriving on shelves. More detailed sales statistics are available on Alko's website.

#### **RUSSIAN UNPROVOKED WAR AGAINST UKRAINE**

## Commentary: Alaska Summit—A Diplomatic Déjà Vu and a Crushing Blow for Ukraine

THE MUCH-HYPED Trump—Putin summit in Alaska has concluded, and the results are clear: it delivered no ceasefire, no peace plan, and no hope for Ukraine. Far from being a success, it was a stunning win for Vladimir Putin and a devastating setback for Ukrainian sovereignty.

#### **A Summit Without Substance**

Despite "very productive" optics, the summit yielded no tangible deal. As reported by The Guardian, Trump admitted: "There's no deal until there's a deal." Guardian Meanwhile, Putin framed the meeting as "only a reference point"—not a solution, but a stepping stone for softer diplomacy. (Guardian(

#### **Putin's PR Coup**

Putin walked away with far more than just attention. He spoke first at the press briefing—setting both tone and narrative on U.S. soil. As Reuters noted, this was no accident—Putin secured a PR win, all while remaining unchallenged. (Reuters)

The Guardian highlighted how his arrival and the media choreography cemented that victory further. Trump, for his part, showered Putin with praise and treated him with unusual warmth—commenting later on Fox News that the meeting was a "10" out of 10. (Guardian, New York Post)

## From Empty Words to Strategic Delay

Putin insisted the so-called "understanding" was rooted in addressing the "root causes" of the conflict—effectively reinforcing his non-negotiable demands: Ukrainian NATO exclusion, control over eastern Ukraine, and preserving his regime. Reuters This was a



classic stall tactic—using diplomacy as a veneer while continuing military operations fairly unabated. As The Guardian noted, Putin used the summit to stall while preparing further military action. (Guardian)

#### Who's Really in Charge Here?

Meanwhile, Trump's claims of being "close to a deal" ring increasingly hollow. He both praised the summit and parried tough questions—maintaining an image of progress without any substance. (The Times, Reuters)

#### A Loss for Peacelands Ukraine

The net outcome is clear: no breakthrough, no compromise, no cease-fire. All the while, Putin walks away more empowered than ever, having effectively neutralized Western criticism while sending a strong message: Russia can keep rewriting the rules.

European allies and Ukrainian officials are left anxious, and rightly so. The Alaska summit may have looked polished, but in reality, it was a masterclass in political theater—a victory lap for Putin.

## Editorial: Alaska Was Putin's Stage

The much-hyped summit in Alaska will be remembered not as a step toward peace but as a humiliating showcase of Western weakness.

There was no ceasefire, no agreement, no progress for Ukraine. Instead, Vladimir Putin emerged as the undisputed victor. He dominated the press conference, calmly declaring the talks "only a reference point", while Donald Trump muttered that "there's no deal until there's a deal."

This is not diplomacy. It is surrender dressed as dialogue. The Kremlin got the platform, the headlines, and the legitimacy it craves — without making the slightest concession. Ukraine got nothing.

By granting Putin a global stage without demanding results, the West signaled that aggression pays. Alaska was not a peace summit. It was theater — and Putin wrote the script.

\*13\* Wasa Daily, August 17, 2025

#### RUSSIAN UNPROVOKED WAR AGAINST UKRAINE

## **Ukraine - A Short History**



The name of Ukraine in Ukrainian, decorated with the Ukraine flag colors and with a warp effect.
Jurta

Creative Commons Zero, Public Domain Dedication

Ukraine has a long and complex history. Over 1,000 years ago, the area was the center of Kyivan Rus, the biggest and most powerful state in Europe at that time. But after years of internal conflicts and invasions by the Mongols, the land was taken over by Lithuania and later became part of the Polish-Lithuanian Commonwealth.

In the mid-1600s, Ukrainians formed their own state, the Cossack Hetmanate, after rising up against Polish rule. Despite pressure from Moscow, it managed to stay independent for more than 100 years. By the late 1700s, however, most of Ukraine was absorbed into the Russian Empire.

After the Russian Empire collapsed in 1917, Ukraine briefly became independent, but soon fell under Soviet control. The Soviet period was harsh: two famines in the 1920s and 1930s killed more than eight million people. During World War II, another seven to eight million Ukrainians died under both Nazi and Soviet occupation. In 1986, the Chernobyl nuclear disaster released massive radiation and became one of the worst accidents in history.

When the Soviet Union broke up in 1991, Ukraine voted strongly for independence. But the new country struggled with corruption, weak democracy, and economic problems.

In 2004–2005, the Orange Revolution pushed the government to allow fairer elections. Political struggles continued, and in 2013–2014, mass protests broke out after President Viktor Yanukovych rejected a trade deal with the EU in favor of Russia. Violence against protesters led to his fall from power, and he fled to Russia.

Soon after, Russia invaded and annexed Crimea in 2014. It also fueled war in eastern Ukraine, where fighting has continued ever since. By 2022, over 14,000 civilians had been killed or injured.

On 24 February 2022, Russia launched a full-scale invasion of Ukraine — the largest war in Europe since World War II. At first, Russian forces captured large areas, but they underestimated Ukraine's determination. Today, Russia claims four Ukrainian regions, but does not fully control them, and the world has not recognized these annexations.

The war has forced more than six million Ukrainians to flee abroad, creating Europe's biggest refugee crisis since WWII. President Volodymyr Zelenskyy has focused on uniting Ukrainians, fighting for the return of lost territories, and working toward EU membership.

Source: https://www.cia.gov/the-world-factbook/countries/ukraine/

## **UKRAINE**

#### **UKRAINE PRESIDENT**

# Presidents of Ukraine and the United States Discussed the Meeting in Alaska in a Bilateral Format and Then Together with European Leaders



16 August 2025 - 12:40 President of Ukraine Volodymyr Zelenskyy held a phone call with President of the United States of America Donald Trump. The leaders first spoke in a bilateral format for almost an hour, after which a conversation took place that was joined by European leaders.

The participants of the conversation included: U.S. Secretary of State Marco Rubio, U.S. Special Presidential Envoy Steve Witkoff, President of France Emmanuel Macron, President of Finland Alexander Stubb, Federal Chancellor of Germany Friedrich Merz, Prime Minister of the United Kingdom Keir Starmer, President of the Coun-

cil of Ministers of Italy Giorgia Meloni, President of Poland Karol Nawrocki, President of the European Commission Ursula von der Leyen, President of the European Council António Costa, and NATO Secretary General Mark Rutte.

Volodymyr Zelenskyy emphasized that Ukraine is ready to work as productively as possible for the sake of genuine peace.

The U.S. President informed about his meeting with the Russian leader in Alaska and the main points of their discussion. The Head of State noted that America's strength has an impact on the development of the situation.

Volodymyr Zelenskyy stres-

sed that he supports Donald Trump's proposal for a trilateral meeting between Ukraine, the United States, and Russia, since the most important and sensitive issues can only be discussed at the level of leaders, and such a format is suitable for this.

The Presidents of Ukraine and the United States agreed to discuss all details more thoroughly during their meeting in Washington on Monday, August 18. Volodymyr Zelenskyy thanked Donald Trump for the invitation.

The Head of State noted that it is important that European partners, together with the United States, be involved at every stage to ensure a reliable security architecture for Ukraine. Volodymyr Zelenskyy welcomed the positive signals from the American side regarding participation in these guarantees, which were also discussed during the conversation.

Coordination of Ukraine's joint positions with all partners continues.

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## ART EXPERIENCE OF THE WEEK



Helene Schjerfbeck 10.7.1862, Helsinki 23.1.1946, Saltsjöbaden, Ruotsi Flickporträtt; Flickhuvud, 1886

## **EVENTS**

#### **UMEÅ WOMEN'S HISTORY MUSEUM**

IN THE SECRET SERVICE OF THE KINGDOM

4.5 - 20.8.2025

Meet the women in the Swedish intelligence service during World War II. Hotel cleaners, cleaners and secretaries are recruited to the Swedish intelligence service. They secretly act as informants, couriers, or infiltrators. Others are employees of the Postal Service, the Telephone Control, or the Defense Staff's cryptography department to write, decipher, translate, and search through letters and calls about suspicious things."

https://www.kvinnohistoriskt.se/

#### **Butterfly Exhibition**

12-31 August 2025 as part of Wasa Future Festival

Butterfly Symposium 12.8.2025

Butterfly is an international interactive exhibition on new media and performance art, which is a collaboration between the University of Vaasa, Deak University, Umeå University and the University of Tampere, and which is part of the program of the Wasa Future Festival (11-16.8.2025) as well as a related program (symposium and program for school children).

https://sites.uwasa.fi/butterfly/

#### MALAX

### Late summer at Söderfjärdsbacken 6.9.2025 at 13-16

Come and check out the Söderfjärdsbacken residential area and visit the brand new daycare centre!

Representatives from various house manufacturers are on site. The municipality will provide information about vacant residential plots and it is possible to get to know the area and the daycare centre.

www.malax.fi

### VAASA CITY THEATRE

Premiere 11.9.2025 AT 6 PM Romeo Hall

"In September 2025, the musical play Piaf
– I Don't Regret Anything will premiere on the Romeo stage of the Vaasa City
Theatre, which tells the unique and multi-stage life story of Édith Piaf, who rose
to world fame from the streets of Paris."

The role of Piaf is interpreted by theatre actress Sonja Halla-aho.

https://www.netticket.fi/piaf-vaasa

### Jorma Panula - Conductor Course Concert

19.9.2025 at 6 pm Vaasa City Hall In cooperation with Panula Academy. Vaasa City Orchestra cond. Students of the conducting course

"Over the decades, Jorma Panula's courses in Vaasa have seen both future world stars in the world of conducting and pedagogues doing important basic work. Maestro Panula, who has an enormous amount of experience, finds the essence in music, and the popularity of the courses shows that he also knows how to pass it on to his students. In the final concert of the conducting course, we will put the lessons learned during the week to full use!"

#### Las Vegas 2.10.2025 at 6 pm

**Vaasa City Orchestra** 

cond. Antti Rissanen sol. Juki Välipakka & Chiara Orlandi Come Fly With Me, Fly Me to the Moon, My Way, I want to be Loved by You.... https://www.vaasa.fi/koe-ja-nae/kulttuuria-vaasassa-ja-seudulla/vaasan-kaupunginorkesteri/las-vegas/



### HELSINKI BOOK FAIR 23.-26.10.2025

in Helsinki Exhibition Hall.

The Helsinki Book Fair was founded 25 years ago at the request of the book industry – now the event is bigger than ever. This year, the Helsinki Book Fair is being held for the 25th time, and last year it had almost 98,000 visitors.

Now this is the most important cultural event of the autumn,

The theme of the Book Fair 2025 is Education and Joy!

At the same time, with the same ticket: Wine & Food event

https://kirjamessut.messukeskus.com/

#### **VAASA CITY THEATRE**

UNNECESSARY PEOPLE Premiere 23.10.2025 AT 7 PM Juliet Hall

One of the most influential dramas in Finnish playwriting.

https://www.netticket.fi/tarpeettomia-ih-misia-vaasa

#### VAASA CITY THEATRE

FOREVER YOUNG

Premiere 31.10.2025 AT 7 PM

Romeo Hall

"Forever Young is a joyful musical comedy full of vibrant joy. As we get older, do we get old? Or are we always forever young?"

https://www.netticket.fi/ikuisesti-nuo-ri-vaasa

#### **VAASA LITTFEST 2025**

#### 13.-15.11.2025.

Vaasa LittFest is a bilingual literary festival that has been held in Vaasa since 2001. The festival offers in-depth discussions that open up important themes and ideas. This year's theme is Border(s), in-depth days of literature have been promised! vaasa.fi/littfesT

#### KÅLKKÅBRA Kokkola Opera Festival

14-16.11.25

"From people to people and opera for opera's sake"

www.kpkamariooppera.fi

#### **RUSK**

18-22.11.2025

Chamber music at Jakbostad

Artistic Director

Anna-Maria Helsing

Composer of the Year

Dobrikna Tabakova

www.ruskfestival.fi

#### **BEATLES GOES KOKKOLA**

Snellman Hall, Kokkola

21.11.2025 at 6 pm

Vaasa City Orchestra

cond. Jussi Lampela

Markku Veijalainen, presenter

"The Vaasa City Orchestra will visit Kokkola with its popular Beatles programme together with Markku Veijalainen, who knows everything about 1960s pop culture. During the evening, we will hear great stories and, above all, rich arrangements of the songbook of Liverpool's Fab Four." https://www.vaasa.fi/koe-ja-nae/kulttuuria-vaasassa-ja-seudulla/vaasan-kaupung-inorkesteri/beatles-goes-kokkola/

#### **CHRISTMAS ORATORIO**

19.12.2025 at 6 pm Vaasa City Orchestra cond. Tomas Djupsjöbacka sol. Kathrin Lorenzen, soprano Jingjing Xu, alto Juan de Dios Mateos, tenor Aksel Daveyan, bass guitar

## **UNIVERSITY**

#### **UNIVERSITY OF VAASA**

## Urban Studies Expert Sampo Ruoppila Appointed as Professor of Practice at the University of Vaasa



DOCTOR OF SOCIAL SCIENCIES Sampo Ruoppila has been appointed as the new Professor of Practice at the University of Vaasa. Specializing in urban research, his role will focus on strengthening collaboration between the university and the city of Vaasa.

Ruoppila brings extensive expertise in urban studies, research partnerships, and practical urban development. He has previously worked as a researcher at the University of Helsinki, led the Urban Research Programme at the University of Turku and the City of Turku, and served as a visiting professor at Politecnico di Milano. Currently, he also works part-time as a senior researcher at the University of Helsinki and is a co-owner of SpinUnit Lab Oy, a company specializing in smart urban planning.

**Goal: Stronger Collaboration Between** 

#### **University and City**

Ruoppila's key mission is to develop the so-called "Vaasa Model"—a framework for systematically linking the university's expertise to the city's development.

– The Vaasa region has ambitious goals for green transition and growth. Competitive businesses need a vibrant and attractive city. Research plays a crucial role in decision-making, and I aim to build partnerships that benefit both the university and the city, says Ruoppila.

He emphasizes that university-city collaborations are vital for regional development. In Vaasa, this is already evident in initiatives like the EnergyVaasa cluster, where the university works closely with businesses and authorities.

## Long-Term Collaboration Beyond Individual Projects

Ruoppila highlights the importance of creating sustainable cooperation models that go beyond single projects.

 The University of Vaasa already conducts significant research on urban and regional development. I want to bring more structure and societal impact to this work, he explains.

With a strong academic background, Ruoppila has published extensively in urban studies and holds a title of docent at the University of Turku. He has also supervised several doctoral theses.

- I look forward to discussions on how research collaboration in Vaasa can be further enhanced, says Ruoppila.

The part-time professorship runs for two years and is based in the university's leadership and management unit.

PHOTO: Sampo Ruoppila, Professor of Working Life at the University of Vaasa. Photo: Olli-Pekka Orpo. Photo freely available.

## **HEALTH**

### **DIET AND HEALTH**

## Two Apples a Day Is Good for Your Health



THE ADAGE "an apple a day keeps the doctor away" may need an update, as emerging research suggests that consuming two apples daily offers even greater health benefits. Gastroenterologist Dr. Joseph Salhab highlights that apples, rich in fiber and antioxidants, contribute to liver health, cancer prevention, weight management, and improved metabolic function (Salhab 2023). This article explores the scientific evidence supporting the claim that two apples a day can enhance overall well-being.

#### Health Benefits of Two Apples a Day 1. Liver Health and Reduced Risk of Fatty Liver Disease

Apples contain polyphenols, particularly flavonoids and pectin, which have been shown to reduce liver fat accumulation. A study published in The American Journal of Clinical Nutrition found that apple polyphenols significantly decrease markers of oxidative stress and inflammation in the liver (Koutsos et al. 2015). Dr. Salhab notes that "the antioxidants and fiber in apples help lower

the risk of liver disease" (Salhab 2023).

#### 2. Colon Cancer Prevention

The high fiber content in apples promotes gut health by increasing beneficial bacteria and reducing carcinogenic compounds in the colon. A meta-analysis in Public Health Nutrition reported that regular apple consumption is associated with a 20% lower risk of colorectal cancer (Fabiani et al. 2016). Dr. Salhab emphasizes that "protective compounds in apples reduce colon cancer risk" (Salhab 2023).

## 3. Improved Cholesterol and Blood Sugar Control

Apples are rich in soluble fiber, particularly pectin, which binds to cholesterol in the gut and facilitates its excretion. A study in JAMA Internal Medicine demonstrated that daily apple intake lowers LDL cholesterol by up to 10% (Hyson et al. 2015). Additionally, the slow digestion of apple fiber helps stabilize blood sugar levels, reducing diabetes risk (Salhab 2023).

#### 4. Weight Management and Satiety

The fiber and water content in apples increase satiety, reducing overall calorie

intake. Research in Appetite found that participants who ate apples before meals consumed fewer calories than those who did not (Flood-Obbagy and Rolls 2009). Dr. Salhab states that apples are "a great snack for weight management" (Salhab 2023).

#### 5. Mental Health Benefits

Beyond physical health, apples may also support mental well-being. A study from the National University of Singapore found that fruit consumption, including apples, is linked to lower depression risk in older adults (Goh et al. 2022).

Conclusion

Scientific evidence strongly supports the health benefits of consuming two apples daily. From liver protection to mental health, apples are a cost-effective and natural way to enhance overall wellness. As Dr. Salhab concludes, "Two apples a day can significantly improve multiple aspects of health" (Salhab 2023).

#### References

Fabiani, Roberto, Minelli Liliana, and Patrizia Rosignoli. 2016. "Apple Intake and Cancer Risk: A Systematic Review and Meta-Analysis of Observational Studies." Public Health Nutrition 19 (14): 2603–2617.

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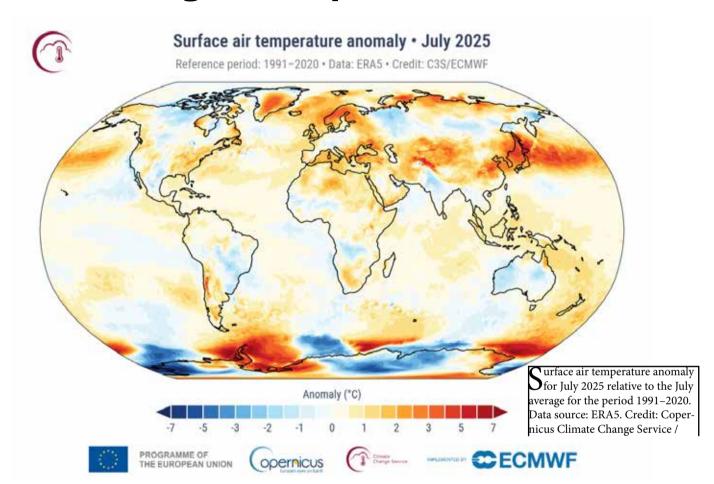
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Salhab, Joseph. 2023. "Why You Should Eat 2 Apples a Day." Instagram post, August 4. Accessed October 10, 2023. https://www.instagram.com/drjosephsalhab/.

## **CLIMATE CHANGE**

#### **CLIMATE CHANGE**

## Copernicus: Third-warmest July marks slight respite from record global temperatures



According to new data from the Copernicus Climate Change Service, July 2025 was the third-warmest July ever recorded worldwide. The average global surface air temperature for the month was 16.68°C, which is 0.45°C warmer than the typical July between 1991 and 2020.

Although July 2025 was slightly cooler than the record-breaking Julys of 2023 and 2024, it was still 1.25°C warmer than the pre-industrial average from 1850–1900. This means that even with a slight drop in global temperature, the long-term warming trend continues.

## Europe felt the heat – especially in the north

In Europe, July 2025 was also unusually warm. The average temperature over land was 1.30°C higher than normal. Northern Europe, especially Sweden and Finland, saw strong heatwave conditions. Southeast Europe also faced heatwaves and wildfires, and Türkiye reported a new national record of 50.5°C.

Some parts of Europe, such as central Europe, western Russia, and parts of Spain, were cooler than average.

Rest of the world: mixed temperatures

Outside Europe, above-average temperatures were seen in areas like the Himalayas, China, and Japan. On the other hand, below-average temperatures were recorded in parts of Antarctica, as well as in North and South America, India, Australia, and areas of Africa.

Warning from climate experts
Carlo Buontempo, Director of the
Copernicus Climate Change Service,
commented:

"Even though the streak of record-breaking months has paused, climate change has not stopped. We still saw extreme heat and devastating floods in July. Unless we reduce greenhouse gas emissions quickly, we can expect more temperature records and worsening impacts."

**About Copernicus>:** The Copernicus Climate Change Service (C3S) is run by the European Centre for Medium-Range Weather Forecasts and funded by the EU. It monitors climate using satellite and weather data from all over the world.

## **WELLBEING COUNTY**

#### **WELLBEING AREA**

## Wellbeing Services County: Renovation of the T Building begins in the Vaasa Hospital area



THE RENOVATION of the T Building, which is located in the area around Vaasa Central Hospital, will begin in early autumn 2025. The building was completed in 1995 and the renovation applies to floors 2 and 3.

The construction site will be limited outdoors to the area between the T-main entrance and the customer pharmacy, but both will be in use as usual during the renovation.

## New premises for childbirth and gynaecological care

After the renovation, the premises will house delivery rooms, the Seri

Support Centre and the Maternity and Gynaecology Department. Adjacent to the T-main entrance, there will also be a new space for OLKA activities and patient organisations. Occupancy of the newly renovated premises is planned for the beginning of 2027.

The number of delivery rooms will remain the same, but they will have more birthing pods. The biggest change in the ward is that all patient rooms will have their own toilet and shower.

"The premises will be made modern and adaptable. The staff is actively involved in the planning and the patients' wishes are also listened to," says Assistant Head Nurse Jaana Ekebohm.

## Future needs are taken into account in the design of the

The renovation will focus on customer orientation, ergonomics and accessibility. Energy efficiency, new technical solutions and cost-effective service and maintenance are also important goals.

The functions of the other floors of the T Building, such as the physiotherapy unit, will continue as they should during the renovation. T-rakennuksen muissa kerroksissa olevat toiminnot, kuten fysiatrian yksikkö, jatkuvat ennallaan remontin aikana.

## WELLBEING

#### **WELLBEING AREA**

## Wellbeing services county: Older people have their voices heard in the assessment of functional capacity



CAN now assess their functional capacity themselves with a simple online form. The questions include health, mobility, eating habits, pain and social contacts. The aim is to inspire changes that can improve everyday life.

"We want to support older people in maintaining both functional capacity and well-being. It all starts with the elderly being able to tell how they feel about their situation," says Ann-Sofi Larsson, RAI expert at the Wellbeing Services County of Ostrobothnia. Good to do in case of changes in eve-

ryday life

It may be wise to fill in the form if, for example, you have stopped a hobby, see fewer friends and relatives or feel that everyday tasks have become more difficult. The cause may be memory problems, hearing loss, fear of falling or other things that make life more difficult.

Filling in the form does not automatically lead to you receiving service or being contacted by healthcare professionals. If you need help, you should contact the healthcare service yourself. Support is available

Ostrobothnia has many services that can support the elderly, such as assistive technology services, home rehabilitation, senior counselling and a memory outpatient clinic. If you wish, you can give the healthcare staff permission to read the answers in the form.

The responses can also be used anonymously to develop services and cooperation between the wellbeing services county and municipalities.

More information and instructions can be found on osterbottensvalfard.fi.

#### Are you 65+?

Now you can assess your health, mobility and everyday life yourself with a simple online form.

- ☐ Helps you see what's working well and what can be improved.
- ☐ You decide whether the healthcare provider can see your answers. More info: osterbottensvalfard.fi

## **SCHOOLS**

#### **SCHOOLS START**

## The number of first-graders continues to decline – 51,000 children will start school this autumn

THE NUMBER OF first-grade pupils has decreased in all regions of mainland Finland between 2020 and 2024. In absolute numbers, the decrease was greatest in Uusimaa, with over 1,000 pupils and the highest number of pupils. In relative terms, however, the number of first-graders has decreased most in Kymenlaakso (20%), Central Finland (18%) and Kainuu (17%).

A total of approximately 546,000 pupils in grades 1–9 study in basic education each year. Of them, 6 per cent are studying at a Swedish-speaking educational institution. For 12 per cent of comprehensive school pupils, their mother tongue is something other than Finnish, Swedish or Sami. The proportion of foreign-language pupils has grown steadily.

In addition, 7,500 people study the basic education syllabus or basic education subjects for adults every year.

More than 10,000 pupils participate in basic education for children and young people with an immigrant background every year. The number of pupils in preparatory education in basic education has decreased over the past two years. One of the reasons for this is that the number of children and young people coming from Ukraine has decreased.

## The total number of students in upper secondary general school education has grown steadily

It is estimated that more than 37,000 students will start their upper secondary studies this autumn. The figure has remained more or less unchanged in recent years. The assessment includes those who are studying according to the

adult education course leading to the matriculation examination in upper secondary education.

By contrast, the total number of students in upper secondary general school education has grown steadily. In 2024, there were a total of about 112,200 students in upper secondary schools, compared with 111,400 in the previous year. The increase in the total number of students and the fact that the number of new students has remained unchanged means that more and more students are devoting more than three years to their studies.

Despite the increase in the total number of students, the number of students studying for the matriculation examination according to the adult syllabus has decreased by around 600 since 2021. In 2024, the number was approximately 11,100.

In absolute numbers, the number of students in general upper secondary school has grown most in Uusimaa in 2020–2024, by nearly 3,300 students. In relative terms, the growth has been highest in Central Ostrobothnia (10%) and North Ostrobothnia (5%). The number of students in upper secondary general school education has decreased most both in terms of numbers and in relative terms in South Savo (23%).

In 2024, 42 per cent of students in upper secondary general education were men and 58 per cent women.

## Number of students entering vocational basic education remains stable

In education leading to a vocational upper secondary qualification, approximately 40,000 students generally start their studies in August each year. Since 2020, 8–9 per cent of this group has completed parts of a basic qualification. Initial vocational qua-

lification studies can be started throughout the year, but the share starting in August has usually been about two-thirds of those starting throughout the year.

More than 4,000 students usually start their studies for a further or specialist vocational qualification in August each year, although in 2024 there were 3,800 of them. Of those who have started a further or specialist vocational qualification, 16–19% have completed units of a qualification since 2020.

The exact number of students starting their vocational studies in August this year will be known at the beginning of September. Those who started the education also include people who did not complete basic education in the spring of the same year.

In 2024, 19% of students completing a vocational upper secondary qualification were foreign-language speakers. Of them, 40% studied in the health and well-being sector and 21% in the service sector. The share of foreign-language speakers has risen steadily since 2020, when it was 14% of all students.

Women accounted for 49 per cent of all students with a vocational upper secondary qualification, but the share of women among those having started a further or specialist vocational qualification was 59 per cent. The most popular field for women completing a bachelor's degree is health and welfare, where 39% of female students study. In further and specialist vocational qualifications, women's favourite field is the field of business and administration, where 41% of female students study.

Correspondingly, men study most in the field of technology: this is the case for 45% of men studying for a vocational upper secondary qualification and 32% for a further and specialist vocational qualifications. In further and specialist vocational qualifications, the field of business and administration is also popular among men, as one third of them study in this field.

Source: Finnish National Agency for Education

## **ASTRONOMY**

#### **ASTRONOMY**

## Look up! The Perseids' meteor shower lights up the August nights



Every year in August, the sky offers one of its grandest shows – the Perseid meteor shower. This year, it reaches its peak on the night of Monday 12 and Tuesday 13 August, and astronomers predict a particularly intense spectacle. Under ideal conditions, you can expect up to 90 "shooting stars" per hour.

#### A cosmic encounter

The Perseids occur when the Earth crosses the tail-like trail of dust and small particles left behind by Comet Swift—Tuttle during its orbits around the Sun. These dust grains, which are usually no larger than grains of sand, rush into the Earth's atmosphere at speeds of about 60 kilometers per second. The friction causes them to heat up and annihilate in the blink of an eye — and it is this fiery journey that we see as bright streaks in the sky.

The name "The Perseids" comes from the constellation Perseus, where the so-called radiant of the meteor swarm – the point in the sky where the streaks appear to emanate from – is located.

#### When and where to look?

In Finland, the Perseids are best seen

in the southern and central parts of the country, as the bright summer nights in the north can still interfere with visibility. The best time to look is between midnight and dawn, when the radiant is at its highest in the sky and the number of visible meteors increases.

Want to maximize the experience? Find a place with a clear horizon and minimal light pollution. Building lighting, street lamps, and illuminated facades can drastically reduce the number of meteors you see. The Ursa Astronomical Society recommends using Skywarden's Observation Service to find dark spots.

In Vaasa, Meteoriihi in Söderfjärden is an excellent observation site. Here you have an unobstructed view in all directions and plenty of space for both stargazing and picnic blankets. The address is Marenintie 292.

#### Perfect conditions this year

This year, the peak of the Perseids coincides with a first quarter moon, which means that the moon's light is dim and does not interfere with visibility. This is a fortunate circumstance – a strong moon can otherwise drown the fainter meteors in its light.

In addition, peak night occurs in the middle of the week, which often means fewer cars and people out in the countryside. Anyone who can sleep in the next day has a golden opportunity for a long night under the stars.

#### How to prepare

Seeing the Perseids doesn't require expensive equipment – on the contrary, the best tool is your own eyes. But a few simple preparations can make the experience even better:

Arrive early so that you have time to get your eyes used to the darkness. It takes about 30 minutes for the vision to adjust.

Dress warmly – even August nights can get chilly.

Bring a blanket or chair to lie on, so you don't get a sore neck.

Be patient – the meteors come in bursts, sometimes with longer breaks in between.

#### More than just light

The Perseids are not just an astronomical event – it is also a cultural experience. In many cultures, shooting stars are seen as auspicious, and in modern times, it's a perfect reason to gather with family and friends to share a time together under the open sky.

For children, it can be a magical introduction to astronomy. Lying outside on a summer evening, looking up and waiting for the sudden, fleeting streak across the sky is a reminder of our little place in the universe – and of its beauty.

#### A recurring spectacle

The Perseids recur every year, but the strength varies depending on how dense the particle field is and what the conditions on Earth look like. Although the 2025 meteor swarm is not the most intense in history, the forecasts point to an unusually clear and bright peak.

So book the night of August 13 in your calendar, turn off your phone's screen light and turn your eyes to the northeast. With a bit of luck, you'll see about ten meteors in just a few minutes – some short, some long and sparkling, and maybe one or another with a reddish tint.

Heaven's own fireworks await.

## **SUMMER HOUSES**

#### **DIY BUILDERS**

## Good to remember if you want to build a warehouse! A reminder for DIY builders



SUMMER IS THE PER-FECT time for construction projects, but be sure to check the rules before you start building – especially if your plot is close to a road! Although the new Building Act (2025) facilitated the permit practice for small buildings, a separate permit from the ELY Centre is still required for construction in a protected area on a motorway.

#### What is a road protection zone?

A protected area is an area adjacent to a road area where construction is restricted due to traffic safety and road maintenance. Its width depends on the type of road:

Main and main roads: 30 metres

Motorways: 50 metres

Regional roads and connecting roads: 20 metres

The distance is measured from the centre

line of the road, and nothing – not even a fence or a shed – can be built in the area without a special permit from the Centre for Economic Development, Transport and the Environment.

## The reform eased the rules for small buildings

From the beginning of 2025, building permits are no longer required for warehouses, garages and saunas of less than 30 square meters, provided that they:

They are not intended for residential use. Follow the plan and building regulations (e.g. distances to plot boundaries).

Similarly, it is now possible to erect tree canopies of less than 50 square meters without bureaucracy.

## The proximity to the road? Check the permit!

If your plot borders a road, the restrictions in the protected area still apply. For instance:

You want to build a 25 square meter warehouse next to the road. According to the new law, a building permit is not required, but if the building is located in a protected

area (e.g. less than 30 metres from the centre of the motorway), you will need a special permit from the Centre for Economic Development, Transport and the Environment.

When applying for a permit, an assessment is made as to whether the construction will pose a danger to traffic or a nuisance to road maintenance. The process includes listening to the neighbours and producing a situation map (site plan).

#### **Tips for builders**

Measure the distance from the road – Is your plot part of a protected area?

Request from the ELY Centre – Confirm the requirements before you start construction.

Follow the rules – Even if you don't need a permit, distance and safety are important.

Don't let surprises slow down your summer building dreams – check the rules and enjoy a successful project!

Source: Centre for Economic Development, Transport and the Environment of Southeast Finland

## **CULTURE**

### **VAASA LITTFEST**

## Vaasa LittFest in November – A Cultural Festival to Look Forward To



As November's darkness settles over the city, Vasa will once again light up—through literature, culture, and engaging dialogue. Vasa Litt-Fest, taking place from November 13 to 15, 2025, brings together literature enthusiasts, renowned authors, and timely themes for a unique and thought-provoking festival weekend.

The theme of the 2025 festival is Border(s), inviting reflection on physical, cultural, linguistic, and mental boundaries—and the ways literature helps us cross them. Literature, by its nature, constantly moves beyond borders, opening windows into other realities.

Among the first confirmed

guests are a number of celebrated Finnish and Nordic authors. Pajtim Statovci, twice awarded the Finlandia Prize, will present his latest novel Lehmä synnyttää yöllä (2024), which has become an international literary sensation. Translation rights have already been sold to publishers in the U.S., Germany, Italy, and beyond. Statovci's previous works, including My Cat Yugoslavia and Bolla, have earned critical acclaim at home and abroad.

From Sweden, *Mikael Niemi* will join the festival. He is best known for his August Prize—winning novel Popular Music from Vittula (2000). Niemi's storytelling explores life in Tornedalen, where three cultures intersect. His latest novel, Sten i siden (2025), is a multigeneratio-

nal family saga set in the far north.

The festival will also feature multi-talented artist *Laura Malmivaara*, who performs with the Vaasa City Orchestra and composer-percussionist Arttu Takalo. Together, they will present excerpts from Malmivaara's recent novel Iltatähti through a unique combination of literature and live music—a rare treat for festival audiences.

Among the featured Finnish authors is folklorist and novelist Mikko Kamula, known for his popular Metsän kansa series. Kamula delves into the historical borders of Finland through richly detailed novels rooted in 15th-century Finnish folk beliefs.

Science journalist and author *Marcus Rosenlund* will explore the planet's natural boundaries. His works traverse the realms of meteorology, outer space, and microorganisms. His latest book takes a closer look at the underground world—the life and systems that exist beneath our feet.

But the tone isn't all serious. Beloved dialect poet and author *Heli Laaksonen* will bring laughter and warmth to the stage at Vaasa City Theatre. Known for her witty and nature-themed verse, Laaksonen rose to fame with her debut Pulu uis (2000) and has since written both

poetry and nonfiction about the Finnish landscape and environment.

One of the festival's most unique events is a late-night session that explores folklore and true crime. Author duo Tiina and Marko Hautala will host an evening with religious studies scholar Tuomas Äystö, whose new book Paholaisen perilliset (2025) dives into the history of Satanic Panic. The evening will also feature a panel on mythology and magic, with folklorist and author Jenna Kostet, Finland's most famous modern witch Kuparikettu, and writer-crafter Riina Peltonen, who has studied magical sites in Ostrobothnia.

- The festival program offers a chance to explore identity, politics, history, and society from both personal and global perspectives. We aim to inspire dialogue not only about literature but also about contemporary issues, says cultural producer Ilkka Nyqvist.

Vasa LittFest is more than just a literary event—it is a space for encounters that transcend generations, languages, and borders.

Vasa LittFest 2025 – a festival that crosses borders and connects people through the power of stories.

## **VAASA UNIVERSITY**

#### **VAASA UNIVERSITY AND VAMK**

## University of Vaasa and VAMK - Stronger and More Competitive Together



The University of Vaasa and Vaasa University of Applied Sciences (VAMK) have taken a significant step toward a shared future - a new higher education consortium has now been officially established.

This historic merger is strengthened by the university's 70% ownership stake in VAMK, while the City of Vaasa retains 30%. Both institutions will keep their

names, but the consortium's new name will be announced this fall.

This strategic initiative creates a strong, internationally competitive higher education community in Ostrobothnia that addresses workforce skill gaps and enhances research impact. The collaboration isn't new - the institutions have long worked closely together, particularly in engineering education through Technobothnia's laboratories and the Tritonia Academic Library.

"Our goal is to create an internationally significant higher education unit that offers students flexible study paths and high-quality learning environments all the way up to doctoral education," says Minna Martikainen, Rector of the University of Vaasa.

The new consortium aims for regional, national and international influence. Resources will be used more efficiently, research groups will be strengthened, and cooperation with businesses will intensify. "We're developing research infrastructure, which will also strengthen Finland's export potential," empha-

sizes Hannu Vahtera, Managing Director of VAMK.

This merger isn't just an administrative change - it's a strategic investment in a future where education, research and working life interact even more effectively. The combined strengths of these institutions will create new opportunities for students, researchers and businesses throughout the region and beyond.

Image: Vaasa University. The image can be freely used.

## **ONLINE COURSES**

#### **AI-COURSE**

## VAMK and University of Vaasa Offer Al Course for Entrepreneurs and Professionals – Free Online Course Explores Al's Business Potential



Artificial intelligence (AI) is transforming businesses at an unprecedented pace, enabling automation, improved customer service, and even entirely new business models.

But how can small and medium-sized enterprises (SMEs) and entrepreneurs harness AI in practice? Vaasa University of Applied Sciences (VAMK) and the University of Vaasa now offer a solution: a free online course to help identify AI opportunities in business.

## Al Isn't the Future—It's Here Now

The new AI2Business online course is designed for SMEs, entrepreneurs, and professionals who want to learn how AI can enhance business growth. The course provides practical knowledge without requiring deep technical expertise.

"Companies need concrete

guidance on AI implementation. Our goal is to accelerate AI competence building," says Sanna Peltonen, project manager of AI2Business at VAMK.

The self-paced course is available in English, making it ideal for busy professionals.

#### How AI is Reshaping Business

While many see AI as just a tool for automation, its impact is far broader. "AI doesn't just streamline processes—it changes business logic," emphasizes Marko Kohtamäki, professor at the University of Vaasa.

The course covers AI from three perspectives:

Business – How can AI create competitive advantages?

Technology – What applications exist?

Design – How to develop user-friendly AI solutions?

"AI adoption isn't just about technology. If a solution doesn't serve users, it remains disconnected," Peltonen notes.

Real-World Examples: How Businesses Use AI Today

The course features three company-driven AI experiments demonstrating practical applications:

Document processing – Automated data extraction and report generation.

Price prediction – Dynamic pricing models based on market conditions.

Production quality control – Machine learning detects defects in real time.

"These experiments are based on real business needs, showing how AI can be applied across industries," says Jani Boutellier, assistant professor at the University of Vaasa.

How to Join the Free Course? Currently in pilot phase, the course is free and ideal for SMEs, managers, and anyone interested in AI.

#### Participation is simple:

Register on the AI2Business Moodle platform: https://moodle.muovadigital.net/mod/page/ view.php?id=680

Study at your own pace -24/7 access.

Receive a certificate upon completion.

As part of the EU-funded AI-2Business project, participants are encouraged to join the project's monitoring system to help measure AI training impact in Finland.

"No need to worry about details—we guide you every step of the way," assures Peltonen.

## Al is the Future—Start Learning Now

AI offers vast potential for businesses, but leveraging it requires understanding how it fits into operations. This course helps companies take their first steps into AI without major investments.

Ready to future-proof your business? Enroll now!

\*AI2Business is an EU-funded project promoting AI skills for SMEs. Learn more: VAMK website.\*



## **Wasa Daily**



Welcome to a new era of newspapers! Say hello to Wasa Daily - the smart news source that you can read anywhere and that keeps you well-orientated.

So, what exactly is **Wasa Daily?** Well, it's your weekly dose of news, information, laughter, insight and everything else that makes life a little wiser, and more fun. And the best of all? Its free! Exactly, you read that right. No hidden fees, no subscriptions. We believe news should be accessible to everyone, whether you're on a beach in Thailand or in your favorite cafe around the corner. So how does it work? Easy! Just download our **Wasa Daily** to your tablet, and you have the whole world in your hand.

We at Wasa Daily know that Finns love their coffee. Every Sunday morning you can enjoy your favorite coffee and at the same time update yourself on world events. So take out the coffee cup, sit comfortably and read the Wasa Daily.

In a world full of boring news, someone like us is needed to spice things up. Welcome to Wasa Daily - we make news easier to swallow!

## **CHURCH**



#### **Views from the Tower of Kallio Church**

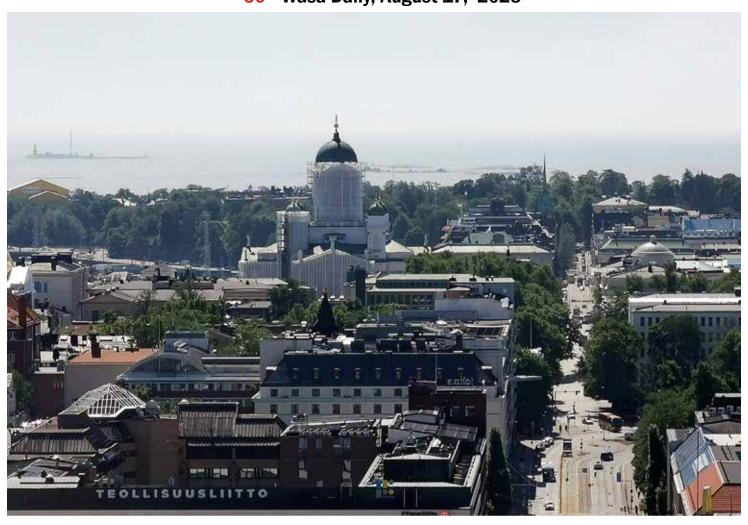
Kallio Church, located in the Kallio district of Helsinki, is an impressive granite building. It serves as the main church for the Kallio parish (the other church being Alppila Church). Designed by architect Lars Sonck, the church exemplifies the national romantic style combined with international Art Nouveau influences. This style is characterized by the use of traditional Finnish materials, robust architectural forms, and nature-inspired motifs and colors.

This summer, the public has a unique opportunity to visit the 65-meter-high tower of Kallio Church, offering breathtaking views over all of Helsinki. On a clear day, it is even possible to see as far as Estonia, although this was not the case during our visit today.

You can climb the tower of Kallio Church for a fee between 1 June and 31 August on Wednesdays and Saturdays from 11 am to 4 pm. The Kallio Church café, which sells refreshments, snacks and souvenirs, is open from Wednesday to Saturday from 11 am to 4 pm. Kallio Church is open all year round, every day.

This unique experience offers both locals and tourists the chance to see Helsinki from a new perspective and enjoy the beauty of the city from above.

**\*30\*** Wasa Daily, August **17**, 2025

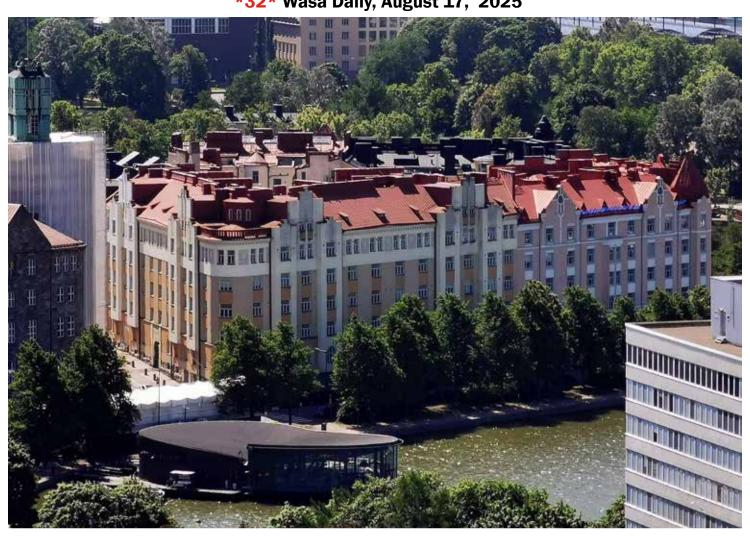




**\*31\*** Wasa Daily, August **17**, **2025** 



\*32\* Wasa Daily, August 17, 2025





### Al

#### **AI MUSIC**

## The Best Al Music Generators in 2025 – From Rap Beats to Opera Masterpieces



Imagine a 16-year-old aspiring rapper who wants to craft the next viral hit but doesn't know how to produce beats. Or a retired music teacher dreaming of composing an opera but lacking the technical skills. Maybe even a podcaster looking for the perfect background track without paying expensive licensing fees.

In 2025, AI music generators have become so advanced that they can turn anyone—regardless of musical training—into a composer.

But with so many options available, which AI tools truly stand out? We tested the top platforms to find the best AI music generators of 2025, catering to different needs, genres, and skill levels.

## Suno Al 3.0 – The King of Al-Generated Songs

Suno AI made waves in 2024 with its ability to generate full songs—lyrics, vocals, and instrumentals—from simple text prompts. In 2025, Suno AI 3.0 has refined its algorithms to produce even more natural-sounding vocals and genre-specific compositions.

Best for: Aspiring singers, songwri-

ters, and content creators.

Why it's great: Type in a prompt like "upbeat pop-punk song about summer love", and Suno generates a complete track in seconds

Perfect for: Our teen rapper who just typed "hard-hitting trap beat with aggressive flow" and got a studio-quality demo in minutes.

## Udio Pro – The Ultimate Al Music Collaboration Tool

Udio took a different approach by focusing on human-AI collaboration. Its 2025 "Pro" version lets users start with a melody, hum a tune, or even upload a rough recording, which the AI then refines into a polished track.

Best for: Musicians who want AI assistance rather than full automation.

Why it's great: Udio Pro's "Smart Remix" feature can transform a simple piano riff into a full orchestral arrangement or a synth-heavy EDM drop.

Perfect for: Our opera-loving senior, who hummed an aria idea and watched Udio turn it into a sweeping, orchestrated piece complete with synthetic operatic vocals.

AIVA 4.0 - The Classical and Film

#### Score Specialist

While many AI tools focus on pop and electronic music, AIVA 4.0 remains the go-to for classical, jazz, and cinematic compositions. It's used by indie filmmakers, game developers, and even professional composers for inspiration.

Best for: Composers, filmmakers, and game devs.

Why it's great: AIVA's "Emotion Engine" lets users adjust the mood of a piece (e.g., "more melancholic" or "heroic climax"), making it ideal for scoring scenes.

#### The Future of Al Music?

While AI music tools still can't fully replace human creativity, they've become indispensable assistants—helping beginners create professional-sounding tracks and giving experts new ways to experiment.

The best part? Most of these tools offer free tiers, so anyone can start composing today. Whether you're a teen rapper, a retired opera enthusiast, or just someone who loves making music, 2025's AI music generators have something for you.

### A

## Al-Generated Podcasts: A New Era of Audio Content with NotebookLM



Podcast in English: Russian disinformation https://vpress.ovh/podcasts.htm

In the rapidly evolving landscape of digital media, artificial intelligence continues to push boundaries, reshaping industries and redefining creative processes. One of the most groundbreaking developments is Google's NotebookLM, an advanced language model with the potential to revolutionize the podcasting world. With its ability to generate human-quality audio content, NotebookLM is paving the way for a new era of AI-driven storytelling, education, and entertainment.

### The Emergence of Al-Generated Podcasts

As the podcasting industry continues to grow at an unprecedented rate, content creators and media companies are always on the lookout for innovative tools to streamline production and enhance creativity. NotebookLM, initially celebrated for its ability to generate high-quality written content, has now ventured into the realm of audio. This cutting-edge

technology is capable of producing podcasts that are nearly indistinguishable from those created by human hosts, opening up exciting possibilities for the future of digital content.

The appeal of NotebookLM-generated podcasts lies in several key features that set them apart from traditional podcasts:

Natural-Sounding Voice: NotebookLM can produce audio content with a voice that mimics the natural cadence and tone of human speech. This makes it difficult for listeners to discern that the podcast is AI-generated, offering a seamless listening experience.

Diverse Range of Topics: Whether it's breaking news, current events, or light-hearted storytelling, NotebookLM can tackle a wide array of subjects. Its versatility makes it an ideal tool for content creators looking to explore different genres without the constraints of time and labor-intensive production.

## 20 Everyday Abbreviations You Need to Know (and Maybe a Few You Don't)



Abbreviations are everywhere these days. From texting acronyms to technical jargon, those handy 3-letter (and sometimes longer) combos can be confusing if you're not in the know. But fear not, fellow abbreviation adventurer! This article will equip you with the knowledge to decipher 20 of the most common abbreviations you'll encounter in everyday life.

- 1. LOL: Laughing Out Loud (This one might already be a classic for many!)
- 2. BRB: Be Right Back (Perfect for a quick bathroom break during a chat)
- 3. OMG: Oh My God (Expresses surprise or strong emotion)
- 4. IMHO: In My Humble Opinion (A way to preface your opinion politely)
- 5. \*\* ASAP:\*\* As Soon As Possible (Lights a fire under someone... nicely)
- 6. FYI: For Your Information (A heads-up for someone)
- 7. ETA: Estimated Time of Arrival (Lets you know when to expect someone)
- 8. RSVP: Please Reply (Formal request for a response to an

invitation)

- 9. PDF: Portable Document Format (A common file format for documents)
- 10. JPG: Joint Photographic Experts Group (A popular image file format)
- 11. GIF: Graphics Interchange Format (Another image format, known for animations)
- 12. TIFF: TaggedImage File Format (Used for high-quality images)13. WWW: WorldWide Web (The founda-
- Wide Web (The foundation of the internet we know)
- 14. HTTP: Hypertext Transfer Protocol (The language webpages use to talk)
- 15. GPS: Global Positioning System (Helps you navigate the world)
  16. ATM: Automated Teller Machine (Your friendly neighborhood cash dispenser)
- 17. DIY: Do It Yourself (For the handy folks out there)
- 18. VIP: Very Important Person (Someone who gets special treatment)
- 19. TBA: To Be
  Announced (Stay tuned
  for more information)
  20. TBD: To Be
  Determined (We're still
  figuring things out)

This is just a taste of the abbreviation world, but with these 20 under your belt, you'll be well on your way to deciphering the everyday lingo, from casual texts to technical documents. So, the next time you see an abbreviation that leaves you scratching your head, remember this list and keep on exploring the wonderful world of shorthand communication!

#### **Wasa Daily**

A modern newspaper with a layout with features of the press of the 1870s. Back then, newspapers had only 4-8 pages. Lots of text, but no images at all, so there's a lot to read on a few pages. Our paper is one of the very few newspapers in English-serving English-speaking inhabitants in the Osthrobotnia region

The magazine contains quotations from old daily newspapers taken from the National Archives (digi kansalliskirjasto.fi). GPT3 Gemini, Aria and Monica do some of the routine editing work, such as translation corrector reading, and short notice writing. All texts have peen checked by journalists and the editorial staff is re sponsible for all the content of the texts.

Wasa Daily is a daily newspaper type publication, so far it is published on Sunday mornings. But our goal is for it to come out every morning in the future.

The magazine is available online for free.

Editor-in-chief Hans Björknäs.

Readers' writings are welcome!

The magazine is locally owned and will remain so. For ever!

Editorial office: Wasa Daily, Koulukatu 37 B 7, 65100 Vaasa, tel. +358-40-5462455.

Helsinki editorial office: Wasa Daily, Toinen linja 9 B 36, 00530 Helsinki. Phone +358-40-5462455.

Email: wasadagblad@ gmail.com

## **HOROSCOPE FOR AUGUST 2025**

August Horoscope – The Stars Are Mumbling (And Maybe Making Some Sense)

Aries (Mar 21 – Apr 19) You'll have a brilliant idea this August! Unfortunately, someone already had it in 2003. Console yourself with ice cream. And more ice cream. With sprinkles – obviously.

Taurus (Apr 20 – May 20)

Money is coming your way! Well, a discount coupon at best. Love may blossom – but only if you remember to water it. (Yes, this includes your plants.)

Gemini (May 21 – Jun 20)

You're everywhere and nowhere – just like your vacation plans. Try deep breathing. It won't help, but at least you'll look peaceful while searching for your keys.

Cancer (Jun 21 – Jul 22) You're feeling emotional. That's okay. Everyone cries over overcooked pasta now and then. A surprise awaits at the end of the month – possibly pizza.

Leo (Jul 23 – Aug 22) It's YOUR month! The world revolves around you – just the way you like it. Enjoy the spotlight, but remember: other people exist too. Sadly.

Virgo (Aug 23 – Sep 22) You try to control everything. August has other plans. Let go – at least of your color-coded to-do list. But keep the Excel sheet. We're not crazy.

Libra (Sep 23 – Oct 22) You can't decide: sunhat or raincoat? Take both. August weather can't decide either. Love? Yes. Confusion? Also yes.

Scorpio (Oct 23 – Nov 21)

Mysteries attract you this month: "Who took my charger?" "Why aren't they texting back?" Keep your cool – and your sting sharp, just in case.

Sagittarius (Nov 22 – Dec 21) Adventure calls! Unfortunately, only to the corner

store. Still, every bagu-

ette run is a journey. Remember: all epic tales start small – often with snacks.

Capricorn (Dec 22 – Jan 19)

You're trying to be responsible – but August wants you to chill. Ditch the blazer, wear flipflops. The world will survive without your spreadsheets for two days. Maybe.

Aquarius (Jan 20 - Feb 18)

Your head is full of wild ideas. Some are even good! Don't start a podcast. Or do – but only if it's about guinea pigs and existential dread. That could work.

Pisces (Feb 19 – Mar 20)

You're daydreaming more than doing. And that's fine. August feels like a watercolor painting – beautiful but slightly soggy. Write your thoughts down. They may become a book. Or a very weird shopping list.

## HUMOUR ONE HUNDRED YEARS AGO

#### **NFWS**

A; "You must have written in your newspaper that I am a fake gambler and a fraud!
B: .Impossible! My magazine only contains news!

#### **BORN TO DANCE**

"Don't you think, captain, that one must be born to dance?"

"Sure. . . I have never seen an unborn dance".

## THE MORE YOU GET, THE MORE YOU WANT

"It's quite peculiar, the more you get, the more you want!" "Listen, tell me one thing! Have you ever had twins?"

## WITH A MAN ON THE BEACH

Him: A week ago you had no idea that you would now be sitting on the beach with a man you didn't know at all.
Her: Well, I probably did.
Him: But dear little friend, you didn't know me then.

She: No, but I knew my-

self

## DO NOT STAND THE LIGHT OF DAY

- You say that he has a job that doesn't stand the light of day?
- Yes, he develops plates with a photographer!

#### **WOMEN'S CLOTHING**

Nothing dresses a woman better than nothing.

#### **NERVOUS LADY**

An anxious, nervous woman,

accompanied by her husband, approached the station inspector at a small outlying railway station and asked: "Has the quarter-past train leaving already?"

»Yes, ten minutes ago, « was the reply.

"When does the four-andtwenty train come?" »It takes quite a while.» »And before doss there are no trains at all?»

"No."

»And not any passenger trains?»

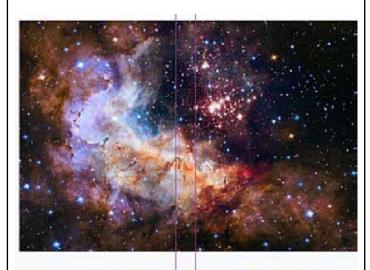
"No."

»Some freight train then?»
»No, no trains at all.» "Is it
absolutely safe?"
»Yes, absolutely sure!»
"Then, John, can we cross the
track."

#### Mrs. BROWN

The pastor's wife is visiting Mrs. Brown and tells, among other things:

#### **Astronomic picture of the week:**



#### NASA Unveils Celestial Fireworks as Official Hubble 25th Anniversary Image.jpg

The star cluster Westerlund 2 in the Milky Way galaxy, with an estimated age of about one or two million years. It contains some of the hottest, brightest, and most massive stars known. The cluster resides inside a stellar breeding ground known as Gurn 29, located 20,000 light-years away in the constellation Carina.

NASA, ESA, the Hubble Heritage Team (STScI/AURA), A. Nota (ESA/STScI), and the Westerlund 2 Science Team



T dblic do

#### **Next week:**



#### From our readers

We very much welcome submissions from our readers. Comments, stories, memories, debate, news from home. Probably this will be the most important part of this spring paper. But space is limited, so please write as short as possible! So please send posts to:

wasadagblad@gmail-com

#### Advertise in Wasa Daily

Being among the first to advertise in this historic and hyper-modern daily may have some PR value.

Send ads to wasadagblad@gmail. com

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